

PSH AHF Team Presents

Navigating Advanced Heart Failure: Timing, Referral, and Treatment Pathways

Sonya Bressler, CRNP will dive into the best practices for identifying and referring patients for advanced heart failure therapies. We will also discuss several patient cases to understand unique challenges that occur throughout the spectrum of care, and how these challenges have shifted over the years. Finally we will look into the future of heart transplant and LVAD.



Sonya Bressler CRNP, is a board-certified nurse practitioner both in acute and primary care. She has over 24 years of experience caring for the cardiovascular and advanced heart failure patient population, first as a bedside ICU nurse then as a nurse practitioner for the last 12 years. Since 2020, she has been working primarily with advanced heart failure patients, specifically managing patients referred for mechanical circulatory support and cardiac transplant evaluations as the Advanced Heart Failure Therapies Referral and Evaluation APP. She is passionate about working with the multidisciplinary team to advocate for patients and help them obtain what they define as an optimal quality of life. In addition to her role on the advanced heart failure team, Sonya enjoys running, reading, and coaching a high school girls' wrestling team.