

Q5 Quantum Soul Path

I am breathing in and out, and I would like you to let go of worry and concern, you are going to get it, you are going to be on your path, you are going to manifest all of what you desire, so let's send a grounding cord down so let's get you really grounded in your certainty, grounded in your authority, grounded in your magnificence and let's set on release all the history, all the problematic energy, that has prevented you from really stepping into your authority, and owning your magnificent mission.

And while we are releasing energy from the grounding cord, I'll like you to bring earth energy through the feet, the feet shock is a little lotus like lenses, bringing them up to the ankles, the calves, the knees, the thighs, the hips, and let's go ahead and bring that earth energy, we don't normally do this, but we going to bring it all the way up to the body, through the chest, through the head and down the arm, so you are entirely flushing the body and connecting with the earth, and flushing the body with this beautiful earth energy, and once you have gotten it fountaining out of the top of the head, and out your fingertips, let's go ahead and then allow it to stop its cycle at your hips and go down your grounding cord, and we are really making this firm connection with the earth, that you are capable, you are competent, and able to manifest in a physical body on earth your mission, so we are getting you very connected with planet earth, with mother earth, and now we are going to bring in some cosmic energy into the back of your head, you are fully supported by the cosmos, bringing that cosmic energy into the back of your head, 1" above where the spine meets the skull, down the neck and shoulders, arms, elbows firms out the wrist and fingertips and bringing that cosmic energy down through your back channel down into the hips and then looping up through the front, through the belly, through the chest through the neck, through the head, fountaining out the top of the head like a beautiful Italian fountain, bathing and cleansing your Aura, and just feeling very refreshed and as we are washing the insides out, we are doing a spiritual shower from the inside out.

We are clearing away programs and patterns that prevented you from stepping into your mastery and we are having you now move into the centre of your head, and there you sit, in your authority maybe cross like, like a yogi or yogini, there you are in the centre of your head, in a golden temple of silence put yourself on your throne, you are the authority, you are the only one in this golden temple of silence, this is a temple of silence that gives you a temple of peace and serene and certainty.

You are here to love, you are here to experience power, good health, you are here to make manifest, the magnificence of your divinity.

Take a moment to just breathe in and see yourself, your mission, your mastery fully laying itself out in front of you.

You are capable of understandingness, you are capable of getting it, and as you come up and out of this meditation, you'll be ripe with ideas and clarity.

And I'll like you to imagine now that spirit that's been sitting, you as a spirit in the centre of your head, your throne, I want you to imagine that filling out your body, your fingers and toes, arms and legs, torso, neck and head with this absolute certainty, with this absolute juice, joy celebration, excitement and connection with the quantum field, with information that you need is right there in your realms and in your field, all that you wanted to bring in, you can see those information flowing from the quantum field about who you are, and how you will manifest your magnificence on the planet and you are able to receive it now.

Breathing in and out and really coming out of this meditation with clarity, with vision and allow it to flow through for the next three or four days and make notes that you have your visions and be present to all that you are, and all that the universe is providing and showing you