



MYRIAD
myRisk[™]
Hereditary Cancer

Incorporating Hereditary Cancer Risk Assessment into Your Practice



DISCLAIMER

This information is provided to help answer questions with respect to hereditary cancer risk assessment and hereditary cancer testing. It is general in nature and is not intended to provide a comprehensive, definitive analysis of specific risks. The information provided herein should be taken into consideration with other medical and research information regarding cancer risks, hereditary cancer risks and predispositional cancer testing and risk factors. This is not an accredited CME/CNE/CEU program.

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Objectives

At the conclusion of this presentation, participants should understand the following concepts related to hereditary cancer risk assessment and patient management:

- How utilizing Cancer Family History (CFHx) can help you optimally manage all of your patients
- Why stratifying patients by risk categories will help you determine appropriate management and screening recommendations
- How to integrate a Hereditary Cancer Risk Assessment (HCRA) protocol into your practice
- How technology impacts patient care

Use of Cancer Family History

GATHER

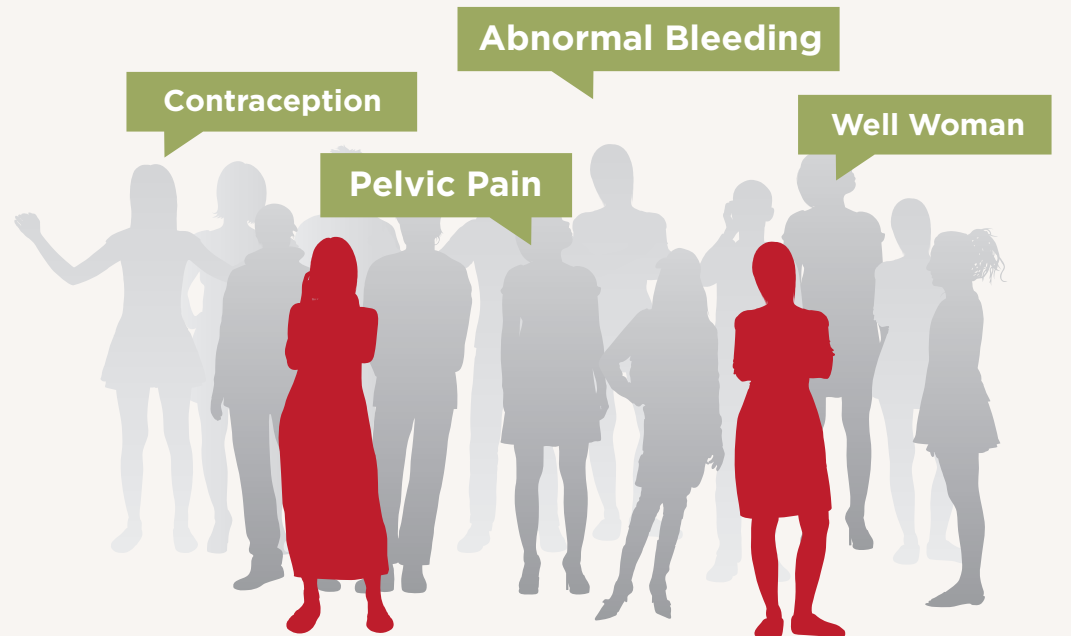
**CURRENTLY MOST PROVIDERS
GATHER A CANCER FAMILY HISTORY
FOR PATIENT CHARTS**



UTILIZE

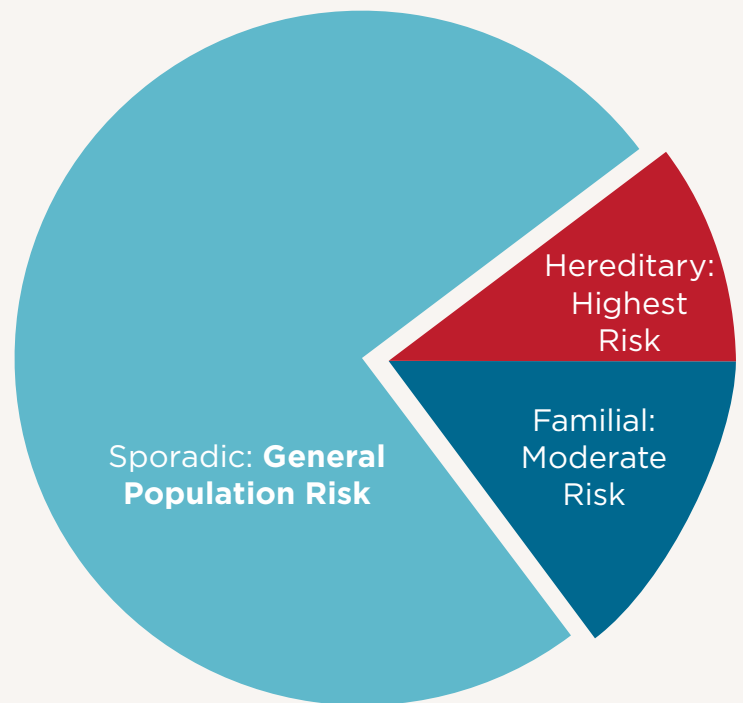
**ACTIVELY UTILIZE CANCER
FAMILY HISTORY FOR:**

- All visits including well-woman exams
- Identifying patients with significant risk
- Optimal management for all patients



Risk Stratification

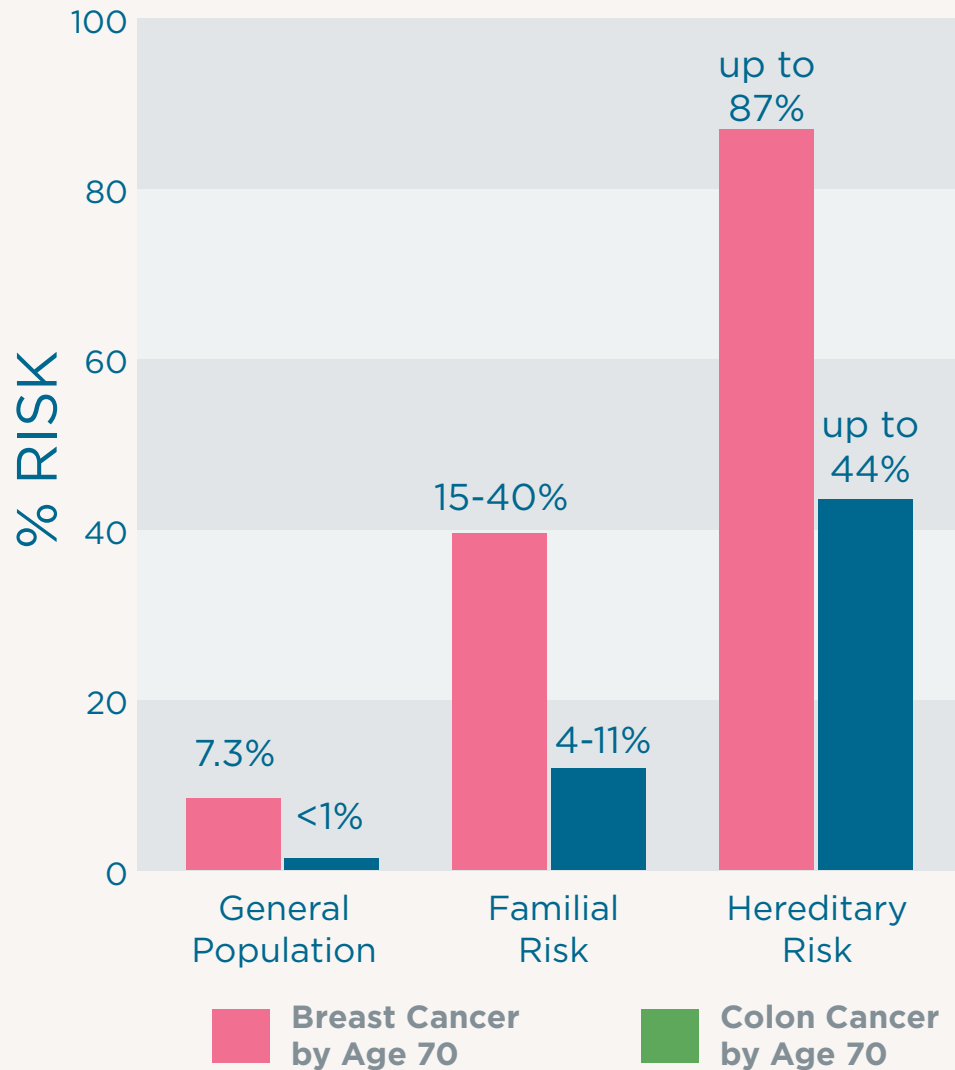
- **Cancer family history alone can help you optimize management.**
- **If your patient is positive for a syndrome, management will be different. Even a negative result will impact medical management.**



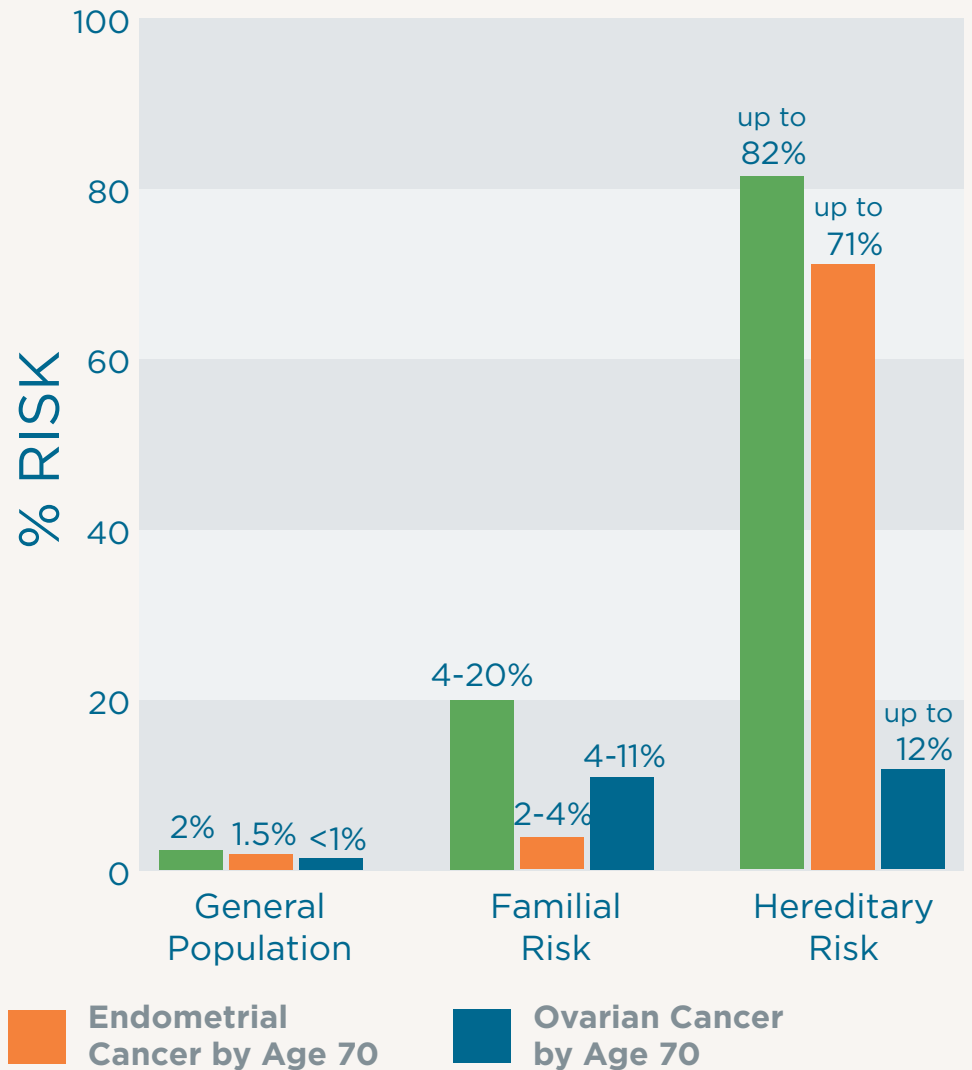
Genetic testing is the only way to stratify risk between these two groups and find those at highest risk for cancer

Hereditary Cancer Syndromes

Hereditary Breast & Ovarian Cancer (HBOC)



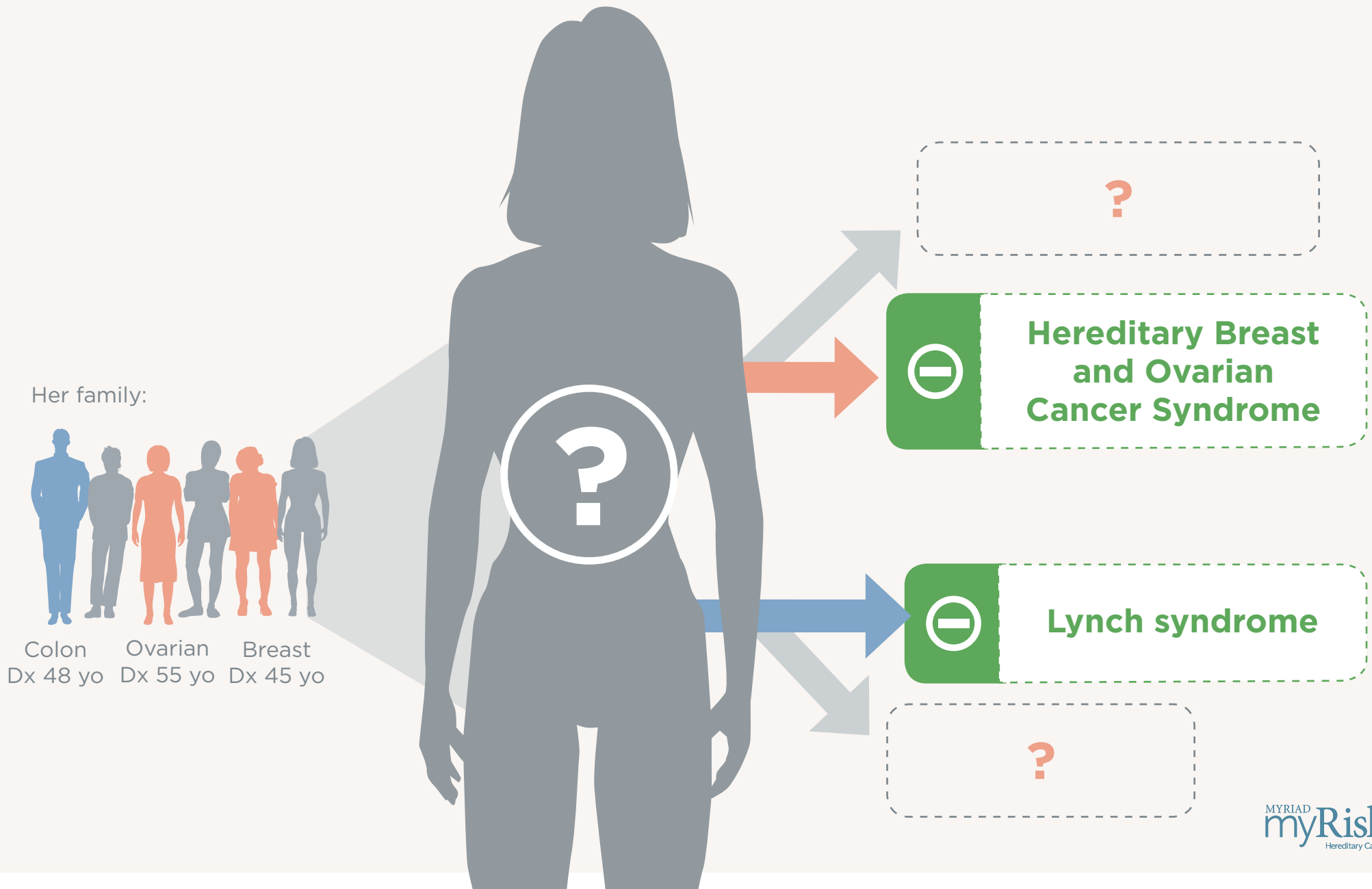
Lynch Syndrome



HBOC REFERENCES: 1. Domchek SM, et al. Br J Cancer. 2010;102(1):102-107. 2. Ford D, et al. Lancet. 1994;343:692-5. 3. Struwing JP, et al. NEJM. 1997;336:1401-8. 4. Antoniou A, et al. AJHG. 2003;72:1117-30. 5. The Breast Cancer Linkage Consortium. JNCI. 1999;91:1310-6. 6. Easton DF, et al. AJHG. 1995;56:265-71. 7. King MC, et al. Science. Oct 24 2003;643-6. 8. Narod SA, Offit K. JCO. 2005 Mar 10;23(8):1656-63. 9. DevCan: Probability of Developing or Dying of Cancer Software, Version 6.0. Statistical Research and Applications Branch, National Cancer Institute, 2005. <http://srab.cancer.gov/devcan>. Assessed Jan 2010. 10. Metcalfe KA, et al. Br J Cancer. 2009 Jan 27;100(2):421-5. Epub 2008 Dec 16. 11. Kauff ND, et al. JNCI. 2005;97(18):1382-4. 12. Pharoah Paul PD and Ponder BA. Best Practice & Research Clinical Obstetrics and Gynecology. Vol 16. No.4. 449- 68. 2002. 13. Sutcliffe, et al. Int J Cancer. 2000 Jul 1;(87)1:110-7. 14. Whittemore AS, et al. AJHG. 1997;60:496-504. 15. Ford D, et al. AJHG. 1998;62:676-89.

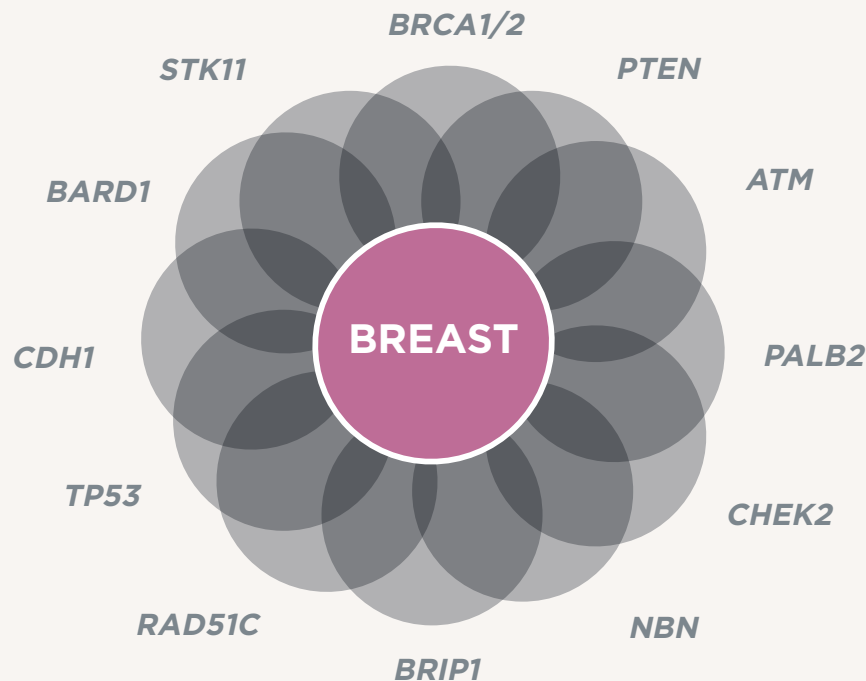
LYNCH REFERENCES: 1. Vasen HFA, et al. Gastroenterology. 1996;110:1020-7. 2. Aarnio M, et al. Int J Cancer. 1999;81:214-8. 3. Vasen HF, et al. J Clin Oncol. 2001 Oct 15;19(20):4074-80. 4. Hampel H, et al. Gastroenterology. 2005 Aug; 129(2):415-21. 5. Hendriks YM, et al. Gastroenterology. 2004;127:17-25. 6. Stoffel E, et al. Gastroenterology. 2009;137(5):1621-7. 7. Surveillance Epidemiology End Result (SEER), National Cancer Institute 2007. <http://SEER.cancer.gov/faststats>. 8. Jasperson KW, et al. Gastroenterology. 2010;138:2044-58. 9. Taylor DP, et al. Gastroenterology. 2010;138:877-885. 10. Grady, WM, et al. Gastroenterology. 2003;124:1574-94. 11. Burt RW. Gastroenterology 2000; 119:837-853. 12. Butterworth AS, et al. European Journal of Cancer. 2006;42:216-217. 13. Pharoah Paul PD and Ponder BA. Best Practice & Research Clinical Obstetrics and Gynaecology. Vol 16. No.4. 449- 68. 2002.

However, evaluating cancer family history based on single syndromes is **too NARROW** and can lead to a false sense of security and patient mismanagement

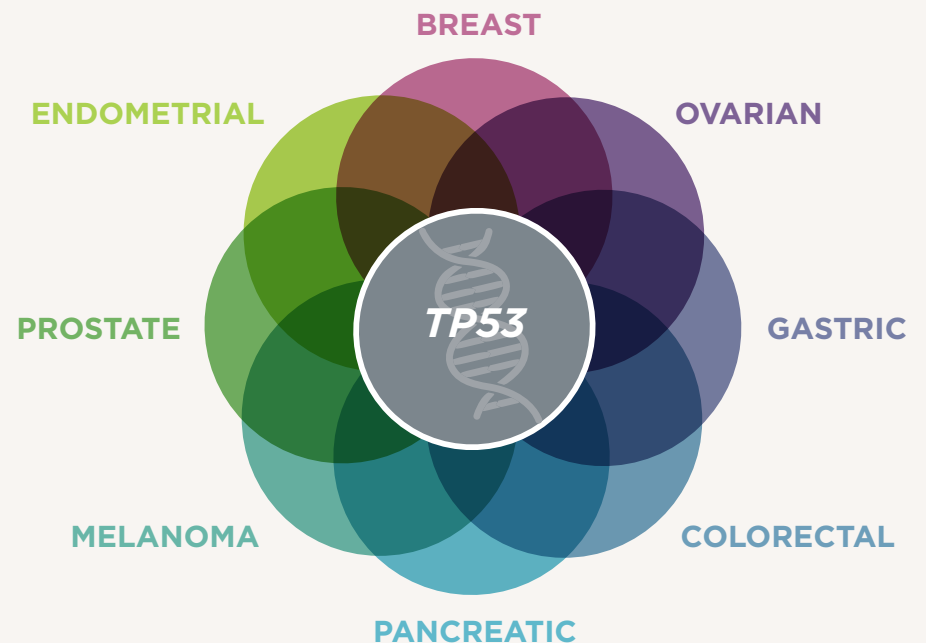


The Clinical Dilemma

Multiple genes can be associated with increased risk of a single cancer



Multiple cancer risks can be associated with a single gene



Assessment that is too narrow can lead to a false sense of security and patient mismanagement

myRisk Case Study: Well Woman Exam

Patient Information

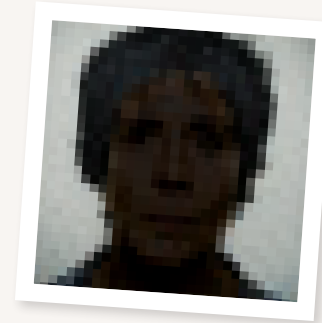
- 40-year-old
- G2 P2
- Childbearing complete

Visit Type

- Well Woman Exam

Visit Notes

- First mammogram scheduled next week
- Discuss breast screening plan

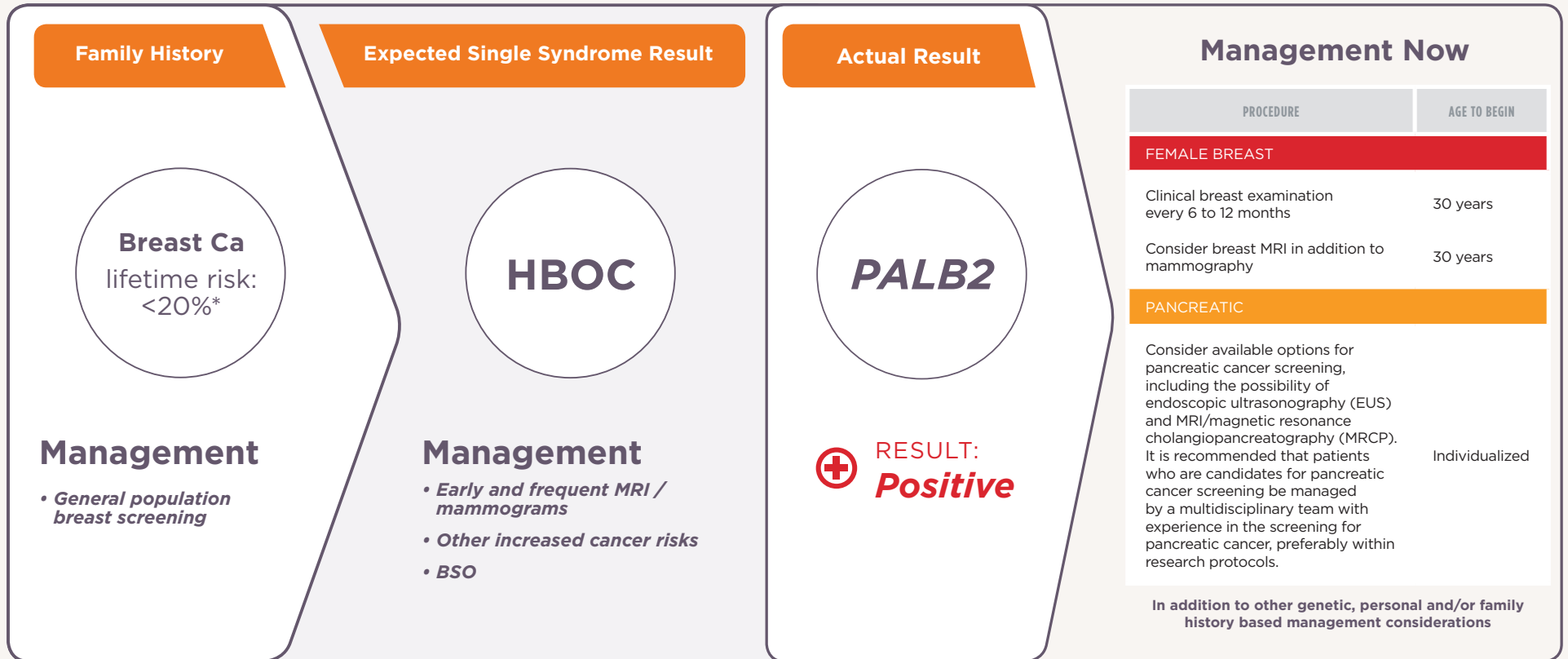


FAMILY HISTORY

Relative	Cancer Site	Age Dx
Maternal Aunt	Breast	65
Maternal Aunt	Breast	45

Hereditary cancer risk assessment impacts medical decisions

myRisk Case Study: Well Woman Exam



*Tyrer-Cuzick <http://www.ems-trials.org/riskevaluator/>

BRCA1/2 testing in 2012

⊖ RESULT: Negative

Assessment that is too narrow can create a false sense of security and patient mismanagement

myRisk Case Study: Contraception Consult

Patient Information

- 36-year-old
- G2 P2
- Childbearing complete

Visit Type

- Contraception consult

Visit Notes

- Patient desires permanent sterilization

Recommended Management

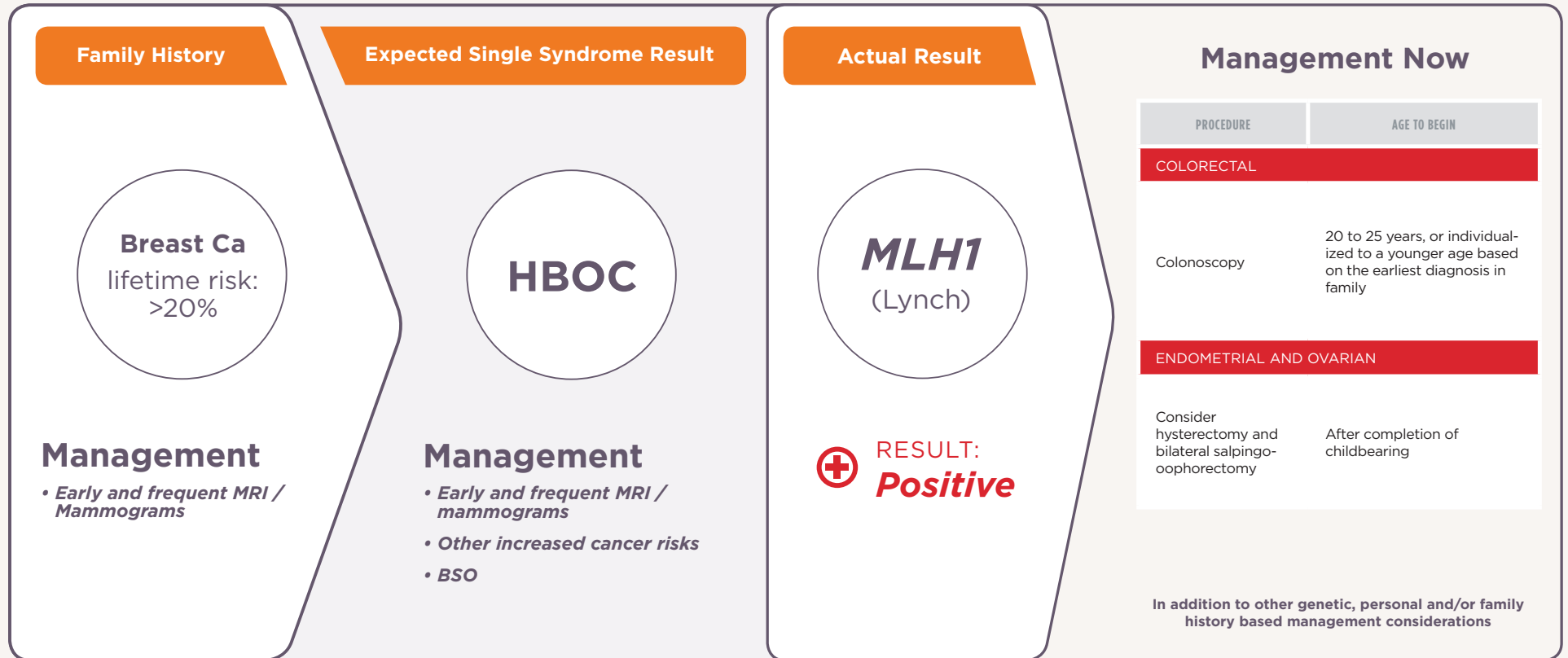
- Common recommendations may include:
 - Tubal ligation or bilateral salpingectomy
 - Tubal occlusion
 - Vasectomy (for partner)



FAMILY HISTORY		
Relative	Cancer Site	Age Dx
Mother	Breast	65
Maternal Aunt	Ovarian	55

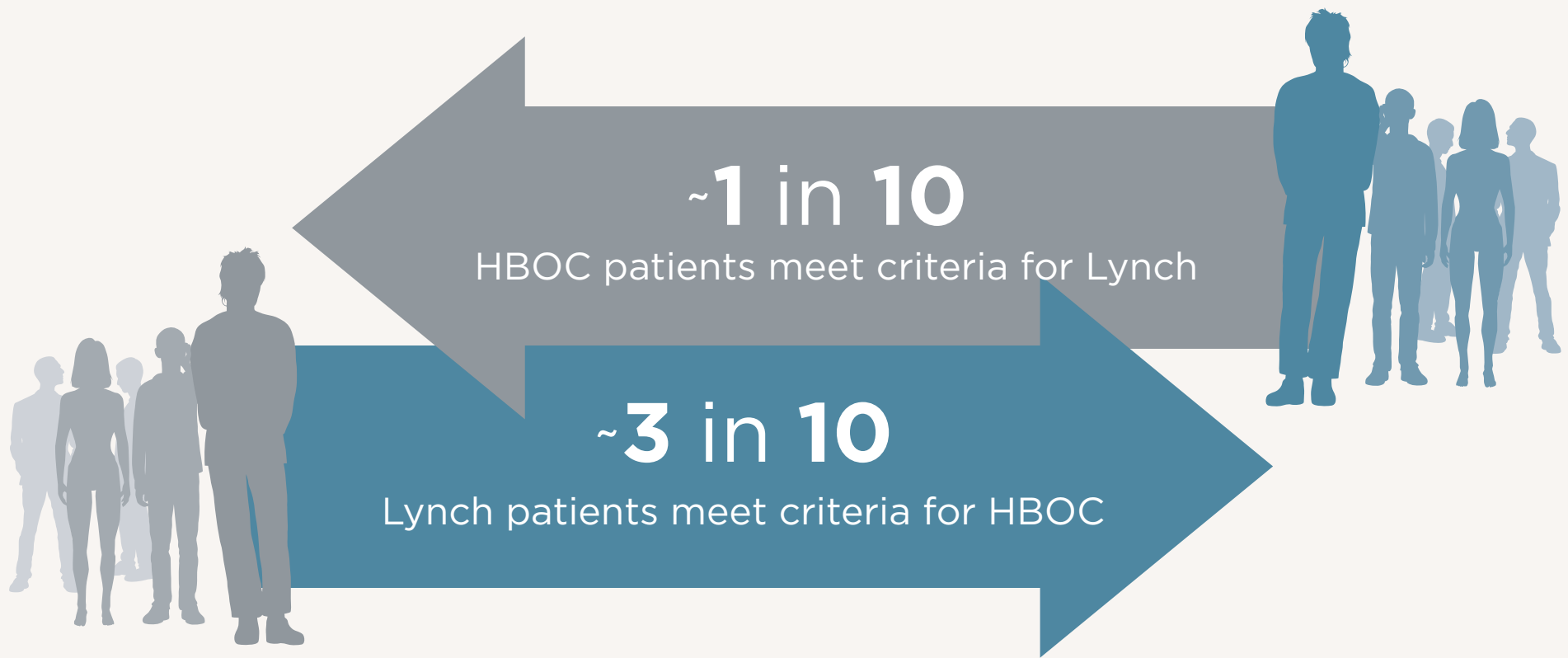
Hereditary cancer risk assessment impacts medical decisions

myRisk Case Study: Contraception Consult



Assessment that is too narrow can create a **false sense of security and patient mismanagement**

A significant number of patients meet criteria for multiple syndromes



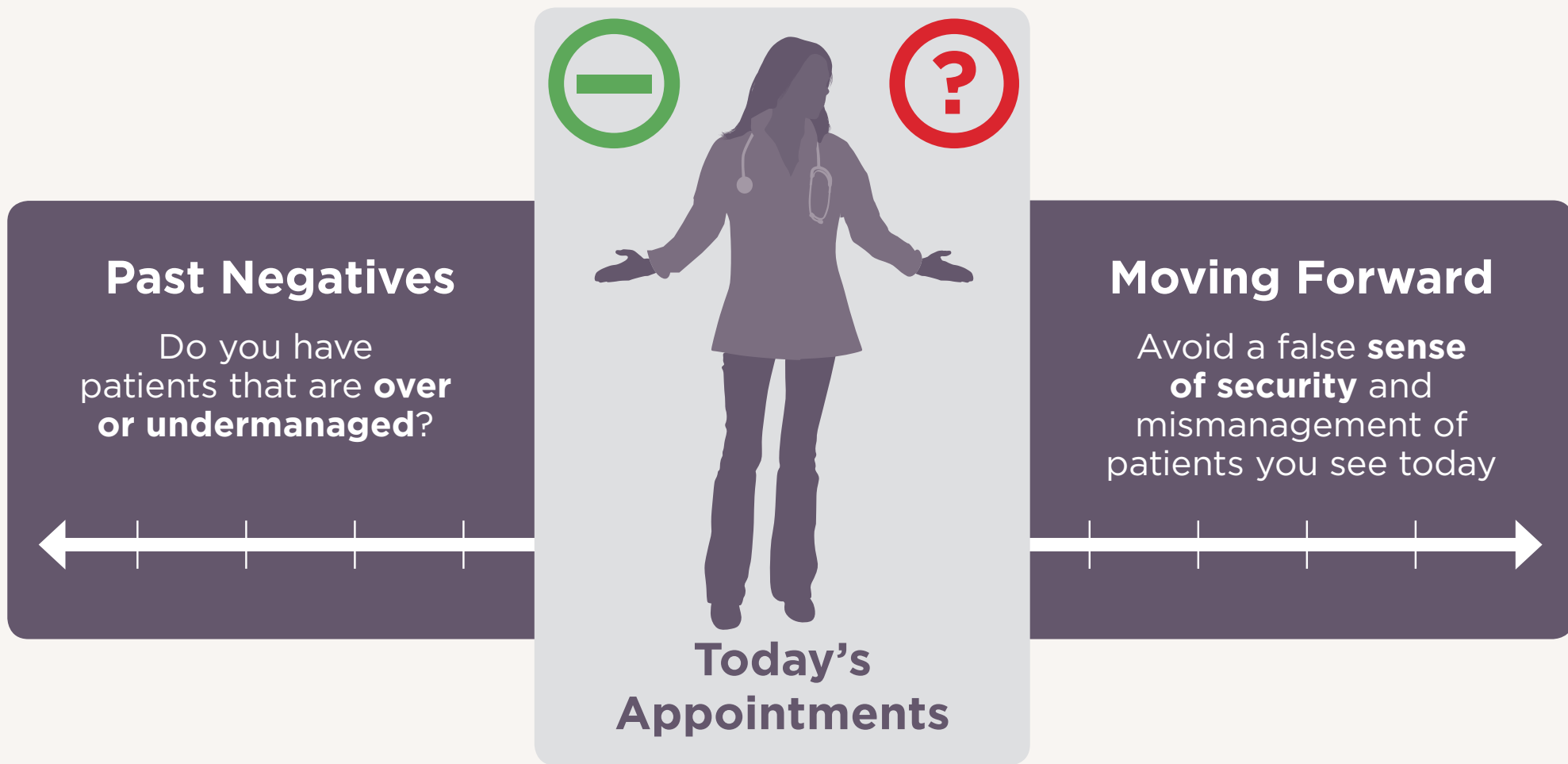
Assessment that is too narrow can lead to a false sense of security and patient mismanagement

Panel Testing Increases the Number of Diagnosed High-Risk Hereditary Cancer Mutations



Panels may increase the likelihood of capturing hereditary cancer gene mutations in those patients who tested negative for HBOC or Lynch syndrome

A broader risk assessment will impact the outcome of patients you see **today**, have tested in the **past**, and will see **tomorrow**



Cancer Family History Impacts Every Patient Visit

Technological advancement in hereditary cancer testing allows **greater assurance of optimal patient management**

The Society of Gynecologic Oncology (SGO) and the National Comprehensive Cancer Network (NCCN) recognize the benefits of hereditary cancer panels^{1,2}



- ✓ Cost Effective Approach
- ✓ Improved Efficiency
- ✓ Greater Assurance in Test Results

**Myriad myRisk™
Hereditary
Cancer Panel**

1. SGO Clinical Practice Statement: Next Generation Cancer Gene Panels Versus Gene by Gene Testing, March 2014
2. NCCN Guidelines version 1.2015: Genetic/Familial High-Risk Assessment: Breast and Ovarian

Solution

Hereditary Cancer Risk Assessment STANDARD OF CARE for every patient:

Education

Regional Medical Specialists (RMS) can help enhance your:

- **Clinical knowledge**
- **Risk assessment based on society guidelines**
- **Informed consent discussions**
- **Test result interpretation and medical management plans**



Process

Account Executives (AE) and Strategic Account Managers (SAM) can help:

- **Create a tailored protocol to efficiently assess the cancer risk of every patient**
- **Measure progress with quality metrics**
- **Continuously improve the protocol for Hereditary Cancer Risk Assessment**

Hereditary & Familial Cancer: Establishing a Protocol

A protocol should be used to efficiently stratify your patient's risk for a hereditary cancer

SCREEN



EVALUATE



DIAGNOSE



MANAGE



“Protocols and checklists have been shown to improve patient safety through standardization and communication. Standardization of practice to improve quality outcomes is an important tool in achieving the shared vision of patients and their healthcare providers.”

- ACOG No. 526, 2015: Standardization of Practice to Improve Outcomes

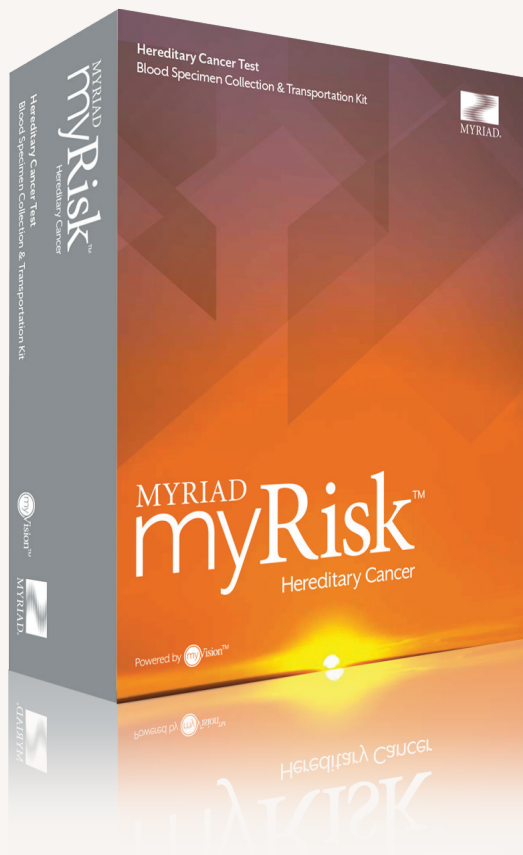
Informed Consent or Refusal

If patient meets testing criteria:

- **Discuss testing with patients just as you do with other common diagnostic tests such as a colposcopy**
- **Emphasize the need for a diagnostic test result in order to manage the patient optimally**
- **Obtain and document patient's consent or refusal**

Solution: Myriad myRisk™ Hereditary Cancer Panel

Evaluate risk for **8 important cancers** by analyzing multiple, clinically actionable genes



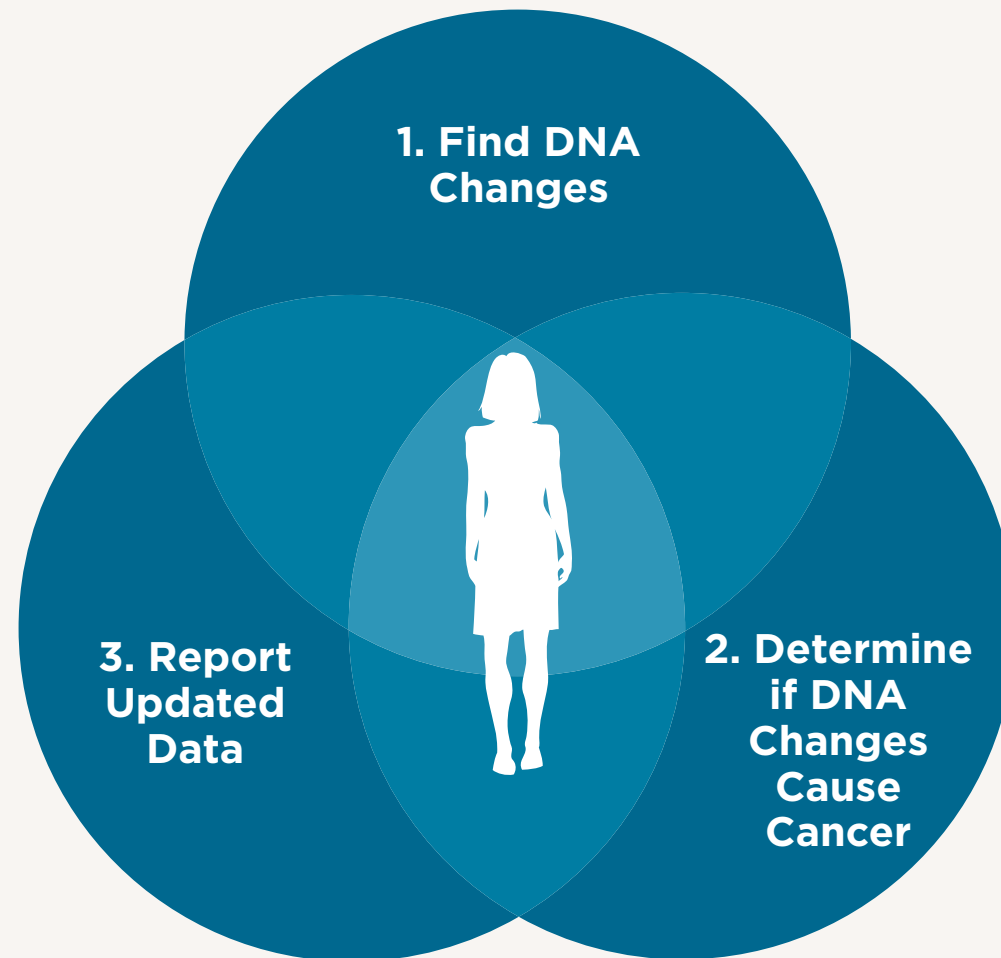
Accurate knowledge of cancer risks.
Actionable direction for patient management.

- Provides medical management for POSITIVE and NEGATIVE results based on leading societal guidelines
- Identifies 104.5% more mutations in clinically actionable genes^{1,2,3}
- Powered by Myriad's myVision™ Variant Classification Program

1. Sharma, L., et al. (2014, December) Spectrum of Mutations Identified in a 25-gene Hereditary Cancer Panel for Patients with Breast Cancer. Presented at SABCS, San Antonio, TX. **2.** Yurgelun, MB., et al., Identification of a Variety of Mutations in Cancer Predisposition Genes in Patients with Suspected Lynch Syndrome, *Gastroenterology*, (2015, May). **3.** Tung, et al. (2014, March) Prevalence of gene mutations among hereditary breast and ovarian cancer patients using a 25 gene panel. Presented at the ACMG, Nashville, TN

The most important factor in hereditary cancer prevention is providing an accurate test result

Your lab needs to be accountable for 3 things:




Medical societies highlight the importance of ① accurate results, ② transparent variant classification and ③ amended reports¹

Myriad myRisk™ Report

Medical management considerations based on leading medical guidelines for both POSITIVE and NEGATIVE results

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Integrated BRACAnalysis® with Myriad myRisk™ Hereditary Cancer


myRisk Management Tool

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Hereditary Cancer

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RECEIVING HEALTHCARE PROVIDER	SPECIMEN	PATIENT
Test HCP, MD Test Medical Center 123 Main St Testville, TX 55555	Specimen Type: Blood Draw Date: Jul 31, 2013 Accession Date: Jul 31, 2013 Report Date: Jul 23, 2014	Pt Last Name, Pt First Name Date of Birth: Patient ID: Patient id Gender: Female Accession #: 07000481-BLD Requisition #: 7000481

GENETIC TEST RESULTS SUMMARY INFORMATION


 **RESULT: POSITIVE - CLINICALLY SIGNIFICANT MUTATION IDENTIFIED**

Note: "CLINICALLY SIGNIFICANT," as defined in this report, is a genetic change that is associated with the potential to alter medical intervention.


ADDITIONAL FINDINGS: NO VARIANT(S) OF UNCERTAIN SIGNIFICANCE (VUS) IDENTIFIED

GENE	MUTATION	THIS GENETIC TEST RESULT IS ASSOCIATED WITH THE FOLLOWING CANCER RISKS:
BRCA1	c.xxxxdel (p.xxxxfs*x) Heterozygous	HIGH RISK: Female Breast, Ovarian
		ELEVATED RISK: Pancreatic

PERSONAL/FAMILY HISTORY SUMMARY AND MANAGEMENT INFORMATION

FAMILY MEMBER	CANCER / CLINICAL DIAGNOSIS	AGE AT DIAGNOSIS	
Patient	None		 BEYOND THE GENETIC RESULT, NO MODIFIED MANAGEMENT GUIDELINES IDENTIFIED; OTHER CLINICAL FACTORS MAY INFLUENCE INDIVIDUALIZED MANAGEMENT
Aunt Maternal	Breast, Invasive	45	
Uncle Maternal	Colorectal	55	


This information was provided by a qualified healthcare provider on the test request form and was not verified by Myriad. Family members listed as "other" are not included in personal/family history assessment.



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Hereditary Cancer

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RECEIVING HEALTHCARE PROVIDER	SPECIMEN	PATIENT
Test Medical Center 123 Main St Testville, TX 55555	Specimen Type: Blood Draw Date: Jan 14, 2014 Accession Date: Jan 14, 2014 Report Date: Jul 31, 2014	Pt Last Name, Pt First Name Date of Birth: Patient ID: Patient id Gender: Female Accession #: 07001814-BLD Requisition #: 7001814

ORDERING PHYSICIAN: Test HCP, MD

GENETIC TEST RESULTS SUMMARY INFORMATION


 **RESULT: NEGATIVE - NO CLINICALLY SIGNIFICANT MUTATION IDENTIFIED**

Note: "CLINICALLY SIGNIFICANT," as defined in this report, is a genetic change that is associated with the potential to alter medical intervention.


ADDITIONAL FINDINGS: VARIANT(S) OF UNCERTAIN SIGNIFICANCE (VUS) IDENTIFIED

No clinically significant mutations were identified in this patient. However, based on personal/family history, the patient's cancer risks may still be increased over the general population. See information below.

PERSONAL/FAMILY HISTORY SUMMARY AND MANAGEMENT INFORMATION

FAMILY MEMBER	CANCER / CLINICAL DIAGNOSIS	AGE AT DIAGNOSIS	
Patient	None		 MODIFIED MEDICAL MANAGEMENT MAY BE APPROPRIATE
Mother	Breast, Invasive	49	
Aunt Maternal	Breast, Invasive	45	

This information was provided by a qualified healthcare provider on the test request form and was not verified by Myriad. Family members listed as "other" are not included in personal/family history assessment.



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Summary

Do you understand how the importance of the following concepts are related to hereditary cancer risk assessment and patient management?

- Utilizing a Cancer Family History (CFHx) to stratify risk with every patient at every visit
- Using consistent evaluation criteria (red flags) to identify appropriate patients for Hereditary Cancer Testing
- Implementing an HCRA protocol for consistent patient evaluation
- Knowing you have accurate results for patient management of patients with both POSITIVE and NEGATIVE results