



National Association of
Pediatric Nurse PractitionersSM
IOWA

2026 Annual Conference Agenda

Thursday October 1st, and Friday October 2nd, 2026

Sheraton Hotel, West Des Moines, IA

TENTATIVE AND SUBJECT TO CHANGE

Thursday, October 1

1:00 PM – 6:00 PM	Registration <i>Vendors, Silent Auction Items</i>
1:30 PM – 2:30 PM	Little Patients, Big Problems: Pediatric Surgical Emergencies <i>Stephany Walk, DNP, ARNP, CPNP-AC/PC, University of Iowa</i>
2:30 PM – 3:30 PM	Itch, Scratch, Repeat: An Allergy Specialist's Approach to Pediatric Eczema <i>Kyla Ingram, DNP, ARNP, FNP-C, Iowa Allergy, Asthma, and Immunology</i>
3:30 PM – 3:45 PM	Break
3:45 PM – 4:45 PM	Understanding Congenital Heart Disease: A Physiologic Approach <i>Katie Hildreth, DNP, ARNP, PCNP-AC/PC, University of Iowa</i>
4:45 PM – 5:45 PM	Rett Syndrome <i>Melissa Assaf, DNP, ARNP, CPNP-PC, APN-Genetics, Acadia Pharmaceuticals</i>
5:45 PM – 6:00	Student Presentations
6:00 PM – 6:45 PM	Iowa Chapter Annual Review <i>Stephany Walk, DNP, ARNP, CPNP-AC/PC, Chapter President</i>
6:00 PM – 7:30 PM	Hors d'oeuvres and Cocktails <i>Sponsored by Acadia</i>



CONFERENCE WEBSITE
<https://iowaanp.enpnetwork.com/>



IOWA NAPNP WEBSITE
<https://community.napnap.org/iowachapter/home>



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Friday, October 2

7:30 AM – 3:30 PM	Registration <i>Vendors, Silent Auction Items</i>
7:30 AM – 8:00 AM	Breakfast
8:00 AM – 9:00 AM	Diagnosis and Treatment of Top 10 Outpatient Pediatric Infectious Diseases <i>Joel Wadell, DO, Blank Children's Hospital</i>
9:00 AM – 10:00 AM	The New Frontier in Pediatric Weight Management: Integrating Modern Medicine with Holistic Care <i>Gabo Castano-Heredia, MD, University of Iowa</i>
10:00 AM – 10:15 AM	Awards
10:15 AM – 11:15 AM	State of Iowa ARNP Legislative Updates <i>Cheryll Jones, ARNP, CPNP, FAANP</i> <i>Amy Campbell, Iowa Chapter of NAPNAP Lobbyist Representative</i>
11:15 AM – 12:15 PM	Treating NF1 Plexiform Neurofibromas: Case Studies <i>ALEXION AstraZeneca Rare Disease</i> <i>Sponsored Lunch</i>
12:15 PM – 1:15 PM	A Way to Get Home: Need Driven Development of a Home Enteral Nutrition Clinic <i>Hannah Slaughter, MSN, ARNP, CPNP-PC, ChildServe</i>
1:15 PM – 2:15 PM	State of Iowa Sef Trafficking Updates <i>Aimee McDonald, Director of Operations, Dorothy's House</i>
2:15 PM – 2:30 PM	Break <i>Silent Auction Winners Announced</i>
2:30 PM – 3:30 PM	Molecules in Mind: Pediatric Psychopharmacology Updates in 3D <i>Kim Roberts, ARNP, PMHNP-BC, Cedar Circle Mental Health</i>
3:30 PM – 4:00 PM	Adjourn <i>Passport Winners, Evaluations</i>



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