

**HARRISBURG AREA COMMUNITY COLLEGE (HACC) & SHIPPENSBURG UNIVERSITY (SHIP)
TRANSFER GUIDE FOR EXERCISE SCIENCE-PHYSICAL EDUCATION A.A. (#3121) AT HACC
TO EXERCISE SCIENCE B.S. AT SHIPPENSBURG UNIVERSITY**

HACC COURSE	CRS.	SHIPPENSBURG UNIV. EQUIV. COURSE /AREA SATISFIED	CRS.
General Education Requirements (31 Credits)			
ENGL 101 English Composition I	3	ENG 114 Writing Intensive First Year Seminar ^W	3
ENGL 102 English Composition II	3	ENG 250 Introduction to Literature ^L	3
COMM 101 Effective Speaking	3	HCS 100 Intro to Human Communication ^O	3
H&A: (choose one) Art 181, 182, HUM 101, MUS 104, THTR 101, SPN, FRCH, GRMN, or ARAB	3	Gen Ed: Arts ^A or Foreign Language ^F	3
MATH: MATH 202 Statistics	4	MAT 117 Applied Statistics/Required ^Q	4
Core C: PHYS 201 General Physics I	4	PHY 121 Introductory Physics I/Required ^N	4
Sci/Lab: BIOL 121 Anatomy & Physiology I	4	BIO 237 Human Anatomy & Physiology I/Required ^N	4
S&BS: PSYC 101 General Psychology	3	PSY 101 General Psychology	3
First-Year Seminar Elective	1	Elective ²	1
Wellness – PE 201	3	ESC 200 Lifestyle Management/Elective	3
Major Requirements (20 Credits)			
BIOL 122 Anatomy & Physiology II	4	BIO 237 Anatomy & Physiology II/Required	4
CHEM 101 General Inorganic Chem. I	4	CHM 121 & 125 Chemical Bonding/Required ^N	4
EXSC 102 Intro to Exercise Science	3	ESC 250 Introduction to Kinesiology/Required	3
EXSC 202 Functional Anatomy & Exercise Physiology	3	ESC 244 Mechanical Analysis of Sport Skills/Required	3
HLTH 101 Healthful Living	3	Exercise Science Elective ²	3
NUTR 104 Nutrition	3	ESC 260 Principles of Nutrition/Required	3
Program-Specific Electives (11 Credits), See Note #4			
PROGRAM TOTAL CREDITS			
	62	TRANSFERABLE CREDITS	62

Overview of Shippensburg University's General Education Program

The General Education Program at Shippensburg University comprises 45 of the credit hours required for graduation. It consists of 5 themes with 2-3 required course goals in each theme

-Foundations: 15 credits (3 credit first-year seminar not currently required for transfer students)

- Writing^W, Oral Communication^O, History^H, Quantitative^Q

-Interconnections: 9 credits required from 3 goals with at least 3 credits required in Diversity and 3 credits in Global Perspectives

- Diversity^D, Global Perspectives^G, Foreign Language^F

-Citizenship & Responsibility: 6 credits required with no more than 1 course from the same goal category

- Citizenship^S, Ethical Reasoning^E, Critical Reasoning^R

-Natural World & Technology: 9 credits required with at least 6 credits completed in the Natural World category

- Natural World^N, Technology^T

-Creativity & Expression: 6 credits required with at least 3 credits required in the Literature category

- Literature^L, Arts^A, Creative^C

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NOTES (IMPORTANT, PLEASE READ)

1. Additional transfer credits may be taken at HACC for transfer to Shippensburg. Please speak with your advisor and/or the SU transfer advisor for advisement on additional coursework.
2. Exercise Science at SHIP requires a cumulative 2.5 GPA and one of the following courses completed with a C grade or higher: BIO 161 Principles of Biology: Cell Structure and Function, BIO 162 Principles of Biology: Organismal Diversity, or BIO 237 Anatomy & Physiology I. It is strongly recommended that the equivalents of BIO 237 and BIO 238 (Anatomy and Physiology I and II) be completed prior to transferring. The major allows for 9-15 free electives, depending on internship credit done at Ship. 0-Level courses **do not** count toward graduation requirements and **will not transfer**.
3. Courses for Shippensburg University have been selected by joint agreement of HACC and SU. However, curricula are subject to change. This guide should be used with the assistance of a HACC Counselor/Advisor. Following the guide does not guarantee transfer of credit or admission into Shippensburg University. Please speak with your advisor and/or the SU transfer advisor if you have any questions. A transfer advisor from Shippensburg University visits the Wildwood campus on a biweekly basis throughout the academic year. Call the SU Office of Admissions or check the SU website at www.ship.edu for the specific day and time.
4. Students looking to go on to graduate school in the Health Professions (i.e. Physical Therapy, Occupational Therapy, etc.) should finish the Physics and Chemistry sequence by taking CHEM 102 w lab and PHYS 202 w lab. Students should work with their advisor in taking remaining required program specific electives.

FOR FURTHER INFORMATION CONTACT

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