



Essentia Health

NDSU NORTH DAKOTA
STATE UNIVERSITY

2026 Mental Health Conference

February 6, 2026

Virtual-Zoom

This event is hosted by North Dakota State University School of Nursing with support from **Essentia Health Foundation** and Health Resources Service Administration-Advanced-Nurse Practitioner Residency Fellowship Grant.

Time	Topic	Presenter
8:30 -9:45 AM (30 min Pharm)	Suicide Crisis Management in Clinic: Assess, Hold, and Document with Confidence	Jacqueline Gervais, DNP, PMHNP-BC, CARN-AP <i>CEO, Medical Director</i> <i>The Ridge Treatment & Reentry Center</i>
9:45-11:00 AM (30 min Pharm)	Alcohol Use Disorder Screening and Treatment: Evidence-Based Tools for Healing	Kate Banley, DNP, FNP-C, CARN-AP <i>Medical Director</i> <i>ShareHouse-Grand Forks</i>
11:00-12:15 PM (30 min Pharm)	De-Escalating the Distressed	Amy Siple, APRN, FNP, GS-C <i>Nurse Practitioner, Educator & Speaker</i>
12:15-12:45 PM	LUNCH	
12:45-2:00 PM (30 min Pharm)	The Silent Sequela of Surviving the ICU: Post-Intensive Care Syndrome (PTS)	Karen Baatz, MSN, APRN, ACNS-BC <i>Office of Nursing Practice</i> <i>Sanford Health</i>
2:00-3:15 PM (30 min Pharm)	Strategies for Managing Treatment Resistant Depression	Lisa Schock, MD, ABPN <i>Psychiatrist-Prairie St. John's Hospital</i> <i>Associate Psych Residency Program Director-UND</i>
3:15-4:30 PM (30 min Pharm)	ADHD & Executive Function	Joanna Johnson, DNP, APRN, PMHNP-BC <i>Psychiatric Mental Health Nurse Practitioner</i> <i>NDSU Student Health</i>
4:30-4:40 PM	Wrap-Up & Conference Evaluations	

Learning Outcomes:

- 80% of participants will state they agree or strongly agree on a post-session evaluation that they have increased knowledge of best-practice standards for the care and medication management of patients with mental health disorders.
- 80% of participants will state that as a result of this activity, they will apply knowledge learned in collaboration with other members of the healthcare team.

Conference Disclosures:

- Essentia Health requires that everyone who is in a position to control content disclose all financial relationships with ineligible companies. Ineligible companies are those whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used on or by patients. None of the planners, faculty, or others in control of content for this activity have disclosed any relevant financial relationships with ineligible companies.
- This activity was jointly planned and developed in collaboration between North Dakota State University and Essentia Health.***

Accreditation Statement:



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Essentia Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Statements:

American Nurses Credentialing Center (ANCC): Essentia Health designates this live activity for a maximum of 7.50 ANCC contact hours.



Essentia Health has been authorized by the **American Academy of Physician Associates (AAPA)** to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 7.50 AAPA Category 1 CME credits.

The content has been reviewed and is acceptable for pharmacotherapeutic credit up to 3.0 contact hours.

Participants should claim only the credit commensurate with the extent of their participation in the activity.

Other Professionals:

This program offers 7.50 contact hours of continuing education. It is the individual's responsibility to determine whether an educational activity meets the continuing education requirements of their respective licensure and/or professional boards.

Planning Committee:

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