



Seasons of Change
Cultivating Clinical Excellence

LOCATION: Amherst H. Wilder Foundation
451 Lexington Parkway North
St. Paul, MN 55104

DATE: Friday, November 7, 2025
TIME: 8:30 AM

8:30am - 9:00am	Welcome and Introductory Remarks Kim Heckmann, APRN, FNP-C, SCRNP, PHN Education Liaison, Minnesota Nurse Practitioners
9:00am - 9:50am	KEYNOTE: We are the Ones We've Been Waiting for: Reclaiming our Power and Purpose Dr. April Prunty, PhD, RN, NPD-BC
9:55am - 10:45am	Evolving Landscapes in Dementia Management Jamie Starks, MD, MVAHCS
10:45am - 11:00am	Break/Visit Vendors
11:00am - 11:50am	Diagnosis and Management of Bone Loss Amy Stanwood, DNP, APRN, FNP-C, MVAHCS
11:50am - 12:50pm	Lunch
12:50pm - 1:40pm	Advancing HIV Care in the Current Landscape Dr. Brian Goodroad, DNP, APRN, CNP, FAANP
2:00pm - 2:50pm	A New Dawn in the Evaluation and Management of Adolescent Depression and Anxiety Amelia Rooks, MD, MPH
2:50pm - 3:00pm	Break
3:00pm - 3:50pm	Harvesting the Future: AI Innovations in Clinical Practice Robin Austin, PhD, DNP, DC, MSN, RN, NI-BC, FAMIA, FAAN
3:50pm - 4:00pm	Closing Remarks Angie Rickheim, APRN, DNP, FNP-C, MSN, BSN, PHN President, Minnesota Nurse Practitioners
4:00pm - 4:15pm	Evaluation for CEs

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