

Real help for eating disorders

Eating Disorders in the LGBTQ Community

Join us for a complimentary continuing education event **August 28, 2015**

Eating disorders do not discriminate. Anorexia, bulimia, and binge eating disorder affect people of all ages, races, genders, and sexual orientations. During this seminar we will explore the unique concerns, needs, and approach to treatment of eating disorders for our clients who self-identify as LGBTQ. This presentation will cover topics such as current approaches to care, use of language that is empowering for this population, and tips for how to continue to be an affirming clinician and ally.

Participants will walk away with:

- Appropriate language use and understanding of acronyms (there are many!) in the LGBTQ population
- Self-reflection on personal or internalized heterosexism and the ways in which this awareness may enhance current relationships with LGBTQ-identified clients
- Obtain new ideas for affirming approaches to client care

Date: August 28 **Time:** 8:30-10:30 AM

Location:

Lacey Community Center, Room A

6729 Pacific Avenue SE Lacey, WA 98503

Schedule:

9:30am-10:00 a.m. Check-in 10:00-11:30 a.m. Presentation 11:30-12:00 p.m. Q & A, Evaluations

RSVP Today (seating is limited)

Contact Laura Savat at (888) 364-5977 ext. 1608 or Laura.Savat@emilyprogram.com

About the Presenter

Alysondra Duke, Ph.D.

Dr. Alysondra Duke currently works as the Lead PHP Therapist for The Emily Program in Seattle. She received her PhD in Counseling Psychology in 2013 and has been working in the field of eating disorders for nearly 10 years. Alysondra is highly passionate about working with others on their journey to healing, recovery, and living a more meaningful and authentic life.