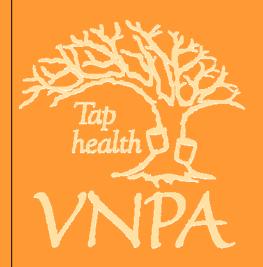
## **Vermont Nurse Practitioners Association**



CARE:

Optimizing
Health for
Rural & Urban
Populations





**Keynote Address:** 

Cindy Cooke, DNP, FNP-C, FAANP

President, American Association of Nurse Practitioners

Exhibits & Logistics: Julie Basol, JNB Marketing 802.598.7424 JNB@amayt.net

Program Chair: Lucy VanHollebeke, FNP famvanh@comcast.net

Visit: **www.VTNPA.org** for updates

Preliminary e-brochure as of January 15, 2016

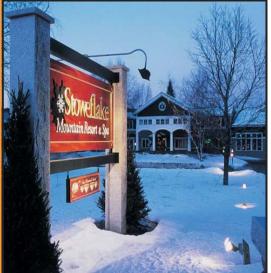
## Logistics

REGISTRATION, PAYMENT: For the best rates, register by Thursday, March 11.

Register online at www.VTNPA.org - or, complete the registration form (on the last page)

and return with check payment. Pay to the order of: Vermont Nurse Practitioners Association

Mail to:: 741 Hand Road N. Ferrisburgh, VT 05473



#### REGISTRATION, MEMBERSHIP:

Participants who are current VNPA members receive a reduced registration rate. VNPA dues for 2016 must be paid by March 5 in order to receive the lower, member registration rate.

There is a \$25 conference cancellation fee. No refunds after March 18, however you may send a substitute in your place without penalty. For more information:

> Julie Basol, Conference Director JNB Marketing, LLC Ph: 802.598 7424 Fax: 802.425.5507 JNB@gmavt.net

Lucy VanHollebeke, APRN, FNP famvanh@comcast.net



#### **CONTINUING EDUCATION:**

This education activity will be submitted to the American Association of Nurse Practitioners for approval of up to 9.0 contact hours of accredited education.

#### **CONFERENCE SITE, ACCOMMODATIONS:**

1746 Mountain Road (Rt. 108), Stowe, VT 800.253.2232

The 26th Annual VNPA Conference will be held at the Stoweflake Mountain Resort & Spa on Thursday and Friday, March 31 - April 1, 2016. A block of overnight

rooms have been reserved and are available for participants the nights of March 31 and April 1. To obtain the reduced rate of \$137 + tax (per night, single/double), call 800 253-2232 or 802 253-7355. You must specify that you are attending the VNPA Conference in order to receive the reduced overnight room rate. Deadline for securing the reduced rate is: February 29, 2016.

The Stoweflake is a AAA Four-Diamond resort with an abundance of amenities, including their world class spa, state-of-theart fitness facilities, two award-winning restaurants and luxurious accommodations. For Spa services, please contact the Resort at least one week in advance. www.stoweflake.com

DIRECTIONS TO THE CONFERENCE: FROM I-89: Take Exit 10, Waterbury/Stowe/Rt. 100. Turn onto Rte. 100 at the end of the exit ramp toward Stowe. Continue for ~ 11 miles. Turn left at the blinking red light in the village onto Rt. 108/Mtn. Road. Continue on Rte. 108 for  $\sim$  2 miles - the Stoweflake will be on the right.

Further directions: www.randmcnally.com

#### **Planning Committee**

Lucy VanHollebeke, APRN, FNP, Program Chair

Kate Goyette, FNP

Callan Janowiec, FNP, APRN

Alexander Johnston, NP

Nancy Redfield, APRN-BC

Michelle Wade, MSN/Ed, NP



President: Amy O'Meara, DrNP, WHNP-BC

Vice President: Paulette Thabault, ANP

Secretary: Callan Janowiec, FNP, APRN

Treasurer: Lynn McMorrow, FNP, APRN

Megan O'Brien, FNP Ruth Polishuk, FNP Alexander Johnston, NP Nancy Redfield, APRN-BC

# LANDSCAPES OF CARE: Optimizing Health for Rural & IIrban P & Urban Populations

26th Annual Conference Agenda

#### Thursday, March 31

#### **Nurse Practitioners Specialty Group Panel: Organizing & Networking**

4:00-5:30pm Join us as we gather to identify currently organized specialty groups of Vermont NPs. Representative from Peds, Psych, and Long Term Care will share their experience in organizing their specialty NP groups. Together we'll develop methods to share individual group expertise with nurse practitioners and other colleagues so that we can better advocate for ourselves and our patients.



Mary Lee B. Ritter, APRN

Pediatrics University of Vermont Children's Hospital

Michelle Wade, MSN/Ed, NP

Long Term Care Community Health Centers of the Rutland Region (CHCRR)

Additional panelists to be announced

5:30-6:00pm

**VNPA Business Meeting** 

Dinner Discussion: Organize, Collaborate, Let's Go!

6:00-Cindy Cooke, DNP, FNP-C, FAANP 7:45pm

President, American Association of Nurse Practitioners

7:45pm

Dessert Reception, stay tuned for details



### Cindy Cooke, DNP, FNP-C, FAANP President, American Association of Nurse Practitioners

Thursday Evening Dinner Discussion Presenter; Friday Keynote

Cindy Cooke is a family nurse practitioner in the primary care clinic at a military clinic in Huntsville, Alabama. This clinic cares for active duty and retired military members and their families. She has been honored to care for this population for over twelve years.

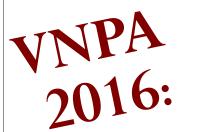
Dr. Cooke has a diploma in nursing from Mary Meek School of Nursing in Abilene, Texas, a BSN degree from the University of Texas Arlington and a Master of Science in Nursing degree from the University of Alabama Huntsville. She completed her Doctorate of Nursing Practice at the University of Alabama Birmingham with a focus on health literacy. She is an experienced nurse and nurse practitioner with national board certification as a family nurse practitioner.

Dr. Cooke has been active in local, state and national NP organizations since her graduation. She is past president of North Alabama Nurse Practitioner Association (NANPA), the founding president of the Nurse Practitioner Alliance of Alabama (NPAA), past American Academy of Nurse Practitioners (AANP) state representative for Alabama and past AANP Region 11 Director. She is currently serving as the AANP President. Dr. Cooke has been active in speaking locally and nationally on various clinical and health policy topics. She was selected as a Fellow of the American Academy of Nurse Practitioners in 2009.

Dr. Cooke is a member of numerous professional organizations including NANPA, NPAA, and AANP.

## 5 Reasons Why You Should Attend the VNPA 26th Annual Conference

- 1. Great programming & CE opportunities
- 2. Meet AANP President Cindy Cooke, DNP, FNP-C, FAANP
- 3. Networking opportunities for NPs throughout Vermont
- 4. Relaxing AAA Four-Diamond resort with many amenities
- 5. Vendors to share their product knowledge and expertise



## LANDSCAPES OF CARE: **Optimizing Health for Rural** & Urban Populations

26th Annual Conference Agenda

|               | 20 Allifodi Colliele   | nice Agenda   |  |  |  |
|---------------|--|---|--|--|--|
|               |  | Friday, April 1   |  |  |  |
| 7:30-8:15am   | Registration   Exhibits   Breakfast  |   |  |  |  |
| 8:15-         | Welcome  |   |  |  |  |
| 8:30am        | Amy M. O'Meara, DrNP, WHNP-BC  President Vermont Nurse Practitioners Association   |   |  |  |  |
| 8:30-         | Keynote Address: Nurse Practitioners: Honoring Our Past; Energizing Our Future   |   |  |  |  |
| 9:30am        | Cindy Cooke, DNP, FNP-C, FAANP  President American Association of Nurse Practitioners  |   |  |  |  |
| 9:30-         | Demystifying the Pharmacology and Therapeutics of Medical Cannabis   |   |  |  |  |
| 10:30am       | Karen M. Lounsbury, PhD Professor of Pharmacology University of Vermont College of Medicine  |   |  |  |  |
| 10:30-11:00am | Break with Exhibitors  |   |  |  |  |
| 11:00-Noon    | Concurrent Sessions: ~ A ~   |   |  |  |  |
| Tr            | A-1: Screening, Brief Intervention, & Referral to eatment: SBIRT: A Successful Model of Population- Based Behavioral Health Integration Win C. Turner, PhD, LADC Project Director, VTSBIRT Evidence Based Solutions Barb Rouleau, MSN, NP Lecturer/Clinical Instructor University of Vermont | A-2: Antibiotic Stewardship Carol Wood-Koob, RN, CIC Healthcare-Associated Infections Prevention Coordinator Vermont Department of Health   |  |  |  |
| Noon-1:00pm   | Lunch   Exhibits   |   |  |  |  |
| 1:00-2:00pm   | Concurrent Sessions: ~ <b>B</b> ~  |   |  |  |  |
|               | B-1: You are the Key to HPV Cancer Prevention: Understanding the Burden of HPV Disease Amy O'Meara, DrNP, WHNP-BC  Assistant Clinical Professor / Nurse Practitioner University of Vermont / Planned Parenthood  | B-2: Agricultural Medicine Health & Safety Risk Assessment: an EMR Screening Tool Patricia Lewis, MSN, APRN NP, Thrombosis & Hemostasis Program / NP, Volunteer University of Vermont Medical Center / Open Door Clinic |  |  |  |
| 2:10-3:10pm   | Concurrent Sessions: ~ C ~   |   |  |  |  |
|               | C-1: Physical Therapy Treatment Options for Pelvic Pain  Jane Kaufman, PT, MEd, BCB-PMD  Physical Therapist; President Phoenix Physical Therapy  | C-2: Management of Chronic Insomnia Gary Starecheski, BSC Pharmacy Clinical Staff Pharmacist University of Vermont Medical Center   |  |  |  |
| 3:10-3:25pm   | Afternoon Break  |   |  |  |  |
| 3:25-4:25pm   | Concurrent Sessions: ~ <b>D</b> ~  |   |  |  |  |
| D-            | 1: Done Fell Out: Making the Diagnosis in Syncope  Matt Roginski, MD, MPH  Clinical Care Fellow  Dartmouth-Hitchcock Medical Center  | D-2: Adverse Childhood Experiences: Where Do We Go From Here? Allison Hall, MD Asst. Professor of Psychiatry & Pediatrics   |  |  |  |

University of Vermont College of Medicine

## **Registration Form**

## **26<sup>th</sup> Annual Conference**

Ck #: \_\_\_\_\_

REGISTRATION, PAYMENT: For the best rates, register by Friday, March 11.

Register online at <u>www.VTNPA.org</u> - or, complete the registration form (on the back page)

and return with check payment. Pay to the order of:

#### **Vermont Nurse Practitioners Association**

Mail to:: 741 Hand Road | N. Ferrisburgh, VT 05473

Questions: 802.598.7424

| Name/Credentials:   |                   |              |         | (for planning purposes,  check one session choice  from each time slot; |
|---------------------|-------------------|--------------|---------|---|
| Position Title:     |                   |              |         | selections are not binding)   |
| Organization:       |                   |              |         | CONCURRENT SESSIONS   |
|                     |                   |              |         | <b>A</b> 1 2 2  |
| Address:            |                   |              |         | B 1□ 2□   |
| City/State/Zip:     |                   |              |         | <b>C</b> 1□ 2□  |
| Phone:              |                   |              |         |   |
| Email:              |                   |              |         | <b>D</b> 1 2 2  |
| Eman.               |                   |              |         | For your convenience,   |
|                     | a payment by      |              |         |   |
| Member              | Early Bird < 3/11 | After > 3/11 | On Site | credit card option  |
| Full Conference (1) | □ \$190           | □ \$210      | □ \$240 | is available on line at   |
| Thursday only (2)   | □ \$60            | □ \$70       | □ \$75  | www.VTNPA.org   |
| Friday only         | □ \$145           | □ \$165      | □ \$185 | <u></u>   |
| Non Member          | Early Bird < 3/11 | After 3/11   | On Site | 1. Current membership status is required, 2016 dues must be             |
| Full Conference (1) | □ \$230           | □ \$255      | □ \$265 | paid by March 11 in order to receive the member rate.                   |
| Thursday only (2)   | □ \$65            | □ \$75       | □ \$80  | 2. Student fee applies to currently                                     |
| Friday only         | □ \$180           | □ \$200      | □ \$220 | enrolled NP students; verification may be requested.                    |
| Student Rate        | Early Bird < 3/11 | After > 3/11 | On Site | TOTAL FEES  |
| Full Conference (1) | □ \$125           | □ \$135      | □ \$145 | Registration: \$  |
| Thursday only (2)   | □ \$60            | □ \$70       | □ \$75  | VNPA Scholarship \$<br>Donation   |
| Friday only         | □ \$75            | □ \$80       | □ \$85  | Total: \$   |

If you require special accommodations or have additional needs in order to participate,

please check this box. Indicate your requests in writing and include with your registration form.