

A Message from NPAGR President

David Goede, DNP, ACNP-BC

I am really excited about our upcoming **NPA-GR Regional Conference: *Blending the Art and Science of Advanced Practice* on November 14th 2015 at St. John Fisher College from 8- 4 pm.** The educational committee has developed an exceptional lineup of presentations that span all areas and our keynote speaker is Stephen Ferrara DNP, FNP-BC, NPA Executive Director. In addition to this great line up, we wanted to be better stewards of our community and thus have asked local non-profit organizations to be our vendors. This will hopefully provide an opportunity for us to develop an understanding of services that are offered and might be applicable to our patients and their families. **We will be hosting a food drive for Foodlink.** If you bring non perishables to the conference, not only will you help stock the local food pantries but you will also be entered in a drawing to receive \$50 off next year's conference registration. If you have not registered already, please do as we will need to cap registration at 100.

Some important changes are coming to your NPA chapter. As January 1st, 2016, we will become Region 2 of the NPA and will merge with our "sister" chapters which will include the Finger Lakes, Susquehanna, and Tompkins/Cortland groups. This change ensures that every NPA member in our region will have the same opportunities as all others, and is fiscally responsible, thus decreases risk to the entire organization. This change strengthens and reaffirms The NPA core values of:

- ◆ commitment to excellence and serving the public good
- ◆ respect for the worth and dignity of individuals
- ◆ organizational and professional accountability
- ◆ respect for pluralism and diversity of opinion and contribution
- ◆ mutually beneficial outcomes for members and for society
- ◆ flexibility in adapting and adjusting to change
- ◆ encouragement of growth, continuous learning and discovery

While this change is exciting, many of us are nervous, as change always creates uncertainty. It is good to remember that change also creates opportunities to improve ourselves. One of my favorite quotes is by Winston Churchill, "*A pessimist sees difficulty in every opportunity; an optimist sees opportunity in every difficulty.*" There is always something valuable that can be derived out of change. We just have to look for it with open minds. Region 2 will have over 400 NPs with unique stories and practice settings, which will enrich our membership as we work toward regional activities. This is a quick example of the opportunities embedded in change! It is identifying and sharing these stories and opportunities that will enable us to become stronger as providers. We will be having a membership meeting with our next educational offering on October 15th, 2015 at **Pomodoro Grill and Wine Bar, 3400 Monroe Ave.** at 6 pm. We will take some time at this meeting to discuss this upcoming restructuring and engage in a dialogue with members. Please go to our ENP website and register to attend.

Thanks, **David**

Program Committee Report



The program committee has been busy scheduling fall programs and planning the Annual Region Conference. While the ENP website is the best way to stay current with up coming programs, a summary is included here:

- ♦ Our *fall membership meeting* is next on the agenda, scheduled for **Thursday, October 15 at Pomodoro's on Monroe Avenue**. You will participate in both the membership meeting and an educational program at this gathering, so please, so please register and attend. We are interested in hearing from you about the Region changes to the NPA.
- ♦ The Regional conference will include presentations on:
 - ♦ Workforce issues in primary care, by Dr. M. Mendoza, Medical Director at Highland Family Medicine and Dr. Stephen Ferrara from the NPA.
 - ♦ Physician colleagues will present on:
 - ♦ Biotechnology in health care, Concussion assessment and management, childhood obesity, chronic pain and opioid use and global health
 - ♦ NP colleagues and experts will present on:
 - ♦ frailty in the older patient; legal issues; getting children with concussions back to school; anticoagulants, and motivational interviewingCRM

Membership Report Jane Tuttle, PNP, Membership chair

As of Sept 21, 2015 the greater Rochester chapter has 262 total members (up by 3 since previous month). Of these, 221 are regular members, 22 are students, 11 are retired and 8 are transition members. Please encourage your colleagues to join the NPA for all of the benefits of regional and state programs and conferences. If you work with students, encourage them to take advantage of the student membership which offers them access to the student transition guide and student discounts!

NPA Annual Conference Summary

Niagara Falls hosted the NPA annual conference for the first time from September 30th—October 4th. Keynote speaker Penny Kaye Jensen, an FNP practicing at the VA medical Center in Salt Lake City, urged NYS NPs to continue to work toward autonomous practice and keep an eye on National trends supporting nursing at this time. She motivated a packed room with her experiences in leadership, including her role as President of both the State (Utah) and national (AANP) nursing organizations. A great h of leadership for NPs occurred when she worked with the Junior League of Salt Lake City in preparation for the Olympics in 2002. As a result of her initiative, leadership, and persuasive use of evidence, NPs were utilized as providers at the Olympics, **for the first time in the history of the Games**. Her focus on promoting NPs nationwide has also including briefing Congress on the role of NPs in the medical homes and representing AANP at the unveiling of the Health Care Reform bill.

Many participants enjoyed the preconference sessions which included a day long pharmacology update, and half day sessions on coding and compliance for NPs, radiographic manifestations of lung cancer, and spinal biomechanics and rehabilitation in clinical practice. The Education committee, including our own Jane Tuttle and Dave Goede deserve our thanks for putting together such a wonderful program. The Rochester area was well represented on the speaker roster with **fourteen speakers** (NPs and physicians) from our area presenting on topics such as *Enhanced Recovery After Surgery*, *The 3 D's of Geriatrics*, *Common Ophthalmologic Emergencies*, and *Preventing Anal Cancer d/t HPV*. Our area is rich with expertise! Why don't you consider presenting at next year's conference when it returns again to Niagara Falls!

Article submitted by Cynthia R. McCloskey, Communications Chair and Newsletter editor



The Center for Adults with Special Health Care Needs requests the help of NPs! Please respond to this survey provided by Jane Tuttle

Dear Colleagues;

As workforce development coordinator for the Center for Adults with Special Health Care Needs, I am developing continuing educational programs to support the care of adults with childhood acquired conditions and would greatly appreciate your participation in a short (10 minute or less) needs assessment. Your response by clicking on the link below and answering a few questions within the next two weeks would be greatly appreciated. Please contact jane_tuttle@urmc.rochester.edu with any questions. We thank you for your time.

You may open the survey in your web browser by clicking the link below:
[CASHCN needs assessment](#)

If the link above does not work, try copying the link below into your web browser:
<https://redcap.urmc.rochester.edu/redcap/surveys/?s=MR4KJAY9CT>



Future of Nursing Update: Cynthia R. McCloskey, Finger Lakes Nurse Lead of the NYSAC

It has been 5 years since the landmark report from the Institute of Medicine was published: *The Future of Nursing: Advancing Health and Leading Change* has accomplished much, but more is needed to attain the recommendations of the Report by the year 2020, a short 5 years away!

As you may recall, there are 4 key messages in the Report:

- 1. Nurses should be full partners with physicians and other health care professionals in redesigning health care in the United States:** Goal: Increase numbers of nurses on health care and community boards (currently 5%)

Progress Report: Focus on increasing the number of nurses on boards to contribute to health care system redesign.

What we still need to do: Attend sessions on how to become an effective board member; Let us know what boards you are on. Identify open board positions suitable for nurses.

- 2. Nurses should achieve higher levels of education through an improved education system that promotes seamless academic progression:**

Goal: reach 80% of the nursing workforce with BS education by 2020,

Progress Report : For the first time in 40 years, BS grads have outnumbered AD grads! Currently, 57% of RNs working in acute care have baccalaureate education. This is due to innovation education partnerships funded by the Academic Progression in Nursing (APIN) grants, surveys and partnerships that are spread throughout the state.

What we still need to do: Support passage of the BS in 10 legislation which is in the NYS legislature now; Support doctoral education for current NPs who are interested and future NPs (<http://campaignforaction.org/resource/doubling-number-nys-nurses-doctoral-degrees-report>)

- 3. Nurses should practice to the full extent of their education and training:**

Goal: full scope of practice authority in all 50 states

Progress Report : Passage of the NP Modernization Act 2014

What we still need to do: work on the restrictive us of the attestation form; implement the changes of the Modernization Act into practice.

- 4. Effective workforce planning and policy making require better data collection and an improved information infrastructure.** Goal: Accurate Data for evidence

Progress Report: Surveys deployed in 2012 and 2013 have yielded important data: (<http://campaignforaction.org/resource/study-nurses-representation-governing-boards-new-york-city>)

What we still need to do: Answer workforce surveys and gather data on obstacles to educational progression and autonomous scope of practice.

Legislative Update, Marilyn Dollinger and Mel Callan

1. Expansion of Do Not Resuscitate Orders to be inclusive of Nurse Practitioners
Bill S2300 (Hannon)/A.4140 (Gottfried) "Relates to the scope of practice of nurse practitioners." Attempts will be made to amend the public health law, the education law, the general business law and the vehicle and traffic law, in relation to making conforming changes reflecting the previously authorized scope of practice of nurse practitioners.

There are inconsistencies in various sections of law which still reference the existence of the written practice agreement for all NPs. This bill simply makes technical changes to select provisions of law to reflect current statute, by eliminating inappropriate references to the written practice agreement. The bill also clarifies that the Secretary of State may require all persons licensed or registered to engage in the practice of barbering to submit to physical examination by *either* a physician or NP, and that NPs are authorized to certify that persons applying for a license for the practice of barbering, just like nurse practitioners are authorized to certify that persons applying for a license for nail specialty, normal hair styling, esthetics and cosmetology are free from infectious diseases.

Here is The NPAs Memo of Support link: http://c.ymcdn.com/sites/www.thenpa.org/resource/resmgr/Government_Relations/MOS_NPMA_Cleanup.pdf

2. A.140 (Paulin)/S.3021 (Young): An act to amend the education law, in relation to certification of certified registered nurse anesthetists. Here is The NPAs Memo of Support link:

http://c.ymcdn.com/sites/www.thenpa.org/resource/resmgr/Government_Relations/MOS_CRNA_2015.pdf

3. A.791 (Gunther)/S.4324 (Hannon): An act to amend the public health law, in relation to meningococcal immunizations. This bill requires vaccination against meningococcal disease for sixth graders and eleventh graders. Here is The NPAs Memo of Support link:

http://c.ymcdn.com/sites/www.thenpa.org/resource/resmgr/Government_Relations/Nurse-Practitioner-Associati.pdf



4. S. 5572-2015 (Valesky): Relates to diagnosis, care and treatment of injured employees by certified nurse practitioners.

These are the current priorities from the NPA website



THE NURSE PRACTITIONER ASSOCIATION

New York State • Greater Rochester Chapter

Pride of the Profession

**NURSE PRACTITIONER
ASSOCIATION OF NEW YORK STATE,
GREATER ROCHESTER CHAPTER**

PO Box 23556
Rochester, N.Y. 14692

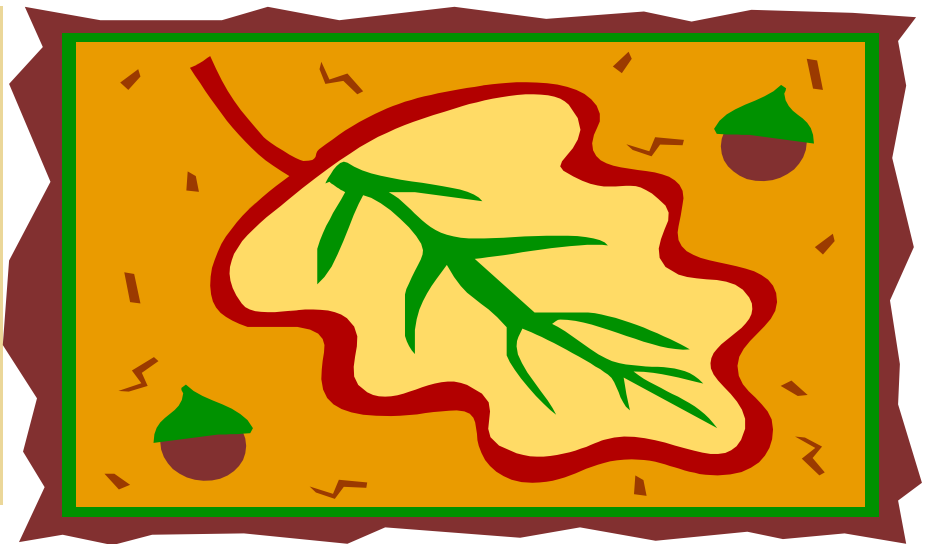
Communication Chair
C. McCloskey

Phone: 585-385-8471

Fax: 585-385-8466

Email: cmccloskey@sjfc.edu

www.npagr.org



**Contact The NPA of NYS at
www.thenpa.org**

Times are Changing...more on Regionalization

As noted in Dave's President's message, the NPA has begun the process to re-organize the structure of the chapters into regions with specific groups. **The Regions were organized to include a mix of chapters with both small and large memberships.**

The new organizational structure will begin on January 1st, 2016. At that time, we will change from being the NPA of Greater Rochester Chapter, to being a large group within Region 2, which also includes groups from the Finger Lakes, Tompkins- Cortland, and Susquehanna areas. Each Region needs to have a President, Vice President, Secretary and Treasurer, and designated members at large from each area. Ideally, the board positions will be held by representatives from all of the groups composing the region, but initially, Rochester was the group who responded to the emails regarding re-organization and thus will lead Region 2 through the first months of this re-organization. Here is a listing of the Region 2 Board of Directors and members-at-large:

Region 2

President - **David Goede**, DNP, ACNP-BC - Greater Rochester

Vice President - **Laura Marwick**, FNP-C - Greater Rochester

Secretary - **Maureen Daigler-Kluge**, FNP-C - Greater Rochester

Treasurer - **Desiree Branson**, FNP - Greater Rochester

Member at large - **Mashelle Jansen**, FNP-BC - Tompkins/Cortland

Member at large - **Jennifer Shattuck**, FNP-BC - Susquehanna

Members at large- **Scott Rosman**, NP & **Melissa Skiadas**, NP-

Regional Director - **Dee Krebs**, FNP, ANP