Louisiana Association of Nurse Practitioners

21st Annual Primary Care Conference

Nurse Practitioners: Refining the Art of Healthcare

October 8-11, 2015
Shreveport Convention Center





The Louisiana Association of Nurse Practitioners (LANP) Board of Directors invites you to join us at the 21st Annual LANP Primary Care Conference, October 8-11, 2015 at the Shreveport Convention Center in Shreveport, LA.

You don't want to miss this educational opportunity at the largest state conference for NPs of all specialties.

The LANP 2015 Primary Care Conference offers a program of expert faculty presentations of current, practical, and clinically -oriented information related to evidence-based quality care, providing NPs with the latest information to apply in their everyday practice setting.

Sessions will be presented on a variety of topics, including:

- Primary Care Skills
- Dermatology
- Orthopedics
- Adolescents/Pediatrics
- Pain management
- Business/Professional
- Family Practice



Conference Schedule

Thursday, October 8, 2015		Saturday, October 10, 2015				
7:00 AM - 1:30 PM	Registration Check-In and Onsite Registration	7:00 AM - 4:00 PM	Registration Check-In and Onsite Registration			
8:00 AM - 12:00 PM	Workshops (Break from 10:15-11:00 PM)	7:30 AM - 9:00 AM	Continental Breakfast			
12:00 PM - 1:30 PM 1:30 PM - 5:30 PM	Lunch on your Own Workshops (Break from 2:45-3:20 PM)	8:00 AM - 9:00 AM	General Session (GS2) Antibiotic Therapy Update			
4:00 PM - 8:00 PM	Registration Check-In and Onsite	8:00 AM - 2:30 PM	Exhibit Hall Opens			
	Registration continues	8:00 AM - 5:00 PM	PAC Silent Auction Opens			
		9:10 AM - 11:10 AM	Morning Workshops			
Friday, Octobe	er 9 2015	9:10 AM - 10:10 AM	First Breakout Session			
•		10:00 AM	Break			
6:45 AM - 4:00 PM	Registration Check-In and Onsite	10:20 AM - 11:20 AM	Second Breakout Session			
7:00 AM - 9:00 AM	Registration	11:20 AM - 12:20 PM	Poster Presentations			
	Continental Breakfast - Sponsored by The France Foundation	12:30 PM - 1:30 PM	Lunch			
8:00 AM - 10:00 AM	Morning Workshops		Invokana Product Theater Sponsored by Janssen (Non-CE)			
9:00 AM - 10:00 AM	First Breakout Session		or			
10:00 AM	Break		Aerospan & Dymista Product Theater Sponsored by MEDA Pharmaceuticals			
10:10 AM - 12:10 AM	Morning Workshops		(Non-CE)			
10:10 AM - 11:10 AM	Second Breakout Session	1:40 PM - 3:40 PM	Afternoon Workshops			
11:15 AM - 12:30 PM	Poster Presentations	1:40 PM - 2:40 PM	Third Breakout Session Break			
11:30 AM - 5:30 PM	Exhibit Hall & PAC Silent Auction Opens	2:40 PM				
11:30 AM - 5:30 PM 12:40 PM - 1:15 PM	Lunch	3:00 PM - 4:00 PM	Fourth Breakout Session			
	Welcome/Presentation of Colors/ Prayer/LANP Awards	4:10 PM - 5:10 PM	Fifth Breakout Session			
1:15 PM - 2:15 PM	General Session (GS1) Stress Proofing Your Life: The Extreme	5:10 PM - 6:00 PM	LANP Business Meeting (Non-CE, Members Only)			
	Self-Care Solution	6:00 PM - 7:30 PM	Wine & Cheese Event (tentative)			
2:25 PM - 4:25 PM	Afternoon Workshops	7:30 PM - 10:00 PM	Comedian Jinny Henson			
2:25 PM - 3:25 PM	M - 3:25 PM Third Breakout Session		(Ticketed Event)			
3:30 PM	Break	Sunday, October 11, 2015				
3:35 PM - 4:35 PM	Fourth Breakout Session		Registration Check-In and Onsite Registration			
4:00 PM - 8:00 PM	Registration Check-In and Onsite Registration continues	7:00 AM - 11:30 AM				
4:35 PM - 5:10 PM	Visit Exhibitors	7:00 AM - 9:00 AM	Continental Breakfast			
5:10 PM - 6:10 PM	Fifth Breakout Session	9:00 AM - 11:00 AM	Workshops			
		9:00 AM - 10:00 AM	First Breakout Session			

10:10 AM - 11:10 AM

Second Breakout Session

}

Thursday, October 8, 2015 8:00 AM - 12:00 PM

TW.01 Office Procedures (4 CEs, 2 Pharm)

Denise Ramponi, DNP, ENP-C, FAEN, FAANP

(Advanced) This hands-on workshop for advanced practice nurses will explore the performance of minor office procedures. Topics will include management of nursemaid's elbow, release of subungual hematoma, drainage of parnoychia, splinter removal, hair-thread tourniquet removal, tick removal, ring removal, fish hook removal, cerumen removal, management of tooth fracture, administration of local anesthesia, digital blocks, incision and drainage of abscesses in this hands-on practicum.

TW.02 GYN Workshop (4 CEs, 1 Pharm)

Rosemary "Mimi" Secor, MS, M.Ed, APRN, FNP-BC, NCMP, FAANP (Basic) During this workshop participants will learn how to perform a routine gynecologic exam and Pap smear. Attendees will also learn about vulvar dermatology, vaginitis/STIs, abnormalities of the cervix, uterus and ovaries. Appropriate diagnostic and management approaches will be discussed briefly. How to approach various challenges including how to manage various special populations such as the obese patient, disabled, elder, anxious, or patients with a history of sexual abuse.

TW.03 Radiology Fundamentals: Understanding the Chest X-Ray (4 CEs) Ronald Thompson, MD

(Basic) This presentation will benefit anyone who has a desire to understand the basic principles of Radiographic Imaging as related to chest imaging. Utilizing radiographic images for diagnosing illness is an extremely useful tool in successfully managing patients, and has taken on increasing importance in recent years. Medical imaging has become an indispensable part of patient care, and the better clinicians are able to understand and utilize the basic principles and techniques of radiographic imaging, the more effective they can be in successfully treating their patients, and the more quickly their patients can be on the road to recovery. The lines and shadows on x-rays can be confusing. This presentation will help the attendee to look at and understand chest x-rays in a way that is logical and makes sense! This presentation addresses basic, important, fundamental concepts and principles of radiographic imaging and how these concepts and principles can be used in diagnosing illnesses. The information is presented from a radiologist's point of view, in a manner that can be understood by a non-radiologist, and gives the participants insight into the thinking process involved in interpreting x-ray examinations. Common radiographic findings will be presented and discussed, along with their interpretation and correlation with the patient's clinical findings and disease process. The importance of good radiographic technique will be stressed, as will the importance of thinking through the diagnosis.

TW.04 Code Smarter, Not Work Harder (9:00 AM-12:00PM) (3 CEs, .5 Pharm) Lynn Rapsilber, MSN, ANP-BC, APRN, FAANP (Basic) Every APRN has fiscal responsibility to their practice to code and bill correctly and to avoid an audit. Learn the tools for reimbursement. Capturing all the billable services increases revenue for the practice and can enhance your bottom line as well. Learn the nuances of coding smarter not working harder with hands-on learning through chart audits.

TW.05 Psychiatric Medications in Primary Care (4 CEs, 4 Pharm) Michael Santone, DNP, APRN-BC

(Basic) This session will provide information of all classes of psychiatric medications, assessment techniques, side effects, and expected outcomes.

1:30 PM - 5:30 PM

TW.06 Office Procedures (4 CEs, 2 Pharm)

Denise Ramponi, DNP, ENP-C, FAEN, FAANP

(Advanced) This hands-on workshop for advanced practice nurses will explore the performance of minor office procedures. Topics will include management of nursemaid's elbow, release of subungual hematoma, drainage of parnoychia, splinter removal, hair-thread tourniquet removal, tick removal, ring removal, fish hook removal, cerumen removal, management of tooth fracture, administration of local anesthesia, digital blocks, incision and drainage of abscesses in this hands-on practicum.

TW.07 ABC's of Chronic Pain Management: A Group Case Study (4 CEs, 1 Pharm) Brett Badgley Snodgrass, MSN FNP-BC

(Basic) Using both evidence based didactic sessions and group case studies, participants will be able to formulate a plan for patients experiencing chronic pain. They will be able to take the information from this course and apply it to their everyday practice, when dealing with patients in pain.

TW.08 Understanding X-Rays: Abdominal Imaging (4 CEs) Ronald Thompson, MD

(Basic) This presentation will benefit anyone who has a desire to understand the basic principles of Radiographic Imaging as related to abdominal imaging. Utilizing radiographic images for diagnosing illness is an extremely useful tool in successfully managing patients, and has taken on increasing importance in recent years. Medical imaging has become an indispensable part of patient care, and the better clinicians are able to understand and utilize the basic principles and techniques of radiographic imaging, the more effective they can be in successfully treating their patients, and the more quickly their patients can be on the road to recovery. The lines and shadows on xrays can be confusing. This presentation will help the attendee to look at and understand abdominal x-rays in a way that is logical and makes sense! This presentation addresses basic, important, fundamental concepts and principles of radiographic imaging and how these concepts and principles can be used in diagnosing illnesses. The information is presented from a radiologist's point of view, in a manner that can be understood by a non-radiologist, and gives the participants insight into the thinking process involved in interpreting x -ray examinations. Common radiographic findings will be presented and discussed, along with their interpretation and correlation with the patient's clinical findings and disease process. The importance of good radiographic technique will be stressed, as will the importance of thinking through the diagnosis.

TW.09 Code Smarter, Not Work Harder (1:30 PM-4:30PM) (3 CEs, .5 Pharm)

Lynn Rapsilber, MSN, ANP-BC, APRN, FAANP (Repeat session of TW.04)

Friday, October 9, 2015 8:00 AM - 10:00 AM

FW.10 Diabetes: Making the Right Choice in a Sea of Treatment (2 CEs, 2 Pharm) Debbie Hinnen, MSN, RN

(Advanced) This program will address the practice and knowledge gaps identified for advanced practicee nurses and other providers involved in the care of patients with type 2 diabetes mellitus (T2DM), specifically as it relates to the use of glucagon-like peptide-1 (GLP-1) receptor agonists, dipeptidyl peptidase-IV (DPP-IV) inhibitors, and sodium glucose cotransporter 2 (SGLT2) inhibitors. All of these agent categories have emerged within the last decade and have continued to expand and undergo study in recent years. The large number of T2DM medications can be daunting, emphasizing the need to understand mechanisms of action, efficacy, side effect profiles, and how to appropriately use combinations.

FW.11 A Pain World Without Opioids: Treating Pain Sans Opioids (2 CEs, .75 Pharm)

Brett Badgley Snodgrass, MSN FNP-BC

(Basic) The treatment of pain is often synonymous with opioids. We are aware of the risk associated with the long-term use of opiate therapy - tolerance, addiction, abuse, misuse and diversion... just to name a few. How can pain be treated without opioid? What treatments are available? Using an evidence base, this session with provide insight and education into how to adequately manage pain without opioid therapy. Providing the attendee with information to take back to their clinical practice.

FW.12 Nexplanon Training (certificate provided)

Annie Jopling, WHNP, MSN

FW.13 Joint Injection (2 CEs, .33 Pharm)

Lisa Bayhi, DNP, MSN, APRN, ACNP, FNP

(Beginner) Explore joint pathology, the pharmacological treatments available and perform knee injections on a provided mannequin

10:10 AM - 12:10 PM

FW.14 Basic coding 101, Incident to billing, ICD-10 Are you ready? (2 CEs)

Lynn Rapsilber, MSN, ANP-BC, APRN, FAANP

(Basic) Every APRN needs to understand basic coding principles to maximize reimbursement. Understanding how to identify and protect yourself from "incident to" billing. ICD-10 is finally here? Are you ready for these big changes?

FW.15 Are We Really Doing No Harm? Drugs in America 2015 (10:10 AM—11:40 AM) (1.5 CEs, 1.5 Pharm)

Robert Stutman, Retired DEA

(Basic) "First, do no harm" is believed by most physicians and medical professionals around the world to be the most important, fundamental principal of medical ethics. Don't we have a moral and ethical obligation to do no harm to our society as a whole, as well as to the individual patient presenting to us? Bob provides health care providers with specific preventative steps to ensure that they are not only protecting their patients, but their practice and their community as well.

FW.16 Common Dermatology Problems and Treatment Options (2 CEs, 1 Pharm)

Kim Laborde, APRN, FNP-C

(Basic) A presentation of the most frequently encountered dermatological problems in primary care; 30 min of pharmacology.

FW.17 Dementia: A Multi Modal Approach to Treatment and Symptom Management (2 CEs, .5 Pharm)

Caron Slusser, APRN, MHNP

(Basic) To explore the prevalence, types of dementia, and treatment options, including behavioral and pharmacological. Pharmacology 30 minutes.

FW.18 Healing Touch for Whole Person Care: Nursing Tool Extraordinaire! (2 CEs)

Mary Frost, RN, MS, HNB-BC, CHTP, CHTI

(Basic) It is time for the Art and Science of Nursing to lead the way in health care and re-emerge with heart-centered, compassionate therapies which include touch along with assessment and prescriptions. Healing Touch (HT) is whole person care and tends the spirit and well being of the client. It is a component of "integrative care" and research has shown it is effective in reducing anxiety, stress, depression, headaches; ameliorating pain, nausea, effects of chemotherapy, symptoms of PTS; supporting wound healing, pre and post surgical care, palliative and end of life care; even ET tube insertion and venipuncture. HT is appropriate for all ages and conditions. Models of care are well established in many hospital systems and clinics, it is easily learned, and classes are taught across the county and worldwide. Let's give ourselves and our clients the Ahhh experience of relaxation, restoration, and the smile of hope. Join us for an informative and inspiring session and learn a self-care treatment and another to offer to others!

2:25 PM - 4:25 PM

FW.19 Follow the Yellow Brick Road: Navigating New NP Paperwork (2 CEs)

Kathy Baldridge DNP, APRN, FNP-BC

Amanda Theriot APRN, FNP-C

(Beginner) Helping the student NP or the new graduate NP in navigating the credentialing process with all required licensures, certifications and credentialing.

FW.20 Suturing: The Ins and Outs (2 CEs, .16 Pharm)

Dorothy Minor, MSN, APRN, FNP

(Basic) Attendees will learn when and when not to close a wound, how to take a good history, how to perform interrupted and non-interrupted stitching and at least one of the mattress suture techniques.

Friday, October 9, 2015 2:25 PM - 4:25 PM

FW.21 The Radiographic Manifestations of Lung Cancer (2 CEs) Ronald Thompson, MD

(Basic) This presentation will benefit anyone who has a desire to understand the basic principles of Radiographic Imaging in relation to lung cancer. Utilizing radiographic images for diagnosing cancer is an extremely useful tool in successfully managing patients, and has taken on increasing importance in recent years. This presentation will help the attendee to look at and understand x-rays in a way that is logical and makes sense! The information is presented from a radiologist's point of view, in a manner that can be understood by a nonradiologist, and gives the participants insight into the thinking process involved in interpreting x-ray examinations. Common radiographic findings of lung cancer will be presented and discussed, along with their interpretation and correlation with the patient's clinical findings. The importance of good radiographic technique will be stressed, as will the importance of thinking through the findings on the images.

Saturday, October 10, 2015 9:10 AM - 11:40 AM

SW.22 A Place at the Table: Successful Strategies for Job Negotiations (2.5 CEs)

Vanessa Pomarico-Denino, MSN, APRN, FNP-BC

(Basic) The transition from RN to APRN is not always an easy one. Many NP's have never been involved in negotiating a written employment agreement but as more NP's join the ranks of healthcare professionals, initiating negotiations for employment can be daunting. Attendees will learn the nuances of what to bring to the table when discussions take place and how to stay competitive in the healthcare field.

SW.23 Developing a Successful Primary Care Clinic (9:10 AM-10:45AM) (1.5 CEs)

Heath Veuleman, BA

(Basic) The fundamentals of primary care clinic development, sustention, and enhancement

SW.24 Basic Suturing (9:10 AM—11:10 AM) (2 CEs, .5 Pharm)

Laurie A. Ferguson, DNP, APRN

(Basic) This workshop is designed to give the participant a basic understanding of the evaluation and management of traumatic skin and soft tissue injuries and infections. The focus of this program is wounds from injury through repair and healing with an opportunity for the participant to take part in a supervised suture workshop.

SW.25 Basic ECG (9:10 AM—11:10 AM) (2 CEs, .5 Pharm)

Janet Jones, DNS, APRN, CNS, CCRA

(Basic) This course will present basic principles of EKG analysis, dysrhythmia identification, and management. The principles of electrophysiology, EKG concepts, EKG leads, and components of the electrocardiogram will be reviewed. The basic steps of dysrhythmia determination will be discussed and applied. the identification and management of basic dysrhythmias will be evaluated inclluding sinus, atrial, junctional, ventricular, and atrioventricular blocks.

SW.26 Adult Immunizations (9:10 AM—11:10 AM) (2 CEs, 2

Pharm) The France Foundation

(Basic) To motivate primary care practitioners to improve their adult patient vaccination rates with simple to use tools and techniques. The first hour will be an interactive, educational gaming activity on adult immunization recommendations, followed by a 1-hour workshop where learners can learn and plan their own strategies for optimizing adult immunization rates in their practice.

1:40 PM - 3:40 PM

SW.27 Advanced Suturing (2 CEs, .5 Pharm)

Laurie A. Ferguson, DNP, APRN

(Advanced) This workshop is designed to give the participant an advanced understanding of the evaluation and management of traumatic skin and soft tissue injuries. The focus of this program is wounds from injury through repair and healing with an opportunity for the participant to take part in a supervised suture workshop.

SW.28 ADHD Across the Lifespan: What PCP's Need to Know (2) CEs, 1.5 Pharm) Sattaria Dilks, DNP, MSN, APRN, Psych NP, MA (Basic) Identify the changes in diagnostic criteria in the DSM 5 and assessment tools for ADHD across the lifespan along with treatment options for each age group.

SW.29 Peripheral Vascular Disease Management (1:40 PM—3:10 PM) (1.5 CEs, .5 Pharm)

Claude Minor, MD

(Basic) Overview of Peripheral Vascular Disease and it's management

SW.30 Common Dermatology Problems and Treatment Options Encountered in Primary Care (2 CEs, 1 Pharm)

Kim Laborde, MSN, APRN, FNP-C

(Basic) A presentation of the most frequently encountered dermatological problems in primary care with hands on of common dermatologic procedures.

SW.31 Hereditary Cancer Risks and Panel Testing (2CEs, 1 Pharm) Colette Blanchard ANP-C, FNP-C



Sunday, October 11, 2015 9:00 AM - 11:00 AM

NW.32 Depression Treatment Options & Medication Review (9:00 AM—10:30 AM) (1.5 CEs, 1.5 Pharm)

Caron Slusser, APRN, MHNP

(Basic) Define criteria for Major Depressive Disorder, Identify treatment options, review of medications used in treatment of depression.

NW.33 Advanced ECG (2 CEs, .5 Pharm)

Janet Jones, DNS, APRN, CNS, CCRA

(Advanced) This course will focus on advanced principles of 12 lead EKG interpretation. The principles of electrophysiology, lead placement, and components of the 12 lead electrocardiogram will be discussed and applied. Emphasis will be placed on ST segment evaluation, QT intervals, axis deviation, hemiblocks, bundle branch blocks, hypertrophy, and cardiac ischemia versus injury.

NW.34 Suturing: The Ins and Outs (2 CEs, .16 Pharm)

Dorothy Minor, MSN, APRN, FNP

(Basic) Attendees will learn when and when not to close a wound, how to take a good history, how to perform interrupted and non-interrupted stitching and at least one of the mattress suture techniques.

NW.35 Nexplanon Training (certificate provided)

Annie Jopling, WHNP, MSN

NW.36 Hemodynamic Alterations and Safely Titrating Vasoactive Drug Infusions (2 CEs, 2 Pharm)

Leanne Fowler, DNP, APRN, MBA

(Advanced) An interactive class designed to assist the Advanced Practice Nurse working in acute care or critical care environments to understand and appropriately apply cardiac drugs to hemodynamically unstable patients. An active learning environment was created to promote the safe use of cardiac medications in order to maintain efficient, effective, timely, and high quality patient care for some of the most vulnerable populations within the hospital environment.



Breakout Sessions

Friday, October 9, 2015 Session A - 9:00 AM - 10:00 AM

A1 Metabolic Syndrome: An Integrative Approach (1 CE, .25

Pharm) M'Lou Barnett, MSN, APRN, FNP

(Advanced) 35-40% of US adults over 20 y/o have Metabolic Syndrome. The main components of Metabolic Syndrome will be discussed. Integrative Modalities such as nutritional approaches, lifestyle interventions, supplements & mind-body interventions will be explained.

A2 Assessment and Management of Commonly Seen Conditions in the Urgent Care Setting (1 CE, .5 Pharm)

Christy Lenahan, DNP, APRN, FNP-BC

(Basic) More and more urgent care and fast track facilities are turning to nurse practitioners to provide care for their patient population. This evidence based program is designed to provide current assessment and management guidelines for commonly seen conditions in the urgent care setting.

A3 Mr. Big Stuff: The Evolution of Informatics and Big Data (1 CE) Jennifer Lemoine, DNP and Helen Hurst, DNP, RNC, APRN-CNM (Basic) The purpose of this presentation is to provide healthcare

(Basic) The purpose of this presentation is to provide healthcare providers with an industry update related to Healthcare Informatics and the emergence of Big Data.

A4 Red Eyes and Red Flags (1 CE, .33 Pharm)

Ramponi, Denise, DNP, ENP-C, FAEN, FAANP

(Basic) This lecture is intended to identify common red eye conditions seen by NP's and how to determine the differential diagnoses. Latest evidence based recommendations will be reviewed along with conditions that require urgent ophthalmological referral such as acute angle glaucoma, dendritic lesions seen in herpes, etc.

A5 Understanding Complete Blood Counts in Primary Care: What's Significant? (1 CE)

Jackie Broadway-Duren, DNP, APRN, FNP-C

(Advanced) A complete blood count is one of the most commonly ordered tests among healthcare providers. It provides crucial information and aids in diagnosis of diseases and disorders, ie., anemias, autoimmune disorders, cancer, and infections. Patient outcomes may be positively impacted with the appropriate knowledge of utilization of the complete blood count.

A6 Breathe Easier: Hospital Safety for the Patient with a Nicotine Addiction (1 CE)

Gwen Leigh, DNP, MSN and Laura Harolds, MSN, BSN (Basic) Even though patients are informed about hospital smoke-free policies, many patients still want to leave the hospital to satisfy their nicotine cravings. What practitioners need to know before allowing a patient "hospital privileges



Friday, October 9, 2015 Session B - 10:10 AM - 11:10 AM

B1 No, Maybe, Ok, Yes! (1 CE)

Ysonde Hobbs, MSN, APRN, FNP

(Advanced) Motivational interviewing provides a non-confrontational patient centered approach for addressing changes needed to improve health outcomes.

B2 Hypertension and JNC 8 Recommendations? What and Why the Change (1 CE, 1 Pharm)

Bharat Sachdeva, MD

(Advanced) JNC 8 Came out with new recommendations in 2014 for control and management of hypertension. Changes in BP targets in CKD, Diabetes and Elderly (>60 years) were controversial and have been debated.

B3 Parkinson's Disease: Shuffle of a Lifetime (1 CE, .33 Pharm) Leslie Nolden, DNP, FNP-BC, APRN

(Advanced) Parkinson's Disease is a progressive disorder of the nervous system that affects movement. Tremors are the most common sign, however there are others to be aware of. There's no cure for this disorder, but there are medications that may markedly improve symptoms.

B4 Medication Adjustment for People With Chronic Kidney Disease in all Areas of Medical Specialties (1 CE, .75 Pharm) Sue Cary, MSN, APRN

(Basic) This program with teach you how to recognize chronic kidney disease in whatever medical specialty you work in and how to diagnose it. You will also learn what medications adjustments are important for patients with chronic kidney disease.

B5 Health Policy Then & Now (1 CE)

Lisa Bayhi, DNP, MSN, APRN, ACNP, FNP

(Basic) This presentation will explore a thorough examination of past state and national trends in health policy, current research and events currently affecting nurse practitioners in Louisiana.

Friday, October 9, 2015 Session C - 2:25 PM - 3:25 PM

C1 Women's Health in 2015 (1 CE, .33 Pharm)

Patsy McClanahan, APRN, MSN, WHNP-BC

(Basic) This presentation is designed for the Nurse Practitioner providing services to the noncomplicated gyn patient. The current guidelines and appropriate Diagnostic Tests recommended for the well women visit will be reviewed. Counseling issues such as contraception, sexually transmitted infection prevention, and menopausal changes will be explored.

C2 Secondary Stroke Prevention: Making Progress to Reduce Risk of Recurrent Stroke (1 CE, .58 Pharm)

Lisa B. Plauche' APRN, NP-C

(Basic) This presentation is designed to educate providers about prevention of secondary stroke through the recognition of lifestyle risk factors and an understanding of basic principles of medical management of stroke risk factors. Information will be given regarding how behavior modification can improve compliance among those patients with previous stroke.

C3 Inflammatory Bowel Disease, Advances in Neuropathogenesis and Treatment (1 CE, 1 Pharm)

Julia Pallentino

(Advanced) To improve the management of IBD patient's among NP's, from symptom assessment to coordinating care and management of therapy. To close the knowledge gap created by the advances in genetics and pathogenesis of IBD and development of new treatment and therapeutic options.

C4 Every visit, every time! Preconception Care in the Primary Care Setting (1 CE, 1 Pharm)

Helen Hurst, DNP, RNC, APRN-CNM and Denise Linton, DNS, APRN, FNP

(Basic) Primary care NP's have a vital role to play in providing preconception care to both men and women. Chronic conditions, lifestyle behaviors, and acute diseases play a key role in reproduction Preconception care identifies risks, educates, encourages reproductive life planning and initiates interventions that can significantly improve maternal and newborn outcomes. Adding elements of preconception care to the primary care visit will be the focus of this presentation.

C5 Acute Kidney Injury: When, Why & What (1 CE, .33 Pharm) Bharat Sachdeva, MD

(Basic) Discussion on AKI New Classification Diagnosis Management

C6 The Eyeball: A Completely Different World (1 CE, .33 Pharm) *Jeffery Lusk, MD*

(Basic) Reviewing basic ophthalmic diseases: Eye complaints to recognize and refer urgent vs non-urgent.

Friday, October 9, 2015 Session D - 3:35 PM - 4:35 PM

D1 Are We Anxious Yet? (1 CE, .5 Pharm)

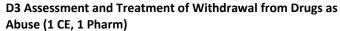
Jasjit Singh, MD

(Basic) Focus will be on differentiating various anxiety disorders from other medical disorders and ideal treatment strategies with patients who suffer from anxiety disorders.

D2 Physical Exam of Dialysis Access (1 CE)

Bharat Sachdeva, MD

(Basic) Dialysis patients are frequently admitted and seen in clinic with access dysfunction. Simple exam of the access can give valuable information about the nature and significance of the dysfunction, aiding in better care.



Ysonde Hobbs, MSN, APRN, FNP

(Advanced) Assessment of withdrawal in alcohol, opioids and medication used to treat them

D4 Telehealth: Delivery and Financing Models (1 CE)

Heath Veuleman, BA

(Basic) An overview of the delivery and financing models for telehealth

D5 Pediatric Orthopedic Conditions Commonly Seen in Primary Care (1 CE)

Michelle Brown, CPNP

(Beginner) Pediatric Orthopedic Conditions Commonly Seen in Primary Care When do I need to refer to an Orthopedic Specialist? Topics Discussed Pathophysiology and Assessment of: Scoliosis Clubfoot Limping Child Gait Abnormalities Cerebral Palsy (Neuromuscular Conditions) Limb Deficiencies.

D6 Overactive Bladder in Women: Sorting it All Out! (1 CE, 1 Pharm)

Annie Jopling, WHNP, MSN

(Beginner) This session will review the common presenting symptoms and history for Women with OAB. It includes diagnosis and treatment options for helping women improve this bothersome condition and alterations in lifestyle.

Friday, October 9, 2015 Session E - 5:10 PM - 6:10 PM

E1 ALT, AST, and the Rest of the LFT Alphabet Soup: Abnormal Liver Labs (1 CE)

Amelie Hollier, DNP, FNP-BC, FAANP

(Advanced) This presentation will help you learn to look at abnormal liver labs and develop a methodical approach to interpretation and diagnosis.

E2 Understanding Hepatitis A, B, and C, Natural History, Treatment, and Follow-up Care (1 CE, .5 Pharm)

Kathleen Porter, MSN, APRN, CFNP

(Basic) Discuss Hepatitis A, B, and C, natural history of the viruses, transmission, treatment available, success of treatment and how to appropriately care for the patient cured of hepatitis but with cirrhosis.

E3 Nurse Practitioners and Medical Malpractice: Nuts and Bolts (1 CE) Ronald Stein, JD, MSN, APRN

(Basic) During the past several years, nurse practitioners nationwide have made great strides in terms of autonomy and expanding access to health care to all citizens. With autonomy, however, comes accountability and responsibility. According to statistics provided by the National Practitioner Data Bank, the number of malpractice claims filed against all health care providers, including nurse practitioners, continues to rise. This interactive presentation is designed to educate nurse practitioners about potential malpractice issues that may be encountered in their practice. The presentation will also offer suggestions on how to avoid the pitfalls of malpractice.

E4 A DNP: Do You Need It? (1 CE)

Janet Jones, DNS, APRN, CNS, CCRA

(Basic) This program will discuss the historical development of the Doctor of Nursing Practice Degree. The evolution of the degree and future implications will be emphasized. AACN's DNP Essentials will be discussed. Controversies surrounding the degree will be evaluated. Options for pursuing doctoral education will be presented.

E5 Care of the Patient with End-Stage Heart Failure - Symptom Management (1 CE, .66 Pharm)

Elizabeth Lillo, MSN, APRN, ANP

(Advanced) Symptom Management of Patients with End-Stage Heart Failure - their options and their care.

Saturday, October 10, 2015 Session F - 9:10 AM - 10:10 AM

F1 Use of Oral Anticoagulants with Nonvalvular Atrial Fibrillation (based on 2014 AHA/ACC/HRS Guidelines) (1 CE, 1 Pharm)

Deedra Harrington, DNP, APRN, ACNP-BC

(Basic) The presentation will present the various forms of atrial fibrillation, define what is nonvalvular atrial fibrillation and discuss the various approved drugs for treatment of nonvalvular atrial fibrillation with the focus on oral anticoagulants.

F2 Improving Patient Outcomes While Generating Revenue Thru Optimal Reimbursement (1 CE)

Stanford Owen, MD

(Basic) Medical Nutrition Therapy is the primary tx of diabetes, hypertension, lipid disorders, sleep apnea, and fatty liver. New ACA guidelines allow for reimbursement of MNT supervision and support. this will generate minimum of \$500 per patient per year. This program focuses on procedures to optimize clinical improvement and revenue in every practice.

F3 Dietary and Behavioral Interventions for Obesity (1 CE)

James Parrish MD, FACS

(Advanced) Review of the current scientific literature relating to dietary and behavioral interventions for obesity.

F4 Advanced Wound Care Modalities and Limb Salvage (1 CE, .33 Pharm)

Shaun Carpenter, MD, FAPWCA, CWSP

(Advanced) Presentation of Advanced Wound Care Modalities and Hyperbaric Medicine used in treating chronic wounds.

F5 Evidence Based Breast Cancer Survivorship Plan of Care After Completion of Primary Treatment (1 CE)

Ghenet Ghebretatios, DNP, APRN, FNP

(Advanced) Evidence based breast cancer survivorship plan of care after completion of primary treatment.



Saturday, October 10, 2015 Session G - 10:20 AM - 11:20 AM

G1 Advancing Sustained Remission in Major Depressive Disorder (1 CE, 1 Pharm)

Sattaria Dilks, DNP, MSN, MA

(Advanced) This program will cover the routine monitoring of MDD symptom resolution, impact of acute and residual MDD symptoms on cognitive dysfunction, quality of life, relapse risk and overall outcomes.

G2 Walk and Talk: Develop your Elevator Speech so Your Legislator can Work for You! (1 CE)

Jennifer Lemoine, DNP and Herndon "Buzz" Jeansonne, FNP (Basic) The purpose of this presentation is to facilitate the development of communication skills/strategies for use by the advanced practice registered nurse to reach out to elected officials. The session will include introduction of core concepts and principles and guided practice using hands-on applications in small groups.

G3 Functional Medicine: How to Achieve Healing in the 21st Century (1 CE, .5 Pharm)

Pamela Egan, APRN, MSN, ANP, FNP

(Basic) This presentation will review the new paradigm of Functional Thinking. * An average Nurse Practitioner prescribes a medication to treat a disease. * A Good Nurse Practitioner treats the symptoms before the disease is manifest. * An exceptional Nurse Practitioner treats the abnormality before the symptoms present and the disease manifests.

G4 Immunization Update 2015 (1 CE, 1 Pharm)

Laura Willshire, EdD, MSN, APRN, FNP

(Basic) Current Changes to schedule for 2015 and impact vaccines have on our community.

G5 ESRD Primary Care for the Non-Nephrologist (1 CE)

Christopher Lebrun, MD

(Advanced) Review of the role of the primary care provider and the ESRD / dialysis patient.

G6 Abdominal Pain: Avoiding Pitfalls in the Diagnosis and Management (1 CE, .16 Pharm)

Claude Minor, MD

(Advanced) Discuss the different types of abdominal pain and the most common possible causes. Diagnostic and treatment strategies, and when to refer. I will also discuss pharmacological treatment as well as when surgical intervention is needed.

Saturday, October 10, 2015 Session H - 1:40 PM - 2:40 PM

H1 Managing Mobile Medical Communications (1 CE)

Kenneth E. Rhea, M.D., FASHRM

(Advanced) The new HIPAA Omnibus Rule was released in 2013, expanding the obligations of physicians and other health care providers to protect patients' privacy, and increasing the penalties for violations. The use of personal mobile devices by physicians has increased the risk of privacy breach exponentially. EMR systems are regularly accessed by physicians using unsecured devices, and over half the HIPAA breaches in the past 3 years were due to lost or stolen mobile devices. This live lecture will provide risk management recommendations for securing smart phones, tablets, laptops and USB flash drives. Medical communication by email, mobile medical apps, texting and social media will also be addressed.

H2 Colicky but Cute (1 CE, .5 Pharm)

Sharolyn Dihigo, DNP, RN, CPNP-PC

(Advanced) Living with a colicky infant is one of the most stressful and challenging times for parents. This session dispels many myths of infant crying and provides real strategies for calming the colicky baby.

H3 Progesterone, the Forgotten Hormone in Female Health (1 CE,

1 Pharm) Bill Chaney, DNM, Pharm D, FICB

(Basic) The forgotten role of a natural hormone, Progesterone, and its numerous effects in the female population.

H4 Credentialing and Reimbursement Issues for the Nurse Practitioner (1 CE)

Heath Veuleman, BA

(Basic) An overview of how providers are credentialed and reimbursed by third-party payers. Timelines, necessary documents, defining terms, and how to avoid the pitfalls of the non-participating provider.

H5 Emergency Nurse Practitioners: Who are they and should I be one? (1 CE)

AtNena Tucker, DNP, APRN, FNP, MBA

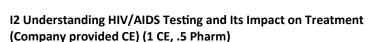
(Basic) This session looks at the history of the emergency care nurse practitioner role, arguments for and against the role, current education/certification options, and need-to-knows for the nurse practitioner in emergency care.

Saturday, October 10, 2015 Session I - 3:00 PM - 4:00 PM

I1 Anemias and "All That Jazz" (1 CE, .5 Pharm)

Amelie Hollier, DNP, FNP-BC, FAANP

(Advanced) This presentation will help the learner develop a methodical way to assess anemias, look for hemolysis, bleeding, and other reasons for anemia.



Butler, Derrick MD

(Basic) The revised U.S. Centers for Disease Control and Prevention recommendations for HIV testing are designed to foster earlier detection of HIV infection, identify and counsel persons with unrecognized HIV infection, and link them to healthcare services. This program discusses the rationale for the revised testing guidelines, explains the differences in screening and confirmatory HIV testing, and describes the health benefits of routine screening. Potential effects of the new guidelines on the healthcare system, as well as considerations for initial antiretroviral therapy, are also addressed. *Certificate will be awarded by Sponsor*

I3 Managing Anticoagulation Therapy: What Primary Care Practitioners Should Know About Initiation, Maintenance and Choice of Agents (1 CE, .33 Pharm)

Spencer Gauthreaux, Pharm D

(Basic) This program will prepare the learner to order the appropriate labs when initiating, maintaining, or discontinuing anticoagulation therapy; select the appropriate anticoagulant agent based on patient-specific parameters; and other information necessary in managing anticoagulation therapy in the outpatient setting.

14 Treating Interstitial Cystitis in 2015 (1 CE, 1 Pharm)

Annie Jopling, WHNP, MSN

(Beginner) This one hour session will review the pathophysiology, diagnosis, and treatment of Interstitial Cystitis.

I5 Telehealth 101 (1 CE)

Lonnie Dufour

(Basic) This presentation will give a basic overview of Telehealth in Texas and Louisiana. This presentation is a product of the Texas/Louisiana Telehealth Resource Center and will be presented by the Louisiana Project Coordinator working directly for the TexLa Resource Center.

I6 The psychological impact of Irritable Bowel Syndrome:: "What does it really mean for patients?" (1 CE, .25 Pharm)

Latanja Divens, DNP, APRN, FNP

(Advanced) The program will provide an overview of Irritable Bowel Syndrome with a focus on the physical and psychological aspects of living with the disorder. The program will also discuss evidence based practice guidelines and treatment strategies for management of the condition.

Saturday, October 10, 2015 Session J - 4:10 PM - 5:10 PM

J1 Palliative Care: Not Only for the Dying (1 CE, .5 Pharm) Ruthie Long, APRN, FNP

(Basic) Explanation of differences between palliative care and hospice care. Determination of patients appropriate for palliative care across the lifespan. Palliative care treatments for specific diagnoses.

J2 Louisiana Health Information Exchange (1 CE)

Lonnie Dufour

(Basic) Introduction and overview of the Louisiana Health Information Exchange (LaHIE)

J3 Why We Get Fat And What to Do About It (1 CE, 1 Pharm)

Uyen Chu, MD

(Basic) Review how the current high carbohydrate diet has contributed to the obesity epidemic. Discuss dietary strategies to help fight obesity. Discuss the science to dispel common myths about obesity management.

J4 Common Complaints in the ED/Urgent Care Setting and Treatment plans ie: Common Medications used to Treat (1 CE, .75

Pharm) Kimberly Allen, MSN, APRN, FNP

(Basic) Common Complaints of ED/Urgent care - Abdominal Pain, UTI, Skin Rash, Allergic Reactions, ENT complaints. Most up to date workup for the complaint and ways to treat findings resulted - phamacotherapeutic and nonpharmacotherapeutic.

J5 Evaluation and Management of ADHD in Children (1 CE, .5 Pharm) Stacey Sparks, MD

(Basic) A general introduction to the evaluation of ADHD in children and a discussion of the major categories of therapy available for its treatment.

J6 Stable Ischemic Heart Disease (1 CE, 1 Pharm)

Kesavan Shan, MD

Certificate will be awarded by Sponsor

Sunday, October 11, 2015 Session K - 9:00 AM - 10:00 AM

K1 Red Eye (1 CE, .33 Pharm)

Laurie A. Ferguson, DNP, APRN

(Basic) This session will review common eye complaints seen in primary care. A discussion of history and physical examination findings and evaluation will be discussed. Tarsal plate eversion, eye irrigation, fluorescein staining and foreign body removal will be demonstrated.

K2 Treatment of Lipid Disorders in Adults (1 CE, 1 Pharm)

Janis Guilbeau, DNP, MSN, APRN, FNP

(Advanced) New heart guidelines may increase statin use in the US and complex decisions are made by primary care providers. Lipid disorders are commonly seen in primary care and nurse practitioners use current data for treatment guidelines. This topic will present current assessment and management considerations including statins.

K5 The Integration of Palliative Care in Primary Care (1 CE)

Nicole Candiff, MSN, APRN, ANP

(Basic) Reasons why the Nurse Practitioner should consider the integration of palliative care in primary care Discuss the specific clinical indicators in advanced disease that can be used as guidelines for the integration of palliative care Discussion of case studies.

Sunday, October 11, 2015 Session L - 10:10 AM - 11:10 AM

L1 Acute Kidney Injury vs. Acute Renal Failure (1 CE, .17 Pharm)
Bernard David, MSN, APRN, FNP

(Advanced) The difference between Acute Kidney Injury and Acute Renal Failure. The causes of Acute Kidney Injury and how to treat it.

L2 Introduction to the 2012 Integrated Guidelines for Cardiovascular Health and Risk Reduction in Children and Adolescents (1 CE, .25 Pharm)

Tami Tinnin, DNP, PNP

(Basic) Despite the prevalence of childhood overweight, there has been an inconsistent response among health care providers in the recognition and management of the condition. This presentation will describe some of the features of the early development of diabetes Type II and cardiovascular disease in children and adolescents, define insulin resistance and some of the most current descriptions in pediatrics, identify barriers to early identification among providers and parents, and discuss current integrated recommendations by the National Heart, Lung, and Blood Institute.

L3 Integrative Practice (1 CE)

Monica Alleman, DNP, MSN

(Basic) Discussion of integrative practice into the primary care setting.

L4 Your Mouth Matters (1 CE, .33 Pharm)

Africa Dauphiney, MSN, APRN

(Basic) This session is intended to increase awareness of oral healthcare for the primary care provider. This will also allow providers to identify and treat patients who present with oral healthcare needs.

L5 TMJ (1 CE, .17 Pharm)

Morgan Lang, DDS

(Basic) What is TMD (Temporomandibular Joint disorders) and how to properly diagnose/treat patients.

Poster Presentations

Educational Approaches to the End of Life: A Teaching Module Emily Nevarez, MSN, FNP

School based screening for clustering of cardiovascular risk factors Tami Tinnin, DNP, PNP

Using A Screening Tool to Increase Palliative Care Consultations Sandra Browder, DNP, APRN, ACNP

Utilization of a Clinical Reminder System to Increase the Incidence of HIV Screening in a Primary Care Clinic

Robin Ray, DNP, APRN, FNP

Implementation of a Lactation Policy in the University Setting LeShawn Alexander, MSN, FNP-C

The development of a protocol for the management of chronic pain by a nurse practitioner in a primary care setting

Ginger McDougal, MSN, APRN

Antipsychotic Use in the Elderly: Quality of Life or Harmful to Life? Briana Horton, BSN, RN, MSN Candidate

Improving Pneumonia Vaccine Compliance in Older Adults *Krista Lippold, MSN, APRN, FNP*

Friday Posters—1 CE, Saturday Posters—1 CE

Screening for Delirium in Long Term Care Settings

Christine Zoerner-Hadeed, MSN, APRN, ACNP-BC

Quality Improvement Project: Implementation of an Evidence Based Treatment Protocol for Managing Patients with Diabetic Ketoacidosis in the Emergency Department

Tavell Kindall, MSN, APRN, FNP

Social Skills Interventions and Autism Spectrum Disorder Janet Gibson, MSN, APRN, FNP

Health Policy

Lisa Bayhi, DNP, MSN, APRN, ACNP, FNP

Patient Satisfaction Outcomes and RN Scores on the Judgments About Nursing Decisions (JAND)

Linda Green, MSN, APRN, CNS, DNP Candidate

Screening and Intervention for Metabolic Syndrome Reduce Cardiovascular Risk in Women

Melissa Watson, MSN, APRN, FNP, MBA, DNP Candidate

Advancing Personalized Medicine Through Pharmacogenomics *Angela McCorvey, MSN, ACNP*

General Conference Information

Registration Fees

	NP Member		Student Member		NP Non-Members		Student Non- Members	
	Until 9/13/2015	Regular	Until 9/13/2015	Regular	Until 9/13/2015	Regular	Until 9/13/2015	Regular
Full Conference	\$395	\$475	\$100	\$150	\$545	\$625	\$200	\$250
Friday Only	\$200	\$250	\$80	\$100	\$260	\$325	\$100	\$125
Saturday Only	\$200	\$250	\$80	\$100	\$260	\$325	\$100	\$125
Sunday Only	\$120	\$150	\$60	\$75	\$200	\$250	\$80	\$100
Saturday & Sunday	\$320	\$420	\$100	\$150	\$460	\$560	\$180	\$250
Friday & Saturday	\$395	\$450	\$100	\$150	\$520	\$625	\$200	\$250

There will be additional fees for Thursday workshops, which can be found next to each workshop on the online registration form. Other workshops may also have a fee and will be listed on the online registration form.

How to Register

Go to the Conference page at www.lanp.org. When registering online you have current availability of sessions, immediate confirmation of assignments and printable receipt of payment. Session assignments occur when the registration is entered and payment has been confirmed. Online registration requires credit card payment—LANP accepts VISA, MasterCard and American Express. A .pdf registration form is also available on our website so that you are able to print and mail your registration with payment.

Please Note: If you do not receive a receipt via email within one (1) business day of online payment, please notify conference@aanp.org.

Hotel Reservations

You MUST register for the conference BEFORE you can make your hotel reservation. After registering you will receive housing information on the registration receipt. Hotel reservations must be made by the date indicated. The LANP room block, is based on availability. LANP Room Block Rate is \$119/night for single or double occupancy. This rate is available until 9/23/2015.

Please Note: If you cancel your LANP conference registration please cancel your room reservation within the LANP room block. LANP has the right to remove any reservations within the block that are not supported by an LANP conference registration.

Cancellation & Refund Policies

All cancellations require written notification to LANP at registration@lanp.org.

Refunds: Refunds on paid registrations will be issued for written cancellation requests received, via email, fax, or mail. A \$50 administrative fee for NP registrants or a \$25 administrative fee for a student registration will be charged for refunds.

A full refund, less administrative fee, will be issued for requests received no later than Monday, August 31, 2015.

Fifty percent (50%) of the registration fee, less the administration fee, will be issued for cancellations between September 1, 2015 and September 18, 2015.

NO Refunds will be issued after Friday, September 18, 2015.

Returned Checks: An administrative fee of \$35 will be charged for all checks returned to LANP for insufficient funds.

No Shows: If you do not cancel in writing to LANP and do not attend, you still are responsible for payment.

Paid Workshop Refunds: Will be issued until September 18, 2015 for schedule changes or cancellations by registrant. Absolutely no refunds will be issued after September 18, 2015 for Workshops. No on-site refunds will be issued.