

VNPA

Vermont Nurse Practitioners Association

27th Annual Conference

CALMING the STORM: Promoting Lifelong Resilience & Wellbeing

March 30-31, 2017

Stoweflake
Mountain Resort

Stowe, Vermont



Announcing Keynote Speaker
Producer/Director Bess O'Brien

Register online: www.VTNPA.org ~ Best rates end 3/16



Keynote Speaker Bess O'Brien

Many NPs from throughout Vermont work with patients who have mild to severe body image and eating disorders. We are pleased to have Vermont film director and producer Bess O'Brien as our 2017 keynote speaker on Friday, March 31. O'Brien is the director **All of Me**, a recently released feature length documentary film focused on the lives of women, girls, and some boys who are caught up in the downward spiral of eating disorders and their struggle to regain a sense of self-compassion and healing. Throughout and beyond, she has done much to raise awareness of on a multitude of social issues.

As a director/producer of the documentary film **The Hungry Heart**, she brought to the forefront the prescription drug crisis in Vermont and the compassionate work of Dr. Fred Holmes. The film won the American Society of Addiction Medicine 2015 Award for outstanding media and was honored by Vermont Governor Peter Shumlin as the film that served as a catalyst for opiate addiction awareness in the state of Vermont.

Other award-winning documentary films by O'Brien include: **Ask Us Who We Are**, a powerful documentary about foster care in Vermont, **Journey into Courage** about women in the Northern part of Vermont who survived domestic violence and sexual abuse, **Where is Stephanie** about the murder of a young girl in Rutland, VT, and **Here Today** about Vermont families struggling with heroin in their lives. Bess O'Brien co-founded Kingdom County Productions with her husband Jay Craven in 1990. She is also the director/producer of the highly acclaimed feature film **Shout it Out** based on the lives of Vermont teens and the original **Voices Project** live musical.

Awards and accolades for Bess O'Brien's work:

Hungry Heart nominated for the 2016 PRISM award by the Entertainment Industry Council in Los Angeles

Hungry Heart winner of the 2016 National Institute on Drug Abuse Media award

Hungry Heart winner of the 2015 Media Award from the American Society of Addiction Medicine

2014 Walter Cerf Award for Excellence in the Arts

2012 Labor of Love Award from Vermont Works for Women.

2011 Voices For Vermont's Children Youth Advocacy Award in recognition for O'Brien's dedicated, creative and artistic advocacy on behalf of VT children.

2010 National Education Association (NEA) Human and Civil Rights Award for Shout it Out for empowering youth voice.

U.S. Department of Justice Special Recognition for documentary film, Journey into Courage.

Jack Barry Communication Award for Here today, state-wide recognition for Excellence in prevention awareness

Vermont Agency of Human Service 2005 Award in recognition of The Voices Project for excellence in improving the lives of Vermonters.

Member of the Vermont Academy of Arts and Sciences

The recipient of the prestigious Producers Guild of America Award in Los Angeles with her husband Jay Craven.

Quotes and Press:

"Every state in the Union should be so lucky to have Bess O'Brien working for them in support of children and families!"

Governor Peter Shumlin

"Bess O'Brien's film **The Hungry Heart** is a brilliant and beautiful film that captures the true lives of people in recovery—it should be seen by everyone!"

David Sheff, best-selling author of **Beautiful Boy**

"O'Brien's film **The Hungry Heart** displays the unflinching honesty necessary for addiction recovery."

Geoff Kane, MD, MPH

Chief of Addiction Services, Brattleboro Retreat

"Bess O'Brien and Kingdom County Production's work is exemplarity in the state of Vermont and has raised issues that are critical to children and families."

Senator Bernie Sanders

"O'Brien's latest film Ask Us Who We Are is superb, one of the best films I have ever seen!"

Howard Frank Mosher, Writer

"Filmmaker Bess O'Brien's Ask Us Who We Are is an inspiring tribute to the human spirit!"

David Moats, Rutland Herald

"In nearly two decades of making documentaries that shine light into the shadowed areas of Vermont life, O'Brien has acquired a knack for getting people to talk about uncomfortable subjects. Her latest Ask Us Who We Are is a work of art, beautifully crafted."

Joseph Gresser, The Chronicle

Join us for the largest Vermont NP gathering of the year!

Register online: www.VTNPA.org ~ Best rates prior to 3/16

VNPA ANNUAL CONFERENCE

HIGHLIGHTS

Beginning Thurs., March 30 at 4:00pm, HANDS-ON WORKSHOPS - Joint Injections & EKG

Thursday Evening Dinner Discussion 2017 Federal Legislative Update



MaryAnne Sapio, Vice President of Federal Government Affairs
American Association of Nurse Practitioners

MaryAnne Sapio has served as the Vice President of Federal Government Affairs for the American Association of Nurse Practitioners since 2013. With nearly fifteen years of work at the federal level, MaryAnne is well known for her health policy experience and expertise.

In her capacity at the American Association of Nurse Practitioners, she directs all aspects of the federal legislative agenda,

including deploying and coordinating grassroots efforts. Prior to joining the American Association of Nurse Practitioners, MaryAnne spent seven years at the American Health Care Association, where she served as Senior Director, Government Relations and Federal Advocacy. While at the American Health Care Association, MaryAnne coordinated lobbying activity on issues related to Medicaid, Medicare Part D, Appropriations, Assisted Living, Developmental Disabilities, Survey and Certification, and Life Safety. Her bipartisan reach during her tenure at the American Health Care Association made her a trusted go-to healthcare professional for Members and staff in the U.S. House of Representatives, the U.S. Senate, and related federal agencies.

In addition to her advocacy duties, she managed the Association's grassroots team, which was successfully deployed during the health

care reform debate and remained a key player after the passage of the Patient Protection and Affordable Care Act. Mrs. Sapio began her federal government affairs work in Washington, DC in 2002 when she served as Director of Federal Affairs at Wheat Government Relations. During her four-year tenure, she represented a diverse group of clients including; the American Association of Colleges of Nursing, the Psychiatric Nurses Association, The Century Council, GlaxoSmithKline, ASTAR Air Cargo, the Shinnecock Indian Nation, and the Bay Mills Indian Community.

While with Wheat Government Relations, MaryAnne worked to secure a first-of-its-kind report language requiring the Department of Defense to provide mental health services to military members in combat theatres and for their dependents at home. In addition, she illustrated her appropriation and budget knowledge by securing increased appropriations for nursing and education research at a time when similar programs faced huge budget cuts.

In 1999, MaryAnne had the distinction of being selected as Miss California. In that capacity, she served as a Goodwill Ambassador for the State of California making numerous presentations to and for organizations such as The American Cancer Society and The Susan G. Komen Foundation. Notably, she received the Distinguished Individual Service Award for her advocacy of breast cancer awareness. Mrs. Sapio holds a Bachelor of Science degree in Business Marketing from the University of Phoenix. MaryAnne and her husband live in Arlington, VA with their two children, Jack and Michael. She is a member of Women In Government Relations and the American League of Lobbyists.

Friday Morning Plenary Session Navigating the Sea-Change of an All Payer Model



Robin J. Lunge, JD, MHCDS
Member, Green Mountain Care Board

Robin J. Lunge, JD, MHCDS is a Member of Vermont's Green Mountain Care Board. The Board is charged with designing and administering health care payment and delivery system reform as well as regulating the health care industry. Previously Lunge served as the Director of Health Care Reform for close to 6 years, coordinating health reform efforts. She also worked as a nonpartisan staff attorney at Vermont Legislative Council for 8 sessions and provided drafting and staff support in health and human services issues to members of the Vermont Legislature. Lunge worked at the Center on Budget and Policy Priorities in Washington D.C. as a senior policy analyst on public benefits issues in 2007. Her areas of expertise are federal and state public benefit programs, health care, and health care reform.

Lunge holds a BA from the University of California Santa Cruz, a JD from Cornell Law School and a Masters of Health Care Delivery Science from Dartmouth College.

VNPA CALMING the STORM: 2017: Promoting Lifelong Resilience & Wellbeing 27th Annual Conference Agenda

Thursday, March 30

1:30-4:00pm Registration

4:00-5:30pm Thursday Workshops:

W-1: Cortisone Joint Injection: Knee & Shoulder
Carol Blattspieler, APRN Seth Daniel Bourn, PA-C
Associates in Orthopedic Surgery

W-2: EKG Interpretation
Jennifer G. Thuermer, DNP, ACNP-BC, AACC
Southwestern Vermont Medical Center

5:30-6:00pm VNPA Business Meeting

6:00-7:45pm **Dinner Discussion: 2017 Federal Legislative Update**
MaryAnne Sapio Vice President, Federal Government Affairs **American Association of Nurse Practitioners**

7:45pm Dessert Reception, stay tuned for details

Friday, March 31

7:30-8:15am Registration | Exhibits | Breakfast

8:15-8:30am **Welcome**
Amy M. O'Meara, DrNP, WHNP-BC President Vermont Nurse Practitioners Association

8:30-9:30am **Keynote Address: All of Me**
Bess O'Brien Producer / Director Kingdom County Productions

9:30-10:30am **Navigating the Sea-Change of an All Payer Model**
Robin J. Lunge, JD, MHCDS Member Green Mountain Care Board

10:30-11:00am Break with Exhibitors

11:00-Noon **A-1: Preparing NPs to Provide Medication**
Concurrent **Assisted Treatment for the Opioid Dependent**
Sessions: **Shara Tarule, MSN, APRN, FNP-BC**
~ **A** ~ Nurse Practitioner
Howard Center Chittenden Clinic

A-2: Primary Palliative Care:
Starting the Conversation
Lauren Bailey, MSN
Palliative Care Nurse Practitioner
University of Vermont Medical Center

Noon-1:00pm Lunch | Exhibits

1:00-2:00pm **B-1: Emerging Threats of Gonorrhea:**
Concurrent **a MSM Health Inequity**
Sessions: **Daniel Daltry, MSW**
~ **B** ~ Program Chief: HIV/STD/Hepatitis
Vermont Department of Health

B-2: Post 9/11 Veterans Improve Mental Health
Outcomes Using Self-Directed App-Based
Wellness Program: RCT
Janet R. Kahn, PhD, EdM, LMT
Assistant Professor, Department of Psychiatry
University of Vermont

2:10-3:10pm **C-1: Safe Arms Program:**
Concurrent **Care of the Opiate Exposed Infant**
Sessions: **Bridget Bromirsky, MS, RN C-PNP, IBCLC**
~ **C** ~ **Cat Blanchard, RN CLC**
Pamela Schnare, BSN, RN, MSN
Southwestern Vermont Medical Center

C-2: Zika Virus: Past, Present, Future
Kelley Carmelite McLean, MD
Obstetrician & Maternal Fetal Medicine Physician
University of Vermont Medical Center
Assistant Professor of Medicine
University of Vermont

3:10-3:30pm Afternoon Break

3:30-4:30pm **D-1: Altered Mental Status in the Elderly**
Concurrent **Matt Roginski, MD, MPH**
Sessions: Clinical Care Fellow; Emergency Medicine Attending
~ **D** ~ Dartmouth-Hitchcock Medical Center

D-2: Using "What's Doable?" with Obese Patients:
A Recipe for Success
Anya Raven Hunter, LICSW
Adjunct Professor, College of Nursing & Health Sciences
University of Vermont College of Medicine
Private Practitioner Eating with Grace

VNPA CALMING the STORM:

Promoting Lifelong Resilience & Wellbeing

27th Annual Conference Agenda

Logistics

REGISTRATION, PAYMENT: For the best rates, register by Thursday, March 16.

Register online at www.VTNPA.org - or complete the registration form (on the last page) and return with check payment.



Pay to the order of: **Vermont Nurse Practitioners Association**

Mail to: **741 Hand Road | N. Ferrisburgh, VT 05473**

REGISTRATION, MEMBERSHIP:

Participants who are current VNPA members receive a reduced registration rate. VNPA dues for 2017 must be paid by **March 16** in order to receive the lower, member registration rate.

There is a \$25 conference cancellation fee. No refunds after March 20, however you may send a substitute in your place without penalty. For more information:

Julie Basol, Conference Director
JNB Marketing, LLC

Ph: 802.598 7424 Fax: 802.425.5507 JNB@gmavt.net

Lucy VanHollebeke, APRN, FNP
Program Chair
famvanh@comcast.net

CONTINUING EDUCATION:

This education activity will be submitted to the American Association of Nurse Practitioners for approval of up to **9.0** contact hours of accredited education.

CONFERENCE SITE, ACCOMMODATIONS:

1746 Mountain Road (Rt. 108), Stowe, VT **800.253.2232**

The 27th Annual VNPA Conference will be held at the Stoweflake Mountain Resort & Spa on Thursday and Friday, March 30-31, 2017. A block of overnight rooms have been reserved and are available for participants the nights of March 29 and 30. To obtain the reduced rate of **\$139 + tax** (per night, single/double), call **800 253-2232** or **802 253-7355**. You must specify that you are attending the VNPA Conference in order to receive the reduced overnight room rate. Deadline for securing the reduced rate is: **March 10, 2017**.

The Stoweflake is a AAA Four-Diamond resort with an abundance of amenities, including their world class spa, state-of-the-art fitness facilities, two award-winning restaurants and luxurious accommodations. For Spa services, please contact the Resort at least one week in advance. www.stoweflake.com

DIRECTIONS TO THE CONFERENCE: FROM I-89: Take Exit 10, Waterbury/Stowe/Rt. 100. Turn onto Rte. 100 at the end of the exit ramp toward Stowe. Continue for ~ 11 miles. Turn left at the blinking red light in the village onto Rt. 108/Mtn. Road. Continue on Rte.108 for ~ 2 miles - the Stoweflake will be on the right.



Vermont Nurse Practitioners Association

2017 Planning Committee

Lucy VanHollebeke, APRN, FNP
Program Chair

Kate Goyette, FNP

Callan Janowiec, FNP, APRN

Alexander Johnston, NP

Nancy Redfield, APRN-BC

Barbara Rouleau, DNP

Susan Sykas, DNP, APRN, PPCNP-BC

Michelle Wade, MSN/Ed, NP

March 30-31, 2017

Vermont Nurse Practitioner Association

Registration Form

27th Annual Conference

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Register online at www.VTNPA.org - or, complete the registration form below.

Pay to the order of: **Vermont Nurse Practitioners Association**

Mail to : **741 Hand Road | N. Ferrisburgh, VT 05473**

Questions: 802.598.7424

Name/Credentials: _____

Position Title: _____

Organization: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

(for planning purposes,
check one session choice
from each time slot;
selections are not binding)

CONCURRENT SESSIONS

A 1 ☐ 2 ☐

B 1 ☐ 2 ☐

C 1 ☐ 2 ☐

D 1 ☐ 2 ☐

REGISTRATION OPTIONS			
Member	Early Bird < 3/16	After > 3/16	On Site
Full Conference ⁽¹⁾	<input type="checkbox"/> \$195	<input type="checkbox"/> \$215	<input type="checkbox"/> \$250
Thursday only ⁽²⁾	<input type="checkbox"/> \$65	<input type="checkbox"/> \$80	<input type="checkbox"/> \$95
Friday only	<input type="checkbox"/> \$150	<input type="checkbox"/> \$175	<input type="checkbox"/> \$195
Non Member	After > 3/16	After > 3/16	On Site
Full Conference ⁽¹⁾	<input type="checkbox"/> \$235	<input type="checkbox"/> \$255	<input type="checkbox"/> \$265
Thursday only ⁽²⁾	<input type="checkbox"/> \$75	<input type="checkbox"/> \$90	<input type="checkbox"/> \$105
Friday only	<input type="checkbox"/> \$180	<input type="checkbox"/> \$200	<input type="checkbox"/> \$220
Student Rate	After > 3/16	After > 3/16	On Site
Full Conference ⁽¹⁾	<input type="checkbox"/> \$125	<input type="checkbox"/> \$135	<input type="checkbox"/> \$145
Thursday only ⁽²⁾	<input type="checkbox"/> \$60	<input type="checkbox"/> \$70	<input type="checkbox"/> \$75
Friday only	<input type="checkbox"/> \$75	<input type="checkbox"/> \$80	<input type="checkbox"/> \$85

For your convenience,
a payment by
credit card option
is available on line at
www.VTNPA.org

1. Current membership status is required. 2017 dues must be paid by March 16 in order to receive the member rate.
2. Student fee applies to currently enrolled NP students; verification may be requested.

TOTAL FEES

Registration: \$ _____

VNPA Scholarship \$ _____

Donation

Total: \$ _____



If you require special accommodations or have additional needs in order to participate, please check this box. Indicate your requests in writing and include with your registration form.

Ck #: _____