

VNPA 2014: Accepting the Challenge of the Long Trail toward Health Care Reform



VNPA

From Montgomery to Bennington,
Montpelier to Capitol Hill,
Vermont Nurse Practitioners
continue as patient advocates
for access to affordable
quality health care.

Join nurse practitioner
colleagues for the
annual networking
and educational
gathering as we work
together to advance
our profession and
our practice.

24th Annual Conference

March 27-28, 2014

**Stoweflake
Mountain
Resort**

Stowe, Vermont



Logistics

REGISTRATION, PAYMENT: For the best rates, register by Friday, March 14.
Register online at www.VTNPA.org - or, complete the registration form (on the back page)
and return with check payment. Pay to the order of:

Vermont Nurse Practitioners Association

Mail to: **741 Hand Road | N. Ferrisburgh, VT 05473**



REGISTRATION, MEMBERSHIP:

Participants who are current VNPA members receive a reduced registration rate. VNPA dues for 2014 must be paid by **March 14** in order to receive the lower, member registration rate.

There is a \$25 conference cancellation fee. No refunds after March 14, however you may send a substitute in your place without penalty. For more information:

Julie Basol, Conference Director

JNB Marketing, LLC

Ph: 802.598 7424 | Fax: 802.425.5507 | JNB@gmavt.net

Lucy VanHollebeke, APRN, FNP

famvanh@comcast.net

CONFERENCE SITE, ACCOMMODATIONS:

1746 Mountain Road (Rt. 108), Stowe, VT **800.253.2232**

The 24th Annual VNPA Conference will be held at the Stoweflake Mountain Resort & Spa on Thursday and Friday, March 27-28, 2014. A block of overnight rooms have been reserved and are available for participants the nights of March 27 and 28. To obtain the reduced rate of **\$134 + tax** (per night, single/double), call **800 253-2232** or **802 253-7355**. *You must specify that you are attending the VNPA Conference in order to receive the reduced overnight room rate.* Deadline for securing the reduced rate is: **February 28, 2014**.

The Stoweflake is a AAA Four-Diamond resort with an abundance of amenities, including their world class spa, state-of-the-art fitness facilities, two award-winning restaurants and luxurious accommodations. For Spa services, please contact the Resort at least one week in advance. www.stoweflake.com

DIRECTIONS TO THE CONFERENCE: FROM I-89: Take Exit 10, Waterbury/Stowe/Rt. 100. Turn onto Rte. 100 at the end of the exit ramp toward Stowe. Continue for ~ 11 miles. Turn left at the blinking red light in the village onto Rt. 108/Mtn. Road. Continue on Rte.108 for ~ 2 miles - the Stoweflake will be on the right. Further directions: www.randmcnally.com



Fundraising Efforts Benefit VNPA Scholarships

The Vermont Nurse Practitioner Association (VNPA) is once again sponsoring a fundraiser at the Annual Conference. Proceeds from the fundraiser benefit continuing education for Vermont nurse practitioners interested in health care policy and advocacy. VNPA offers grants to members who are interested in attending conferences and symposiums which enhance and support our mission to actively participate in health policy and reform. Money raised from the fundraiser will be offered as scholarship assistance to one or more graduate students in the University of Vermont Nurse Practitioner program who have demonstrated interest and leadership in education and public policy.

Each year, two scholarships, of up to \$1000, are available to full VNPA members. In addition, two scholarships are offered (up to \$500) to VNPA student members. Follow the link to download an application:

www.VTNPA.org; click on 'Scholarship'

For more information on purchasing tickets before the Conference, contact Ann Gotham:

ann.gotham@vtmednet.org

Tickets are \$5 each/\$25 gets you 6 before or during the Conference.



Keynote & Pre-Conference Presenter, Dr. Angela Golden



Angela K. Golden, DNP, FNP-C, FAANP

The Program Planning Committee is delighted to welcome Dr. Angela Golden back to Vermont for the VNPA's 24th Annual Conference. Dr. Golden has served Arizona NPs for many years in numerous elected positions. Current president of the American Association of Nurse Practitioners, she has served as Vice President, Secretary, and Legislative Chair of the Arizona NP Council as well as Conference Chairperson. For six years, she was the Arizona state representative for the American Academy of Nurse Practitioners.

Dr. Golden has 35 years of nursing experience. Having received her BSN in 1977 from Ball State University, she went on to obtain her masters in nursing education in 1996 from the University of Phoenix, then completed her MSN with a family nurse practitioner certification in 1998 from Northern Arizona University. In December 2008, she completed her Doctor of Nursing Practice at Arizona State University with an emphasis on health policy and evidence based practice.

Dr. Golden is an Assistant Professor at Northern Arizona University teaching in their undergraduate and graduate programs. She owns her own family primary care practice, NP from Home, LLC. Dr. Golden regularly presents at the local, state and national level and has published in journals and texts, having edited the Flight Nursing Review Manual. She presently provides primary care in Northern Arizona and in an urgent care in the Phoenix metropolitan area. Dr. Golden was honored to be the recipient of the 2009 American Academy of Nurse Practitioners Arizona Nurse Practitioner Excellence Award.

On Thursday evening Dr. Golden will lead a discussion on current healthcare trends affecting NPs and the role that NPs must play in creating change in the future healthcare environment. Friday, Dr. Golden will present our keynote address with a look at the health policy landscape, where the past has led our profession and what we will need to do as we travel further along the "trail".

Faculty

Erica Berl, BA, DVM, MPH

Health Surveillance Epidemiologist
Vermont Department of Health
Burlington, Vermont

William R. Cote, NP

Psychiatric NP, Outpatient Department
Northeast Kingdom Human Services
Lyndon Center, Vermont

Susan Dumas, MS, APRN, BC

Owner/President
Hope Medical Clinic
Rutland, Vermont

Angela Golden, BSN, MS, MNED, DNP, FNP-C, FAANP Association of Nurse Practitioners

Owner, NP from Home, LLC
Munds Park, AZ

Christopher Grace, MD

Director, Infectious Diseases
Fletcher Allen Health Care
Burlington, Vermont

Ann Laramee, MS, ACNS-BC, ANP-BC, CHFN

Clinical Nurse Specialist; Nurse Practitioner
Fletcher Allen Health Care
Burlington, Vermont

Julie A. Houchell, MSN, FNP

Nurse Practitioner, Pediatric Pulmonary
Fletcher Allen Health Care Children's Specialty Center
Burlington, Vermont

John Leahy, MD

Chief, Division Endocrinology Diabetes and Metabolism
Fletcher Allen Health Care
Burlington, Vermont
Professor, College of Medicine
University of Vermont
Burlington, Vermont

Patricia Lewis, MSN, APRN

Nurse Practitioner, Thrombosis & Hemostasis
Fletcher Allen Health Care
Burlington, Vermont
Nurse Practitioner, Internal Medicine
Porter Medical Center
Middlebury, Vermont

Rebecca Montgomery, CNM, MSN

Certified Nurse Midwife
Central Vermont Women's Health
Barre, Vermont

Mary Val Palumbo, DNP

Associate Professor, Department of Nursing
University of Vermont
Burlington, Vermont

Betty Rambur, PhD, RN

Professor, Department of Nursing
University of Vermont
Burlington, Vermont
Board Member
Green Mountain Care
Burlington, Vermont

Annie Ramniceanu, MS, LCMHC, LADC

Associate Executive Director of Clinical Programs
Spectrum Youth & Family Services
Waterbury, Vermont

Rebecca Robinson, BM, MM, MA

Military Sexual Trauma Coordinator
Veterans Health Administration
White River Junction, Vermont

Caroline Tassey, MSN, ARNP

Nurse Practitioner, Private Practice
Burlington, Vermont

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24th Annual Conference Agenda

March 27-28, 2014 ~ Stoweflake Mountain Resort

Thursday, March 27

3:30-4:00pm	Registration
4:00-5:30pm	Independent Practice Nurse Practitioner Panel <i>William R. Cote, AND, MA</i> <i>Susan Dumas, MS, ANP-BC</i> <i>Caroline Tassey, MSN, MA</i>
5:30-6:00pm	VNPA Business Meeting
6:00-6:45pm	Social Time; Networking <i>sponsored by The University of Vermont, Department of Nursing</i>
6:45-8:30pm	Pre-Conference Dinner: Health Policy Discussion <i>Angela Golden, BSN, MS, MNED, DNP</i> <i>President, American Association of Nurse Practitioners</i>

Friday, March 28

7:30-8:15am	Registration/Exhibits/Breakfast	
8:15-8:30am	Welcome <i>Deborah Wachtel, NP, MPH, MS</i> <i>President, Vermont State Nurse Practitioners Association</i>	
8:30-9:30am	Keynote Address: Where APRNS Have Been; What Long Trails are Ahead <i>Angela Golden, BSN, MS, MNED, DNP</i> <i>President, American Association of Nurse Practitioners</i>	
9:30-10:30am	The New Business of Nursing in Vermont: Implications of Health Reform on Advanced Nursing Practice <i>Mary Val Palumbo, DNP</i> <i>Betty Rambur, PhD, RN</i>	
10:30-11:00am	Break with Exhibits	
11:00-Noon	Concurrent Sessions: ~ A ~	
	A-1: Adolescent and Young Adult Substance Abuse <i>Annie Ramniceanu, MS, LCMHC, LADC</i>	A-2: Incorporating 2013 Heart Failure Guidelines in your Practice: Palliative Care Emphasis <i>Ann Laramee, MS, ACNS-BC, ANP-BC, CHFNP</i>
Noon-1:00pm	Lunch / Exhibits/ Fundraiser	
1:00-2:00pm	Concurrent Sessions: ~ B ~	
	B-1: Diagnostic Approach to Hematologic Problems <i>Patricia Lewis, MSN, APRN</i>	B-2: Cystic Fibrosis Update: Clinical Manifestations & Management <i>Julie A. Houchell, NP</i>
2:10-3:10pm	Concurrent Sessions: ~ C ~	
	C-1: Diabetes Medication Update <i>John Leahy, MD</i>	C-2: Military Sexual Trauma <i>Rebecca Robinson, BM, MM, MA</i>
3:10-3:25pm	Afternoon Break	
3:25-4:25pm	Concurrent Sessions: ~ D ~	
	D-1: Contraceptive Update: What's Best for Your Patients? <i>Rebecca Montgomery, CNM, MSN</i>	D-2: Lyme Disease Update <i>Erica Berl, BA, DVM, MPH</i> <i>Christopher Grace, MD</i>



24th Annual Conference — Stowe/Flake Mountain Resort

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Vermont Nurse Practitioners Association

Mail to: : **741 Hand Road | N. Ferrisburgh, VT 05473**

Questions: Contact Julie Basol, Conference Director: 802.598.7424 or JNB@gmavt.net

Name/Credentials: _____

Position Title: _____

Organization: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

*(for planning purposes,
check one session choice
from each time slot;
selections are not binding)*

CONCURRENT SESSIONS

A 1 ☐ 2 ☐

B 1 ☐ 2 ☐

C 1 ☐ 2 ☐

D 1 ☐ 2 ☐

REGISTRATION OPTIONS

Member	Early Bird < 3/14	After > 3/14	On Site
Full Conference ⁽¹⁾	<input type="checkbox"/> \$175	<input type="checkbox"/> \$195	<input type="checkbox"/> \$235
Thursday only ⁽²⁾	<input type="checkbox"/> \$55	<input type="checkbox"/> \$65	<input type="checkbox"/> \$75
Friday only ⁽³⁾	<input type="checkbox"/> \$130	<input type="checkbox"/> \$150	<input type="checkbox"/> \$180
Non Member	Early Bird < 3/14	After 3/14	On Site
Full Conference ⁽¹⁾	<input type="checkbox"/> \$215	<input type="checkbox"/> \$240	<input type="checkbox"/> \$255
Thursday only ⁽²⁾	<input type="checkbox"/> \$55	<input type="checkbox"/> \$65	<input type="checkbox"/> \$75
Friday only ⁽³⁾	<input type="checkbox"/> \$170	<input type="checkbox"/> \$190	<input type="checkbox"/> \$200
Student Rate	Early Bird < 3/14	After > 3/14	On Site
Full Conference ⁽¹⁾	<input type="checkbox"/> \$120	<input type="checkbox"/> \$130	<input type="checkbox"/> \$140
Thursday only	<input type="checkbox"/> \$55	<input type="checkbox"/> \$65	<input type="checkbox"/> \$75
Friday only	<input type="checkbox"/> \$60, member	<input type="checkbox"/> \$65, member	<input type="checkbox"/> \$70, member
Friday only ⁽³⁾	<input type="checkbox"/> \$70, non-member	<input type="checkbox"/> \$75, non-member	<input type="checkbox"/> \$80, non-mem

For your convenience,
a payment by
credit card option
is available online at
www.VTNPA.org

**Not sure of your VNPA
membership status?**

Click on
Members & Followers
at www.VTNPA.org
or contact Julie Basol
802.598.7424



If you require special accommodations or have additional needs in order to participate, please check this box. Indicate your requests in writing and include with your registration form.

1. Thursday & Friday - first session (Th) begins at 4:00pm, includes dinner and discussion at 6:30pm; all day Friday.

2. Current membership status is required. 2014 dues must be received by March 14 in order to receive the member rate.

3. Student fee applies to currently enrolled NP students; verification may be requested.