



MICHIGAN COUNCIL OF NURSE PRACTITIONERS

2026 Conference

October 2-3

AGENDA

Friday, October 2

Location

7:00am	Registration Opens	Pre-function
7:00 - 8:00am	Breakfast with Exhibitors	Pre-function & Charlevoix C
7:00 - 8:00am	Product Theatre <i>Sponsored by AbbVie</i> Managing the Full Spectrum of Bipolar I Disorder in Adults <i>Anyinke Atabong, DNP, FNP-C, PMHNP-BC, PMH-C</i> Advisor, Live World Advance Practice Provider Advisory Council Founder, Kinstead Health Hanover, MD	Algonquin Ballroom 0 CE/0 RX
8:00 - 9:00am	Keynote CGM in Primary Care: From Data to Decisions <i>David Kruger, MSN, APRN-BC, BC-AMD</i> Division of Endocrinology, Diabetes, Bone Disease Henry Ford Health Detroit, MI Description: Clinicians must be able to interpret CGM information from the ambulatory glucose profile (AGP), which is necessary for the optimal application of CGM in clinical practice. In this presentation, learn how to integrate CGM data into practice as well as be introduced to new and emerging advances in CGM and ketone monitoring technology. Presentation takeaways will improve your practical application in patient care.	Algonquin Ballroom 1.0 CE/0.42 RX
9:00 - 10:00am	Exhibitor Break	Pre-function & Charlevoix C

Accredited Continuing Education Provider Statement

Michigan Council of Nurse Practitioners is accredited by the American Association of Nurse Practitioners (AANP) as an approved provider of nurse practitioner continuing education. Provider number: 060714 valid through September 30, 2026.

10:00 - 11:00am

Break Out 1

- **ID | Lymphadenopathy: When to Worry & When to Wait** Portage Auditorium
Chelsea Honstain, MS, FNP-C, BMTCN, CPHON 1.0 CE/0 RX
- **Adult Medicine | Unpacking Polypharmacy: A Roadmap to Safer Medication Use in Older Adults** Charlevoix AB
Julie Bekius, APRN, DNP, FNP-BC 1.0 CE/1.0 RX
- **Mental Health/Psychosocial | Reaching Remission: Using Novel Pharmacology and Neurostimulation to Fully Treat Depression** Windover
Carter Doyle, MSN, PMHNP-BC, EMT-P, IC 1.0 CE/1.0 RX
- **Pediatrics | Pediatric Acute Sickle Cell Complications** TCS
Katelyn DeBiasi, MSN, CNNP 1.0 CE/0.42 RX

11:15am - 12:15pm

Break Out 2

- **ID | HIV Pre-Exposure Prophylaxis in Primary Care: Yes You Can!** Portage Auditorium
Michelle Thorne, MSN, FNP-BC 1.0 CE/0.83 RX
Vanessa Stadel, MSN, FNP-BC
- **Adult Medicine | Reframing Hormone Replacement Therapy for Nurse Practitioners** Charlevoix AB
Maria Gahry, DNP, APRN, FNP-BC, FMAPS 1.0 CE/0.75 RX
- **Pediatrics | Tiny Tummies, Big Problems** Windover
Jenna Lang, MSN, RN, CPNP-AC, CPN 1.0 CE/0.5 RX
Ann Miller, CPNP-A
- **Mental Health/Psychosocial | Their Story, Their Wishes: A Simulation-Based Approach to Building Confidence in Approaching Serious Illness Conversations** TCS
Lynn Alexanders-Klima, DNP, CNE, CPAFH, APRN, ANP-BC 1.0 CE/0 RX
Mary Beth Billie, DNP, RN-C, CCM

12:15 - 1:15pm

Lunch with Exhibitors

Pre-function & Charlevoix C

12:30 - 1:15pm

Product Theater Sponsored by Acella Pharmaceuticals
When Patients With Hypothyroidism Speak, Are We Listening?
A Personalized Approach to Care With NP Thyroid®

Algonquin Ballroom
0 CE/0 RX

Mandy Cotton, DNP, APRN, FNP-C

Owner & Nurse Practitioner, The Institute for Hormonal Balance
Arlington, TX

Description: Join us for an engaging case-based discussion with Mandy Cotten, DNP, APRN, FNP-C, as she presents a patient-centric approach to thyroid hormone replacement, high-lighting the role of triiodothyronine (T3)-containing therapies, including desiccated thyroid extract, in the clinical management of hypothyroidism. Through a case example from her clinical practice, she will explore individualized treatment considerations, practical decision-making strategies, and opportunities to optimize outcomes for patients experiencing persistent clinical symptoms.

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1:30 - 2:30pm

Break Out 3

- **Artificial Intelligence | AI Tools Every Nurse Practitioner Should Know Before Everyone Else Does**
Justin Hooks, DNP, FNP-BC, AAHIVS
Portage Auditorium
1.0 CE/0.5 RX
- **Mental Health/Psychosocial | Gender Affirming Medical Care for the Nurse Practitioner**
Elizabeth Kuzma, DNP, FNP-BC
Charlevoix AB
1.0 CE/0.83 RX
- **Pediatrics | How To Recognize Child Maltreatment & What To Do Next**
Andrea Duncan, MSN, CPNP
Windover
1.0 CE/0 RX

2:45 - 3:45pm

Break Out 4

- **Advocacy | Policy Sprint Workshop for NPs**
Laura Calamos, PhD, RN, FNP-BC, FHEA
Naila Russell, DNP, FNP-BC
Portage Auditorium
1.0 CE/0 RX
- **Adult Medicine | From Dependence to Independence: Navigating the Transition to Adult Care**
Andrea Craven, MS, RN, FNP-BC
Charlevoix AB
1.0 CE/0 RX
- **Mental Health/Psychosocial | Staying Therapeutic When It Gets Hard: Emotional Skills Every NP Needs**
Carter Doyle, MSN, PMHNP-BC, EMT-P, IC
Windover
1.0 CE/0 RX
- **Pediatrics | Pediatric Sepsis**
Stacey Sears, DNP, RN, CPNP-AC
TCS
1.0 CE/0.5 RX

4:00 - 5:00pm

**General Session | Beyond the Surface:
Challenging Assumptions, Advancing Equity**

Algonquin Ballroom
1.0 CE/0 RX

[This presentation is LARA Compliant for required Implicit Bias Training]

Kayleigh Schwartz, MSN, RN, CPNP-PC

Pediatric Nurse Practitioner & Advanced Practice Provider
University of Michigan C.S. Mott Children's Hospital
Ann Arbor, MI

Description: This presentation explores how historical and structural forces such as systemic racism, intergenerational trauma and social determinants of health shape clinical encounters and patient outcomes. It examines the role of implicit bias in clinical decision making and uses case studies to demonstrate how to provide culturally responsive, trauma informed care to transform the patient and provider experience.

6:00 - 8:00pm

Gala & Posters Presentation

(6:00 – 8:00pm Reception & Posters | 7:00 – 8:00 Awards)

Atrium

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Saturday, October 3

7:30am	Registration Opens	Pre-function
7:30 - 8:30am	Breakfast with Exhibitors	Pre-function, Charlevoix C & Algonquin Ballroom
8:30 - 9:00am	Legislative Session <i>Naila Russell, DNP, FNP-BC</i> <i>Karla Reust</i>	Algonquin Ballroom 0.5 CE/0 RX
9:00 - 9:45am	Annual Business Meeting	Algonquin Ballroom 0.75 CE/0 RX
9:45 - 10:45am	Keynote Optimizing T2D Outcomes With GLP-1-Centered Treatment <i>Wendy Wright, DNP, ANP-BC, FNP-BC, FAANP, FAAN, FNAP</i> Wright & Associates Family Healthcare	Algonquin Ballroom 1.0 CE/0.83 RX
10:45 - 11:30am	Exhibitor Break	Pre-function & Charlevoix C
11:30am - 12:30pm	Break Out 5	
	Gender-Specific Care Menopause Playbook: A Practical Patient-Centered Approach for Primary Care <i>Alexis Phillips, MSN, APRN, FNP-C, MSCP</i>	Portage Auditorium 1.0 CE/0.67 RX
	Adult Medicine Management of Cardiovascular Risk: Guideline Updates <i>Tomasz Jurga, PharmD, BCPS, BCACP, BCCP, HF-Cert, CDCES</i>	Charlevoix AB 1.0 CE/0.83 RX
	Mental Health/Psychosocial Pharmacology Update in Anxiety Management Across the Lifespan <i>Kristen Munyan, DNP, RN, FNP-BC, PMHNP-BC</i> <i>Natalie Jones-Brown, DNP, PMHNP-BC, AGPCNP-BC</i>	Windover 1.0 CE/0.58 RX
	Professional Development Building Something Bigger: Entrepreneurship & Lessons Learned <i>Jordana Latozas, MSN, ACNP</i>	TCS 1.0 CE/0 RX

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12:30 - 1:30pm

Lunch with Exhibitors

Pre-function & Charlevoix C

12:35 - 1:20pm

Product Theater *Sponsored by BridgeBio*

Evaluating Attruby for Patients With ATTR-CM: An Overview

Amy Brownell, MSN, FNP-C, FACC

Director of Cardiovascular Service Line, Ascension Illinois

Algonquin Ballroom

0 CE/0 RX

Description: Please join us for a brief overview of transthyretin amyloid cardiomyopathy (ATTR-CM). This program led by Amy Brownell NP, will focus on Attruby, including a review of its efficacy and safety results from the ATTRIBUTE-CM clinical trial.

1:30 - 2:30pm

Break Out 6

- **Adult Medicine | Chest Pain Without Immediate Diagnostics: A Structured Assessment Framework for Differentiating Cardiac & Non-Cardiac Etiologies in Resource-Limited Settings** **Portage Auditorium**
Jessica Smith, DNP, MSN, ACNP-BC **1.0 CE/0.67 RX**
- **ID | Michigan's Approach to Eliminating Hepatitis C Through Telehealth** **Charlevoix AB**
Elaine Engelsman, DNP, FNP-C **1.0 CE/0.5 RX**
- **Mental Health/Psychosocial | Trauma Informed Pelvic Exam for Nurse Practitioners** **Windover**
Elizabeth Kuzma, DNP, FNP-BC **1.0 CE/0 RX**
- **Radiology | Mastering Point of Care Ultrasound: Landmarks, Techniques & Artifact Awareness to Enhance Critical Decisions** **TCS**
Mary Anne McCoy, PhD, ACNS, ACNP-BC, FAANP **1.0 CE/0 RX**

2:30 - 3:00pm

Exhibitor Break

Pre-function & Charlevoix C

3:00 - 4:00pm

Break Out 7

- **Gender-Specific Care | The Testosterone Debate: Hype Vs Health** **Portage Auditorium**
Susanne Quallich, PhD, ANP-BC, NP-C, CUNP, CMHE, FAUNA, FAANP **1.0 CE/0.67 RX**
- **Pain Management | Multimodal Pain Management in Total Joint Arthroplasty** **Charlevoix AB**
[This presentation is approved for 1.0 contact hour in pain management applicable toward license renewal or recertification.]
Jennifer Rohrborn, DNP, MSN, ANP-BC **1.0 CE/0.67 RX**
- **Health & Wellness | Guide to Dietary & Natural Supplements: Focus on the Heart** **Windover**
Tomasz Jurga, PharmD, BCPS, BCACP, BCCP, HF-Cert, CDCES **1.0 CE/0.75 RX**

Program details are subject to change.

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