Family Alliance for Mental Health

Dad's Support Group

Our goal is to empower Dads/Male Caregivers of children and youth that struggle with social, emotional, behavioral challenges and mental health needs.



Please join us on the 1st Wed. of the month from 6:30PM—8:00PM @ Shipwreck Café, 244 Madrona Beach Rd. NW in Olympia.

Dessert/coffee provided

We assist and support * * * * * * * * * * * one another while we Connect with Dads that Face Similar Challenges, Identify Strengths and Strategies that Work, Share Resources, Information and Training Opportunities & Take Steps to Move Forward to Find a Better Tomorrow.

Contacts: Paul @ 360-229-0813 (Mason Co.)

Jon @ 360-866-3675 (Thurston Co.)

www.familyallianceformentalhealth.com

General info: 360-790-7505