

**YOU'RE
INVITED**

Frailty, Multimorbidity, and Complex Care Challenges in Older Adults

7:30 AM - 3:00 PM Marriott Alpharetta, September 13th, 2025

OVERVIEW:

Older adults living with frailty and multiple co-morbidities present complex challenges that demand advanced critical thinking and expanded decision-making skills from healthcare professionals. This educational session will focus on the importance of early identification of frailty through consistent screening practices, addressing a critical clinical gap that often hinders timely intervention.

Participants will explore strategies for fostering shared decision-making conversations that align with patient values and preferences, particularly in medical and surgical treatment planning. This initiative also aligns with the Centers for Medicare & Medicaid Services (CMS) upcoming 2026 Age-Friendly Health System goals, offering valuable educational support to clinicians committed to delivering high-quality, age-sensitive care.

Join us to strengthen your clinical approach and contribute to a more responsive, person-centered care model for our aging population.

OBJECTIVES:

1. Recognize the importance of measuring clinical frailty as a component of medical-decision making.
2. Define opportunities to improve surgical and cardiovascular outcomes for older adults with complicated co-morbidities and frailty.
3. Discuss the latest evidence for cognitive impairment and treatment.
4. Articulate meaningful conversations about high risk medications and de-prescribing in patient care.
5. Identify key components of an Age-Friendly Health System.

**NORTHSIDE
HOSPITAL**



TO REGISTER:

northside.com/frailtyconference2025



SPEAKERS:

Colleen Christmas, MD

The Johns Hopkins University School of Medicine

Christy Cauley, MD

Harvard University

Abdulla Damluzi, MD

Cleveland Clinic

Nicole Brandt

PharmD University of Maryland

Andrew Budson, MD

Boston University

CME ACCREDITATION:

Northside Hospital is accredited by the Medical Association of Georgia to provide continuing medical education for physicians. Northside Hospital designates this activity for a maximum of 5.5 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSING ACCREDITATION:

Northside Hospital Clinical Education Department is accredited with distinction as a provider of nursing continuing professional development by the American Nurse Credentialing Center's Commission on Accreditation. ANCC Contact hours will be awarded for attending the session & completing an evaluation. 5.3 hours of NCPD credit hours have been applied for.

Pharmacy Credits:

Accredited pharmacy continuing education credits have been applied for.

Target Audience:

Primary care physicians, surgeons, ER hospitalists, RNs, NPs, PAs, PharmDs, social workers, and rehabilitation specialists.

For questions or more information, please contact medical.education@northside.com or call 404-236-8419

