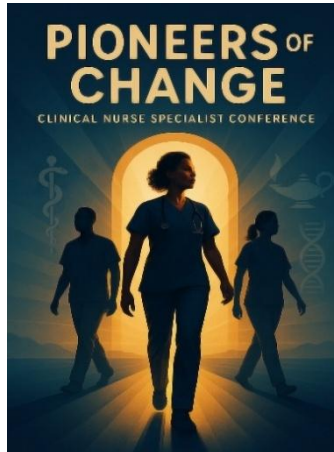


2025 NC-NACNS Annual Conference

Clinical Nurse Specialists: Pioneers of Change and Innovation



AGENDA – DAY 1

November 6, 2025

- | | |
|-------------------------|--|
| 11:30am | Registration and Lunch |
| 12:45pm - 1:00pm | Welcome/Program Overview
Cyndi Bishop, MSN, APRN, AGCNS-BC, OCN |
| 1:00pm – 2:00pm | The Journey to Prescriptive Authority
Pamela Moss, MSN, MPH, APRN-CNS, ACCNS-AG, CCRN-CSC |
| 2:00pm – 3:00pm | Clinical Psychopharmacology: What Every Practitioner Needs to Know
Korin Leffler, PhD, MSEH |
| 3:00pm – 3:30pm | Poster Review /Break |
| 3:30pm – 4:30pm | “Weight” a Minute! Considering the Risks and Benefits of GLP-1 Medications in Older Adults
Kelly Jamieson, Pharm D, BCGP |
| 4:30pm | Closing Remarks
Cyndi Bishop, MSN, APRN, AGCNS-BC, OCN |

Optional Evening Event:

6:00 pm Wine and Design Event. The event will be held in the ECU College of Nursing Atrium. Pre-registration for this event is separate. An additional fee is required. Must register by November 5, 2025, to attend.

Light refreshments will be provided.

Link: <https://www.wineanddesign.com/calendar/greenville-nc/event/college-of-nursing-private-party> Password: CON

AGENDA- DAY 2

November 7, 2025

7:30 am Breakfast and Networking/Poster Review

8:00am – 8:15am Welcome and Award Presentations

Julie M. Linder, DNP, APRN, ACCNS-AG, CCRN-K, FCNS
Bimbola F. Akintade PhD, MBA, ACNP-BC, NEA-BC, FAANP, FAAN
Cyndi Bishop, MSN, APRN, AGCNS-BC, OCN

8:15am – 8:45am East Carolina University College of Nursing CNS Program: What's New & What's Next

Chelsea Passwater, DNP, APRN, AGCNS-BC, OCN

8:45 am – 9:30am From Specialist to Strategist: The Expansive Reach of the Clinical Nurse Specialist

Kristi Reguin-Hartman, DNP, APRN, ACNS-BC

9:30am – 10:00am Break/Poster Reviews

10:00am –10:45 am Delirium Care: Bridging the Gap in the Acute Care Setting- A Quality Improvement Initiative

Stephanie Cole, MSN, APRN, AGCNS-BC

10:45am – 11:45am Rapid Fire Sessions:

CNS Impact on Improving Sepsis Recognition, Bundle Compliance and Outcomes

Nora Raynor, MSN, APRN, CNS, CPN
Kiki Sowell, MSN, APRN, ACCNS-P, CPEN

CNS Rounding and Nursing Partnership to Decrease Hospital-Acquired Pressure Injuries (HAPIs)

Jenipher Mathys, MS, APRN-CNS, AGCNS-BC

11:45 am- 12:05pm Intern to Impact: Cultivating a Clinical Nurse Specialist Team

Nikki Clark, DNP, MSN, APRN, AGCNS-BC

12:05pm – 1:05pm Lunch

1:05pm – 1:50pm Understanding CNS Burnout: Insights and Strategies for Improvement

Kathy Shaffer, DNP, APRN, AGCNS-BC, NC-BC

Miranda Scoggins, MSN, APRN, ACCNS-AG, CCRN

1:50 – 2:00pm Closing Remarks

Julie M. Linder, DNP, APRN, ACCNS-AG, CCRN-K, FCNS

Faculty

Cyndi Bishop, MSN, APRN, AGCNS-BC,
OCN

Clinical Nurse Specialist, Acute Care &
Progressive Care

*Atrium Health Pineville Nursing
Administration*

Korin E. Leffler, PhD, MSEH

Clinical Professor, Department of
Advanced Nursing Practice and
Education

East Carolina University College of
Nursing

Pamela Moss, MSN, MPH, APRN-CNS,
ACCNS-AG, CCRN-CSC

Clinical Nurse Specialist, Cardiac Surgery
Johns Hopkins Hospital

Kelly Jamieson, Pharm D, BCGP

Clinical Pharmacist, Geriatrics
Atrium Health Carrabus

Bimbola F. Akintade PhD, MBA, ACNP-BC,
NEA-BC, FAANP, FAAN

Dean & Professor

East Carolina University College of
Nursing

Chelsea Passwater, DNP, APRN, AGCNS-
BC, OCN

Clinical Associate Professor

Department of Advanced Nursing
Practice and Education

East Carolina University College of
Nursing

Kristi Reguin-Hartman, DNP, APRN,
ACNS-BC
Clinical Transformation Manager, Philips
President of the Academy of Medical-
Surgical Nurses
Owner/CEO of OneTeam Clinical
Consulting

Nora Raynor, MSN, APRN, CNS, CPN
Clinical Nurse Specialist
Atrium Health Levine Children's Hospital

Kiki Sowell, MSN, APRN, ACCNS-P, CPEN
Clinical Nurse Specialist
Atrium Health Levine Children's Hospital

Stephanie Cole, MSN, APRN, AGCNS-BC
Geriatric Nurse Specialist
Coordinator, Age Friendly Services
FirstHealth of the Carolinas

Jenipher Mathys, MS, APRN-CNS,
AGCNS-BC
Oncology Clinical Nurse Specialist
Duke Cancer Institute

Nikki Clark, DNP, MSN, APRN, AGCNS-BC
Clinical Nurse Specialist, Diabetes
ECU Health Medical Center

Credit:

Nursing Credit:	Day 1:	3.0 Nursing Contact Hours <i>3.0 hours of which are Pharmacotherapeutic content.</i>
	Day 2:	4.0 Nursing Contact Hours
	Both Days:	7.0 Nursing Contact Hours <i>3.0 hours of which are Pharmacotherapeutic content.</i>

Eastern AHEC Department of Nursing and Allied Health Education is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Participants must attend 90% of the registered event to earn contact hour credit. Verification of in person participation will be by check-in at the start of the program and initial-out at the conclusion of the program.

2025 NC-NACNS Planning Committee Members

Cyndy Rape, MSN, APRN, ACNS-BC, NE-BC

Nurse Manager, Professional Practice & Education
Program Director, Pathway to Excellence
Atrium Health Union/ Union West/ Anson

Cyndi Bishop, MSN, APRN, AGCNS-BC, OCN

President, NC Affiliate of NACNS
Clinical Nurse Specialist, Acute Care & Progressive
Care
Atrium Health Pineville Nursing Administration

Julie M. Linder, DNP, APRN, ACCNS-AG, CCRN-K, FCNS

Department Chair, Advanced Nursing Practice &
Education
Clinical Professor
East Carolina University College of Nursing

Trimaine Butler, MSN, APRN, AGCNS-BC, MEDSURG-BC

Clinical Nurse Specialist- Emergency and Behavioral
Health Services
Atrium Health Cabarrus / Clinical Education Services
Atrium Health Cabarrus/Harrisburg/Kannapolis/Senior
Behavioral/Behavioral Health ED/Medical & Cardiac
Observation

Emily Seberger Moser MSN, APRN, AGCNS-BC

Medical Clinical Nurse Specialist
Clinical Education Services
Atrium Health

Margo Eatmon, MSN, APRN, ACCNS-AG, OCN

Immediate Past President, NC-NACNS
Clinical Nurse IV, Oncology
WakeMed Health & Hospitals

Michael Urton, DNP, APRN, AGCNS- BC, NEA-BC, Fellow AMSN

Director, Advanced Practice Nursing
Duke University Health System

Kathy Shaffer, DNP, APRN, AGCNS-BC, NE-BC, C-ONQS

Director, of Nursing Practice
Ambulatory Care, Greater Charlotte Market
Atrium Health

Julie Henderson, MSN, APRN, AGCNS-BC, MEDSURG-BC

Clinical Nurse Specialist – Critical Care, Cardiac, and
Progressive Care
Atrium Health Cabarrus

Joanie Waters, MSN, APRN, AGCNS-BC, CMSRN

Clinical Nurse Specialist
Cone Health

Jacob Flowers, BSN, RN, CEN, CCRN-CMC, NREMT

RN Sepsis Program Coordinator
Atrium Health Cabarrus

Katherine Rush, MSN, APRN, ACCNS-AG, CV-BC, LSSGB

Clinical Nurse Specialist
Atrium Health Lincoln

Heather Tripp, MSN, APRN, AGCNS-BC, ONC

Clinical Nursing Support
Clinical Nurse Specialist, Orthopedic Service Line
Nursing Research Council Chair
Cone Health

Donna Moses, MSN, RN

Director, Nursing and Allied Health Education
Eastern AHEC