



SCHOOL OF NURSING
UNIVERSITY of WASHINGTON
Continuing Nursing Education



Pacific Northwest 38th Annual National Conference

ADVANCED PRACTICE IN PRIMARY AND ACUTE CARE

THURSDAY – SATURDAY

NOVEMBER 5-7, 2015

WASHINGTON STATE CONVENTION CENTER
SEATTLE, WASHINGTON

PROVIDERS

University of Washington School of Nursing, Continuing Nursing Education
University of Washington School of Medicine, Continuing Medical Education

JOINT-PROVIDERS

University of Washington School of Nursing
Adult/Gerontology Acute Care Nurse Practitioner Program Training Grant
Comprehensive Geriatric Education Program Training Grant
Medically Underserved Interprofessional Collaborative Practice Training Grant
Western Washington Area Health Education Center

CO-SPONSORS

ARNPs United of Washington State
Washington Academy of Physician Assistants
Washington State Nurses Association



PROFESSIONAL CREDIT

Nurse Practitioners and Nurses

Contact hours: Up to 20.8 contact hours will be awarded for Thursday-Saturday.

- Thursday only = 6.9
- Friday only = 7.9
- Saturday only = 6.0 for two half-day workshops or one full-day workshop; 3.0 for one half-day workshop

Pharmacology: Up to 14.5 contact hours in pharmacology are available during the conference.

"R" designates sessions which meet Washington State guidelines for pharmacology at the advanced practice level.

- Continuing Nursing Education at the University of Washington School of Nursing (UWCNE) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC).
- UWCNE is approved as a clock hour provider by the Washington State Board of Education.
- Provider is accredited by the California Board of Registered Nursing, Provider #07218, for 20.8 contact hours.

Certified Nurse Midwives

All sessions are approved for *AMA PRA Category 1 Credit™* Continuing Medical Education credit. (See Physicians below.) Registration for *AMA PRA Category 1 Credit™* will be available at the conference for an additional fee of \$40 payable to *University of Washington Continuing Medical Education*.

Pediatric Nurse Practitioners

The National Certification Board of Pediatric Nurse Practitioners and Nurses (NCBPNP/N) recognizes contact hours awarded by programs accredited by the ANCC

Physicians and Physician Assistants

Registration for *AMA PRA Category 1 Credit™* will be available at the conference for an additional fee of \$40 payable to *University of Washington Continuing Medical Education*.

- This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Washington School of Medicine and UWCNE. The University of Washington School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.
- The University of Washington Continuing Medical Education designates this live activity for a maximum of *18.0 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists and Social Workers

This offering meets requirements for 20.5 clock hours. UWCNE qualifies as a Washington State CE program sponsor under WAC 246-924-240 for psychologists and WAC 246-809-610 for social workers and counselors.

School Nurses

UWCNE is an approved clock hour provider in Washington State. This offering meets requirements for 20.5 clock hours.

HOW TO REGISTER

1. Go to the conference portal: uwcne.org/AP2015

2. Log in or create a new profile.
3. After checkout, pick the sessions you wish to attend.
4. You will have access to speaker handouts as they become available and after the conference until March 7, 2016.

Please note: We will be sending email reminders regarding registration, handouts and evaluation. If you aren't receiving emails from cne@uw.edu, please check your junk mail.

REGISTRATION FEES

Early registration is advised. Enrollment for some concurrent sessions and Saturday workshops is limited. Student and UW faculty discounts are not available for Saturday workshops.

Registration fees include tuition, online handouts and access to exhibits and continental breakfast on Thursday and Friday. Onsite registrations will be accepted on a space available basis.

Refund policy: If you register but are unable to attend, you may send a substitute or obtain a refund less \$50 for handling by submitting a written request to UWCNE by email at cne@uw.edu prior to the conference.

Saturday Workshops: Due to the popularity of workshops and limited workshop enrollment, no refunds for workshops will be granted after Nov 4, 2015. Substitutes will be accepted at all times.

THURSDAY-FRIDAY / NOVEMBER 5-6	Individual Rate	Student Rate
One day	\$295	\$148
Two days	\$425	\$213
SATURDAY / NOVEMBER 7	Individual Rate	Student Rate
One half day workshop (AM or PM)	\$175	NA
Two half day workshops (AM & PM)	\$295	NA
Full day workshop	\$295	NA

CNMs, PAs, MDs: Optional registration for *AMA PRA Category 1 Credit™* is available for \$40. See Professional Credit information in left shaded column.

HANDOUTS, EVALUATION AND CERTIFICATES

Log in to your account at uwcne.org to access speaker handouts as they become available until March 7, 2016. Conference evaluations and certificate of contact hours will be available at the conference and on your account at uwcne.org.

POWER AND INTERNET ACCESS

Power stations to charge your mobile devices will be available in the registration area. Power is not available in the meeting rooms. Free WiFi is limited to public areas of the convention center.

DISABILITY ACCOMMODATIONS

The University of Washington is committed to providing access, equal opportunity and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation, contact the Disability Services Office at least ten days in advance of the conference at: 206-543-6450/V, 206-543-6452/TTY, 206-685-7264 FAX, or dso@uw.edu.

This project is supported in part by funds from the Department of Health and Human Services (DHHS), Health Resources and Services Administration (HRSA), the Bureau of Health Professions (BHP), Division of Public Health and Interdisciplinary Education (DPHIE) and Division of Nursing (DN), under grant number D62HP24194 for \$808,663.00 and grant number UD7HP26051 for \$1,487,011. The information or content, and conclusions are those of the author and should not be construed as an endorsement of or the official position or policy of the U.S. Government, DHHS, HRSA, BHP, DPHIE or the US Government.

ADVANCED PRACTICE IN PRIMARY AND ACUTE CARE

VISIT THE CONFERENCE PORTAL: UWCNE.ORG/AP2015

Thursday-Saturday / November 5-7, 2015

Washington State Convention Center / Seattle, WA / 20.8 contact hours (R_X=14.5)

COURSE DESCRIPTION

This conference offers healthcare providers an opportunity to validate and enhance clinical competencies, acquire new assessment and management skills, examine critical issues in health care at the state and national level, foster a strong coalition of providers in advanced practice and learn about new products, services and pharmacotherapeutic agents. Conference faculty include distinguished national, regional and local experts. Concurrent sessions allow participants to design their own educational tracks in the areas of acute, adolescent, adult, family, geriatric, midwifery, pediatric, psychosocial and women's health care. In addition, special interest group meetings on Thursday and Friday and workshops on Saturday provide a broad spectrum of learning opportunities for providers in all settings. Teaching methods include lecture, discussion, case studies, demonstration and practica.

OBJECTIVES

At the conclusion of this conference, participants will be better able to:

- Discuss updated information about the assessment and management of common health problems seen in primary, specialty and acute care settings.
- Discuss updated pharmacotherapeutic information related to clinical practice.
- Identify regional and national trends in health policy, promotion and prevention which impact health care.

POSTER ABSTRACTS INVITED



POSTER SESSION

Promoting Improvements in Health Care Delivery, Education, Research and Policy

Thursday-Friday, Nov 5-6
9:30 AM - 5:00 PM

Washington State Convention Center

Have you created a practice improvement project or developed an innovative educational strategy, clinical program or research project that highlights improvements in health care delivery, education, research or policy? Share your experience and expertise by presenting a poster at the conference. For poster submission guidelines, visit uwcne.org/ap2015. Abstracts are due by October 23, 2015.

Poster Presentation Benefits:

- Strengthen your resume
- Some employers will pay your registration fees if you present a poster
- Communicate research or program findings to enhance the practice of others
- Network with providers who share your interests
- Discuss practical strategies for healthcare delivery

SPECIAL EVENTS



**ARNPs
UNITED**
WASHINGTON STATE

MEET AND GREET

Thursday, Nov 6 / 6:30-9:00 PM

Equinox / 1520 Eastlake Ave E, Seattle 98102

ARNPs United and the Puget Sound Nurse Practitioner Organization invite you for drinks, light bites and music. RSVP for parking information to karaharrington6@gmail.com or nelawton1@gmail.com.



10TH ANNUAL ART SHOW

The Art of Advanced Practice

Friday, Nov 6 / 12:00-4:00 PM

Washington State Convention Center

Please share your artistic talent with your colleagues by bringing a painting, picture, tapestry, book, poem, pottery, jewelry or other creation. To reserve display space, email cne@uw.edu by Oct 9, 2015 with your name, type of art, name of piece, price (if for sale), and display preference (table or easel).



UW SCHOOL OF NURSING CUPCAKE RECEPTION

Friday, Nov 6 / 2:30 PM

Washington State Convention Center

Take a break from your advanced practice training to join UW School of Nursing staff, faculty members and friends for a cupcake reception! This event will be a great chance to reconnect with friends and former classmates. All conference participants are welcome and we hope to see you there!

7:30	Registration, Continental Breakfast and Exhibits		
8:10	WELCOME and OVERVIEW		
8:25	KEYNOTE ADDRESS: Prevention of Cardiovascular Disease and Dyslipidemia Update 2015 Gregory S. Pokrywka, MD, FACP, FNLA, NCMP		
9:25	Break, Exhibits and Poster Session* Poster Session: Promoting Improvements in Health Care Delivery, Education, Research and Policy		
9:55	CONCURRENT SESSIONS A		
Gen	R _x	A1	Prescription Monitoring Program Review: A Tool in Patient Care Christopher Baumgartner, BS
Fam		A2	Screening for Sudden Cardiac Death in Athletes: Current Challenges for the Primary Care Provider Jonathan Drezner, MD
Adult		A3	Diapression: Tools to Care for the Individual with Diabetes and Depression Paul Ciechanowski, MD, MPH
Women		A4	New Knowledge of the Vaginal Microbiome: What Does It Mean for Clinicians? Jeanne Marrazzo, MD, MPH, FACP, FIDSA
Midwif		A5	Life Before Birth: How the Prenatal Period Impacts Health for the Lifetime Tanya Sorensen, MD
Peds/Adol		A6	Mindful Eating: A Different Perspective on Childhood Obesity Lenna Liu, MD, MPH
Psych	R _x	A7	The Importance of Sleeping Well Lina Fine, MD, MPhil
Acute	R _x	A8	Surgical Management of GERD: When Proton Pump Inhibitors Are Not Enough Alex Farivar, MD
10:55	Break, Exhibits and Poster Session*		
11:10	CONCURRENT SESSIONS B		
Gero	R _x	B1	Update in Older Men's Health John Amory, MD, MPH
Fam	R _x	B2	Case Studies in Diabetes Management Subbulaxmi Trikudanathan, MD, MRCP, MMSc
Adult	R _x	B3	The Pearls and Pitfalls of Prescribing Benzodiazepines in Primary Care Donna Poole, MSN, ARNP, PMHCNS-BC
Women	R _x	B4	Management of Vaginal Infections: Challenges and Controversies Jeanne Marrazzo, MD, MPH, FACP, FIDSA
Midwif	R _x	B5	It's Not the Round Ligament: Non-Obstetric Abdominal Pain in Pregnancy Aaron Huston, MSN, ARNP
Peds	R _x	B6	Pediatric GI Update Jenna Rooney, MSN, ARNP
Psych		B7	Brief Interpersonal Therapeutics for Primary Care Settings Patricia A. Betrus, PhD, RN, PMHCNS
Acute		B8	Procedural Palliative Care: Malignant Pleural Effusion and Central Airway Obstruction Jed Gorden, MD, FCCP
12:10	Lunch (on your own), Exhibits and Poster Session*		
12:25	ANNUAL MEETING (optional) (12:25-1:15 PM) ARNPs United of Washington State—Annual Meeting President Nancy Lawton, MN, ARNP, FNP (BYO brown bag lunch)		
1:30	CONCURRENT SESSIONS C		
Gen		C1	Adverse Childhood Experiences: The Effects on Neurobiology and Learning Ron Hertel, BS
Fam		C2	Breast Cancer: Facts, Fears and Hope Michael Ulisse, MD, FACP
Gero		C3	Liver Disease in Primary Care: What to Order and When to Refer for Hepatitis B, Hepatitis C and Fatty Liver Disease Anne Croghan, MN, ARNP
Women	R _x	C4	Fertility Evaluation and Low-Tech Treatment Options Emalee Danforth, CNM
Midwif		C5	The Microbiome in Pregnancy Penny Simkin, PT, CD (DONA)
Peds/Adol	R _x	C6	Healthcare Provider Communication about Vaccines with Patients and Families Annika Hofstetter, MD, PhD, MPH
Psych	R _x	C7	ADHD: Child Psychopharmacology for Primary Care Providers Robert Hilt, MD, FAAP
Acute	R _x	C8	Update on Anticoagulation: Management of Hospitalized Patients and Bridging Strategies Nicole Kuderer, MD

*Continuing Medical Education credit is not available for poster sessions.
R_x = Pharmacology credit (1.0 contact hours per session unless otherwise noted)

KEY TO CHOOSING SESSIONS

Please refer to the key at right for help in selecting sessions on Thursday and Friday. Note that many topics fall into more than one category. The coding system is simply a guide to the general orientation of content to be presented. You may switch sessions at the conference after reviewing session descriptions and objectives. Topics designated with an "R_x" meet guidelines for pharmacology hours at the advanced practice level.

R_x = Pharmacology credit (1.0 contact hour per session unless otherwise noted)

Acute	Acute Care
Adol	Adolescent Health
Adult	Adult Health
Fam	Family Practice
Gero	Geriatric Health
Gen	General Clinical and Professional Issues
Midwif	Nurse Midwifery
Peds	Pediatric Health
Psych	Psychiatric Mental Health
Women	Women's Health

PROGRAM SCHEDULE / THURSDAY / NOVEMBER 5

- 2:30 Break, Exhibits and Poster Session*
- 2:45 CONCURRENT SESSIONS D
- | | | | |
|-----------|----------------|----|--|
| Gen | | D1 | Seed Global Health: Cultivating a New Generation of Doctors and Nurses Globally Linda Jacobsen, CNM, CFNP, MPH |
| Gero | R _x | D2 | Ethical Challenges in Dementia Treatment Stephen Thielke, MD, MSPH, MA |
| Adult | R _x | D3 | Antibiotic Resistance on an Increasingly Complex and Interrelated Planet John B. Lynch, MD, MPH |
| Women | R _x | D4 | Cervical Cancer Prevention Update 2015 Constance Mao, MD |
| Midwif | | D5 | Palliative Care in Pregnancy Becky Cypher, MSN, PNNP |
| Peds/Adol | R _x | D6 | Practical Pediatric Dermatology Robert Sidbury, MD, MPH |
| Psych | R _x | D7 | Alpha-Adrenergic Antagonists for Post-Traumatic Stress Disorder and Substance Use Disorders Andrew J. Saxon, MD |
| Acute | R _x | D8 | Challenging Endocrine Emergencies Frances E. Broyles, MD / Beth Ann Reimel, MD |
- 3:45 Break, Exhibits and Poster Session*
- 3:55 CONCURRENT SESSIONS E
- | | | | |
|-----------|----------------|----|--|
| Gen | | E1 | Clinical Photography in the Time of Camera Phones Robert T. Smithing, MSN, ARNP, FAANP |
| Fam | R _x | E2 | Dealing with Complex Mental Health Issues in Adolescent Primary Care
Joanne Tilton, MN, ARNP, FNP / Patti Varley, MN, ARNP, CNS |
| Adult | R _x | E3 | The New Anticoagulant Kids on the Block: Do They Have the Right Stuff? Leigh Ann Mike, PharmD, BCPS, CGP |
| Gero | R _x | E4 | Stroke Management: What You Need to Know Acutely and in Clinic Arielle Davis, MD |
| Midwif | R _x | E5 | Long-Acting Reversible Contraception (LARC): New Uses for Methods You Know Sarah Prager, MD, MAS |
| Peds/Adol | | E6 | You Don't Sleep and You Don't Snore—What Do We Do Now? Helpful Tips for Childhood Insomnia
Amber McAfee, MN, ARNP |
| Psych | R _x | E7 | Managing Mental Health Issues and Psychotropic Medications in Older Adults Piruz Huda, MN, ARNP |
| Acute | | E8 | "My Belly Hurts—Do I Need an Operation?" Acute Abdominal Pain Diagnostic Testing and Differential Diagnosis
Evan Ong, MD, MS, FACS |
- 4:55 Adjourn
- 5:30 SPECIAL INTEREST MEETING (optional) (5:30-7:00 PM)
ACNM Washington State Affiliate Meeting and Dinner
For additional information and to RSVP, please contact Jessica Burke-Lazarus at jburkelazarus@gmail.com
- 6:30 SPECIAL INTEREST MEETING (optional) (6:30-9:00 PM)
ARNPs United and Puget Sound Nurse Practitioner Organization Meet and Greet: Equinox / 1520 Eastlake Ave E., Seattle 98102
For additional information, please contact Nancy Lawton at nelawton1@gmail.com

PROGRAM SCHEDULE / FRIDAY / NOVEMBER 6

- 7:30 Registration, Continental Breakfast and Exhibits
- 8:10 WELCOME, OVERVIEW and PRECEPTOR OF THE YEAR AWARDS Azita Emami, PhD, MSN, RNT, RN, FAAN, Dean, UW School of Nursing
- 8:25 KEYNOTE ADDRESS: **Toward a Culture of Respect** Mary Dallman, LMFT, CEAP, MAC / Margaret C. Holm, JD, BA, AA
- 9:25 Break, Exhibits and Poster Session*
- 9:55 CONCURRENT SESSIONS F
- | | | | |
|-------|----------------|----|--|
| Gen | R _x | F1 | Pre-Operative Anesthesia Clearance Ashley Fedan, MS, CRNA |
| Fam | R _x | F2 | Diabesity and Targeted Therapies for Diabetes Prevention and Weight Loss Emily Cooper, MD, ABFM, ABOM |
| Adult | R _x | F3 | Management of Alcohol Misuse in Primary Care Carol Achtmeyer, MN, ARNP |
| Women | | F4 | Challenges to Patient's Rights in Reproductive Health Care Janet Chung, JD |
| Gero | R _x | F5 | Older Adults and Optimal Outcomes: Individualizing Diabetes Management
Mary Moyer Janci, MSN, FNP-BC, ADM-BC, CDE |
| Peds | | F6 | Bronchiolitis: Clinical Management and New Evidence Lauren S. Wilson, MD, FAAP |
| Psych | R _x | F7 | Psychiatric Medication Management in Individuals with Developmental Disabilities Colleen T. Peck, MD |
| Acute | R _x | F8 | Highlights from the American College of Cardiology 64th Annual Scientific Sessions: Impact of Clinical Trials on Clinical Practice Gary Weeks, MD, FACC |
- 10:55 Break, Exhibits and Poster Session*

*Continuing Medical Education credit is not available for poster sessions

R_x = Pharmacology credit (1.0 contact hours per session unless otherwise noted)

PROGRAM SCHEDULE / FRIDAY / NOVEMBER 6

11:10 CONCURRENT SESSIONS G

Gen	G1	From Darkness to Light: Preventing Child Sexual Abuse Lisa Wahl, MSN, FNP
Fam	R _x G2	STIWIKLY (Five Things I Wish I Knew Last Year) Louis Kuritzky, MD
Adult	R _x G3	Pain Management Pearls David Tauben, MD, FACP
Women	G4	Ultrasound Features of Ovarian Cysts and Common Gynecologic Pathologies Tamara Tobias, MSN, ARNP
Midwif	G5	I'm Pregnant...Is It Too Late to Learn About Sex? Lieutenant Colonel Christine Vaccaro, DO
Gero	R _x G6	Managing Challenging Wounds: Venous Stasis Ulcers and Stasis Dermatitis Kristen Childress, DNP, ARNP, CWCN
Psych	G7	Assessment, Treatment and Management of Suicide Risk: Provider Responsibilities and Resources Elaine Walsh, PhD, PMHCNS-BC
Acute	G8	Cardiovascular Assessment I: A Clinical Focus on Mitral Valve Disease Debra Laurent, MN, ARNP, ACNP

12:10 Lunch (on your own), Exhibits, Art Show and Poster Session*

12:20 SPECIAL SESSIONS (optional) (12:20-1:20 PM)

- **A Town Hall Dialogue on Strategies for Precepting Advanced Practice Students**
Marie Annette Brown, PhD, ARNP, FNP-BC, FAAN, FAANP / Laurie A. Soine, PhD, ARNP, ACNP
- **Oncology Survivorship Interest Group** (open to all) For more information, email Leslie Heron (LHeron@fredhutch.org)

ANNUAL MEETING (optional) (12:20-1:20 PM)

- **Washington NAPNAP Chapter Meeting** For more information, email Devon Bank (devon.bank@seattlechildrens.org)

1:30 CONCURRENT SESSIONS H

Gen	H1	Work-Life Balance: Strategies for Boundary Setting Frank Robinson, MEd, LMHC
Fam	H2	The Female Athlete: Challenges in Musculoskeletal Health Margaret Baker, MD, FAAOS, FACS
Adult	R _x H3	Serving the Highly-Sensitive Patient: Hidden Health Differences Ane Axford, MS, LMFT
Women	R _x H4	Menopause Management in 20 Minutes: Making the Most of Your Resources Susan Reed, MD, MPH
Midwif	R _x H5	Taking the Bite Out of Perinatal Dental Issues Kimberly Rioux, DDS
Peds/Adol	H6	Pediatric Concussion and Mild Traumatic Brain Injury J. Forrest Bennett, MN, ARNP, PNP-BC
Gero	R _x H7	Medical Marijuana: Clinical Concepts Jennifer Kapur, PharmD
Acute	H8	Cardiovascular Assessment II: A Clinical Focus on Aortic Valve Disease Debra Laurent, MN, ARNP, ACNP

2:30 Break, Exhibits, Art Show, Poster Session* and Cupcake Reception

2:45 CONCURRENT SESSIONS J

Gen	J1	Four Critical Issues and Pitfalls in Negotiating Employment Contracts Luke Campbell, JD
Fam	R _x J2	The Novel Anticoagulants in Atrial Fibrillation Louis Kuritzky, MD
Adult	R _x J3	Peripheral Neuropathy: Exploring Atypical Etiologies and Treatment Options Cathie Diller, MD, FAAFP
Women	R _x J4	Current Management of Overactive Bladder Jeffrey L. Clemons, MD
Midwif	R _x J5	Family Planning for LGBTQ Families Teresa Evans, ND, RN, LM
Peds/Adol	J6	Cyberbullying as a Community Challenge: Finding Collaborative Solutions Mike Donlin, MA-Lingx / Peter Moreno, JD, MS / Erik Schlocker, MSW, LICSW
Psych	R _x J7	One for Sorrow, Two for Fear: Medication Management of Depression and Anxiety During Pregnancy and Lactation Amritha Bhat, MD, MBBS
Gero	R _x J8	The Top Drugs to Stop in Older Adults Jennifer Kapur, PharmD

3:45 Break, Exhibits, Art Show and Poster Session*

3:55 CONCURRENT SESSIONS K

Gero	K1	Putting the Mouth Back in the Body: The Oral-Systemic Connection in the Aging Population James N. Sledge, DDS, BA / Nicole Woodruff, MSN, ARNP, CDE
Fam	R _x K2	Why We Spend Big Money on Bad Drugs Chris Knight, MD
Adult	K3	The Changing Face of Cardiac Arrest Peter Kudenchuk, MD, FACP, FACC, FAHA, FHRS
Women	R _x K4	Contraceptive Dilemmas: Finding Solutions Using the US Medical Eligibility Criteria (MEC) and Selected Practice Recommendations (SPR) Emily M. Godfrey, MD, MPH, FAAFP
Midwif	R _x K5	Antepartum Puzzlers: Practical Applications of New "Fangled" Technology for Your Practice Lieutenant Colonel Brad Dolinsky, MFM
Peds/Adol	R _x K6	Evidence-Based Behavioral Treatments for ADHD Erin Schoenfelder, PhD
Psych	K7	Working with Resettled Refugees in Mental Health Care Settings Evan Kanter, MD, PhD
Acute	R _x K8	Update on Antiarrhythmic Therapy Lynda Tanagi, PharmD

4:55 Adjourn

*Continuing Medical Education credit is not available for poster sessions.

R_x = Pharmacology credit (1.0 contact hours per session unless otherwise noted)

LOCATION All Saturday workshops will be held at the Washington State Convention Center.

REGISTRATION Registration for full day and morning workshops begins at 8:00 AM. Afternoon workshop registration begins at 12:15 PM. Coffee and tea are provided.

LIMITED ENROLLMENT Some workshops have limited enrollment as indicated in the workshop description. For these workshops, early registration is recommended.

CLOTHING AND EQUIPMENT Please bring any special equipment and clothing as requested in the workshop description.

R_x = Pharmacology credit at the advanced practice level

MORNING WORKSHOPS / 8:30-11:45 AM

AM1 Fundamentals of Reading the 12-Lead EKG

Suzy Meader, MN, ARNP, ACNP, CCRN-CSC

This workshop presents the fundamentals of dissecting the 12-lead EKG. Focus is on changes in various waves and segments that identify axis, atrial and ventricular hypertrophy, bundle branch blocks and ventricular ectopy. Content includes patterns of ischemia, injury and infarction, strips of WPW, pericarditis, hyperkalemia and a systematic approach to analyzing a 12-lead EKG with practice strips. Prerequisite: Learner should have basic skills in reading EKGs. (May be taken alone or in sequence with PM1.) Limit: 40

AM2 When a Knock to the Head Knocks You Out of the Game: Evaluation and Management of Concussions

Leah Concannon, MD

Each concussion is unique and requires individualized care. This workshop presents the fundamentals of concussion identification and strategies for accurate assessment and appropriate management. Participants will have time to practice using the SCAT-3 for evaluation. We will also discuss what physical and mental rest really mean for our patients, why staying home from school is not always the best advice, when to refer for prolonged symptoms and how to counsel athletes and parents effectively.

AM3 Uterine Blocks, Biopsies and IUDs: What's a Cervix to Do?

R_x= 2.0

Robert T. Smithing, MSN, ARNP, FAANP / Assisted by Nancy Lawton, MN, ARNP, FNP and Madeline Wiley, MSN, ARNP, FAANP

Participants learn correct methods for administering a cervical block, inserting the three currently available IUDs and matching the most appropriate IUD to patient needs. In addition, instructors discuss the use of a tenaculum, os dilators, sounds and endometrial samplers to do a gentle insertion. This workshop uses a combination of images, video, lecture and practice on synthetic models. Supply fee of \$25 will be collected at workshop registration. Limit: 40

AM4 Working with Challenging Personalities in the Primary Care Setting

Bruce Gage, MD

This workshop presents an overview of personality disorders and major mental illnesses that pose challenges for healthcare providers. Using both written case examples and film clips, participants will learn methods to identify these individuals. Content also includes a focus on interpersonal and system strategies for managing challenging patient-provider interactions.

AM5 How to Order and Interpret Any Laboratory Test

Michael Astion, MD, PhD

This workshop presents general principles for ordering and interpreting diagnostic and screening lab tests as well as problems with ordering too many tests in patients who are asymptomatic or have vague complaints. Content also covers differentiating the causes of abnormal test results, including laboratory error and what you can do about it.

AFTERNOON WORKSHOPS / 12:45-4:00 PM

PM1 Fundamentals of 12-Lead EKG Interpretation: Recognizing Ischemia, Injury and Infarction

Suzy Meader, MN, ARNP, ACNP, CCRN-CSC

This workshop builds on fundamentals learned in the morning workshop, AM1, and provides in-depth focus on typical EKG changes seen in myocardial ischemia, injury and infarction. Content includes timing, location, coronary artery involvement and potential complications, patterns that mimic EKG changes, practice strips and case studies. Prerequisite: Learner must have solid fundamentals in reading the basic EKG or be taking the workshop in sequence with AM1. Limit: 40

PM2 Fixing Those Wound Care Woes: Wound Management Strategies for Primary Care Providers

R_x= 1.0

Kristen Childress, DNP, ARNP, CWCN

This workshop includes a comprehensive evaluation process for patients with wounds, including initial management principles, common pitfalls to avoid and what to do if you work in an area with minimal resources. We will also discuss wound evaluation, documentation, workup, use of compression, dressing selection and referral considerations. The focus of discussion will be on the safe care of patients with wounds, both in areas with a wound care center available and in more rural locations.

PM3 Musculoskeletal Evaluation of the Sports Athlete Made Easy

R_x= 1.5

Brian J. Krabak, MD, MBA, FACSM

The vast majority of sports-related injuries are musculoskeletal in nature. This workshop will present a systematic approach to performing a musculoskeletal examination on an athlete, whether as part of a pre-participation physical or assessment of injury. Participants will have time to practice examination skills for all major body regions.

PM4 Therapeutic Musculoskeletal Injections

Ryan P. Dirks, MS, PA-C

Pain caused by osteoarthritis and tendonitis are some of the most common reasons to seek medical care. When done properly, musculoskeletal injections can provide both diagnostic and therapeutic relief for patients. This introductory workshop will provide attendees with the basic indications, anatomy, techniques and supplies needed to safely perform injections for the shoulder, elbow, hip and knee. Limit: 24

PM5 Radiologic Interpretation of the Chest and Musculoskeletal System

Michael L. Richardson, MD

A tutorial experience on interpreting medical images of the chest and musculoskeletal system and generating appropriate differential diagnoses for chest and musculoskeletal disorders.

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Pacific Northwest 38th Annual National Conference

ADVANCED PRACTICE IN PRIMARY AND ACUTE CARE

Thursday-Saturday / November 5-7, 2015

VISIT THE CONFERENCE PORTAL: UWCNE.ORG/AP2015



PLAN A TRIP TO SEATTLE!

Seattle has a very active calendar of theater, music, festival and sporting events. Plan ahead and make the most of your time during your conference stay.

You can find area attractions and a list of things to do at these websites:

visitseattle.org
seattle.gov/visiting

downtownseattle.com
experiencewa.com

The hotel and conference center are centrally located near the historic Pike Place Market, Seattle Art Museum, Space Needle, Experience Music Project, Seattle Center, Fifth Avenue Theatre, Paramount Theatre and a host of other exciting attractions, restaurants and shopping centers.



EXHIBITORS

Connect with experienced professionals, industry leaders and experts who want to learn about your products and services.

Limited exhibit space. Please visit uwcne.org/exhibitors.

For more information, please contact Corie Goodloe at corie@uw.edu or 206-616-3826.



LOCATION INFORMATION

Washington State Convention Center (WSCC)
800 Convention Place / Seattle, WA 98101-2350 / www.wscw.com

Directions and parking information will be sent with email confirmation.



HOTEL INFORMATION

Sheraton Seattle Hotel

1400 Sixth Avenue / Seattle, WA 98101 / 206-621-9000

For Reservations:

Website: www.sheraton.com/reservations

Visit uwcne.org to go directly to the hotel discount link.

Phone: 888-627-7056 / Local: (206) 447-5547

Mention Group Code: UW Nursing

Reservations must be made by October 6, 2015.

Group rate of \$150 single/double plus 15.6% tax and mandatory local assessment. Rate includes complimentary in-room high speed internet access. Rate does not include parking. Extra person: \$25 per person (triple/quad).