

Faculty Development Series

Preparing to Mentor and Coach Residents



At the conclusion of the session, the participant will be able to:

1. Recognize the prevalence of burnout and dissatisfaction with work-life balance among US physicians.
2. Describe the components of positive psychology coaching and explain how it differs from traditional mentoring.
3. Practice positive psychology techniques to help residents strengthen professional skills, combat burnout and improve quality of life.



Athens Regional Medical Center is accredited by the Medical Association of Georgia to provide continuing medical education for physicians. Athens Regional Medical Center designates this live educational activity for a maximum of **1.0 AMA PRA Category 1 Credit™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Friday Noon Conference

May 27, 2016

Athens Regional Foundation
Dining Room
with

Dr. Laurel Murrow

Associate Program Director
Internal Medicine Residency Program
Athens Regional Medical Center

For more information

706-475-7525

www.athenshealth.org/cme