



EAT MORE BURN MORE

# CHOCOLATE BOURBON BROWNIE



**Active time:** 10 minutes

**Cook time:** 45 minutes

**Yield:** 6 servings

## INGREDIENTS:

1 cup of 70-85% dark chocolate,  
broken into small pieces

1 cup of almond butter

3 medium zucchinis, shredded  
(about 1.5 lbs)

1/3 cup of pure maple syrup

1 egg

1 tsp of baking soda

1 tsp of cinnamon

¼ cup of Kentucky Bourbon

---

## PREPARATION:

1. Preheat oven to 350.
2. Combine all the ingredients into a large bowl and mix.
3. Pour into a greased, 9x13 inch sheet pan.
4. Bake for 45 minutes, or until a knife inserted into the brownie comes out clean.