



April 2016

Announcement:

Alaska Premier Health in Anchorage is participating in a research study designed to compare two weight loss programs.

This study is 52 weeks long (one year). It includes active weight loss as well as weight maintenance phases for both programs. Participation would include study related appointments, diagnostic testing and nutrition counseling specific to the assigned weight loss method. There is no cost to inquire about or to be included (if selected to participate) in this clinical trial.

Anyone interested in learning more may contact Alaska Premier Health at (907) 561-3488 and ask to speak to a research staff member.