



# 25<sup>th</sup>

*Join Us!*

## Annual Conference

### S PRING TO THE F UTURE:

- Advocate
- Innovate
- Educate

Preliminary e-brochure; plan to join us in Stowe as the VNPA Annual Conference marks 25 years!

Visit: [www.VTNPA.org](http://www.VTNPA.org) for updates

#### ANNOUNCING:

**3/26 DINNER SPEAKER:** Margaret Flinter, APRN, MSN, PhD

*Sr. Vice President and Clinical Director*

*Community Health Center, Inc. Middletown, Conn.*

**3/27 KEYNOTE SPEAKER:** Harry Chen, MD

*Commissioner, Vermont Department of Health*

## Vermont Nurse Practitioners Association

### March 26-27, 2015

### Stoweflake Mountain Resort ~ Stowe, Vermont

**Exhibits & Logistics:** Julie Basol, JNB Marketing 802.598.7424 [JNB@gmavt.net](mailto:JNB@gmavt.net)

**Program Chair:** Lucy VanHollebeke, FNP [famvanh@comcast.net](mailto:famvanh@comcast.net)

Preliminary e-brochure as of January 29, 2015

# Logistics

**REGISTRATION, PAYMENT:** For the best rates, register by Thursday, March 12.

Register online at [www.VTNPA.org](http://www.VTNPA.org) - or, complete the registration form (on the last page) and return with check payment. Pay to the order of: **Vermont Nurse Practitioners Association**  
Mail to: **741 Hand Road | N. Ferrisburgh, VT 05473**



## REGISTRATION, MEMBERSHIP:

Participants who are current VNPA members receive a reduced registration rate. VNPA dues for 2015 must be paid by **March 12** in order to receive the lower, member registration rate.

There is a \$25 conference cancellation fee. No refunds after March 13, however you may send a substitute in your place without penalty. For more information:

Julie Basol, Conference Director  
JNB Marketing, LLC  
Ph: 802.598.7424 | Fax: 802.425.5507  
[JNB@cmavt.net](mailto:JNB@cmavt.net)

Lucy Hollebeke, APRN, FNP  
[famvnh@comcast.net](mailto:famvnh@comcast.net)



## CONFERENCE SITE, ACCOMMODATIONS:

1746 Mountain Road (Rt. 108), Stowe, VT **800.253.2232**

The 245<sup>th</sup> Annual VNPA Conference will be held at the Stoweflake Mountain Resort & Spa on Thursday and Friday, March 26-27, 2015. A block of overnight rooms have been reserved and are available for participants the nights of March 26 and 27. To obtain the reduced rate of **\$137 + tax** (per night, single/double), call **800 253-2232** or **802 253-7355**. You must specify that you are attending the VNPA Conference in order to receive the reduced overnight room rate. Deadline for securing the reduced rate is: **February 26, 2015**.

The Stoweflake is a AAA Four-Diamond resort with an abundance of amenities, including their world class spa, state-of-the-art fitness facilities, two award-winning restaurants and luxurious accommodations. For Spa services, please contact the Resort at least one week in advance. [www.stoweflake.com](http://www.stoweflake.com)

**DIRECTIONS TO THE CONFERENCE:** FROM I-89: Take Exit 10, Waterbury/Stowe/Rt. 100. Turn onto Rte. 100 at the end of the exit ramp toward Stowe. Continue for ~ 11 miles. Turn left at the blinking red light in the village onto Rt. 108/Mtn. Road.

## Top 10 Reasons to join us at the VNPA 25<sup>th</sup> Annual Conference

1. Great programming beginning Thursday afternoon
2. Margaret Flinter, APRN, MSN, PhD joining us both days
3. Networking opportunities from NPs throughout Vermont
4. Relaxing AAA Four-Diamond resort with many amenities
5. Vendors to share their expertise and product knowledge
6. World class spa and fitness facilities
7. Keynoter, Harry Chen, MD, Vermont DPH Commissioner
8. Opportunities for NP students to connect with mentors
9. Your registration helps to support the VNPA
10. Continuing education opportunities



**VNPA  
2015:**

**SPRING TO THE FUTURE:**  
● **Advocate** ● **Innovate** ● **Educate**  
**25<sup>th</sup> Annual Conference Agenda**

**Thursday, March 26**

4:00-  
5:30pm

**NP Innovations in Health Care Delivery**

**Rosemary L. Dale, EdD, APRN**

*Chair, Department of Nursing & Clinical Professor University of Vermont*

**Barbara Rouleau, MS, APRN-BC**

*Visiting Clinical Instructor, Department of Nursing University of Vermont*

**Shari Bergquist, BA, MS**

*Assistant Dean, Business Operations College of Nursing and Health Sciences University of Vermont*

5:30-6:00pm

**VNPA Business Meeting**

6:00-  
7:45pm

**Preparing the Next Generation of NPs for our World of Complex Practice:  
Developments in Post-Graduate Education & Training through Residencies & Fellowships**

**Margaret Flinter, APRN, MSN, PhD**

*Senior Vice President & Clinical Director Community Health Center, Inc, (CT's largest FQHC)*

7:45pm

**Dessert Reception, tba**



**Margaret Flinter, APRN, MSN, PhD**

*~ Thursday evening dinner discussion speaker; Friday, plenary speaker*

Margaret Flinter is Senior Vice President and Clinical Director of the Community Health Center, Inc. and is a family nurse practitioner by profession. Margaret earned her Bachelor's Degree in Nursing from the University of Connecticut, her Master's Degree from Yale University, and her doctoral degree at the University of Connecticut. She was the recipient of a Robert Wood Johnson Executive Nurse Fellowship from 2002-2005.

Following her graduate training at Yale University, Margaret joined the Community Health Center in 1980 as a National Health Service Corps Scholar and CHC's first nurse practitioner. Since 1987 she has held both clinical and administrative leadership roles in the organization. She recently established the Weitzman Center for Innovation in Community Health and Primary Care as the "research and development" arm of CHC and serves as the Director of the Weitzman Center. Margaret is also the founder of America's first Nurse practitioner residency program which operates out of the Community Health Center.



**Harry L. Chen, MD**

*~ Keynote speaker*

Harry L. Chen, MD was appointed Commissioner of the Vermont Department of Health in January 2011. Dr. Chen was appointed Acting Secretary of the Vermont Agency of Human Services by Governor Peter Shumlin, serving from August 2014 - January 2015.

Prior to his appointment as commissioner, Dr. Chen worked as an emergency physician at Rutland Regional Medical Center for over 20 years, and served as Medical Director from 1998-2004. He is on the clinical faculty at the University of Vermont College of Medicine and served as vice chair of the University of Vermont Board of Trustees.

Dr. Chen earned his medical degree and completed his residency in emergency medicine at the Oregon Health Sciences University School of Medicine, serving as chief resident. He worked at and was on the faculty of the

George Washington University Medical Center, Department of Emergency Medicine from 1983-1988. From 2004-2008, Dr. Chen was a member of the Vermont House of Representatives, and was vice chair of the Health Care Committee during his final term.

In 2008, Dr. Chen received the Vermont State Medical Society's *Physician Award for Community Service*. He has served on numerous state-wide boards addressing healthcare and medical issues, including as vice chair of the Vermont Board of Medical Practice. From June-September 2010, Dr. Chen served as Interim Executive Director of the Vermont Program for Quality in Health Care, where he was a board member since 2006. In addition, Dr. Chen is a member of the Board of Scientific Counselors of the Centers for Disease Control and Prevention Office of Infectious Disease, and a member of the Prevention Committee of the Association of State and Territorial Health Officials. Dr. Chen has spoken on the issue of health care reform nationally and regionally, including presentations to the U.S. Senate Health, Education, Labor and Pension Committee, the New Mexico legislature's Health Committee, and the New England Medical Society Leadership Conference.

# VNPA 2015:

## SPRING TO THE FUTURE: ● Advocate ● Innovate ● Educate 25<sup>th</sup> Annual Conference Agenda, cont.

**Friday, March 27**

7:30-8:15am Registration/exhibits/breakfast

8:15-  
8:30am

### Welcome

**Amy M. O'Meara, DrNP, WHNP-BC**  
*President Vermont Nurse Practitioners Association*

8:30-  
9:30am

### Health Vermonter's Living in Health Communities: A Public Health Perspective

**Harry Chen, MD**  
*Commissioner Vermont Department of Health*

9:30-  
10:30am

### Building a World Class Primary Care System: Innovations in Primary Care Delivery that are Improving Patient Outcomes, Revitalizing Providers, and Building Healthier Communities

**Margaret Flinter, APRN, MSN, PhD**

10:30-11:00am Break with Exhibitors

11:00-Noon

Concurrent Sessions: ~ **A** ~

#### A-1: Gender Affirmation Healthcare: Transgender Health & Prevention

**Alison Bates, ANP, WHNP-BC**  
*Nurse Practitioner, Comprehensive Sexual & Reproductive  
Health Care  
Planned Parenthood of Northern New England*

#### A-2: Expecting the Best: Optimizing Treatment for Mood and Anxiety Disorders in the Preconception & Perinatal Period

**Sandra Wood, MSN, CNM, PMHNP**  
*Psychiatric NP, Certified Mid-Wife  
University of Vermont Medical Center*

Noon-1:00pm Lunch / Exhibits

1:00-2:00pm

Concurrent Sessions: ~ **B** ~

#### B-1: Celiac & the Gluten-Free Craze

**Deborah Moore, MS, APRN, BC**  
*NP, Gastroenterology  
Vermont Gastroenterology*

#### B-2: Hypertension & Hyperlipidemia: Understanding the New Guidelines

**Kim Ladue, APRN, FNP, CVNP, MSN**  
*NP, Cardiology  
Central Vermont Medical Center*

2:10-3:10pm

Concurrent Sessions: ~ **C** ~

#### C-1: Diagnostic Approach to Hematologic Problems

**Patricia Lewis, MSN, APRN**  
*Thrombosis & Hemostasis Program  
University of Vermont Medical Center  
Internal Medicine Porter Hospital*

#### C-2: Practical Approaches to Discontinuing Medications

**Gary Starecheski, BSc Pharmacy**  
*Clinical Staff Pharmacist, Inpatient Pharmacy  
University of Vermont Medical Center*

#### C-3: HEADS UP: Evaluation & Management of Pediatric Concussion in Primary Care

**Christa Zehle, MD**  
*Assoc. Professor, Dept. of Pediatrics  
University of Vermont Medical Center*

3:10-3:25pm

Break

3:25-4:25pm

Concurrent Sessions: ~ **D** ~

#### D-1: First Years in Practice for NP: Case Studies, Sharing Common Cases and Pitfalls

**Patricia Brown, FNP-C**  
*NP, Family Practice  
SMCS - Ludlow Health Center*

#### D-2: Management of Type 2 Diabetes: When & How to Initiate Insulin Therapy

**Robin L. Myers, DNP, ANP-BC, FNP-BC**  
*Family Nurse Practitioner, Certified Diabetes Educator  
Brandon Medical Center - CHCRR*

March 26-27, 2015

Vermont Nurse Practitioner Association

# Registration Form

## 25<sup>th</sup> Annual Conference

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Register online at [www.VTNPA.org](http://www.VTNPA.org) - or, complete the registration form (on the back page)

and return with check payment. Pay to the order of:

**Vermont Nurse Practitioners Association**

Mail to: : **741 Hand Road | N. Ferrisburgh, VT 05473**

Questions: 802.598.7424

Name/Credentials: \_\_\_\_\_

Position Title: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

(for planning purposes,  
check one session choice  
from each time slot;  
selections are not binding)

### CONCURRENT SESSIONS

**A** 1 ☐ 2 ☐

**B** 1 ☐ 2 ☐

**C** 1 ☐ 2 ☐ 3 ☐

**D** 1 ☐ 2 ☐

### REGISTRATION OPTIONS

Member	Early Bird < 3/12	After > 3/12	On Site
Full Conference <sup>(1)</sup>	<input type="checkbox"/> \$185	<input type="checkbox"/> \$205	<input type="checkbox"/> \$235
Thursday only <sup>(2)</sup>	<input type="checkbox"/> \$60	<input type="checkbox"/> \$70	<input type="checkbox"/> \$75
Friday only	<input type="checkbox"/> \$140	<input type="checkbox"/> \$160	<input type="checkbox"/> \$180
Non Member	Early Bird < 3/12	After 3/12	On Site
Full Conference <sup>(1)</sup>	<input type="checkbox"/> \$225	<input type="checkbox"/> \$250	<input type="checkbox"/> \$260
Thursday only <sup>(2)</sup>	<input type="checkbox"/> \$65	<input type="checkbox"/> \$75	<input type="checkbox"/> \$80
Friday only	<input type="checkbox"/> \$175	<input type="checkbox"/> \$195	<input type="checkbox"/> \$215
Student Rate	Early Bird < 3/12	After > 3/12	On Site
Full Conference <sup>(1)</sup>	<input type="checkbox"/> \$120	<input type="checkbox"/> \$130	<input type="checkbox"/> \$140
Thursday only <sup>(2)</sup>	<input type="checkbox"/> \$55	<input type="checkbox"/> \$65	<input type="checkbox"/> \$75
Friday only	<input type="checkbox"/> \$70	<input type="checkbox"/> \$75	<input type="checkbox"/> \$80

For your convenience,  
a payment by  
credit card option  
is available on line at  
[www.VTNPA.org](http://www.VTNPA.org)

1. Current membership status is required. 2015 dues must be paid by March 15 in order to receive the member rate.
2. Student fee applies to currently enrolled NP students; verification may be requested.

### TOTAL FEES

Registration: \$ \_\_\_\_\_

VTNPA Scholarship Donation \$ \_\_\_\_\_

Total: \$ \_\_\_\_\_



If you require special accommodations or have additional needs in order to participate, please check this box. Indicate your requests in writing and include with your registration form.

Ck #: \_\_\_\_\_