



Learn About Personality Styles With *Myers-Briggs Type Indicator*

Are you organized and do you always complete projects before they are due? Or do you put off the job until the very last minute? Do you find that some people are incredibly creative, but never seem to show up on time?

Understanding personality types will help you understand and value the personality differences among those you work with and lead. The Myers-Briggs Type Indicator (MBTI) has helped millions learn to have more insight about different personality styles.

How understanding personality styles will help you as a leader:

- Relate and work more naturally with people who are different from you
- Do a better job at matching people with the projects or jobs that fit their personality
- Lead meetings & projects more effectively based on personalities in your group or team
- Resolve conflict more quickly and easily by better understanding people
- Set more realistic and widely accepted goals

Three tools to help you and others make the most of personality styles:

1. Determine MBTI Type using the 53-questions assessment at www.similarminds.com/jung.html
2. Learn about how each of the sixteen different MBTI types function at <http://personalitypage.com/portraits.html>
3. Read [*Type Talk at Work*](#) for in-depth study on MBTI types and how they affect the way you function as a leader

Ideas for using these tools:

- Do the assessments along with a group or team that you are a part of or regularly lead
- Participate in a development opportunity offered by your campus that uses these tools
- Seek out coaching to help you understand how to use and apply these tools

