

Hello!



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The New Hampshire Nurse Practitioner Association (NHNPA) is proud to announce our first Legislative Boot Camp taking place in Manchester. This is an excellent opportunity to expand your professional horizons. The 3-hour session will be held on October 22, 2018, and will be hosted by our lobbyist, Bob Dunn. Bob will focus on preparing a team of 10 – 20 NHNPA Members on the legislative process, letter writing to legislators, attending hearings, giving testimony, and serving on commissions. We plan to have a team of NPs that are prepared and confident to respond to legislative needs as they arise. This is an opportunity to advocate for healthcare, NP practice, and the patients of New



Hampshire. This event is being offered at

no charge to NHNPA members and is nearly full. If you are interested in legislative activities with NHNPA, please contact Jennifer Thompson at jenniferthompson@nhnpa.net.

Later this month, a delegation of AANP Fellows and NHNPA Executive Team members will attend the AANP Region 1 Leadership meeting in Boston. The meeting will include AANP Leadership teams from: NH, MA, ME, VT, CT, and RI. The agenda will focus on state health policy and professional practice issues, the impact of federal health policies on each state, and state and federal reimbursement issues.

Our Regional Representatives are busy organizing local networking and educational events. Recently, NHNPA members have hosted events in the Monadnock Region and in the Lakes Region. On October 11, 2018, Paige Wilder, APRN, will host Dr. Jonathan Beach, in Portsmouth, to discuss diabetic medications. Please visit our website at <https://nhnpa.enpnetwork.com> for more information.



What are your plans for AANP's National Nurse Practitioner Week? NHNPA will host: *Planting the Seed of Health*. We will focus on taking care of ourselves, with an evening of dinner, wine, and networking. For our main event, Lisa Howe, MSN-ANP, BC, founder of iMindBody, will teach us about recognizing and managing the stress response using the Stress Management and Resiliency Training (SMART) model. This event sold out last year. Do not miss your opportunity to network with other NPs from around the state and invest some time in yourself.

Reserve your spot today at: <https://nhnpa.enpnetwork.com/>. I look forward to seeing you there!

I am honored to be able to serve the nurse practitioners of New Hampshire. Together, we can do great things.

Sincerely,
Jen

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