FALL 2025 VOL 31 ISSUE 2

NEWSLETTER

Message from the President:

Dear South Dakota Nurse Practitioners,

As both a profession and an organization, we've made tremendous progress — and our hard work is paying off. Now, it's time to focus on evolving and growing as a professional body. Part of that growth involves taking a thoughtful look at our past and present practices. We must be honest about what has worked, what continues to serve us well, and what may no longer be effective. We are actively exploring new ways to expand our membership and enhance engagement. Discussions are underway to identify opportunities for support in media outreach, event planning, and overall visibility. We are an organization of nurse practitioners, for nurse practitioners. To keep the Nurse Practitioner Association of South Dakota strong and thriving, ongoing member involvement is essential. By increasing our visibility and strengthening our activities, we can deepen our connections and ensure the long-term vitality and impact of our organization. This year, NPASD created an endowment with the South Dakota Community Foundation. This signifies our continued commitment to scholarship. You can click here to find out more about supporting the endowment and our scholarship. This is an exciting way that we are perpetuating ourselves into the future. Our annual conference will feature Margaret Fitzgerald and a host of local speakers in Sioux Falls. You can read Dr. Fitzgerald's bio here. This is an important event for the organization. As you make your plans to attend the conference, please consider making a space to support NPASD through attending activities, joining the membership committee, running for a position with the board,

In this issue

- O Message from the President
- O Conference 2025 Announcement
- Clinical Pearl
- Meet a Member
- **Open Board Positions**
- Bylaw changes

In Service,

and sharing social media posts.

Amy Newstrom DNP, FNP-BC, PMHNP-BC, LP-C, QMHP



The NPASD annual conference is scheduled for October 3-4, 2025 in Sioux Falls SD and features national speaker Dr. Margaret Fitzgerald and several local speakers. The event will be available both in person and as a virtual event. Please join us! Dr. Fitzgerald has a message for you!

Registration is available here.

This educational activity has been submitted to the American Association of Nurse Practitioners(R) for approval of up to 12 contact hours of accredited education..

Leveraging Artificial Intelligence to Provide Evidence Based Care

Written by Abigail Gramlick-Mueller

can rapidly synthesize vast data into actionable insights, helping clinicians deliver, more consistent evidence-based care at the bedside. There are several tools available now that can help you provide evidence based care efficiently and effectively.

<u>Open Evidence</u> - organizes and expands the world's collective medical knowledge. This platform is free to all healthcare providers.

<u>SciSpace</u> - Do hours worth of research in minutes. Instantly access 287M+ papers, analyze papers at lightning speed, and effortlessly draft content with accurate citations.

<u>Sepsis Watch</u> - an artificial intelligence (AI) system developed by Duke University that uses deep learning to continuously monitor patient electronic health records (EHRs) for early, real-time detection of sepsis.

<u>Amazon Comprehend Medical</u> - Extracts information from unstructured text to provide insight and themes.

This is a small sample of the tools available. There are many considerations when choosing to utilize one of these tools including cost, data integrity, patient privacy, and accuracy of information. However, these tools show promise in making evidence based care more efficient.

Meet a Member: Lea Niederbaumer

"I am a family nurse practitioner, seeing patients in family and internal med, both in Aberdeen and Ipswich. I have worked in the accelerated nursing and APRN program with SDSU for nearly 6 years. I love educating patients and students alike - truly a gift to get to witness the "aha moment!"



I have grants in progress with the Aberdeen School District and HeadStart hoping to improve oral health by expanding access to health resources. My health interests include family and women's health, public health, population-based care and nursing education. Personally, I enjoy spending time with my family, watching my kids in their various activities, reading/Audible and watching Dateline!

Open Board Positions

NPASD has several open positions described below. Ballots will open following the annual conference and be open for 30 days. Please contact Abigail Gramlick-Mueller at (executivedirector@npasd.com) by October 4th if you are interested in running for one of the open positions.

Board Member at Large - Board members serve a two year term which will begin in 2026. The board of directors (BOD) shall oversee NPASD business. Their duties shall include formulation of policy for the association, adoption of the annual budget, creation of the NPASD newsletter, authorization of expenditures, filling of vacancies on the BOD (except for officers), appointment of necessary office personnel, and advising to the president. All BOD members are expected to attend scheduled and called meetings.

Treasurer (paid \$250/month) - The Treasurer will maintain financial records and funds collected by the organization and will oversee disbursement of NPASD funds after approval by the BOD. The Treasurer will prepare a financial report for each board and general business and membership meeting. The Treasurer will prepare a budget plan for each NURSE PRACTITIONER ASSOCIATION year, and present it at the annual business meeting to the membership for approval for the following year.



BYLAW CHANGES

Please take a look at the proposed <u>bylaw changes</u> prior to the annual meeting scheduled on October 4th at 0700 at the Ramkota Inn in Sioux Falls, SD. The meeting will also be available virtually for those unable to attend in person.

Join NPASD for \$150

Here are some benefits for joining NPASD:

- NPASD membership guarantees a discount on annual State Conference fee
- NPASD provides a referral databank list of NPASD members
- NPASD provides a communication network for Nurse Practitioners
- NPASD serves as an advocate for Legislative Action benefiting Nurse Practitioners
- NPASD will represent you in state health forums
- NPASD serves as your voice in issues of concern to Nurse Practitioners such as certification, liability insurance, third party reimbursement, rural health, and barriers to practice
- NPASD serves as a resource for practice, research, legislative and marketing assistance to grass roots and state organizations and individuals
- NPASD provides continuing education and information concerning other regional and national conferences

Renew or join at https://npasd.enpnetwork.com