

Vermont Nurse Practitioners Association



LANDSCAPES OF CARE: Optimizing Health for Rural & Urban Populations

26th Annual Conference

March 31-April 1, 2016
Stoweflake Mountain Resort ~ Stowe, Vermont



Keynote Address:

Cindy Cooke, DNP, FNP-C, FAANP

President, American Association of Nurse Practitioners

Exhibits & Logistics: Julie Basol, JNB Marketing 802.598.7424 JNB@gmavt.net

Program Chair: Lucy VanHollebeke, FNP famvanh@comcast.net

Visit: www.VTNPA.org for updates

Preliminary e-brochure as of January 15, 2016

Logistics

REGISTRATION, PAYMENT: For the best rates, register by Thursday, March 11.

Register online at www.VTNPA.org - or, complete the registration form (on the last page) and return with check payment. Pay to the order of: **Vermont Nurse Practitioners Association**
Mail to: **741 Hand Road | N. Ferrisburgh, VT 05473**



REGISTRATION, MEMBERSHIP:

Participants who are current VNPA members receive a reduced registration rate. VNPA dues for 2016 must be paid by **March 5** in order to receive the lower, member registration rate.

There is a \$25 conference cancellation fee. No refunds after March 18, however you may send a substitute in your place without penalty. For more information:

Julie Basol, Conference Director
JNB Marketing, LLC
Ph: 802.598.7424
Fax: 802.425.5507
JNB@gmavt.net

Lucy VanHollebeke, APRN, FNP
famvanh@comcast.net



CONTINUING EDUCATION:

This education activity will be submitted to the American Association of Nurse Practitioners for approval of up to **9.0** contact hours of accredited education.

CONFERENCE SITE, ACCOMMODATIONS:

1746 Mountain Road (Rt. 108), Stowe, VT **800.253.2232**

The 26th Annual VNPA Conference will be held at the Stoweflake Mountain Resort & Spa on Thursday and Friday, March 31 - April 1, 2016. A block of overnight rooms have been reserved and are available for participants the nights of March 31 and April 1. To obtain the reduced rate of **\$137 + tax** (per night, single/double), call **800 253-2232** or **802 253-7355**. *You must specify that you are attending the VNPA Conference in order to receive the reduced overnight room rate.* Deadline for securing the reduced rate is: **February 29, 2016**.

The Stoweflake is a AAA Four-Diamond resort with an abundance of amenities, including their world class spa, state-of-the-art fitness facilities, two award-winning restaurants and luxurious accommodations. For Spa services, please contact the Resort at least one week in advance. www.stoweflake.com

DIRECTIONS TO THE CONFERENCE: FROM I-89: Take Exit 10, Waterbury/Stowe/Rt. 100. Turn onto Rte. 100 at the end of the exit ramp toward Stowe. Continue for ~ 11 miles. Turn left at the blinking red light in the village onto Rt. 108/Mtn. Road. Continue on Rte.108 for ~ 2 miles - the Stoweflake will be on the right.

Further directions: www.randmcnally.com

Planning Committee

Lucy VanHollebeke, APRN, FNP, Program Chair
Kate Goyette, FNP
Callan Janowiec, FNP, APRN
Alexander Johnston, NP
Nancy Redfield, APRN-BC
Michelle Wade, MSN/Ed, NP



VNPA Board of Directors

President: Amy O'Meara, DrNP, WHNP-BC
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Alexander Johnston, NP Nancy Redfield, APRN-BC

**VNPA
2016:**

LANDSCAPES OF CARE: Optimizing Health for Rural & Urban Populations

26th Annual Conference Agenda

Thursday, March 31

Nurse Practitioners Specialty Group Panel: Organizing & Networking

4:00-5:30pm Join us as we gather to identify currently organized specialty groups of Vermont NPs. Representative from Peds, Psych, and Long Term Care will share their experience in organizing their specialty NP groups. Together we'll develop methods to share individual group expertise with nurse practitioners and other colleagues so that we can better advocate for ourselves and our patients.

Mary Lee B. Ritter, APRN

Pediatrics University of Vermont Children's Hospital

Michelle Wade, MSN/Ed, NP

Long Term Care Community Health Centers of the Rutland Region (CHCRR)

Additional panelists to be announced

Join us for this important
opening session!

5:30-6:00pm

VNPA Business Meeting

Dinner Discussion: Organize, Collaborate, Let's Go!

6:00-7:45pm **Cindy Cooke, DNP, FNP-C, FAANP**

President, American Association of Nurse Practitioners

7:45pm

Dessert Reception, stay tuned for details



Cindy Cooke, DNP, FNP-C, FAANP **President, American Association of Nurse Practitioners**

Thursday Evening Dinner Discussion Presenter; Friday Keynote

Cindy Cooke is a family nurse practitioner in the primary care clinic at a military clinic in Huntsville, Alabama. This clinic cares for active duty and retired military members and their families. She has been honored to care for this population for over twelve years.

Dr. Cooke has a diploma in nursing from Mary Meek School of Nursing in Abilene, Texas, a BSN degree from the University of Texas Arlington and a Master of Science in Nursing degree from the University of Alabama Huntsville. She completed her Doctorate of Nursing Practice at the University of Alabama Birmingham with a focus on health literacy. She is an experienced nurse and nurse practitioner with national board certification as a family nurse practitioner.

Dr. Cooke has been active in local, state and national NP organizations since her graduation. She is past president of North Alabama Nurse Practitioner Association (NANPA), the founding president of the Nurse Practitioner Alliance of Alabama (NPAA), past American Academy of Nurse Practitioners (AANP) state representative for Alabama and past AANP Region 11 Director. She is currently serving as the AANP President. Dr. Cooke has been active in speaking locally and nationally on various clinical and health policy topics. She was selected as a Fellow of the American Academy of Nurse Practitioners in 2009.

Dr. Cooke is a member of numerous professional organizations including NANPA, NPAA, and AANP.

5 Reasons Why You Should Attend the VNPA 26th Annual Conference

1. Great programming & CE opportunities
2. Meet AANP President Cindy Cooke, DNP, FNP-C, FAANP
3. Networking opportunities for NPs throughout Vermont
4. Relaxing AAA Four-Diamond resort with many amenities
5. Vendors to share their product knowledge and expertise

VNPA 2016:

LANDSCAPES OF CARE: Optimizing Health for Rural & Urban Populations 26th Annual Conference Agenda

Friday, April 1

7:30-8:15am Registration | Exhibits | Breakfast

Welcome

Amy M. O'Meara, DrNP, WHNP-BC

President Vermont Nurse Practitioners Association

Keynote Address: Nurse Practitioners: Honoring Our Past; Energizing Our Future

Cindy Cooke, DNP, FNP-C, FAANP

President American Association of Nurse Practitioners

Demystifying the Pharmacology and Therapeutics of Medical Cannabis

Karen M. Lounsbury, PhD

Professor of Pharmacology University of Vermont College of Medicine

10:30-11:00am Break with Exhibitors

11:00-Noon Concurrent Sessions: ~ **A** ~

A-1: Screening, Brief Intervention, & Referral to Treatment: SBIRT: A Successful Model of Population-Based Behavioral Health Integration

Win C. Turner, PhD, LADC

Project Director, VTSBIRT Evidence Based Solutions

Barb Rouleau, MSN, NP

Lecturer/Clinical Instructor University of Vermont

A-2: Antibiotic Stewardship

Carol Wood-Koob, RN, CIC

*Healthcare-Associated Infections Prevention Coordinator
Vermont Department of Health*

Noon-1:00pm Lunch | Exhibits

1:00-2:00pm Concurrent Sessions: ~ **B** ~

B-1: You are the Key to HPV Cancer Prevention: Understanding the Burden of HPV Disease

Amy O'Meara, DrNP, WHNP-BC

*Assistant Clinical Professor / Nurse Practitioner
University of Vermont / Planned Parenthood*

B-2: Agricultural Medicine Health & Safety Risk Assessment: an EMR Screening Tool

Patricia Lewis, MSN, APRN

*NP, Thrombosis & Hemostasis Program / NP, Volunteer
University of Vermont Medical Center / Open Door Clinic*

2:10-3:10pm Concurrent Sessions: ~ **C** ~

C-1: Physical Therapy Treatment Options for Pelvic Pain

Jane Kaufman, PT, MEd, BCB-PMD

*Physical Therapist; President
Phoenix Physical Therapy*

C-2: Management of Chronic Insomnia

Gary Starecheski, BSC Pharmacy

*Clinical Staff Pharmacist
University of Vermont Medical Center*

3:10-3:25pm Afternoon Break

3:25-4:25pm Concurrent Sessions: ~ **D** ~

D-1: Done Fell Out: Making the Diagnosis in Syncope

Matt Roginski, MD, MPH

*Clinical Care Fellow
Dartmouth-Hitchcock Medical Center*

D-2: Adverse Childhood Experiences: Where Do We Go From Here?

Allison Hall, MD

*Asst. Professor of Psychiatry & Pediatrics
University of Vermont College of Medicine*

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Registration Form

26th Annual Conference

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Vermont Nurse Practitioners Association

Mail to: : **741 Hand Road | N. Ferrisburgh, VT 05473**

Questions: 802.598.7424

Name/Credentials: _____

Position Title: _____

Organization: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

(for planning purposes,
check one session choice
from each time slot;
selections are not binding)

CONCURRENT SESSIONS

A 1 ☐ 2 ☐

B 1 ☐ 2 ☐

C 1 ☐ 2 ☐

D 1 ☐ 2 ☐

REGISTRATION OPTIONS

Member	Early Bird < 3/11	After > 3/11	On Site
Full Conference ⁽¹⁾	<input type="checkbox"/> \$190	<input type="checkbox"/> \$210	<input type="checkbox"/> \$240
Thursday only ⁽²⁾	<input type="checkbox"/> \$60	<input type="checkbox"/> \$70	<input type="checkbox"/> \$75
Friday only	<input type="checkbox"/> \$145	<input type="checkbox"/> \$165	<input type="checkbox"/> \$185
Non Member	Early Bird < 3/11	After 3/11	On Site
Full Conference ⁽¹⁾	<input type="checkbox"/> \$230	<input type="checkbox"/> \$255	<input type="checkbox"/> \$265
Thursday only ⁽²⁾	<input type="checkbox"/> \$65	<input type="checkbox"/> \$75	<input type="checkbox"/> \$80
Friday only	<input type="checkbox"/> \$180	<input type="checkbox"/> \$200	<input type="checkbox"/> \$220
Student Rate	Early Bird < 3/11	After > 3/11	On Site
Full Conference ⁽¹⁾	<input type="checkbox"/> \$125	<input type="checkbox"/> \$135	<input type="checkbox"/> \$145
Thursday only ⁽²⁾	<input type="checkbox"/> \$60	<input type="checkbox"/> \$70	<input type="checkbox"/> \$75
Friday only	<input type="checkbox"/> \$75	<input type="checkbox"/> \$80	<input type="checkbox"/> \$85

For your convenience,
a payment by
credit card option
is available on line at
www.VTNPA.org

1. Current membership status is required. 2016 dues must be paid by March 11 in order to receive the member rate.
2. Student fee applies to currently enrolled NP students; verification may be requested.

TOTAL FEES

Registration: \$ _____

VNPA Scholarship Donation \$ _____

Total: \$ _____



If you require special accommodations or have additional needs in order to participate, please check this box. Indicate your requests in writing and include with your registration form.

Ck #: _____