EAT MORE BURN MORE

SPINACH, TOMATO & PARMESAN SALSA



Active time: 10 minutes

Cook time: N/A
Yield: 6 servings

INGREDIENTS:

- 3 plum tomatoes, chopped
- 1 garlic clove, finely chopped
- 3 cups spinach leaves, finely chopped
- 2 tbsps finely chopped capers
- 1 tbsp red wine vinegar
- ½ cup extra-virgin olive oil
- ¼ cup finely grated Parmesan

PREPARATION:

- 1. Mix tomatoes, garlic, spinach, capers, and vinegar in a small bowl.
- 2. Using a wooden spoon, slowly mix in the oil, then Parmesan.
- 3. Serve salsa with grilled whole-grain tortillas.