

2nd Annual PMAAPP National Conference Agenda

THURSDAY, OCTOBER 15, 2026

11:00 AM	Registration*
12:00 PM - 12:15 PM	Welcome Address – President

Session 1 Pain Management Bootcamp

12:15 - 2:15 PM	Pain 101: The Essential Toolkit Every APP Needs <i>Theresa (Tracey) Mallick-Searle, MS, PMGT-BC, ANP-BC, FAANP</i>
2:15 PM - 2:30 PM	Break/Exhibits*
2:30 PM - 3:30 PM	Hands, Eyes, and Instincts: Mastering the Pain-Focused Physical Exam <i>Collin Duffy, PA; Morteza (Mort) Rabii, DNP, APRN, AGPCNP-BC</i>
3:30 PM - 4:15 PM	Treating the Patient, Not the Report: Imaging Essentials <i>Zohra Hussaini, MSN, FNP-BC, MBA</i>
4:15 PM- 4:30 PM	US Basics <i>Collin Duffy, PA-C</i>
4:30 PM - 4:45 PM	Panel Discussion/Q&A
4:45 PM - 5:30 PM	Jeopardy <i>Mandy Francis, APRN-BC, CARN-NP, DNP</i>

FRIDAY, OCTOBER 16, 2026

7:00 AM	Registration*
7:30 AM - 8:15 AM	Industry-Sponsored Event*
8:15 AM - 8:45 AM	Break/Exhibits*
8:45 AM - 9:00 AM	Past President Welcome <i>Jeremy A. Adler, DMSc, PA-C</i>
9:00 AM - 10:00 AM	AAPA Keynote <i>David J. Bunnell, PhD, PA-C, DFAAPA</i>

Session 2 Complex Pain Disorders and Dysfunctions

10:00 AM - 10:30 AM	The Invisible Pain: Nociplastic Conditions From Fibromyalgia to Long COVID <i>Theresa (Tracey) Mallick-Searle, MS, PMGT-BC, ANP-BC, FAANP</i>
10:30 AM - 11:00 AM	CRPS <i>Margaret (Megan) Dillon-Spruill, DNP, APRN, ANP-BC</i>
11:00 AM - 11:30 AM	Treating the Whole Patient: When OUD, Addiction, and Pain Intersect <i>Mandy Francis, APRN-BC, CARN-NP, DNP</i>
11:30 AM - 11:45 AM	Panel Discussion/Case Studies
11:45 AM - 12:15 PM	Break/Exhibits*
12:15 PM - 1:00 PM	Industry-Sponsored Event *
1:00 PM - 1:30 PM	Break/Exhibits*

Session 3 Special Populations

1:30 PM - 1:55 PM	Crisis, Chronicity, and Care: Pain Management in Sickle Cell Disease <i>Christine Hoehner, NP</i>
1:55 PM - 2:20 PM	Beyond Cure: Integrating Palliative Pain Care into Clinical Practice <i>Brett Snodgrass, DNP, FNP-C, ACHPN, FAANP</i>

2:20 PM - 2:45 PM	Hypermobility and Pain: Recognizing and Managing EDS <i>Megan Filoramo, MSN, APN-C, AP-PMN, PMGT-BC, APHN-BC, HWNC-BC</i>
2:45 PM - 3:00 PM	Panel Discussion/Q&A

Session 4 Behavioral/Mental & Integrative Health

3:00 PM - 3:30 PM	Your Gut Is Talking: The Microbiome–Pain Connection <i>Theresa (Tracey) Mallick-Searle, MS, PMGT-BC, ANP-BC, FAANP</i>
3:30 PM - 3:50 PM	The Pain–Sleep Spiral: Breaking the Cycle <i>Amy Yates, NP</i>
3:50 PM - 4:15 PM	Mind Over Pain: CBT, Mindfulness, and Acceptance-Based Approaches <i>Kristen Slater, PsyD</i>
4:15 PM - 4:45 PM	Needles With Purpose: The Evidence Behind Acupuncture for Pain Management <i>Karen Williams, DNP, FNP-BC</i>
4:45 PM- 5:00 PM	Conference Summary
5:00 PM – 6:30 PM	Conference Reception*

SATURDAY, OCTOBER 17, 2026

7:30 AM - 8:15 AM	Industry-Sponsored Event*
8:15 AM - 8:45 AM	Break/Exhibits*
8:45 AM - 9:45 AM	AANP Keynote <i>April Kapu, DNP, APRN, ACNP-BC</i>
9:45 AM – 10:30 AM	High Stakes, Real Evidence: Cannabis in Pain Management <i>Donald Abrams, MD</i>
10:30 AM - 11:15 AM	Medico-Legal, Risk Management, and Compliance Considerations in Pain Practice
11:15 AM – 12:00 PM	In Conversation with ZDoggMD <i>Zubin Damania, MD with Jeremy A. Adler, DMSc, PA-C and Theresa (Tracey) Mallick-Searle, MS, PMGT-BC, ANP-BC, FAANP</i>
12:00 PM - 12:15 PM	Panel Discussion/Q&A
12:15 PM - 12:45 PM	Break /Exhibits*
12:45 PM - 1:30 PM	Industry-Sponsored Event*
1:30- 1:45 PM	Break /Exhibits*

PARALLEL SESSION I

1:45 PM – 3:45 PM	Advanced Leadership & Development - From Bedside to Boardroom: Navigating the Transition to Clinical Leadership <i>Clair Mariam Kuriakose, MBA, PA-C, FACH</i> - Getting to Yes: Negotiation and Conflict Resolution Skills for Clinical Leaders <i>Scott Faust, Ed.D, MS, APRN, CNP</i> - Own It: Building and Managing Your Pain Practice <i>Jeremy A. Adler, DMSc, PA-C; Kathy Kates, FNP-BC; and Amanda Anne Zimmerman, PA-C</i> - Beyond the Clinic: Becoming a Key Opinion Leader, Advisor, or Thought Leader <i>Panel of session faculty</i>
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Common Pain Diagnoses Every APP Should Know

- Along the Spine: Demystifying Low Back and Cervical Pain
Jill Study, FNP-C
- The Overlooked Middle: Managing Abdominal and Pelvic Pain
Kathy Kates, FNP-BC
- Head of the Class: Optimizing Migraine and Headache Management
Andrea Murphy, MSN, APRN, ANP-BC, NEA-BC, AQH
- Joint Effort: A Practical Guide to Arthritis and Musculoskeletal Pain
Brittney Misercola, MSN, NPC

3:45 PM- 4:00 PM

*Transition Break**

PARALLEL SESSION II

4:00 PM – 5:45 PM

Interventional Pain

- Point to the Pain: Diagnosis, Dysfunction, and Treatment of the SI Joint
Morteza (Mort) Rabii, DNP, APRN, AGPCNP-BC
- Rewiring Pain: Spinal Cord Stimulation, PNS, and DRG Therapy
Nicole Busch, NP
- Straight to the Spine: Managing Axial Pain from Diagnosis to Intervention
Kirby Turner
- Small Tools, Big Relief: Minimally Invasive Options for Spinal Stenosis
Jill Study, FNP-C
- Q&A Panel Discussion

Acute Pain and Complex Pharmacologic Management

- The Window of Risk: Transitional Pain and Preventing Chronification
Kimberlee Bayless, DNP, FNP-BC, FAANP
- Before the First Cut: Pain Management Starts Preoperatively
Mary Jane Estrada, NP
- Ketamine Unlocked: Clinical Protocols and Real-World Applications
Mechele Fillman, NP
- Buprenorphine Beyond OUD: Expanding Its Role in Chronic Pain
Amanda Anne Zimmerman, PA-C

5:45 PM

Conference Adjournment

**Non-accredited session*