## Motivational Interviewing and Individualized Service Planning with The ASAM Criteria

Varying Dates - 8:30 am - 4:30 pm

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This application-focused workshop offers a practical approach to creating individualized service plans, with special attention to how *The ASAM Criteria* and motivational interviewing support and drive this process. Behavior change principles will also be reviewed to enhance trainees' understanding of how and why people change, and explore how a client's stage of change impacts personcentered service planning.

## Learning Objectives

- Develop motivational interviewing strategies for engaging clients in a process of change
- Practice motivational interviewing skills to increase client engagement
- Identify how the client's stage of change impacts and drives a personcentered treatment plan
- Review treatment planning content and the nuances between problems, goals, objectives and interventions
- Learn how to develop individualized, measurable treatment plans based on the individualized needs of the client and the dimensional analysis
- Understand the relation between the treatment plan and use of *The ASAM* Criteria's continued stay, transfer and discharge criteria

Space for this training is limited.

Please bring a copy of The ASAM Criteria with you to this training.

## **Continuing Education**

This program has been approved for 13 NAADAC CEUs.

For questions, contact Ruth Leonard, <u>leonamr@dshs.wa.gov</u> or 360-725-3742

To register, please visit <a href="https://www.trainforchange.net/events">https://www.trainforchange.net/events</a>
For questions about registration, contact
Christine Lizarraga at <a href="mailto:clizarraga@trainforchange.net">clizarraga@trainforchange.net</a>



