



### TARGET AUDIENCE

This conference is intended for Nurse Practitioners, Advanced Practice Registered Nurses and Nurse Practitioner students.

### CONFERENCE OBJECTIVES

- Update advanced practice knowledge of health promotion and disease prevention as it relates to acute and chronic illnesses across the life span.
- Discuss the most current pharmacological and non-pharmacological management of acute and chronic conditions.
- Review current research and the application of research to clinical practice.
- Collaborate with local and nationally known experts with innovative information.

### CONFERENCE PROTOCOL

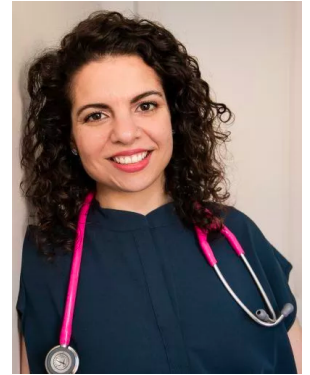
- This year's conference will be available in person and on demand after the conference has concluded. For the courtesy, concentration, and comfort of our participants, we ask that all cell phones and pagers be silenced during the sessions. Breaks are provided for your communication convenience. As a courtesy to participants, infants and children may not attend conference educational sessions.
- The conference will utilize  for attendee and exhibitor registration, session info, handouts, speaker questions, evaluations, CE certificates, and exhibitor information. Please refer to the app for the most up to date information regarding sessions, pharmacology credits and handouts. You can print or download handouts for the sessions that you plan to attend from the app if desired. Handouts will be uploaded as they are made available by the speaker to the app.
- All sessions are planned to be in person and all sessions will be recorded with the exception of the Skills and Cadaver Labs on Saturday. **RX** in the agenda denotes pharmacology content. Updates will be posted in .
- Sessions will be available for 30 days after the conference for CE. Please allow a few days after the conference for sessions to be uploaded and available for viewing. The 30 days starts after all sessions are uploaded. Certificates will be emailed to attendees after the conclusion of the on demand viewing period and all evaluations are completed.
- Exhibitors will be on Friday, Feb 18, 2022. Posters will also be on Friday, February 18, 2022. See details below.
- Due to COVID-19, NNP will require masking of attendees and the local event staff. Social distancing will be enhanced as much as possible. If we do have an in person event, we encourage you to come with testing kits in case you would start to have symptoms concerning for the virus. We will attempt to have some testing kits on site. With the current Omicron variant, we are monitoring the situation daily and will plan a virtual conference, including exhibitors if needed. The skills labs will be cancelled and we will attempt to replace them with other sessions if able. Attendees, speakers and exhibitors will be notified no less than 5 days prior to the event.
- The conference will be held at the Holiday Inn Hotel and Convention Center in Kearney, NE
  - Special conference rate: \$116.95/night
  - Call to book your room and mention our conference to get the special rate at (308) 237-5971 or (855) 444-5769.  
**The block will be released January 16th, 2022.**
- **This activity is approved for 31.0 contact hour(s) of continuing education (which includes 7.45 hour(s) of pharmacology) by the American Association of Nurse Practitioners®. Activity ID# 22015327. This activity was planned in accordance with AANP Accreditation Standards and Policies.**

# Thursday February 17, 2022

**Amanda Guarniere** is an Ivy-league educated Nurse Practitioner and Career Mentor who helps nursing professionals find and land their dream job. She founded The Résumé Rx in 2018 and since then has grown the community to over 40,000 nursing students and professionals worldwide.

The Résumé Rx was born out of the desire to see a world where medical professionals feel empowered, balanced as well as personally and professionally fulfilled.

Amanda has been featured in Scrubs Magazine, Nurse.org, Indeed Career Guide, KevinMD.com and Nurse Grid. She is also the Host of the Nurse Becoming Podcast. In her “down time”, Amanda is a true crime junkie, likes trail running or curling up with a good book, and enjoys soaking up the pleasures of family life with her husband and three girls.



**Dr. Rupp** is a Professor and Chief of the Division of Infectious Diseases in the Department of Internal Medicine at the University of Nebraska Medical Center. He is the Medical Director of The Nebraska Medical Center Department of Infection Control & Epidemiology. Dr. Rupp received his medical degree from Baylor College of Medicine, Houston, Texas and holds a B.S. degree in Chemical Engineering from the University of Texas, Austin, Texas. He underwent internship and residency training in Internal Medicine and completed Fellowship training in Infectious Diseases at Virginia Commonwealth University. He is a Diplomate, American Board of Internal Medicine, and in the subspecialty area of Infectious Diseases. He is a Fellow of the American College of Physicians (ACP), the Infectious Diseases Society of America (IDSA), and the Society for Hospital Epidemiology of America (SHEA). He is a Past-President of SHEA. Dr Rupp has served as a consultant for the US Food and Drug Administration, the Centers for Disease Control and Prevention, NIH, and VA. Dr. Rupp has published over 400 articles, chapters and abstracts. He frequently presents papers at national and international meetings, serves as a guest lecturer, and is an active teacher and researcher. Dr. Rupp’s research interests are in the areas of healthcare-associated infections and antimicrobial stewardship.

08:00	Keynote Address - How to Love Your NP Career Without Burning Out	Amanda Guarniere, MSN, NP-C
09:15	COVID -19 Update <b>RX .25</b>	Mark Rupp MD
10:30	Case Studies in Diabetic Management <b>RX 1.0</b>	Michelle Bertek-Zweiner, DNP, APRN, FNP-C, BC-ADM
	What Every Nurse Practitioner Should Know About Addiction Management <b>RX .35</b>	Jeremy Young CRNA
11:45	Lunch with Amanda - Building Relationships Through Real and Effective Communication	Amanda Guarniere, MSN, NP-C
1:00	Carotid Stenosis: What Matters and What Can Be Monitored <b>RX .25</b>	Jillian Negri DNP, APRN-NP, ACNP-BC
	Why Buprenorphine May Be a Better Option for the Patient with Chronic Pain <b>RX 1.0</b>	Jeremy Young CRNA
2:15	Basic ECG and Rhythm Interpretation	Brooke Huxoll PA-C
	More Than Weight Loss	Molly Lupo, DNP, APRN, ANP-C, AOCNP
3:45	Civilian Response to an Active Killing Event (CRAKE) Part 1	Lt. Paul Hagan, Nebraska State Patrol
	Sleep Disordered Breathing: Pathophysiology, Screening, Diagnosis and Treatment	Jennifer Miller, PhD, APRN-NP
5:00	Civilian Response to an Active Killing Event (CRAKE) Part 2	Lt. Paul Hagan, Nebraska State Patrol
	Basics of Pulmonary Imaging and Interpretation	Jennifer Miller, PhD, APRN-NP

## Friday February 18, 2022 EXHIBITOR DAY 8am-4:30pm



**Christine Kessler** is an award-winning NP, national/international speaker, prolific author, and clinical consultant specializing in General Endocrinology, Obesity and Metabolic Medicine. She has lectured and written extensively on various topics related to endocrinology, metabolic medicine, genomic & precision medicine, nutritional & integrative medicine. In her more than 4 decades of advanced nursing practice, she's held diverse roles in academia, research, and clinical practice; the latter as a critical care clinical specialist and ACNP for 20 years and an endocrine specialist. After 15 years as the Senior NP at the Department of Endocrinology & Metabolic Medicine at Walter Reed National Military Medical Center, Christine founded Metabolic Medicine Associates in rural Virginia where she provides general endocrine services and weight-loss management. Christine has received numerous top clinical practice and patient satisfaction awards, including the Coin of Excellence personally awarded by the Surgeon General for having the highest patient satisfaction rating of all health care providers in the Army WORLDWIDE. Christine is a Fellow of the American Association of Nurse Practitioners. A little FYI—Christine has delivered health care all over the world, including Russia, remote regions in Kenya and the dense jungles of Central America (the latter while armed with her very own machete). She also performed stand-up comedy for more than 10 years and says there is a lot of “humor in hormones!”

08:00	NNP Business Meeting	NNP Leadership
09:15	State and Federal Practice and Legislative Updates	Terry Thomas, MA, MSN, APRN Miranda Kliment, DNP, APRN-NP, FNP-C
10:15	Live Poster Session during Exhibitor Break	Please visit with presenters and vote for your favorite poster. Posters available all day for viewing and voting
11:00	Chronic Kidney Disease: Medication and Management RX .75	Leslie Spry MD, FACP, FASN, FNKF
	Targeted Oncology RX .50	Eric Avery, MD
1:30	Abdominal Pain Workup, Management, Imaging and Labs	Anthony Tabatabai, DO
	Pain Management Updates: Non Pharmacologic Management and Opiates RX .50	C. Weston Whitten MD
3:15	Genomic Medicine: A Primer for PCP RX .50	Christine Kessler, MN, CNS, ANP, BC-ADM, CDTC, FAANP
	Thyroid Overview and Management for the PCP RX .45	Anne Knape APRN-NP
4:30	Diagnosis and Treatment of Common Forms of Tremor RX .50	Julia Pavelka, MSN, APRN-NP, FNP-BC
	Pillars of Lifestyle Medicine	Molly Lupo, DNP, APRN, ANP-C, AOCNP
5:45	Hereditary Cancer Screening and Prevention	Rachael Schmidt, DNP, APRN-NP, AOCNP
	Management of Anxiety RX 1.0	Ryan Santin MD
7:00	40th Anniversary Celebration with Keynote Address: Nebraska Nurse Practitioners: The Pearls of Healthcare: Highly Valued, Widely Admired and Deeply Respected NNP Awards, Poster Awards	Christine Kessler, MN, CNS, ANP, BC-ADM, CDTC, FAANP

**William “Dr. Glaucomflecken” Flanary, MD**, is an ophthalmic comedian, merging humor with education in a way that is anything other than dry.



## Saturday February 19, 2022

08:00	There's An Ophthalmologist in the ICU	Will Flanary, MD
9:15	Basic Suturing Skills Lab	Diane Jackson, MS, RN, APRN-NP
	New Drugs and New Drug Information <b>RX 1.0</b>	Allison Dering-Anderson, PharmD, RP, FAPhA
9:30 - 11:30	Cadaver Lab at UNK Campus	Satera Nelson, MS
10:30	Are You Asking? <b>RX 1.0</b>	Allison Dering-Anderson, PharmD, RP, FAPhA
	Casting/Splinting Skills Lab	Jordan Kruse, CAT
11:45	How to Consult Ophthalmology	Will Flanary, MD

### EXHIBITOR REGISTRATION LINK

<https://conffrac.com/#/registration/exhibitor/?domain=NNP22>

Registration open

### ATTENDEE REGISTRATION LINK

<https://conffrac.com/#/registration/attendee/?domain=NNP22>

- Your registration for in-person attendance includes all meals and breaks. If you wish to invite a guest to the Friday night banquet, you are able to purchase tickets with your registration or at a later time, but be cognizant of late dinner reservations, as there will be a late fee associated with it after January 15, 2022.
- Please register on or before January 15, 2022 to avoid an increased registration fee of \$50 per registration.

### CANCELLATION PROTOCOL

Refunds will be issued after the conference for cancellations made before February 1, 2022. A \$50 cancellation fee will be retained. No refunds will be given on cancellations made after February 1, 2022.

For more information or questions about the annual NNP conference,  
please contact the Education Committee Chairs:

Heidi Kile at [nnpkile@gmail.com](mailto:nnpkile@gmail.com) or (402) 746 0223

Kathy Murphy-Buschkoetter at [nnpkmurphy@gmail.com](mailto:nnpkmurphy@gmail.com) or (308) 470-0903

Kristi Weber at [nnpkristi@gmail.com](mailto:nnpkristi@gmail.com) or (402) 366-5298

Stay tuned for information regarding Industry Sponsored Lectures on Wednesday and

Thursday evenings through the  Conference Tracker app and on our website.



**Nebraska Nurse Practitioners**  
*Providers Educators Leaders*

Please consider contributing to this year's Community Outreach Project to benefit the



The S.A.F.E. Center is the Spouse/Sexual Abuse Family Education Center. The S.A.F.E. Center's mission is to provide free and confidential services for those affected by dating violence, domestic violence, human trafficking, sexual assault, and stalking while bringing awareness and prevention efforts to all individuals across South Central Nebraska.

Items typically needed:

- Silverware sets
- Dish soap (small bottles)
- Twin and Queen sheets
- Electric airbeds
- Plastic shower liners
- Shower curtains
- Shampoo, conditioner, deodorant
- Paper towels, toilet paper, napkins
- Phone cards
- R.Y.D.E. vouchers and gas cards
- Kitchen and bath trash cans
- 2 VCR players
- 2 DVD players

There will be a collection table at the conference registration area to drop off your donations during the conference.