

2026 NPCTC & NPCPBC Conference- Navigating the Depths of the Advance Practice Event Agenda

Friday, October 16, 2026 at 6:00pm ET - Saturday, October 17, 2026 at 5:00pm ET

i All times listed in Eastern Time (US & Canada).

Friday, October 16, 2026

6:00pm - 8:00pm

Meet and Greet

Saturday, October 17, 2026

7:15am - 8:00am

Registration and Exhibitors

8:00am - 8:15am

Opening remarks and Announcements

Mirta Aguilar-Ragbir, APRN, FNP-C

8:15am - 9:15am

Breakfast Product Theater

9:15am - 10:15am

Advanced Practice at the Policy Table: Why our voice matters

Arlene Wright, DNP, APRN, FNP-BC, FNAP, FAANP, LNC

1.0 CE Credit

Explain why advanced practice nurses' voices are essential at the policy table, including their role in representing patient needs, clinical realities, workforce challenges, and health equity priorities. Examine how stakeholders, political priorities, regulatory structures, and organizational interests influence policy decisions that affect advanced practice nursing and healthcare delivery. Develop a concise advocacy message, testimony, policy brief, or action plan that communicates the value of advanced practice nursing leadership in shaping health policy.

10:15am - 11:15am

Networking, Exhibitors

11:15am - 12:15pm

Roadmap to Opening an Autonomous NP Primary Care Practice

Monica Barfield, DNP, APRN, AGACNP-BC, FNP-BC

1.0 CE Credit

Discuss issues related to the process for obtaining licensure as an autonomous APRN. Utilize business management strategies in determining an appropriate business structure. Examine the credentialing process for an autonomous APRN owned practice

12:15pm - 1:15pm

The Semaglutide Story: CV Outcomes Across Therapeutic Options

BARRY HOROWITZ, Medical Doctor, Endocrinology, Diabetes & Metabolism

Product Theater Lunch

1:15pm - 2:15pm

Dementia Updates for the Primary Care NP

Katie Diamond, DNP, ANP-BC, BC-ADM, CDCES and Kelley Pekarsky, DNP, ANP-BC

1.0 CE Credit

Describe current best practices for dementia assessment in the primary care setting. Identify appropriate use of biomarkers and imaging in dementia evaluation based on recent guidelines. Discuss recent updates on pharmacological management of dementia and associated symptoms and implement evidence-based non-pharmacological strategies for comprehensive dementia care.

2:15pm - 2:45pm

From PCOS to PMOS: Reframing a Lifelong Endocrine and Metabolic Disorder

Jennifer Fleigelman, DNP, APRN, FNP-C, CNE

0.05 CE Credits

Examine the updated diagnostic criteria and management of PMOS. Develop awareness about the spectrum of symptoms associated with PMOS and the dangers of non-treatment. Support that nurse practitioners are uniquely qualified to manage this population.

2:45pm - 3:00pm

Break

3:00pm - 4:30pm

Delivering the Best Healthcare: A Nurse Practitioner's Pledge- Closing Florida's coverage gap through access, advocacy, and whole-person care

Keynote Speaker Assistant Under Secretary for Health Patient Care (Retired) M Christopher Saslo, DNS, APRN-BC, FAAN, FAANP

1.5 CE Credits

Understanding the underserved needs in Florida. Understanding opportunities to maximize health outcomes in all populations. Apply the fundamental needs of patients in various populations.

4:30pm - 5:00pm

Conference Wrap up, giveaways, NP of the year

Mirta Aguilar-Ragbir, APRN, FNP-C