MICHIGAN COUNCIL OF NURSE PRACTITIONERS

2026 Conference

October 2-3

AGENDA

Friday, October 2

		Location
7:00am	Registration Opens	Pre-function
7:00 - 8:00am	Breakfast with Exhibitors	Pre-function & Charlevoix C
7:00 - 8:00am	Product Theatre *Sponsored by AbbVie* **Managing the Full Spectrum of Bipolar I Disorder in Adults** *Anyinke Atabong, DNP, FNP-C, PMHNP-BC, PMH-C* Advisor, Live World Advance Practice Provider Advisory Council Founder, Kinstead Health Hanover, MD	Algonquin Ballroom 0 CE/0 RX
8:00 - 9:00am	**Keynote | CGM in Primary Care: From Data to Decisions** *Davida Kruger, MSN, APRN-BC, BC-AMD* Division of Endocrinology, Diabetes, Bone Disease Henry Ford Health Detroit, MI **Description:** Clinicians must be able to interpret CGM information from the ambulatory glucose profile (AGP), which is necessary for the optimal application of CGM in clinical practice. In this presentation, learn how to integrate CGM data into practice as well as be introduced to new and emerging advances in CGM and ketone monitoring technology. Presentation takeaways will improve your practical application in patient care.	Algonquin Ballroom 1.0 CE/0.42 RX
9:00 - 10:00am	Exhibitor Break	Pre-function & Charlevoix C

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10:00 - 11:00am Break Out 1

- ID | **Lymphadenopathy: When to Worry & When to Wait** — Portage Auditorium, 1.0 CE/0 RX
  Chelsea Honstain, MS, FNP-C, BMTCN, CPHON
- Adult Medicine | **Unpacking Polypharmacy: A Roadmap to Safer Medication Use in Older Adults** — Charlevoix AB, 1.0 CE/1.0 RX
  Julie Bekius, APRN, DNP, FNP-BC
- Mental Health/Psychosocial | **Reaching Remission: Using Novel Pharmacology and Neurostimulation to Fully Treat Depression** — Windover, 1.0 CE/1.0 RX
  Carter Doyle, MSN, PMHNP-BC, EMT-P, IC
- Pediatrics | **Pediatric Acute Sickle Cell Complications** — TCS, 1.0 CE/0.42 RX
  Katelyn DeBiasi, MSN, CNNP

11:15am - 12:15pm Break Out 2

- ID | **HIV Pre-Exposure Prophylaxis in Primary Care: Yes You Can!** — Portage Auditorium, 1.0 CE/0.83 RX
  Michelle Thorne, MSN, FNP-BC
  Vanessa Stadel, MSN, FNP-BC
- Adult Medicine | **Reframing Hormone Replacement Therapy for Nurse Practitioners** — Charlevoix AB, 1.0 CE/0.75 RX
  Maria Gahry, DNP, APRN, FNP-BC, FMAPS
- Pediatrics | **Tiny Tummies, Big Problems** — Windover, 1.0 CE/0.5 RX
  Jenna Lang, MSN, RN, CPNP-AC, CPN
  Ann Miller, CPNP-A
- Mental Health/Psychosocial | **Their Story, Their Wishes:** A Simulation-Based Approach to Building Confidence in Approaching Serious Illness Conversations — TCS, 1.0 CE/0 RX
  Lynn Alexanders-Klima, DNP, CNE, CPAFH, APRN, ANP-BC
  Mary Beth Billie, DNP, RN-C, CCM

12:15 - 1:15pm Lunch with Exhibitors — Pre-function & Charlevoix C

12:30 - 1:15pm Product Theater *Sponsored by Acella Pharmaceuticals* — Algonquin Ballroom, 0 CE/0 RX

When Patients With Hypothyroidism Speak, Are We Listening? A Personalized Approach to Care With NP Thyroid®

Mandy Cotton, DNP, APRN, FNP-C
Owner & Nurse Practitioner, The Institute for Hormonal Balance
Arlington, TX

Description: Join us for an engaging case-based discussion with Mandy Cotten, DNP, APRN, FNP-C, as she presents a patient-centric approach to thyroid hormone replacement, high-lighting the role of triiodothyronine (T3)-containing therapies, including desiccated thyroid extract, in the clinical management of hypothyroidism. Through a case example from her clinical practice, she will explore individualized treatment considerations, practical decision-making strategies, and opportunities to optimize outcomes for patients experiencing persistent clinical symptoms.

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1:30 - 2:30pm Break Out 3

- Artificial Intelligence | **AI Tools Every Nurse Practitioner Should Know Before Everyone Else Does** — Portage Auditorium, 1.0 CE/0.5 RX
  Justin Hooks, DNP, FNP-BC, AAHIVS
- Mental Health/Psychosocial | **Gender Affirming Medical Care for the Nurse Practitioner** — Charlevoix AB, 1.0 CE/0.83 RX
  Elizabeth Kuzma, DNP, FNP-BC
- Pediatrics | **How To Recognize Child Maltreatment & What To Do Next** — Windover, 1.0 CE/0 RX
  Andrea Duncan, MSN, CPNP

2:45 - 3:45pm Break Out 4

- Advocacy | **Policy Sprint Workshop for NPs** — Portage Auditorium, 1.0 CE/0 RX
  Laura Calamos, PhD, RN, FNP-BC, FHEA
  Naila Russell, DNP, FNP-BC
- Adult Medicine | **From Dependence to Independence: Navigating the Transition to Adult Care** — Charlevoix AB, 1.0 CE/0 RX
  Andrea Craven, MS, RN, FNP-BC
- Mental Health/Psychosocial | **Staying Therapeutic When It Gets Hard: Emotional Skills Every NP Needs** — Windover, 1.0 CE/0 RX
  Carter Doyle, MSN, PMHNP-BC, EMT-P, IC
- Pediatrics | **Pediatric Sepsis** — TCS, 1.0 CE/0.5 RX
  Stacey Sears, DNP, RN, CPNP-AC

4:00 - 5:00pm **General Session | Beyond the Surface: Challenging Assumptions, Advancing Equity** — Algonquin Ballroom, 1.0 CE/0 RX

[This presentation is LARA Compliant for required Implicit Bias Training]

Kayleigh Schwartz, MSN, RN, CPNP-PC
Pediatric Nurse Practitioner & Advanced Practice Provider
University of Michigan C.S. Mott Children's Hospital
Ann Arbor, MI

Description: This presentation explores how historical and structural forces such as systemic racism, intergenerational trauma and social determinants of health shape clinical encounters and patient outcomes. It examines the role of implicit bias in clinical decision making and uses case studies to demonstrate how to provide culturally responsive, trauma informed care to transform the patient and provider experience.
[This presentation is LARA Compliant for required Implicit Bias Training]

6:00 - 8:00pm **Gala & Posters Presentation** — Atrium
(6:00 – 8:00pm Reception & Posters | 7:00 – 8:00 Awards)

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Saturday, October 3

7:30am Registration Opens — Pre-function

7:30 - 8:30am Breakfast with Exhibitors — Pre-function, Charlevoix C & Algonquin Ballroom

8:30 - 9:00am Legislative Session
Naila Russell, DNP, FNP-BC
Algonquin Ballroom
0.5 CE/0 RX

9:00 - 9:45am Annual Business Meeting
Algonquin Ballroom
0.75 CE/0 RX

9:45 - 10:45am Keynote | Optimizing T2D Outcomes With GLP-1-Centered Treatment
Wendy Wright, DNP, ANP-BC, FNP-BC, FAANP, FAAN, FNAP
Wright & Associates Family Healthcare
Algonquin Ballroom
1.0 CE/0.83 RX

10:45 - 11:30am Exhibitor Break — Pre-function & Charlevoix C

11:30am - 12:30pm Break Out 5

- Gender-Specific Care | Menopause Playbook: A Practical Patient-Centered Approach for Primary Care
  Alexis Phillips, MSN, APRN, FNP-C, MSCP
  Portage Auditorium
  1.0 CE/0.67 RX
- Adult Medicine | Management of Cardiovascular Risk: Guideline Updates
  Tomasz Jurga, PharmD, BCPS, BCACP, BCCP, HF-Cert, CDCES
  Charlevoix AB
  1.0 CE/0.83 RX
- Mental Health/Psychosocial | Pharmacology Update in Anxiety Management Across the Lifespan
  Kristen Munyan, DNP, RN, FNP-BC, PMHNP-BC
  Natalie Jones-Brown, DNP, PMHNP-BC, AGPCNP-BC
  Windover 1.0 CE/0.58 RX
- Professional Development | Building Something Bigger: Entrepreneurship & Lessons Learned
  Jordana Latozas, MSN, ACNP
  TCS
  1.0 CE/0 RX

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12:30 - 1:30pm Lunch with Exhibitors — Pre-function & Charlevoix C

12:35 - 1:20pm Product Theater *Sponsored by BridgeBio* — Algonquin Ballroom, 0 CE/0 RX

Evaluating Attruby for Patients With ATTR-CM: An Overview
Amy Brownell, MSN, FNP-C, FACC
Director of Cardiovascular Service Line, Ascension Illinois

Description: Please join us for a brief overview of transthyretin amyloid cardiomyopathy (ATTR-CM). This program led by Amy Brownell NP, will focus on Attruby, including a review of its efficacy and safety results from the ATTRibute-CM clinical trial.

1:30 - 2:30pm Break Out 6

- Adult Medicine | **Chest Pain Without Immediate Diagnostics: A Structured Assessment Framework for Differentiating Cardiac & Non-Cardiac Etiologies in Resource-Limited Settings** — Portage Auditorium, 1.0 CE/0.67 RX
  Jessica Smith, DNP, MSN, ACNP-BC
- ID | **Michigan's Approach to Eliminating Hepatitis C Through Telehealth** — Charlevoix AB, 1.0 CE/0.5 RX
  Elaine Engelsman, DNP, FNP-C
- Mental Health/Psychosocial | **Trauma Informed Pelvic Exam for Nurse Practitioners** — Windover, 1.0 CE/0 RX
  Elizabeth Kuzma, DNP, FNP-BC
- Radiology | **Mastering Point of Care Ultrasound: Landmarks, Techniques & Artifact Awareness to Enhance Critical Decisions** — TCS, 1.0 CE/0 RX
  Mary Anne McCoy, PhD, ACNS, ACNP-BC, FAANP

2:30 - 3:00pm Exhibitor Break — Pre-function & Charlevoix C

3:00 - 4:00pm Break Out 7

- Gender-Specific Care | **The Testosterone Debate: Hype Vs Health** — Portage Auditorium, 1.0 CE/0.67 RX
  Susanne Quallich, PhD, ANP-BC, NP-C, CUNP, CMHE, FAUNA, FAANP
- Pain Management | **Multimodal Pain Management in Total Joint Arthroplasty** — Charlevoix AB, 1.0 CE/0.67 RX
  [This presentation is approved for 1.0 contact hour in pain management applicable toward license renewal or recertification.]

  Jennifer Rohrborn, DNP, MSN, ANP-BC
- Health & Wellness | **Guide to Dietary & Natural Supplements: Focus on the Heart** — Windover, 1.0 CE/0.75 RX
  Tomasz Jurga, PharmD, BCPS, BCACP, BCCP, HF-Cert, CDCES

Program details are subject to change.

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