

**HARRISBURG AREA COMMUNITY COLLEGE (HACC) & SHIPPENSBURG UNIVERSITY (SHIP)
TRANSFER GUIDE FOR EXERCISE SCIENCE-PHYSICAL EDUCATION A.A. (#3121) AT HACC
TO EXERCISE SCIENCE B.S. AT SHIPPENSBURG UNIVERSITY**

HACC COURSE	CRS.	SHIPPENSBURG UNIV. EQUIV. COURSE /AREA SATISFIED	CRS.
General Education Requirements (34 Credits)			
ENGL 101 English Composition I	3	ENG 114 Writing Intensive First Year Seminar ^R	3
ENGL 102 English Composition II	3	ENG 250 Introduction to Literature ^B	3
COMM 101 Effective Speaking	3	HCS 100 Intro to Human Communication ^R	3
Core A: (choose one) HUM 101, MUS 102, MUS 104, THTR 101, SPN, FRCH, GRMN, or ARAB	3	General Education Requirement ^B	3
Core B: SOCI 201 Intro to Sociology	3	SOC 101 Introduction to Sociology ^E	3
Core B: PSYC 101 General Psychology	3	PSY 101 General Psychology ^E	3
Core C Math: MATH 202 Statistics	4	MAT 117 Applied Statistics/Required ^R	4
Core C: CHEM 100 or CHEM 101 ⁵	4	General Education Requirement ^C	4
Core C: PHYS 201 General Physics I	4	PHY 121 Introductory Physics I/Required ^C	4
Gen Ed Transfer Elective: (choose one): ECON, GEOG 201, GP 201, or GP 205	3	General Education Requirement ^D	3
Physical Education & Wellness	1	Elective ²	1
Major Requirements (32 Credits)			
BIOL 121 Anatomy & Physiology I	4	BIO 237 Anatomy & Physiology I/Required ^C	4
EXSC 102 Intro to Exercise Science	3	ESC 250 Introduction to Kinesiology/Required	3
EXSC 202 Functional Anatomy & Exercise Physiology	3	ESC 244 Mechanical Analysis of Sport Skills/Required	3
EXSC 203 Testing & Measurement	3	Exercise Science Elective ²	3
EXSC 206 Exercise Prescription	3	Exercise Science Elective ²	3
EXSC 208 Instr & Personal Training	3	Exercise Science Elective ²	3
HLTH 101 Healthful Living	3	Exercise Science Elective ²	3
PE 201 Living Fit and Well	3	ESC 200 Lifestyle Management/Elective ²	3
NUTR 104 Nutrition	3	Exercise Science Elective ²	3
BIOL 122 Anatomy & Physiology II	4	BIO 238 Anatomy & Physiology II/Required	4
PROGRAM TOTAL CREDITS	66	TRANSFERABLE CREDITS	59

Overview of Shippensburg University's General Education Program

The General Education Program at Shippensburg University Comprises forty-eight of the credit hours required for graduation.

-Part 1: ^RRequired Skills and Competencies (Basic Skills Requirements) 15 credits

- This specific set of courses is required to be completed by all students
- ENG 114, HCS 100, College Level Math, HIS 105, HIS 106

-Part 2: Categories of Knowledge

- ^ACategory A Logic & Numbers for Rational Thinking (1 course – 3 credits)
- ^BCategory B Linguistic, Literary, Artistic, & Cultural Traditions (3 courses – 9 credits)
- ^CCategory C Biological & Physical Sciences (3 courses – 9 credits)
- ^DCategory D Political, Economic, and Geographic Sciences (2 courses – 6 credits)
- ^ECategory E Social and Behavioral Sciences (2 courses – 6 credits)

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TRANSFER GUIDE FOR EXERCISE SCIENCE**

NOTES (IMPORTANT, PLEASE READ)

1. Additional transfer credits may be taken at HACC for transfer to Shippensburg. Please speak with your advisor and/or the SU transfer advisor for advisement on additional coursework.
2. Exercise Science at SHIP requires a cumulative 2.5 GPA and one of the following courses completed with a C grade or higher: BIO 161 Principles of Biology: Cell Structure and Function, BIO 162 Principles of Biology: Organismal Diversity, or BIO 237 Anatomy & Physiology I. It is strongly recommended that the equivalent of BIO 237 and BIO 238 (Anatomy and Physiology I and II) be completed prior to transferring. The major allows for 6-12 free electives, depending on internship credit done at Ship. 0-Level courses **do not** count toward graduation requirements and **will not transfer**.
3. Courses for Shippensburg University have been selected by joint agreement of HACC and SU. However, curricula are subject to change. This guide should be used with the assistance of a HACC Counselor/Advisor. Following the guide does not guarantee transfer of credit or admission into Shippensburg University. Please speak with your advisor and/or the SU transfer advisor if you have any questions. A transfer advisor from Shippensburg University visits the Wildwood campus on a biweekly basis throughout the academic year. Call the SU Office of Admissions or check the SU website at www.ship.edu for the specific day and time.
4. In order to transfer into the Exercise Science program at Shippensburg, students must have at least a 2.75 cumulative GPA and have completed the equivalent of BIO 161, BIO 162, or BIO 237 with a C grade or higher. It is strongly recommended that students complete Anatomy & Physiology I & II prior to transferring.
5. Students looking to pursue Health Professions after graduating should take CHEM 101 or 103.

FOR FURTHER INFORMATION CONTACT

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