



Texas Clinical Nurse Specialists 2012 Conference

**Maintaining Quality in a  
Changing Health Care Landscape**

**June 1-2, 2012**

Holiday Inn Lady Bird Lake Austin  
Austin, Texas

# Hotel Information

**Holiday Inn Lady Bird Lake - Austin, Texas**  
**20 N. IH 35 | Austin, Texas 78701**  
**Tel: (512) 472-8211**

The hotel's central Austin location right off I-35 overlooking scenic Lady Bird Lake, otherwise known as Town Lake, makes this the ideal venue with easy access to Austin's beautiful Hike and Bike Trail or the downtown entertainment district. If you'd like to partake in the outdoor amenities you can rent a Segway, kayak or bike in the hotel lobby. When you're ready to head out for dinner and to explore Austin's nightlife, take the hotel's complimentary shuttle to the world-famous Sixth Street/Warehouse Entertainment Districts. If you feel lazy, relax by their rooftop pool or if you need to burn off some calories use their free fitness center.

## **Special Discounted Room Rate:**

Single/Double: \$124  
Triple: \$134  
Quad: \$144

## **Reservations:**

**By Phone:** (888) 615-0509

**Reference:** Texas Clinical Nurse Specialists' 2012 Conference

**Group Code:** TXN

**To book online:** [http://www.holidayinn.com/hotels/us/en/austin/austl/hoteldetail?](http://www.holidayinn.com/hotels/us/en/austin/austl/hoteldetail?ReferenceGroupCode=TXN)  
Reference Group Code TXN

**Reservation cut-off date is May 10, 2012.**  
**After this date, our special rate may not be available.**

## **Map & Driving Directions:**

<http://www.hiaustintownlake.pacificahost.com/map-directions/index.cfm>

## **Airport Shuttle & Parking**

The hotel offers complimentary shuttle to and from the Austin Bergstrom International Airport and has complimentary self parking in a surface lot or parking garage.

# Overall Agenda

## Friday, June 1, 2012

8:00 am - 12:30 pm **Pre-Conference: Pharmacology Update - Ensuring Optimal Drug Therapy among Older Patients**  
*Rebecca Sleeper, Pharm.D, FACSP, BCPS - Associate Professor and Division Head, Geriatrics Texas Tech University Health Science Center*

11:00 am **Registration & Exhibits Open**

1:00 pm **Welcome & Introductions**

1:15 - 2:15 pm **Keynote Speaker**  
**Leading Change and Advancing Health: Achieving the Future of Nursing**  
*Joyce Batcheller, DNP, RN, NEA-BC, FAAN - RWJ Executive Nurse Fellow Alumna; Senior Vice President/System Chief, Nursing Officer and Clinical Integration, Dean of the Seton Academy for Research & Education, Seton Healthcare Family*

2:15 - 3:15 pm **A Pilot Study to Evaluate a Multi Component Intervention for Delirium Prevention In Critically Ill Adults**  
*Jan Foster, PhD, APRN, CNS - Associate Professor, Texas Woman's University*

3:15 - 3:45 pm Coffee Break & Exhibits

3:45 - 4:45 pm **CNS/CNL Role Integration Panel**  
*Leslie Rodriguez, MSN, MPH, RN, ACNS-BC - Clinical Nurse Specialist Inpatient Pain Management Services, Baylor*  
*Joanne Rushing, MS, CNL - Clinical Nurse Leader, Progressive Care Unit, Texas Health Harris Methodist at Hurst Eules Bedford*  
*Barbara A. True, MN, CNS, RNC-OB, C-EFM - Clinical Nurse Specialist, Women's and Children's Services, Texas Health Arlington Memorial Hospital*

5:00 - 6:00 pm Breakout Sessions:

**A. Optimizing Outcomes via Implementation of a Clinical Nurse Specialist in a Pediatric Heart Center**  
*Jerithea Tidwell, RN, PhD, CPNP, PCNS - Manager, Advanced Practice Service, Children's Medical Center, Dallas, TX*

*Jean Storey, RN, MSN - Director, Cardiac Nursing, Heart Center, Children's Medical Center, Dallas, TX*  
*Andrea Torzone, RN, MSN, CPNP, PCNS - Nurse Practitioner & Clinical Nurse Specialist, Cardiac Intensive Care Unit, Heart Center, Children's Medical Center, Dallas, TX*

### **B. Hospital-Based Post-Discharge Community Case Management in Rural Texas**

*Kathleen M. Baldwin, PhD, RN, ACNS-BC, ANP-BC, GNP-BC, CEN Associate Professor Emeritus, TCU Nurse Researcher and ACNS, Harris Methodist Hospitals Southwest and Cleburne*  
*Denice Black, MSN, APRN, ACNS-BC - Manager of Education, Texas Health Cleburne*  
*Sheri Hammond, MSN, APRN, ACNS-BC - Community Case Management Nurse, Texas Health Cleburne*

6:00 - 7:00 pm **Welcome Reception:** Visit Exhibitors & View Posters (1 Hour CE credit available for poster session)

(Attendees are on their own for dinner)

## Saturday, June 2, 2012

7:30 - 8:30 am Continental Breakfast & Poster Viewing

8:30 - 9:30 am **Deescalating Violence and Resolving Conflicts in Healthcare Environments**  
*Carole Taxis, PhD, RN, CNE - Associate Professor of Clinical Nursing, Graduate Adviser, The University of Texas at Austin School of Nursing*

9:30 - 10:15 am Second General Session  
**Disseminating Your Work: Tool Box for Publishing**  
*Kathy Speer, PhD, RN, PNP-BC Director, Evidence Based Practice and Research Office, Children's Medical Center, Dallas, TX*

10:15 - 10:30 am **Break**  
(Network, Poster Viewing, & Exhibits Open)

10:30 – 11:15 am

Breakout Sessions:

**A. Total Pain Management in Palliative Care**

*Mary Beth Kean, DNP, APRN-CNS*  
Director of Quality and Patient Safety, Seton Medical Center of Austin, TX

**B. Integrative Care: Bringing Behavioral Health Services to the Patient**

*Stella Logan, MSN, RN, PMHCNS, PMHNP* - Clinical Instructor, The University of Texas at Austin School of Nursing

11:15 am – Noon

Breakout Sessions:

**A. Implementing the Guidelines: Reducing the Risk of Exposure to Hazardous Agents in the Non-Oncology Setting**

*Gail Kwarciany, MSN, RN-BC, OCN, AOCNS* - Oncology Clinical Nurse Specialist, University of Texas Medical Branch Galveston

**B. Past Challenges and Opportunities for the ICU Multidisciplinary Team**

*Phyllis McCorstin, APRN, CNS, CCNS, CCRN* - Clinical Nurse Specialist, Clinical Care Services, Texas Health Presbyterian Hospital of Dallas

12:00 – 12:15 pm

Boxed Lunch (Pick Up Boxed Lunch)

12:15 – 1:00 pm

**Boxed Lunch and Texas CNS Business Meeting**

*Conference Wrap-up & Evaluations*

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## Program Description:

This program will address quality in healthcare, professional and patient care updates for Clinical Nurse Specialists (CNSs) and other Advanced Practice Registered Nurses (APRNs). National and state quality healthcare initiatives and professional practice updates will be discussed. The clinical focus includes a pre-conference on pharmacology updates with emphasis on the geriatric population, and conference topics related to the management of common health conditions. The valuable role of Clinical Nurse Specialists (CNSs) in providing expert care will be highlighted.

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## Pharmacology Pre-Conference Objectives

Upon pre-conference completion, participants should be able to:

- Compare and contrast pharmacokinetics and pharmacodynamics in drug therapy for older adults.
- Evaluate current clinical literature and evidence-based guidelines to assess how older adults with specific health conditions (hypertension, hyperlipidemia, heart failure, diabetes, and osteoporosis) are represented.
- Evaluate six principles for prescribing medications in older adults.

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## Objectives for Conference

Upon conference completion, participants should be able to:

- Examine successful attributes of interdisciplinary collaborations for advancing health through nursing and the role of the CNS/APRN.
- Explore the past challenges and present opportunities for an intensivist program and a multidisciplinary team in the intensive care unit.
- Outline current guidelines that reduce exposure risks to hazardous agents in the non-oncology setting.
- Evaluate strategies to reduce hospital readmission through CNS post-discharge community case management.
- Review an integrative care approach to mental health issues using a multidisciplinary team with a CNS/APRN practice.
- Delineate strategies for deescalating violence through conflict resolution in the work place.
- Propose a plan for writing a manuscript reflecting your CNS/APRN practice.
- Delineate evidence-based strategies for the management of pain and palliative care.
- Describe outcomes from implementation of a CNS-led program in a pediatric heart center.
- Evaluate strategies for delirium prevention in the critically ill population.

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## Objective for Poster Session

- Evaluate new initiatives and current programs that improve the quality healthcare of the micro- and macro- systems level.

## Special Thanks to the Planning Committee

*Stacey Ward, MSN, RN, ACNS-BC, BC-ADM, CCRN*  
Clinical Professor  
The University of Texas at Austin School of Nursing  
TxCNS Board of Director's  
Annual Conference Planning Chair

### Planning Committee Members

*Kathleen M. Baldwin, PhD, RN, ACNS, ANP, GNP, CEN*  
Associate Professor & Director of  
Graduate Studies in Nursing  
Harris College of Nursing and Health Sciences,  
Texas Christian University  
Tx CNS Board of Director's President

*Mae Centeno, DNP, RN, CCRN, CCNS, ACNS-BC*  
Program Manager/Clinical Nurse Specialist  
Baylor Heart Failure Program and  
Advanced Lung Disease Center

*Irene Gilliland, PhD, RN, CNS, ACHPN*  
Assistant Professor  
University of the Incarnate Word

*Mary L. Heye, PhD, RN, ACNS-BC, RN-C*  
Adjunct Faculty/Clinical Professor  
University of Texas Health Science Center  
San Antonio School of Nursing

*Sharon D. Horner, PhD, RN, FAAN*  
Associate Dean for Research  
Dolores V. Sands Chair in Nursing Research  
The University of Texas at Austin School of Nursing  
Tx CNS Board of Director's Treasurer

*Paul Pfennig, MSN, RN-BC, BC, ACNS-BC, ANP-BC*  
Clinical Nurse Specialist  
San Antonio Military Medical Center

*Lisa Thomas, MS, CNS, RN, CRRN*  
Advanced Practice Nurse  
Nursing Education Department  
TIRR Memorial Hermann

*Jerithea Tidwell, RN, PhD, PNP, PCNS*  
Manager, Advanced Practice Service  
Children's Medical Center Dallas

*Jeffrey Williams, MSN, RN, CCRN, CCNS*  
Manager, Patient Safety  
University of Texas Southwestern Medical Center

## Earn up to 4 Pharmacology Hours with Pre-Conference attendance

Nursing contact hours have been applied for through the Texas Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity will provide up to 12.25 contact hours through attendance at Pre-Conference, Conference sessions, and the poster session through the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

## Poster Abstracts

[Sustaining Change in Hospital Acquired Pressure Ulcer Rate](#)  
*Elaine Yellen, RN, PhD, ACNS*

[The Use of Concurrent Chart Review and Its Impact on Surgical Care Improvement Project Core Measures on Inpatient Medical/Surgical Wards](#)

*Anne Marie Lazarus, MSN, RN, ACNS-PC, CPHQ*  
*Paul Pfennig, MSN, RN-BC, ANP-BC, ACNS-BC*

[Did you "TAP" the Tube? Implementing Facility-Wide Program for Feeding Tube Re-assessment](#)

*Veronica Perry, RN, BSN, MSN, ACNS-BC, MHM*  
*Katheryn Ellis, RN, BSN, MSN, PCNS-BC, PNP-BC*

[Developing an Inpatient Carbohydrate Based Insulin Protocol](#)  
*Linda Humphries, RN, ACNS-BC, CCRN*

[Building an Orthopedic Post-Op Program through Clinical Nurse Specialist \(CNS\) and Clinical Nurse Leader \(CNL\) Collaboration and a Multidisciplinary Team Approach](#)  
*Linda Humphries, RN, ACNS-BC, CCRN*

[Reducing Length of Stay with Supportive Care Services](#)  
*Kelley Pruitt, ACNS-BS*  
*Michelle N. Watson, RN, ACNS-BS*

[Decreasing Catheter Related Bloodstream Infections \(CRBSI\) in Hemodialysis Patients](#)  
*Jennifer Johnson, MSN, APRN, ACNS-BC, CCTN*

[Race for Excellence: A CNS Led Process Improvement Initiative Aimed at Improving Patient Care and Nursing Performance](#)  
*Jerithea Tidwell, RN, PhD, CPNP, PCNS*

[Lessons Learned: Translating Clinical Nurse Specialists DNP Project into Legislative Action through Partnership with a Statewide Multidisciplinary Team](#)  
*Mary Beth Kean, DNP, APRN-CNS*



## Texas Clinical Nurse Specialists 2012 Conference

# REGISTRATION INFORMATION PAGE

June 1-2, 2012 | Holiday Inn Lady Bird Lake Hotel | Austin, Texas

	Early Bird Registration Fees: Before May 1st	Registration Fees: After May 1st
Pre-Conference	\$100	\$120
Member Conference	\$150	\$175
Member COMBO (Pre-Conf+Conf)	\$240	\$275
Non-Member Conference	\$185	\$215
Non-Member Conf+ 1-Year Membership (\$39)	\$224	\$254
Non-Member COMBO (Pre-Conf+Conf)	\$275	\$315
Student Conference	\$80	\$100
Student Conf+ 1-Year Membership (\$39)	\$119	\$139
Student COMBO (Pre-Conf+Conf)	\$170	\$200

**PLEASE NOTE:** The Pre-Conference will take place from 8:00 am - 12:30 pm on Friday, June 1, 2012 at the Holiday Inn Hotel.

### CANCELLATION & REFUND POLICY:

Cancellations must be made in writing and postmarked no later than **May 10, 2012**. Send requests to Paula Rigling at [pjrig@aol.com](mailto:pjrig@aol.com) or via mail at 14827 Bescott Drive, Austin, Texas 78728. Cancellations can also be faxed to 512-233-1784. **NO CANCELLATIONS** will be accepted after **May 10, 2012**. Cancellation refunds will be issued within 4-6 weeks after the conference. All cancellations are subject to a \$25 processing fee.

**Questions?** Email Paula Rigling at [pjrig@aol.com](mailto:pjrig@aol.com) or (512) 791-4701

### HOW TO REGISTER

**Register Online at <http://txcns.enpnetwork.com/> to pay by check or credit card via PayPal**

If you are paying by check, once you complete the online registration, you will receive a confirmation that you can mail, along with your payment, to:

Paula Rigling, TxCNS Meeting Planner  
14827 Bescott Drive  
Austin, Texas 78728