

## **Q5 - Quantum Pleasure Field, 9-3-14.n17**

Hello Darlings, it's time to enter the Quantum pleasure field.

Breathing in and out, and let's allow a line of energy, a grounding cord as wide as your wrist, hollow in the center to go from the perineum down to the center of the earth and let's set that grounding cord on release. So A, it's grounding you and B, it's releasing any negativity, any stress, anything that would prevent you from going into this yummy field.

And ladies, ground your ovaries and gentlemen ground your testicles and let's go ahead and release. For women, the healing projects and for men, competition and aggression, and you can just plug them in the release cords into the main grounding cord at the perineum and just set your ovaries and your testicles, and let's go ahead and let it rip. And we can for ladies release the energy of hysteria and just of overwhelm.

Going up to your adrenals, they sit at your waistline, just an inch up and two inches off your spine, they look like little acorns with hats, let's ground them with a line of energy as wide as your wrist, hollow in the center to the perineum and set them into the main grounding cord. Set them on release; maybe push a little release button on them too and let's go ahead and release the adrenals, the fight or flight stimulator. Let's let that go too. And so as we're releasing the adrenals, we put the nervous system into the adrenals and let's release the nervous system.

And then going up to the center of the head and I'd like you to imagine that you can clear out the center of the head. If there's anything in there that doesn't belong to you, any excess thinking or stress, looping thoughts, sounds, smells, things that you don't want in there, open the trap door out the back and let's go ahead use a spiritual fire hose or a vacuum cleaner, a broom, anything that makes you happy. Let's go ahead and clear out the center of the head. You're doing a great job. I'm so proud of you.

And when you're done clearing out the center of the head, I would love for you to close that trap door, pop out the top of the head, pull the Aura into 18 inches around your body and let's go ahead and smooth out any dings or dents in the aura. And if there's parts of your Aura that you notice that are a little bit missing, maybe in the back or under your feet, it's kind of missing, there's like a hole in the Aura, go ahead and take some magic Aura spray and fill the Aura in so that it's complete all the way around you. Beautiful!

And now we're going to bring earth energy up through the feet, through the ankles, through the shins and calves, knees, thighs, out the hips and down the grounding cord. And then from the cosmos, bringing energy into the back of the head, one inch above where the spine meets the skull, into the neck and shoulders, down the arms, elbows, forearms, through the wrists, hands, fingers and out the fingertips.

And more of that cosmic energy down through the back channels and down into the pelvic cradle, looping up through the belly, through the chest, through the head, fountaining up the top of the head like a beautiful Italian fountain.

And this whole process is bringing you more and more into this Quantum pleasure field. And you notice that as you shower yourself from the inside out, as you ground yourself and release tension, it's a natural element, a natural component and the pleasure is starting to build in the cells as the cells become more and more sparkly, more and more energized, more and more alive, and you can just almost feel the pleasure field is breathing with you. You can feel almost

like a pleasure in the body or on the skin of the pleasure field enhancing every cell of your body, enhancing your mind and your very being.

Breathing in and out, just enjoying this pleasure field and being very present to it. And when you're ready, you can wiggle your fingers and toes, and your arms and legs, and just come back into the room slowly and bring the presence of the Quantum pleasure field into your wakeful state and into your day.

Tathaastu. So be it.

**[End of Transcript 00:05:45]**