

# Contemporary Pharmacology

and Prescribing in  
Older Adults

San Francisco

Hyatt Regency San Francisco  
San Francisco, CA  
March 24-25, 2017

[www.gapna.org](http://www.gapna.org)

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 **GAPNA**  
Gerontological Advanced  
Practice Nurses Association

# Contemporary Pharmacology and Prescribing in Older Adults

## What you can expect:

- **Fast, focused education.** In less than 2 days, you can earn up to 11.5 hours of pharmacology credit.
- **Lasting connections.** Network with other attendees focused on prescribing concerns for their patients and interact with leading experts and industry representatives.
- **Free access to the GAPNA Online Library.** Take your learning home with you and access when it is convenient for you!

**Register by January 27, 2017 and save \$80!**

For additional details, visit [gapna.org/events](http://gapna.org/events)



Connect now on Facebook and Twitter  
with the hashtag #GAPNAPharm2017



## THURSDAY | March 23, 2017

4:00 pm – 8:00 pm  
**Registration Open**

6:00 pm – 7:00 pm

**Industry-Supported Presentation  
Theater (Seating is limited)**

*Presentation theater and light refreshments  
will be provided if industry support is received.*

7:00 pm – 8:30 pm  
**Opening Reception**

## FRIDAY | March 24, 2017

6:30 am – 5:45 pm  
**Registration Open**

7:00 am – 8:00 am

**Industry-Supported Presentation  
Theater (Seating is limited)**

*Presentation theater and breakfast will be  
provided if industry support is received.*

## GAPNA 2017 Pharmacology Conference Planning Committee

Carolyn Clevenger, DNP, RN, GNP-BC,  
AGPCNP-BC, FAANP, *Planning Chair*

Katherine Aldrich, PhD, NP, APRN-BC

Helen Horvath, MS, RN, ANP

Lynda Mackin, PhD, AG PCNP-BC, CCNS

Jennifer Serafin, BSN, RN, GNP-C

Karen Shore, ANP-C

Rosemarie Marmion, MSN, RN-BC, NE-BC,  
*Education Director*

8:00 am – 9:00 am

**General Session 101**

1.0 contact hour (which includes 1.0 hour  
of pharmacology credit)

**Minimizing the Risks and Maximizing  
the Benefits of Direct Oral  
Anticoagulants**

*Patricia Briskin, NP*

Learn how to incorporate the anticoagulant  
monitoring checklist into your practice. The  
checklist will assist clinicians in identifying areas  
of non-compliance, bleeding risk, renal chang-  
es, drug interactions, and fall risk.

9:00 am – 9:45 am

**Coffee Break/Networking**

9:45 am – 11:15 am

**General Session 102**

1.5 contact hours (which includes 1.5 hours  
of pharmacology credit)

**Managing the Neuropsychiatric  
Symptoms of Dementia (NPSD)**

*Richard Ronald Finley, BS Pharm, RPh*

This session will describe the common neu-  
ropsychiatric symptoms of dementia and the  
factors that may lead to problematic behaviors,  
as well as define the appropriate pharmacolog-  
ical roles for cholinesterase inhibitors, NMDA  
antagonist, antipsychotics, antidepressants,  
anxiolytic medications, and anti-seizure medica-  
tions in managing NPSD. Drugs that may not  
have proven effective or may increase NPSD in  
clinical practice will be identified.



11:20 am – 12:20 pm

**General Session 103**

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

**Parkinson's Disease Symptom Control**

*Carol Evans, GNP*

Enhance medical management of motor and non-motor symptoms that appear over the course of the disease leading to disability and impairment of quality of life.

12:20 pm – 1:20 pm

**Industry-Supported Presentation Theater (Seating is limited)**

*Presentation theater and lunch will be provided if industry support is received.*

1:20 pm – 2:20 pm

**General Session 104**

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

**What's New in Heart Failure Drug Therapy and Management**

*Nimaljeet Tarango, MS, GNP, RN*

Discuss new updates in the care of patients with heart failure and chronic disease management, including palliative care.

2:20 pm – 2:50 pm

**Refreshment Break/Networking**

2:50 pm – 3:50 pm

**General Session 105**

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

**Medical Marijuana**

*Meredith Bassler, NP*

Learn about the endocannabinoid system, endogenous cannabinoids, and exogenous cannabinoids as they relate to patient care. This session will also provide guidance regarding safe products and practices for adult and elderly patients.

3:55 pm – 5:25 pm

**General Session 106**

1.5 contact hours (which includes 1.5 hours of pharmacology credit)

**Traditional and Non-Traditional Pain Management**

*Lori Guelman, MSN, FNP, AANP, RN*

This session provides a pain management overview with a focus on opioids, adjuvant therapies, and alternative therapies, and discusses barriers to care.

**SATURDAY | March 25, 2017**

7:00 am – 12:30 pm

**Registration Open**

7:00 am – 8:00 am

**Continental Breakfast/Networking**

8:00 am – 9:00 am

**General Session 201**

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

**Constipation: Promoting Bowel Regularity in Older Adults**

*Katherine Aldrich, PhD, NP, APRN-BC*  
*Jennifer Serafin, MS, BSN, GNP-C*

The effects of aging on bowel function in older adults, as well as pharmacodynamics and kinetics of common and not-so-common drugs to mitigate constipation issues will be addressed.

9:05 am – 10:05 am

**General Session 202**

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

**Living Well with COPD**

*DorAnne Donesky, PhD, ANP-BC*

Case examples of patients with COPD will be discussed using a schema for understanding and explaining medications used for COPD management.

10:05 am – 10:20 am

**Coffee Break/Networking**

10:20 am – 11:20 am

**General Session 203**

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

**Novel Therapies in Diabetes Management**

*Kathleen Judge, CNS, RD, CDE*  
*Leticia Wilke, CNS, CDE, BC-ADM*

Review and understand the new injectables and oral agents coming to market and how they can best be utilized for older adults.

11:25 am – 12:55 pm

**General Session 204**

1.5 contact hours (which includes 1.5 hours of pharmacology credit)

**The New Old Age: HIV and Hepatitis C**

*Meredith Greene, MD*

50% of HIV-positive adults in the US are age 50 or older and hepatitis C is now a curable illness due to treatment advances. This session will emphasize basics of antiretroviral therapy and new hepatitis C treatments.

# General Information

## Online Library & Paperless Conference!

Receive added educational value for your conference investment. FREE access to the GAPNA Online Library!

## What does this mean?

- Free online access to all approved sessions after attending the conference.
- “Virtually” attend sessions you missed onsite or revisit courses you found interesting.
- Never have to choose between concurrent sessions again!
- Handouts available online
- Complete the evaluation and print your CNE certificate at your convenience from home or work!

Content will be available approximately 3 weeks after the conference, so you can take advantage of this additional learning experience at your convenience.

## Continuing Nursing Education

Earn up to 11.5 continuing nursing education (CNE) contact hours for professional development, recertification, and relicensure:

- Friday, March 24: 7.0 contact hours
- Saturday, March 25: 4.5 contact hours

All education sessions contain pharmacology content that can be applied toward pharmacology credit requirements. Pharmacology content credit is time-based on content outline. Pharmacology credit of 11.5 hours can be accumulated by any one person attending conference sessions.

This conference is jointly provided by Anthony J. Jannetti, Inc. (AJJ) and the Gerontological Advanced Practice Nurses Association (GAPNA).

Anthony J. Jannetti, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Anthony J. Jannetti, Inc. is a provider approved by the California Board of Registered Nursing, Provider Number CEP5387.

GAPNA urges participants to be aware of the CNE requirements for relicensure in the states in which they hold a license.

## Networking

A key benefit of attending the GAPNA Conference is the opportunity to develop relationships with your colleagues through networking. Networking provides many tangible benefits to conference participants.

## Industry-Supported Presentation Theater

An Industry-Supported Presentation Theater is a dedicated time for industry to host a session that provides information on a specific product or service of interest to NPs working in the specialty of gerontology. Since these sessions may be promotional and are specific to a certain product, no contact hours are available for these sessions.

## Payment Policy

Register Early! Registrations will not be processed unless full payment is received with the registration form. If a check is returned by the bank for insufficient funds or credit cards denied, full payment must be received by cashier's check or money order with an additional \$15 processing fee.

## Cancellation Policy

Upon fax (856-218-0557), email (GAPNA@ajj.com), or written notice to GAPNA (P.O. Box 56, Pitman, NJ 08071-0056) of need to cancel, we will refund your registration fee, less a \$50 administration fee. Cancellations must be received at the National Office by February 23, 2017. Telephone cancellations will not be accepted. No refunds will be made thereafter.

In the event GAPNA should find it necessary to cancel or postpone this conference for any reason including, but not limited to, registration responses, strikes, or acts of God, GAPNA will not be liable for registrants' expenses. However the cancellation/postponement is ultimately resolved, GAPNA will act responsibly to protect members' and registrants' investment in the conference and association.

## Hotel Information

Hyatt Regency San Francisco has been designated as the official hotel for the 2017 GAPNA Pharmacology Conference.

A block of rooms has been secured at the special rate of **\$239**. This rate is subject to applicable state and local taxes, currently 16.25%. Check-in is 4:00 pm and check-out is 12:00 pm.

**To receive the conference rate**, make online reservations on the GAPNA Website (gapna.org) or call hotel reservations at **888-421-1442** and refer to the GAPNA Pharmacology Conference. The conference rate is available through **February 20, 2017 or until the room block is full**. Reservations received after this date will be accepted on a space and rate available basis.

## Airport/Transportation Information

The San Francisco International Airport is 14 miles from the hotel. Airport shuttle service is offered by Super Shuttle at \$17 one way by calling 800- 258-3826 or contacting the hotel concierge. Taxi service is approximately \$40-\$45 one way.

*Parking* (GAPNA does not validate parking):

- Valet Parking is \$59 + \$8.26 tax with in and out privileges.
- Self-parking is \$33 maximum daily and is available near the hotel with no in and out privileges.

Rates are subject to change.

## Weather

San Francisco has a mild year-round climate with little seasonal temperature variation. Typically, average temperatures range from daytime highs in the upper 60s to lows of mid 50s in the evening. Remember to wear comfortable walking shoes and bring a sweater in case the meeting rooms are chilly.

## Photo Release

GAPNA occasionally uses photographs of conference participants in promotional materials. By virtue of your attendance, you agree to usage of your image in such media. Additionally, any photos made public and shared through the official GAPNA Pharmacology Conference App are property of GAPNA and may be used in promotional materials.

**Register by January 27, 2017, and save \$90 on the regular/onsite fee!**

(Note: Mailed forms must be postmarked by January 27.)

## REGISTRATION FORM

### GAPNA

Contemporary Pharmacology and Prescribing in Older Adults  
March 24-25, 2017 — San Francisco, CA

|  |              |
|--|--------------|
| Print Name:  | Credentials: |
| Organization/Employer Name:  |              |
| Mailing Address - Street: <input type="checkbox"/> Home <input type="checkbox"/> Work  |              |
| City / State / Zip:  |              |
| Nursing License #:   |              |
| Daytime Phone: <input type="checkbox"/> Personal <input type="checkbox"/> Business   |              |
| E-mail (required) <input type="checkbox"/> Personal <input type="checkbox"/> Business  |              |
| <input type="checkbox"/> Yes <input type="checkbox"/> No, I do not wish to have my email address shared with any GAPNA exhibit or networking vendors |              |

### 3 Ways To Register

- 1 Register Online at [www.gapna.org](http://www.gapna.org)
- 2 By Fax: 856-218-0557
- 3 Mail completed form with payment to:  
GAPNA Registration  
East Holly Avenue/Box 56  
Pitman, NJ 08071-0056

Registration cannot be processed without payment.  
Purchase Orders cannot be accepted.

All cancellations and transfers must be received in writing. For cancellations postmarked on/by to February 23, 2017, we will refund registration cost, less a \$50 administrative fee. We are unable to make refunds after February 23, 2017, but will gladly transfer your registration to a colleague if the request is made in writing to GAPNA at the above address.

You will receive your receipt/confirmation information via the email address used to register for this meeting.

To join GAPNA today and pay member fees for this registration, please complete the membership section on this page. Membership must be valid through March 30, 2017, to qualify for member rates. Current members may renew their GAPNA membership with their conference registration. Membership will commence upon current expiration.

| *Non-members may register at the Member rate by including membership fee with registration fees.       | GAPNA member                   | Non-member                        |
|--|--------------------------------|-----------------------------------|
| <b>Main Conference Registration Fees</b>   |                                |                                   |
| Postmarked 1/27/17 & before - Early Bird Fee   | <input type="checkbox"/> \$279 | <input type="checkbox"/> \$389    |
| Postmarked 1/28/17 & after - Regular/Onsite Fee  | <input type="checkbox"/> \$359 | <input type="checkbox"/> \$469    |
| <b>Daily Rate</b>  |                                |                                   |
| Daily - <input type="checkbox"/> Friday  | <input type="checkbox"/> \$235 | <input type="checkbox"/> \$305    |
| Daily - <input type="checkbox"/> Saturday  | <input type="checkbox"/> \$135 | <input type="checkbox"/> \$185    |
| <b>Membership Fees:</b> <input type="checkbox"/> New <input type="checkbox"/> Renewal                  |                                |                                   |
| <input type="checkbox"/> Regular (advanced practice nurses) <input type="checkbox"/> Associate (other) |                                | <input type="checkbox"/> \$100    |
| <input type="checkbox"/> Student - \$60 <input type="checkbox"/> Retired - \$75 (enter dollar amount)  |                                | <input type="checkbox"/> \$ _____ |
| → TOTAL ENCLOSED   |                                | \$                                |

Please contact us via [GAPNA@ajj.com](mailto:GAPNA@ajj.com) to confirm any dietary or disability needs.

#### PAYMENT OPTIONS

☐ Check enclosed made payable  
in U.S. funds to GAPNA

Charge my: ☐



\* Last 3 digits after signature on back of VISA/MasterCard – Last 4 digits on front right of American Express.

Credit Card # \_\_\_\_\_

Exp. Date \_\_\_\_\_ Security # \* \_\_\_\_\_

Billing address \_\_\_\_\_

Signature \_\_\_\_\_ Name on Card (please print) \_\_\_\_\_