

22nd Annual Primary Care Conference

NURSE **The Force Awakens** ***PRACTITIONERS***

September 18-21, 2016
Hilton New Orleans Riverside
New Orleans, LA

Registration Brochure





The Louisiana Association of Nurse Practitioners (LANP) Board of Directors invites you to join us at the 22nd Annual LANP Primary Care Conference, September 18-21, 2016 at the Hilton New Orleans Riverside, New Orleans, LA

You don't want to miss this educational opportunity at the largest state conference for NPs of all specialties.

The LANP 2016 Primary Care Conference offers a program of expert faculty presentations of current, practical, and clinically-oriented information related to evidence-based quality care, providing NPs with the latest information to apply in their everyday practice setting.

Sessions will be presented on a variety of topics, including:

- **Primary Care Skills**
- **Mental Health**
- **Orthopedics**
- **Adolescents/Pediatrics**
- **Pain management**
- **Business/Professional**
- **Family Practice**

Much to learn, you still have. —Yoda

For more information about LANP and to register 2016 Primary Care Conference, visit www.lanp.org.

Conference Schedule

Sunday, September 18, 2016

7:00 AM - 1:30 PM	Registration Check-In and Onsite Registration
7:00 AM - 9:00 AM	Continental Breakfast
9:00 AM - 12:00 PM	Workshops (Break from 10:15-11:00 AM)
12:00 PM - 1:30 PM	Lunch on your Own
1:30 PM - 5:30 PM	Workshops (Break from 2:45-3:20 PM)

Monday, September 19, 2016

6:45 AM - 4:00 PM	Registration Check-In and Onsite Registration
7:00 AM - 9:00 AM	Continental Breakfast
7:30 AM - 9:00 AM	First Breakout Session - A
8:55 AM - 9:25 AM	Welcome & Opening Ceremony <i>Welcome/Presentation of Colors/Prayer</i>
9:30 AM - 10:30 AM	General Session 1
10:30 AM - 11:30 AM	Exhibit Hall & PAC Silent Auction Opens Poster Presentations
11:30 AM - 12:45 PM	Lunch <i>Product Theater Sponsored by: Janssen Pharmaceuticals, Inc. (Non-CE)</i>
12:50 PM - 2:50 PM	Afternoon Workshops
12:50 PM - 1:50 PM	Second Breakout Session - B
2:00 PM - 3:15 PM	Third Breakout Session - C
3:00 PM - 3:30 PM	Break - Visit Exhibitors
3:30 PM - 5:30 PM	Afternoon Workshops
3:30 PM - 4:30 PM	Fourth Breakout Session - D
4:40 PM - 5:40 PM	Fifth Breakout Session - E
6:45 PM - 11:00 PM	TICKETED EVENT! Murder Mystery Dinner followed by Karaoke and DJ

Tuesday, September 20, 2016

7:00 AM - 4:00 PM	Registration Check-In and Onsite Registration
7:30 AM - 9:00 AM	Continental Breakfast - sponsored by AANP
8:00 AM - 9:00 AM	AANP Lecture Series Incretin-Based Therapies
8:00 AM - 10:00 AM	AANP Lecture Series Opioid Prescribing
8:00 AM - 2:30 PM	Exhibit Hall Opens
8:00 AM - 5:00 PM	PAC Silent Auction Opens
9:10 AM - 10:10 AM	First Breakout Session - F
10:15 AM - 10:45 AM	Break - Visit Exhibitors
10:20 AM - 11:20 AM	Poster Presentations
11:45 AM - 12:30 PM	Second Breakout Session - G
	Lunch <i>Legally Mine Product Theater (CE provided by company)</i> or <i>The Endocrine Society (supported by a grant from Novo Nordisk) (CE session)</i>
1:15 PM - 1:45 PM	Visit Exhibitors
1:50 PM - 3:50 PM	Afternoon Workshops
1:50 PM - 2:50 PM	Third Breakout Session - H
2:55 PM - 3:55 PM	Fourth Breakout Session - I
4:00 PM - 5:00 PM	Fifth Breakout Session - J
6:00 PM - 7:30 PM	Wine & Cheese Event - sponsored by Myriad

Wednesday, September 21, 2016

7:00 AM - 11:30 AM	Registration Check-In and Onsite Registration
7:30 AM - 9:00 AM	Continental Breakfast
8:00 AM - 9:00 AM	LANP Business Meeting & Awards Ceremony
9:10 AM - 11:10 AM	Workshops
9:10 AM - 10:10 AM	First Breakout Session
10:20 AM - 11:20 AM	Second Breakout Session

Conference Workshops

Sunday, September 18, 2016
9:00 AM - 12:00 PM

SW.01 Minor Office Procedures (3 CE's, .5 Pharm)

Denise Ramponi, DNP, ENP-C, FAEN, FAANP

(Basic) This hands-on workshop for advanced practice nurses will explore the performance of minor office procedures. Topics will include management of nursemaid's elbow, release of subungual hematoma, drainage of paronychia, splinter removal, hair-thread tourniquet removal, tick removal, ring removal, fish hook removal, cerumen removal, management of tooth fracture, administration of local anesthesia, digital blocks, incision and drainage of abscesses in this hands-on practicum.

SW.02 Code Smarter, Not Work Harder (3 CE's) Lynn Rapsilber,

MSN, ANP-BC, APRN, FAANP

(Basic) Workshop with presentation of the use of evaluation and management coding for office and outpatient. Learn the tools for reimbursement, code correctly, avoid audit triggers. Chart reviews as well.

SW.03 GYN Workshop (4 CE's, 1 Pharm)

Rosemary "Mimi" Secor, MS, M.Ed, APRN, FNP-BC, NCMP, FAANP

(Basic) During this workshop participants will learn how to perform a routine gynecologic exam and Pap smear. Attendees will also learn about vulvar dermatology, vaginitis/STIs, abnormalities of the cervix, uterus and ovaries. Appropriate diagnostic and management approaches will be discussed briefly. How to approach various challenges including how to manage various special populations such as the obese patient, disabled, elder, anxious, or patients with a history of sexual abuse.

SW.04 Splinting and Extremity X-rays (2 CE's) Laurie Ann

Ferguson, DNP, APRN and Conni Moore MSN, APRN, FNP

(Beginner) This session will review common upper and lower extremity injuries seen in primary care. A discussion of history and physical examination findings, radiographic evaluation and initial management, including basic splinting will be demonstrated.

1:30 PM - 5:30 PM

SW.05A Basic Suturing (1:30 PM - 3:30 PM) (2 CE's, .25 Pharm)

Laurie A. Ferguson, DNP, APRN and Conni Moore MSN, APRN, FNP

(Beginner) This workshop is designed to give the participant a basic understanding of the evaluation and management of traumatic skin and soft tissue injuries and infections. The focus of this program is wounds from injury through repair and healing with an opportunity for the participant to take part in a supervised suture workshop.

SW.05B Advanced Suturing (3:30 PM - 5:30 PM) (2 CE's, .25 Pharm)

Laurie A. Ferguson, DNP, APRN and Conni Moore MSN, APRN, FNP

(Advanced) This workshop is designed to give the participant an advanced understanding of the evaluation and management of traumatic skin and soft tissue injuries. The focus of this program is wounds from injury through repair and healing with an opportunity for the participant to take part in a supervised suture workshop.

SW.06 Breast Cancer: A Comprehensive Review (4 CE's, .25 Pharm)

Susan Duhon, APRN, CNM, PNP (Panel: A. Jones, MSN, FNP; D.

Chang, MD, MS; D. Nevils, BSN; L. Vasilakis, MSN; R. Ryker, B.S.R.T)

(Advanced) Current screening recommendations, diagnosis, treatment options, follow-up care, community support. Hands on to include review clinical breast exams with models, radiographic depiction of lesions on mammography, and panel discussion. Speakers to include APRNs, mammography trained Radiologic Technologist and Oncology Radiologic Technologist or Radiology Oncologist

SW.07 Advanced 12 Lead EKG Interpretation Workshop

(4 CE's) Leslie L Davis, PhD, RN, ANP-BC, FAANP, FPCNA, FAHA

(Basic) Didactic content and case studies will be used to increase participants' knowledge and skills for interpreting 12 Lead ECGs in adult patients. During the workshop participants will practice hands-on activities to increase their confidence in applying a systematic approach to interpretation.

TW.08 EENT Workshop (3 CE's, .33 Pharm)

Denise Ramponi, DNP, ENP-C, FAEN, FAANP

(Basic) This workshop will review the most common & high risk disorders of the eyes, ears, nose & throat, including those which require an associated procedure. Topics will include conjunctivitis, corneal abrasions, corneal ulcers, acute angle glaucoma, epistaxis, otitis media & externa, foreign bodies of the eyes, ears, & nose, to name a few.

Monday, September 19, 2016
12:50 PM - 2:50 PM

MW.09 Joint Injection (2 CE's, .33 Pharm)

Lisa Bayhi, DNP, MSN, APRN, ACNP, FNP

(Beginner) This presentation will prepare the attendee in the anatomy, diagnosis, and treatment of large joint pain. It will enable attendees a hands on experience to inject knee models.

MW.10 Coding and Documentation: "Incident to", New codes for 2016, Audit Triggers (2 CE's)

Lynn Rapsilber, MSN, ANP-BC, APRN, FAANP

(Basic) Latest information on new codes, incident to billing and audit triggers

MW.11 Hand and Wrist Injuries, Radiology Review

(1.5 CE's) Denise Ramponi, DNP, ENP-C, FAEN, FAANP

(Advanced) This session will review common fractures/dislocations and high risk injuries to the hand & wrist including physical assessment essentials & radiology findings in these injuries.

Conference Workshops

Monday, September 19, 2016
3:30 PM - 5:30 PM

MW.12 Basic Suturing (2 CE's, .25 Pharm)

Laurie A. Ferguson, DNP, APRN and Conni Moore MSN, APRN, FNP
(Beginner) This workshop is designed to give the participant a basic understanding of the evaluation and management of traumatic skin and soft tissue injuries and infections. The focus of this program is wounds from injury through repair and healing with an opportunity for the participant to take part in a supervised suture workshop.

MW.13 Human Trafficking, Child Sexual Abuse and Exploitation, and the Sexual Assault Patient: A Trauma Informed Approach (2 CE's)

Jill Laroussini, MSN, APRN, CNS, SANE Certified & Casey Barfield, Law Enforcement Officer

(Basic) A SANE nurse and a detective team up to discuss signs of Human Trafficking and social media components that facilitate Child Sexual Abuse and Exploitation. The Sexual Assault Response Team (SART) and best practices for a trauma informed approach to caring for the Sexual Assault Patient will be presented.

MW.14 Current Pharmacological Treatments for Depression and Anxiety (2 CE's, 2 Pharm)

Cynthia Langford, PhD, Med, MSN, FNP & Maritza Salgado, DNP, APRN, FNP

(Basic) Pharmacological treatments for disorders commonly used in Depression and Anxiety Disorders in Primary Care will be discussed including: SSRI, SNRI, atypical antidepressants; benzodiazepines, beta blockers, and tricyclic antidepressants.

MW.15 NP Students: The Force Awakens --After the paperwork dust clears (2 CE's)

Kathy Baldrige, DNP, FNP-BC, Amanda Theriot, DNP, FNP-C
(Beginner) Helping the student NP or the new graduate NP in navigating the credentialing process with all required licensures, certifications and credentialing numbers.

Tuesday, September 20, 2016
1:50 PM - 3:50 PM

TW.16 Advanced Suturing (3:30 PM - 5:30 PM) (2 CE's, .25 Pharm)

Laurie A. Ferguson, DNP, APRN and Conni Moore MSN, APRN, FNP
(Advanced) This workshop is designed to give the participant an advanced understanding of the evaluation and management of traumatic skin and soft tissue injuries. The focus of this program is wounds from injury through repair and healing with an opportunity for the participant to take part in a supervised suture workshop.

TW.17 Assessment and Management of Commonly Seen Complaints in the Urgent Care Setting (2 CE's, .25 Pharm)

Christy Lenahan, DNP, APRN, FNP

(Basic) This program was created to assist individuals working or wanting to work in the urgent care setting with assessment and management of the most commonly seen complaints in the urgent care setting. In addition to lecture, there will be some hands-on demonstration of assessment techniques.

TW.18 Eyes Wide Open: A Real World Discussion of the 2015 CDC Sexually Transmitted Disease Guidelines (1.5 CE's, .56 Pharm)

Megan Louque, MSN, APRN, ANP-C, FNP-C

(Basic) The 2015 CDC Guidelines have been recently published by the CDC. There exists new evidence and rationale for tests and treatments that we as health care providers perform in order to best treat our patients. This presentation strives to present that information to attendees in a real world, useful manner.

TW.19 Migraine, Tension Headache, or Deadly Alternative? (2 CE's, .33 Pharm)

Cynthia Langford, PhD, Med, MSN, FNP & Toussaint Battley, III, DNP, APRN, FNP

(Basic) Headache evaluation, with a focus on discrimination between common and lethal headache presentations. Includes assessing, and treatment planning for common headaches such as migraine and tension headache as well as presentations that signal a more lethal course (e.g., stroke, aneurysm, brain tumors, or bleeding in the brain).

Wednesday, September 21, 2016
9:10 AM - 11:10 AM

WW.19 Chest X-Ray 101 (2 CE's)

David L. Smith, MD

(Basic) Attendees will learn the fundamental to chest radiograph interpretation.

WW.20 Breast Genetics (1 CE)

Colette Blanchard, MSN, FNP-C, ANP-C

(Basic) Will discuss case studies regarding obtaining a thorough family history to determine the need for testing for hereditary breast, ovarian, and lynch cancer syndromes.

WW.21 The Ears Have It! A Discussion of Common Ear Complaints and What to Do (2 CE's, .25 Pharm)

James Huttner, MD

(Basic) A discussion of the common ear complaints that present in clinical practice, their causes and etiologies, and first line treatment options. Topics will include acute otitis media (OM), otitis media with effusion (OME), the sequelae of chronic OME including tympanostomy tubes and perforations, and otitis externa. Following the lecture portion will be a hands-on demonstration of proper curettage and ear irrigation techniques.



Breakout Sessions

Monday, September 19, 2016 Session A - 7:30 AM - 9:00 AM

A1 Diagnosis and Management of Resistant Hypertension in Adults: Update for 2016 (1.5 CE, .28 Pharm)

Leslie L Davis, PhD, RN, ANP-BC, FAANP, FPCNA, FAHA

(Basic) The 90-minute talk will discuss the difference between difficult to treat versus resistant hypertension (HTN). The latest JNC guidelines (JNC 8) for treating HTN in adults will also be reviewed. Management of difficult to treat and resistant HTN will be discussed in the context of patient cases. An algorithm will be included in the handouts for use in clinical practice.

A2 Pediatric Asthma: Update on Diagnosis and Treatment Guidelines (1 CE, .46 Pharm)

Sophia Thomas, MN, APRN, FNP-BC, PPCNP-BC, FNAP, FAANP

(Basic) This presentation will review and discuss Pediatric Asthma. Attendees will learn the common as well as the subtle clinical presentations, including assessment and diagnosis, and will discuss current nationally recognized treatment protocols for management of asthma in the Pediatric Primary Care setting.

A3 Common Orthopedic Ailments: This Joint Rocks (1 CE, .33 Pharm)

Shannon Branford, MSN, APRN

(Basic) This will be a discussion of the basic exam for orthopedic ailments commonly seen in primary care, testing and interpretation of results, as well as first line treatments. Radiographic testing and analysis will be discussed. Common treatments and special considerations will also be discussed. A case study format will be utilized.

A4 Complicated Kidneys: Nephrology for the Non-Nephrologist (1 CE, .33 Pharm)

AtNena Tucker, DNP, APRN, FNP, MBA

(Basic) This course provides the knowledge and skills necessary to effectively evaluate, treat, and refer patients who present with renal issues. Instruction includes a review of renal anatomy, functions, and common renal disorders. Students will learn the appropriate diagnostic work-up, treatment, and referral pattern for the most common renal disorders.

A5 Nurse Practitioners in Integrative Medicine. Are we the missing link? (1 CE)

Damian Broussard, PhD, MSN, APRN, FNP

(Basic) Discussion of the role of nurse practitioners in integrative medicine and how we can effectively educate our patients on the safe use of natural medicine in conjunction with traditional medical therapy.

A6 Documentation of Evaluation and Management and Billables for APRN Services: A DNP QI Project (1 CE)

Lynn Rapsilber, MSN, ANP-BC, APRN, FAANP

(Advanced) A DNP QI Project: Evaluation and Management Documentation and billables for APRN Services.

Monday, September 19, 2016 Session B - 12:50 PM - 1:50 PM

B1 Diabetes: An Integrative Approach (1 CE, .58 Pharm)

M'Lou Barnett, MSN, MBA, FNP-BC, Integrative Medicine Fellow

(Advanced) The prevalence of diabetes continues to rise worldwide & is correlated with the obesity epidemic. An Integrative Approach to Diabetes is ideal. Appraising & managing risk factors for diabetes will be discussed. Evaluating & assessing lifestyle & mind-body interventions applicable for diabetic clients will be elucidated. The health professional will be able to analyze & employ Botanical & Dietary Supplements that may be used in Diabetes. Type 1 Diabetes, Type 2 Diabetes & Secondary Diabetes will be delineated.

B2 Skin and Soft Tissue Infections and the rising trend of Community (1 CE, .25 Pharm)

Rosaline Caldwell, MSN, APRN, CPNP

(Advanced) Community acquired methicillin resistant staphylococcus aureus (CA-MRSA) has rapidly emerged as a major pathogen among skin infections. The speaker will discuss prevention, diagnosis and management.

B3 Primary Care Guidelines for Prescribing Medications to Older Adults: Beers Criteria (1 CE, 1 Pharm)

Lynn Chilton, GNP-BC/FNP-BC, DSN

(Advanced) The presentation will discuss the Beer's Criteria as a tool for healthcare professionals to review medications used by older adults and determine if the medications are safe and appropriate. Identification of potential problems with certain medications among older adults could avoid costly and preventable adverse drug related events.

B4 Female Hormones & Weight Loss (1 CE, .33 Pharm)

Pam Egan, APRN, MSN, ANP, FNP

(Basic) Review various female hormones and their effect on weight loss.

B5 Common Acute Hand and Nail Problems (1 CE, .33 Pharm)

Laurie Anne Ferguson, DNP, APRN

(Basic) Hand and nail problems can result in serious disability if not managed appropriately. This session will review diagnosis and treatment of common acute hand and nail problems, such as paronychia, felon, tenosynovitis, subungual hematoma and game-keepers thumb.

B6 Basic ordering and interpreting radiology exams for nurse practitioners (1 CE)

Laura Harolds, MSN, APRN, FNP

(Beginner) Discussion of what radiology exams are appropriate to order, how to order them, and how to interpret results and images at the beginner level.

Breakout Sessions

Monday, September 19, 2016 Session C - 2:00 PM - 3:00 PM

C1 Help! Mama ain't right! Pearls for Geriatric Prescribing (2:00 PM - 3:15 PM) (1.25 CE, 1.25 Pharm)

Amelie Hollier, DNP, FNP-BC, FAANP

(Basic) Different prescribing strategies must be employed when prescribing for older patients so that drug-drug and drug-disease interactions may be avoided. More importantly, physiologic changes occur with aging that necessitate different strategies. Examples, case studies will be used to illustrate general points as well as the most salient points.

C2 Antidiabetes Agents (1 CE, 1 Pharm)

Christy Lenahan, DNP, APRN, FNP-BC

(Advanced) A multitude of pharmacological agents are continuously being approved for the treatment of Type 2 Diabetes. This program is designed to familiarize the practitioner with new agents as well as provide a refresher course on older agents. Additionally, the program will discuss best utilize pharmacological agents in practice following current guidelines for treatment of Type 2 Diabetes Mellitus.

C3 An Overview of the American Academy of Pediatrics 2014 Clinical Practice Guidelines on the Diagnosis, Management, and Prevention of Bronchiolitis (1 CE, .67 Pharm)

Roger Rhodon, DNP, APRN, CPNP-AC

(Basic) A discussion of the 2014 AAP guidelines for the diagnosis, management, and prevention of bronchiolitis patient. These guidelines are pertinent to both primary as well as acute practice.

C4 Beyond the cure: Towards Eradication of HCV (Company provided CE)

Rafael Campo, MD, Simply Speaking

C5 Immunization News 2016 (1 CE, .75 Pharm)

Laura Willsher, EdD, MSN, APRN, CNS in Maternal Child, FNP

(Basic) Immunization News 2016!



Monday, September 19, 2016 Session D - 3:30 PM - 4:30 PM

D1 Urgent Care Medicine: Bridging the Gap in Healthcare (1 CE, .5 Pharm)

Deborah Blanson, DNS, APRN, FNP

(Basic) Discuss the the practitioner's role in providing quality care to patients presenting with acute medical problems. This session will provide the most recent evidenced-based best practices used to evaluate and (non) pharmacologically treat urgent care conditions.

D2 General Medicine Practices for HIV/Aids Healthcare Providers (Company provided CE)

Rafael Campo, MD, Simply Speaking

D3 Prescribing Contraception in the Primary Care Setting (1 CE, 1 Pharm)

Jessica Landry, DNP, APRN, FNP

(Advanced) Explaining how to determine the safest and best choice of contraception for a patient in seen in the primary care setting.

D4 Insulin Resistance in the Adult Diabetes Patient (1 CE, .5 Pharm)

Lori Lemoine, DNP, APRN, FNP

(Basic) Insulin Resistance in the Adult Diabetes Patient

D5 Herbs, supplements and home remedies: helpful or harmful? (1 CE, .5 Pharm)

Ruthie Long, MSN, APRN, FNP

(Basic) Discussion of side effects, interactions and evidenced based use of herbs, supplements and home remedies.

Monday, September 19, 2016 Session E - 4:40 PM - 5:40 PM

E1 Successful Healing of Major Wounds Caused by Calciphylaxis using Hyperbaric Oxygen Therapy and Sodium Thiosulfate (1 CE, .33 Pharm)

Shaun Carpenter, MD, FAPWCA, CWSP

(Advanced) Advanced Wound Healing

E2 The Importance of Conducting a Thorough Sexual Health History in the Primary Care Setting (1 CE)

Tavell Kindall, DNP, FNP-BC

(Advanced) A discussion among colleagues about the challenges and pitfalls providers in the primary care setting experience when asking sexual health history questions during patient visits.

E3 Addiction: Substance Abuse Among Health Care Professionals (1 CE, .25 Pharm)

Gloria Mays, APMHNP-BC

(Basic) This session provide practical and evidence-based guidelines for evaluating, treating and managing nurses and healthcare professionals with a substance use disorder.

Breakout Sessions

E4 Well Woman's Visit (1 CE, .42 Pharm)

Patsy McClanahan, APRN, MSN, WHNP-BC

(Basic) This presentation is designed to educate Nurse Practitioners on the services recommended for the gyn patient. Common Issues related to Women's Health will be explored along with diagnosis and pharmacologic treatment regimens.

E5 Acute Kidney Injury and the Use of Nonsteroidal Anti-Inflammatory Medications in the Elderly Population (1 CE, .5 Pharm)

April Davis DNP, APRN, FNP-C and Sherry Rivera DNP, APRN, ANP-C

(Advanced) This session will discuss the risks versus the benefits of use of non-steroidal anti-inflammatory medication in the elderly population and the importance of individualized evaluation. It is important for all providers to be knowledgeable about potentially nephrotoxic medications.

Tuesday, October 20, 2016 Session F - 9:10 AM - 10:10 AM

F1 Modernizing La. Healthcare (1 CE, 1 Pharm)

Lisa Bayhi, DNP, MSN, APRN, ACNP, FNP

(Beginner) This presentation will afford a thorough examination of healthcare policy in Louisiana and the nation. Steps to implement the modernization of healthcare in Louisiana will be discussed.

F2 Diabetic Education for patients who cannot afford it: How we educate out patients in a rural setting (1 CE, .25 Pharm)

Dewana Bobo, DNP, APRN, FNP-BC

(Basic) Many of our patients cannot or do not want to be seen by an endocrinologist. They may have insurance but cannot afford the copay required. As a primary care clinic, we offer an hour of time where we educate our patients that would like to learn more about their disease.

F3 Louisiana Healthy Homes and Childhood Lead Poisoning Prevention Program (LHHCLPPP) (1 CE)

Trina Evans, MPH

(Basic) An Introduction into Childhood Lead Poisoning Prevention in the State of Louisiana: How are we doing and how can we do better?

F4 Pulmonary Arterial Hypertension: The Diagnosis You Don't Want to Miss (Company provided CE)

Sonja Bartolome, MD, Simply Speaking

F5 Menopause Update: Focus on Hot Flashes and Vulvovaginal Atrophy (9:10AM - 10:25 AM) (1.25 CE, .67 Pharm)

Mimi Secor, MS, M.ED, APRN, FNP-BC, NCMP, FAANP

(Basic) Discuss the epidemiology of menopause, symptoms of menopause, clinical challenges related to providing care to this population, how to assess for VMS and VVA and current management of both conditions per the best evidence and according to the clinical practice guidelines issued by the North American Menopause Society (NAMS). An estimated 6,000 women a day in the US become post menopausal and are increasingly seeking care in Primary Care settings.

F6 Hypertension: Riddle wrapped in a mystery inside an enigma? (1 CE, .67 Pharm)

Bharat Sachdeva, MD

(Advanced) Discuss the current confusion on Hypertension: JNC, Sprint and a shifting target and goal

Tuesday, September 20, 2016 Session G - 10:45 AM - 11:45 AM

G1 Syphilis: It Is Back!!! (1 CE, .33 Pharm)

Christine Brennan, PhD, RN, NP-BC

(Basic) The rate of syphilis has doubled and is close to tripling in LA and congenital syphilis is commonly treated in many new born nurseries. Previously "routine" testing (prior to marriage, prior to school or employment) Are no longer in place. Primary care providers must be on the look out and be able to test and treat appropriately. Would you know syphilis if you saw it? Known as the "Great Imitator" it may be harder the. You think. This program will review common presentation, recommendations for testing and treatment guidelines for one of the oldest disease known.

G2 Agricultural Related Respiratory Diseases in Louisiana: Diagnosis and Management (1 CE, .25 Pharm)

Kathy J. Tackett- Morris, DNP, APRN, FNP-C, FAANP

(Basic) Agricultural Respiratory Diseases are often overlooked in patients presenting with acute and chronic respiratory symptoms. Appropriate diagnosis is essential for treatment of existing conditions. Screening and preventative measures are key to promote long term pulmonary health.

G3 "You've Been Sued! What to Do Next" (1 CE)

Valerie A. Judice, JD, BSN

(Basic)

- Prevention- Defense- Medical Review Panel- Trial

G4 Thyroid Disorders - Today's Evidence for Treatment (1 CE, .33 Pharm)

Cindy Cooke, DNP, FNP-C, FAANP

(Basic) Thyroid disorders are common in primary care. This presentation will utilize case studies to review the current and best evidence for the diagnosis and treatment of hypo and hyperthyroidism.

G5 Artificial Sweeteners: What's the evidence? (1 CE)

Sheri Porter, MSN, APRN, FNP, ACNP

(Basic) Many people have transitioned to artificial sweeteners in order to control calorie intake, weight, and blood sugars. Does it work? Are they safe? This presentation will discuss what we know.

G6 Increasing Colorectal Cancer Screening Compliance in the Rural Community (1 CE)

Billy Morales, MSN, APRN, FNP

(Basic) Colorectal Cancer is a disease no one has to die from. Engaging in a therapeutic patient-centered conversation can help identify barriers that reduce screening adherence.

Breakout Sessions

Tuesday, September 20, 2016 Session H - 1:50 PM - 2:50 PM

H1 Hiding Sepsis: Early Recognition of Geriatric Presentations (1 CE, .5 Pharm)

Leann Fowler, DNP, APRN, MBA

(Basic) This class reviews the pathophysiology of sepsis, latest evidenced-based guidelines, and the occult but common presentations of sepsis by the older adult.

H2 Integrating Palliative Care into Primary Care for Patients with Life Limiting Conditions (1 CE, .33 Pharm)

Jennifer Manning, DNS, MSN, CNS Adult Health

(Beginner) The aim of this program is to describe how nurse practitioners can integrate early decision-making, symptom management, and supportive care into the primary care setting with the goal of improving quality of life and decreasing the emotional and economic impact for patients at the end of life.

H3 Clinical Perspectives in Stable Ischemic Heart Disease: A Case-Based Approach (Company provided CE)

Kathleen Drinan, DO Simply Speaking

H4 The Neurological Examination (1 CE)

Gabriel Tender, MD

(Advanced) Practical tips for the neurological exam.

Tuesday, October 20, 2016 Session I - 2:55 PM - 3:55 PM

I1 Legal Issues for Nurse Practitioners (1 CE)

Jennifer Thomas, JD, MHS

(Basic) Legal Issues for Nurse Practitioners

I2 School Based Health Clinics- Challenges, Program Implementation, and Collaboration (1 CE)

Iris Malone, DNP, APRN, FNP

(Basic) Learn how to implement programs, work through challenges and barriers, utilize community partners, and maintain open communication with parents. This will be an interactive session among participants with brief group sharing.

I3 Guidelines for Stroke Prevention in Atrial Fibrillation (1 CE, .5 Pharm)

Mary Ellen Roberts, DNP, APRN, MSN, MA

(Basic) This program will discuss the guidelines for prevention of stroke in the patient with Atrial Fibrillation. Assessment and pharmacological treatment will be discussed.

I4 Coding and Documentation for the NP: What is Medicare Risk Adjustment HCC coding? (1 CE)

Jennifer Burtch, DNP, APRN, ANP

(Basic) The presentation will cover documentation and coding for Medicare Risk Adjustment HCC coding which is used in the outpatient and inpatient setting. It is important for the healthcare provider to document the patient's accurate level of acuity by being specific when documenting diagnoses and supporting the documentation. Medicare uses the HCC model to calculate payments to providers and health insurance plans. Healthcare providers have the opportunity to maximize their potential revenue with improvements in their documentation and coding.

I5 Informatics and Technology: Get on Board or Get Left Behind (1 CE)

Sandra Brown, DNS, APRN, ANP

(Basic) During this session, the participant will be able to examine emerging technology innovations and integrate informatics into practice. Use of social media, mobile technology, and digital frontiers will also be explored.

Tuesday, September 20, 2016 Session J - 4:00 PM - 5:00 PM

J1 Common conditions in the Uncommon Patient: Managing Primary Care conditions in the HIV Patient (1 CE, .67 Pharm)

Christine Brennan, PhD, RN, NP-BC

(Basic) Due to the advances in highly active antiviral therapy (HAART) Individuals with HIV are living long full lives..equal to those without HIV. Thus they will be seeking care for common primary care conditions such as URI, HTN, minor skin infections to name of few. As the condition become more common primary care providers must be come comfortable treating these patients minor issues...just as we treat the diabetic or Cancer patient.

J2 Assessing for Addiction (1 CE)

Ysonde Hobbs, MSN, APRN, FNP

(Advanced) Drug seeking, or ? Is gambling a problem?

J3 Nutrition Challenges and Strategies: Treating Pediatric Patients with Celiac Disease (1 CE, .25 Pharm)

Ellen Karlin, CNS

(Basic) This course will provide nutrition professionals with an understanding of the current rise in prevalence of Celiac Disease and gluten sensitivity. The major differences and treatments for Celiac Disease vs. gluten sensitivity will be discussed. Participants will have an increased understanding of the pathophysiology of the gastrointestinal system, risk factors for developing Celiac Disease and other gluten related intolerances. Guidelines will be provided on how to easily and safely treat these pediatric patients.

J4 Erectile Dysfunction & Comorbid Conditions: Pearls for Practice (1 CE, .5 Pharm)

Penny Jensen, DNP, APRN, MS

(Basic) Recognize that erectile dysfunction (ED) evaluation can be a pathway for managing a man's overall health status. Discuss vascular, neurogenic and hormonal components necessary for normal erectile function.

Breakout Sessions

J5 Sports Injuries- A Practical Guide for NPs (1 CE, .16 Pharm) Dr.

A. Jay Binder, MD, MPH

(Advanced) We will discuss the major sports injuries and conditions that Nurse Practitioners might be faced with in private practice, clinics, urgent care and emergency rooms.

J6 Becoming a LANP Board Member (5:05 PM - 6:05 PM) (1 CE)

Betty Vicknair, MSN, PNP & Rebecca Thibodaux, BA

(Basic) Interested in a leadership role in LANP? This session explains the steps to becoming a board member.

Wednesday, September 21, 2016 Session K - 9:10 AM - 10:10 AM

K1 Butt Of Course, Everything You Always Wanted to Know About Common Complaints of the Anus and Rectum But Were Afraid To Ask (1 CE, .5 Pharm)

Verne Champagne, DNP, ACNP-BC

(Basic) An overview of the examination, diagnosis, and treatment of common ano-rectal and colon related pathophysiology seen in general medical practice. Some topics include internal and external hemorrhoids, anal fissures, rectal bleeding, and rectal pain.

K2 Antibiotics: Making the Best Choices for 5 Common Infections (1 CE, .83 Pharm)

Leann Fowler, DNP, APRN, MBA

(Advanced) This is an interactive class reviewing the latest evidenced-based recommendations for the treatment of five common infections requiring treatment with antibiotics.

K3 Nutritional Support for Pediatric Patients with Food Allergy (1 CE)

Ellen Karlin, CNS

(Basic) This session will cover the simple steps caregivers can take to deal with the culinary challenges of cross contact and label reading. Participants will gain the knowledge and resources needed to enable caregivers to prepare safe, delicious and nutritious meals that will enhance their child's allergy-free lifestyles.

K4 LADA: The New Diabetes (1 CE, .33 Pharm)

Dewana Bobo, DNP, APRN, FNP-BC

(Basic) Latent Autoimmune Diabetes in Adults has become more prevalent in the last few years. We will discuss how this type of diabetes can be diagnosed and treated in primary care using the latest evidence.

K5 Sugar: The Bittersweet Truth (1 CE)

Sheri Porter, MSN, APRN, FNP, ACNP

(Basic) This presentation helps participants get a handle on the scope of the problem [of sugar consumption] and offers strategies to reduce sugar intake and eliminate cravings. These strategies are helpful not only for participants, but also can be useful for their clients.

K6 Management of Neck and Back Pain in Primary Care (2 CE, .33 Pharm)

Cynthia Langford, PhD, Med, MSN, FNP & Toussaint Battley, III, DNP, APRN, FNP

Wednesday, September 21, 2016 Session L - 10:20 AM - 11:20 AM

L1 Do you see what I see? Radiology for Advanced Practice Registered Nurses (1 CE)

Yvonne Alexander, BSN, Rad Tech & Ann Warner, PhD, MSN

(Basic) In this presentation APRNs will learn to use of the American College of Radiology Appropriateness Criteria (ACR-AC). The ordering of diagnostic imaging studies with attention to safety and cost effectiveness will be addressed. Presentation of radiographic images will help APRNs recognize gross abnormalities of completed radiological exams. Radiographic image presentation with basic image interpretation tips provides the APRN with information to apply in clinical practice. This presentation will define commonly used terminology in radiology reports to better understand the final radiology report. The APRN should combine clinical assessment and evaluate final radiological reports to develop an accurate diagnosis. This presentation also explains commonly misdiagnosed conditions by radiograph review.

L2 Emerging Topics on Women and Heart Disease (1 CE)

Deirdre Detraz, MSN, APRN, AHPN

(Advanced) A fresh look into women and heart disease. Non-traditional risk factors identified and diagnostic tests to better risk stratify discussed. A candid discussion proving that current guidelines are under-identifying and under-treating patients, particularly women.

L3 The Nurse Practitioner as an Independent Contractor: A Legal Guide to Drafting, Negotiating and Executing Contracts (1 CE)

Lisa Linville, FNP-BC, DNS, JD

(Basic) Upon taking the role and challenge of an independent contractor, the advanced practice nurse professional must be contract savvy. This presentation will set forth the elements of a valid contract, legal protection for the practitioner, and significant contract terms for an effective and compliant agreement.

L4 Importance of Early Detection of Breast Cancer (1 CE)

Denise Roubion-Johnson, DNP, ANP, CNS

(Basic) The need for healthcare providers to stress the importance of early detection and the importance of mammograms.

L5 Family Assessment & Intervention: Case Studies (1 CE)

Patricia Lane, PHD, MSN, FNP

(Basic) Discussion of Family assessment, including genogram, ecomaps and family functioning, with application to case studies of 2 families at different life stages (school-age and elderly).

L6 Health Issues that Affect Vulnerable Populations (1 CE)

Jessica Adams, DNP, APRN, FNP

(Basic) This presentation will focus on health issues that affect vulnerable populations such as sex workers, LGBT, homeless, etc. There will be special emphasis on sexual health, respectful communication, and harm reduction.

General Sessions & Product Theaters

General Sessions

Monday, September 19, 2016

9:30 AM - 10:30 AM

GS1 The "Wins" of Change: Thriving and Surviving Healthcare Climate Change (1 CE)

Amelie Hollier, DNP, FNP-BC, FAANP

(Advanced) Change is coming! Are you ready? Will the tools in your toolbox help you thrive when NP practice becomes independent?

Dr. Amelie Hollier, national NP speaker, business owner, clinician, and author, offers practical wisdom about NP practice, business, and life in this insightful and engaging presentation that will foster personal and professional growth.

Tuesday, September 20, 2016

8:00 AM - 10:00 AM

AANP Session: Opioid Prescribing: Safe Practice, Changing Lives (2 CE, 2 Pharm) Speaker: TBD

AANP Session: Best Practices in the Use of Incretin-Based Therapies in the Management of Type II Diabetes

(8:00 AM - 9:00AM) (1 CE, 1 Pharm)

Speaker: Francis Sahebzamani, PhD

Tuesday, September 20, 2016

12:10 PM - 1:10 PM

Legally Mine--A Common Sense Approach to Lawsuit Elimination and Tax Reduction (CE Provided by Company)

The Endocrine Society (supported by a grant from Novo Novo Nordisk)

Don't Weight: Three Steps to Successful Obesity Management (1 CE, .33 Pharm)

Connie Hale, DNP, FNP-BC

Product Theaters

Monday, September 19, 2016

11:30 AM - 12:45 PM

Going Further in the Treatment of Adults with T2DM: A Leading Oral Option After Metformin

David Kruger, MSN, APRN-BC, BC-ADM

Sponsored by: Janssen Pharmaceuticals, Inc.

***Additional Product Theaters TBD**

Poster Presentations

****Monday Posters—1 CE, Tuesday Posters—1 CE****

Why Parents or Guardians Do or Do Not Vaccinate Their Children or Adolescents

Robin Weir, DNP, APRN, FNP

Type 2 Diabetes: Working with Diet and Exercise for Management

Kim Massey, MSN, APRN, FNP

Implementation of Group Medical Visits in Rural Diabetic Patients

Ruby Miller, DNP, APRN, FNP

Teaspoons, tablespoons, nightmares, and terrors: Did mother get clear instructions?

Shane McVay, MSN, APRN, FNP Sarah McVay, MSN, CNE

Quality Improvement Projects: Cardiac Risk Stratifications Prior to Noncardiac Surgery

Samona Drexler, MSN

The DNP Degree: Do you need it?

Janet Jones, DNS, APRN, CNS, CCRA

Comprehensive Wound Closure using visible impact cryo preserve human placental membrane

Todd Shaffet MSN, APRN, FNP-C

Successful Healing of Major Wounds Caused by Calciphylaxis using Hyperbaric Oxygen Therapy and Sodium Thiosulfate

Shaun Carpenter, MD, FAPWCA, CWSP

Improving post discharge follow rate in trauma patients: A performance improvement project

Amanda Theriot, DNP, APRN, FNP

Integrating the student's clinical practicum and DNP scholarly practice project

Sharon Forest, DNP, MSN, NNNP

Creating a National NP Preceptor Registry: Motivators, Barriers and Methods for Implementation

Mary Ellen Roberts, DNP, MSN, APRN, MA

Preventing Oversedation in the Mechanically Ventilated Critically Ill Adult Patient Utilizing the RASS tool

Leann Fowler, DNP, APRN, MBA

Utilization of obesity toolkit for early diagnosis and treatment in the pediatric population

Laurie Kinchen, DNP, APRN, PNP

Knowledge, Attitudes, and Beliefs About Preconception Care Among American Adolescent Females

Lynette Collins, EdD, APRN, FNP

Evolving Practice: Healing Touch non-pharmacologic adjunctive Clinical Intervention

Mary Frost, MS, BSN, Certified Holistic Nurse and Healing Touch Therapist

General Conference Information

How to Register

Go to the Conference page at www.lanp.org. When registering online you have current availability of sessions, immediate confirmation of assignments and printable receipt of payment. Session assignments occur when the registration is entered and payment has been confirmed. Online registration requires credit card payment—LANP accepts VISA, MasterCard and American Express. A .pdf registration form is also available below so that you are able to print and mail your registration with payment.

Please Note: If you do not receive a receipt via email within one (1) business day of online payment, please notify conference@aanp.org.

Hotel Reservations

You MUST register for the conference BEFORE you can make your hotel reservation. After registering you will receive housing information on the registration receipt. Hotel reservations must be made by the date indicated. The LANP room block, is **based on availability**. **LANP Room Block Rate is \$179/night for single or double occupancy in a standard room. This rate is available until 8/17/2016.**

Please Note: If you cancel your LANP conference registration please cancel your room reservation within the LANP room block. LANP has the right to remove any reservations within the block that are not supported by an LANP conference registration.

Cancellation & Refund Policies

All cancellations require written notification to LANP at registration@lanp.org.

Refunds: Refunds on paid registrations will be issued for written cancellation requests received, via email, fax, or mail. A \$50 administrative fee for NP registrants or a \$25 administrative fee for a student registration will be charged for refunds.

A full refund, less administrative fee, will be issued for requests received no later than Monday, August 21, 2016.

Fifty percent (50%) of the registration fee, less the administration fee, will be issued for cancellations between August 22, 2016 and September 4, 2016.

NO Refunds will be issued after Friday, September 5, 2016.

Returned Checks: An administrative fee of \$35 will be charged for all checks returned to LANP for insufficient funds.

No Shows: If you do not cancel in writing to LANP and do not attend, you still are responsible for payment.

Paid Workshop Refunds: Will be issued until September 4, 2016 for schedule changes or cancellations by registrant. Absolutely no refunds will be issued after September 5, 2016 for Workshops. No on-site refunds will be issued.

PAC: Midnight Masquerade Murder Mystery/DJ/Karaoke

Monday, September 19, 2016, 6:30 PM to 11:00 PM

Ballroom C&D - Hilton Riverside, New Orleans, LA, 2 Poydras Street, New Orleans, LA

[Register Here!](#)

Louisiana Association of Nurse Practitioners

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