

### 2025 Advanced Practice Provider Symposium

Tuesday, September 23, 2025

DoubleTree by Hilton 2349 Marlton Pike West Cherry Hill, NJ 08002

7 A.M. - 3:30 P.M.



### Join us for a day of learning and networking with your peers and Advanced Practice Leaders

ooper University Health Care's Advanced Practice Provider (APP) Symposium is designed to educate APPs on current topics that are relevant to their daily clinical practice. Our planning committee has designed a diverse curriculum to present the latest clinical information in four separate tracks. There will be dedicated time to view exhibits, meet the poster presenters, and network with fellow APPs.

### **Registration:**

#### **Events.CooperHealth.org**

- Cooper Employees \$150
- Non-Cooper attendees \$200
- Students/Poster Presenters \$100

#### **SCAN TO REGISTER**



### 8 a.m. – 8:45 a.m. KEYNOTE ADDRESS:

### **EVOLUTION OF APP ROLES**

Angela Nelson, DNP, RN, CCRN, ACNP-BC, FCCM, FAANP Neurosurgery Nurse Practitioner NYU Langone Medical Center NJ AANP/ FNAP President-Elect

Angela Nelson, DNP, RN, CCRN, ACNP-BC, FCCM, FAANP, is an ACNP with over 25 years of experience, employed at the NYU Langone Medical Center. She has made significant contributions in program development as one of the first NPs enterprise-wide. She has a faculty appointment in New York University and precepts NP students regularly. She is active in her professional organizations in volunteering and presenting on a variety of topics. She has authored chapters and published manuscripts. She is a Fellow of both AANP and the American College of Critical Care Medicine. She is president-elect of the Forum of Nurses in Advanced Practice of New Jersey.

### Target Audience:

- Advanced Practice Providers (NPs, PAs, CRNAs, Psychologists, CNS)
- APP Students

### **Continuing Education:**

- At completion of the symposium participants will verbalize understanding and incorporation of evidencebased interventions into current clinical practice.
- This seminar is approved for 6 Continuing Medical Education (CME) credits to be issued through the American Academy of Physician Assistants (AAPA). The credits will be awarded upon attendance for the entire conference and completion of the evaluation form.
- There are no conflicts of interest identified for the planners, presenters, faculty, authors or content reviewers.

### 2:45 p.m. – 3:30 p.m. *CLOSING SESSION*:



### MAXIMIZING APP SCOPE OF PRACTICE THROUGH MILITARY-CIVILIAN PARTNERSHIPS

MAJ John Maitha, PA-C, until recently, was an Army Physician Assistant assigned to the Division of Trauma in the Section of Military, Diplomatic, and Field Surgical Affairs at Cooper. Prior to his employment at Cooper,

Maitha was the Medical Center of Excellence at Fort Sam Houston, TX. Major Maitha has 12 deployments for combat and previous assignments to Hunter Army Airfield, GA and Fort Moore, GA.

7 a.m. - 8 a.m.

## REGISTRATION, BREAKFAST, NETWORKING, and EXHIBITS

Coffee and Conversation for new APPs and Cooper team members

# 8:45 a.m. – 9:00 a.m. OPENING REMARKS and ANNOUNCEMENTS

- Eileen F. Campbell, MSN, APN, FNP-BC Chief Advanced Practice Provider
- Janice K. Delgiorno, MSN, ACNP-BC, CCRN, TCRN Director, Cooper Trauma Program

#### **SCHEDULE:**

9 A.M.-10 A.M. Breakout Session 1

10 A.M.—10:45 A.M. MORNING BREAK, NETWORKING WITH EXHIBITORS

10:45 A.M.-11:45 A.M. Breakout Session 2

11:45 A.M.-12:45 P.M. Breakout Session 3

12:45 P.M.—1:30 P.M. LUNCH, NETWORKING WITH EXHIBITORS

1:30 P.M.-2:30 P.M. Breakout Session 4

2:30 p.m.—2:45 p.m. AFTERNOON BREAK, POSTER PRESENTER COMPETITION ANNOUNCEMENT, NETWORKING WITH EXHIBITORS

### TRACK 1 | ACUTE CARE

- 1 Carolyn Keresztury, ACGNP, FNP, MSN, and Rachel Popick, ACNP, MSN, MPH: Staying Safe, Staying Compassionate: Tools and De-escalation Techniques for Handling Inpatient Disruptive Behaviors
- 2 Diana Filipek, RN, BSN, MSN, AGACNP-BC, TCRN: Spinal Trauma
- 3 Lina Medeiros-Loras, MSN, AGACNP-BC, AOCNP, and Staci Oertle, MSN, APN, ANP-BC, AOCNP: Management of Oncology Treatment Reactions
- 4 Nosisa Siziba, AGACNP-BC, MSN: Why Glycemic Control Matters in Hospitalized Patients

### TRACK 2 | PRIMARY CARE

- 1 Phyllis Duda, RN, APN-C, AOCN: Review of Genitourinary Cancers
- 2 Colby J. Weaver, MSN, APN, FNP-C, AGACNP-BC, and Ashley Homan, MSN, APN, FNP-C, ACACNP-BC, RNFA: Plastic Surgery: Reconstructive, Elective, and So Much More!
- 3 Anthony Angelow, PhD, ACNP, FAEN, FAANP: Geriatric Pharmacology
- 4 Kathyrn Marino, APN, FNP-BC, and Samantha McKoskey, APN, FNP-BC: Detection and Treatment of Early-Stage Breast Cancer

#### TRACK 3 | PROFESSIONAL GROWTH

- 1 Dana Gentile, MSN, APN, FNP-BC: The Al Advantage: Transforming Career Growth and Workplace Efficiency for APPs and Beyond
- 2 Eugene L. McEady, MSN, AGACNP-BC, CCRN-CMC: The Resilient Clinician: Reclaiming Emotional Strength in a Demanding Profession
- 3 June Treston, DNP, CRNP: Design Thinking for Health

### TRACK 4 | SPECIAL POPULATION

- 1 Nicole Fox, MD, MPH, FACS, CPE: Saving Lives, Bearing Scars: The Impact of Pediatric Trauma
- 2 Robin Szewczak, MSN, CRNA: Cannabis Medicine, Science, and Laws
- 3 Kristina Goetz, MSN, CPNP, PMHS, CSN, APN, Priscilla Zinsky, MSN, FNP-BC, and Kim Giordano, MSN, PPCNP-BC, CORLN: Pediatric Potpourri
- 4 Ivette Duncan, MSN, PMHNP-BC, CPNP-PC, PMH-C, CMI-S: An Overview of Perinatal Mood and Anxiety Disorders