Obesity Treatment is More Than Just A Weekly Injection or Daily Pill!

November 5, 2026 • 6:00 PM in Central Time (US & Canada)

SAOS
SAN ANTONIO OBESITY SOCIETY

Obesity Association
A division of the **American Diabetes Association®**

THE WEIGHT IS OVER: RETHINKING OBESITY TREATMENT FREE WEBINAR

Obesity is a complex, chronic disease that requires individualized, comprehensive care. This webinar explores the six pillars of obesity medicine, evidence-based treatments, advances in pharmacotherapy, and practical strategies for achieving sustainable, long-term outcomes through patient-centered care.

LEARNING OBJECTIVES:

- Describe obesity as a disease and understand the challenges of treatment.
- Understand and apply the six pillars of obesity medicine.
- Develop individualized treatment plans that consider co-existing conditions, nutrition, treatment mechanisms, safety, and cost.

Hosted by the Obesity Association, a division of the American Diabetes Association, in collaboration with the San Antonio Obesity Society.



Juliet Pham DO, MHS

Fellowship Training in Endocrinology, Diabetes, Obesity & Metabolic Health



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Family Medicine Physician and Obesity Medicine Specialist, Seger MD, President, San Antonio Obesity Society



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