



**Central Alabama NP
Association (CANPA)
CEU DAY
Saturday
February 6, 2016**



Managing Cardiometabolic Risk

According to the American Diabetes Association (ADA) Cardiometabolic Risk (CMR) is the crossover of metabolic risk factors that foster both diabetes and cardiovascular disease. A large portion of the CMR is generated by the obesity pandemic which is now occurring across the lifespan. These CMR factors serve to foster early morbidity and mortality within our population.

Nurse Practitioners (NPs) are optimally positioned to combat the increasing prevalence of cardiometabolic risk by addressing prevention and risk reduction, as well as treatment, monitoring, and essential patient education and involvement.

Approved for 9.4 CEU (Possibly up to 3.3 Pharmacology CEU depending on sessions attended)

Location: Samford University, top floor of new Business School

Register on CANPA web site: <https://canpa.enpnetwork.com/>

Members: \$60.00

NP Students: \$ 50.00 (must provide documentation from a "Major Professor," to sjappel@ua.edu)

Non-Members: \$100.00

CANPA membership annual dues (NP's only): \$35

MANAGING CARDIOMETABOLIC RISK (CMR)

Time	Topic	Speaker	Concurrent Sessions	Speaker & Room
0730-0800	Registration	Jill Cunningham		
0800-0850	Defining Cardiometabolic Risk	Susan Appel		
0900-0930	Obesity among Children	Karen McCarty	CMR: Breast & Ovarian Cancer Prevention: Risk Stratification and Management	Timiya Nolan
0930-1000	CMR and Men's Health	Gwendolyn Hooper		Room TBA
1000-1030	BREAK			
1030-1100	CMR Hyperhomocystemia	Stephanie Liles	The 5 Documents you need before growing old.	R. Matthew Talley
1100-1130	Hypertensives	Theresa Wadas		Room TBA
1130-1200	CMR Gestational Diabetes	Penni Bosarge		
1200-1300	Lunch & Business Meeting Officers of CANPA & Members			
1300-1330	BREAK			
1330-1400	CMR & PCOS	Penni Bosage	CMR & Dyslipidemia	Andrea Collins
1400-1430	CMR & Antivirals	Safiya George		Room TBA
1430-1530	Interventions Reducing CMR	Admid Taggar		
1530-1600	BREAK			
1600-1645	Legislative Update	Joy Dupree		
1645-1700	EVALUATIONS			