



PAPN TEXAS

PSYCHIATRIC ADVANCED PRACTICE NURSES OF TEXAS



Inside This Issue

- Conference - March 1, 2025
- Advocacy - Capitol Days 2025
- Leadership Opportunities
- First Year Support
- Private Practice Startup
- Case Consultation
- Grand Rounds

Now that the new year has settled in and we've all adjusted to writing 2025, you may be looking for ways to get more involved professionally. Why not take this opportunity to embellish your resume and expand your impact?

Ways to Get Involved:

- Step into leadership—apply for one of our open Regional Director positions
- Grow your education & network—attend our conference next month
- Make a difference—get involved in advocacy by attending a Capitol Day

Your membership and dedication are what make our community thrive, and we are deeply grateful for your involvement. If you've ever thought about becoming more active in our mission to advance psychiatric APRNs across Texas, now is the perfect time! -Amy Owens Horelica, Communications Chair



WELCOME

Greetings

I am thrilled to invite you to our 4th Annual Psychiatric Advanced Practice Nurses of Texas Mental Health Conference, which will be held on March 1, 2025, in Austin, Texas! Whether you attend in person or virtually, this conference is an opportunity to learn, connect, and strengthen our profession as psychiatric/mental health APRNs.



This year, we are bringing you expert-led presentations on critical topics, including eating disorders in outpatient settings, psychopharmacology updates, legislative changes, and more. Beyond education, this conference is about networking, mentorship, and supporting one another in our shared mission of providing quality mental health care.

Now, more than ever, we must stick together as PMHNPs, advocating for our profession and the patients we serve. Join us for a day of collaboration, professional growth, and community—I look forward to seeing you there!

Warm regards,
Lisa Anderson, DNP, APRN, PMHNP-BC
President, PAPN Texas



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CONFERENCE

Pre-Conference Social

Join us for a pre-conference social—a perfect chance to reconnect with old acquaintances and build new connections before the event kicks off! Enjoy a relaxed atmosphere, great conversations, and the opportunity to engage with your peers. Stay tuned—full details will be shared soon. Don't miss out on this chance to unwind and connect!



You're Invited!

Join us for the 4th Annual Psychiatric Advanced Practice Nurses of Texas Mental Health Conference on Saturday, March 1, 2025, at the Joe C. Thompson Conference Center in Austin, TX.

This premier event is designed for psychiatric-mental health professionals looking to expand their knowledge, refine clinical skills, and engage in meaningful discussions with colleagues from across Texas.

Topics Include:

The Certified Community Behavioral Health Clinic Model
Best Practices for Treating Eating Disorders in Outpatient Settings
Texas Psychiatric APRN Legislative Update 2025
Human Trafficking: Awareness & Intervention
Geriatric Psychiatry: Addressing the Unique Needs of Older Adults
Psychopharmacology Update: The Latest in Medication Management

Early bird registration ends February 9! Secure your spot now and take advantage of discounted pricing.



MONTHLY SUPPORT



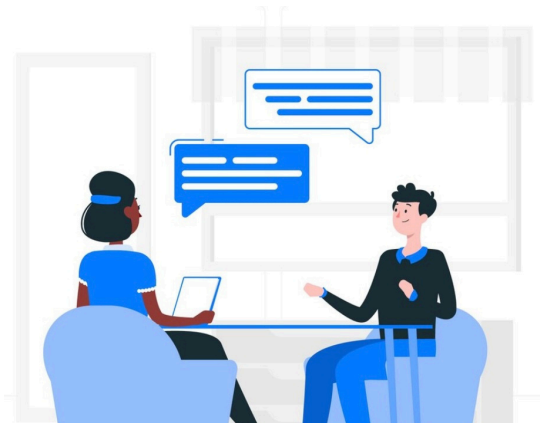
First Year PMHNP Support

The 1st Year PMHNP Support Group meets by Zoom teleconferencing on the 2nd Thursday of each month. The general goals of the group are to:

- 1) provide support and encouragement for new PMHNPs,
- 2) discuss reasonable pay and workplace conditions, and 3) to network with colleagues.

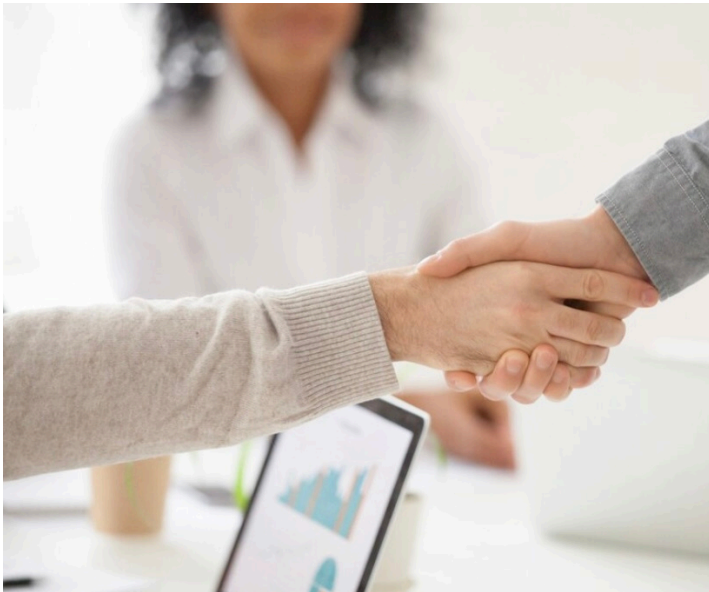
Case Consultation

Our Case Consultation meetings are in the works to resume soon! These sessions, held on the fourth Thursday of each month, offer a chance to discuss real-world cases, learn from peers, and engage in meaningful professional connections in a supportive, collaborative space where all questions are welcome. Stay tuned for the announcement of our next session –you won't want to miss it!



Looking for ways to grow your resume or grow your leadership skills? PAPN Texas has current vacancies that may be just the right fit for you! There will also be additional leadership opportunities this Spring during our annual elections.

NEW & NOTEWORTHY



Private Practice Support

The inaugural meeting has officially kicked off! We will be following along with the process of writing a business plan and exploring everything that goes into developing one. Don't miss this opportunity to gain valuable insights and connect with fellow professionals on the journey of private practice ownership! Join us monthly on the third Thursday!

Grand Round Wednesday

Enhance your clinical knowledge and skills with weekly Grand Rounds every Wednesday! This continuing education opportunity is available to PAPN Texas members and is presented by the Faillace Department of Psychiatry and Behavioral Sciences, McGovern Medical School, UTHealth Houston. This week's topic: "Predicting Inpatient Aggressive Events in Large Psychiatric Hospitals." Don't miss this chance to stay informed and engage with experts in the field!



Current PAPN Texas Vacancies include Regional Directors for Big Bend/El Paso, DFW/Northeast Texas, and the Pan Handle/West Plains areas. See the last page for responsibilities and contact information.



ADVOCACY



SB 911: HEAL Texans Act

On February 5, Senator Blanco will hold a press conference to introduce SB 911, the HEAL Texans Act, which seeks to remove the requirement for nurse practitioners (NPs) and clinical nurse specialists (CNSs) to have a delegating physician. The proposed legislation includes a requirement for a specified number of supervised practice hours and currently does not authorize the prescribing of Schedule II medications; however, further details are still under discussion.

Additional bills affecting the nursing profession have been filed, with more expected in the legislative pipeline. Nurses can stay informed about relevant legislation by visiting the Nursing Legislative Action Coalition (NLAC), Texas Nurses Association (TNA), and Texas Nurse Practitioners (TNP) websites. We encourage all nurses to engage with their state senators and representatives to advocate for policies that support the profession and enhance patient care. - Stella Logan, Legislative Chair

TNP Capitol Day Dates 2025

East Texas Regional Capitol Day: February 10

North & West Texas Regional Capitol Day & Maternal Health Video Screening Panel: March 10

Central Texas Regional Capitol Day: March 12

South Texas and Far West Regional Capitol Day: April 4

For more information visit: <https://texasnp.org/capitol-days/>



BOARD OF DIRECTORS



Board Officers

President - Lisa Anderson
Past President - Sherry Grogan
President Elect - n/a
Vice President - Gloria Tolani
Secretary - Kaylie Dozier Joachim
Treasurer - Ayla Naughton

Regional Representatives

Austin/Hill Country - Wanda Hilliard
El Paso/Big Bend - **OPEN**
DFW/Northeast Texas - **OPEN**
Houston/Gulf Coast - Kelly Kearney
Panhandle/Plains - **OPEN**
San Antonio/South Plains - Toni Brent

Board Appointed Positions

Communications Committee Chair - Amy Owens Horelica
Education Committee Chair - Lola Bello
Conference Committee Chair - William Tudor
Legislative Chairs - Stella Logan/Justin Cullers
Membership Committee Chair - Martina Gallagher
Nominations Committee Chair - Linda Barloon
First Year Practice Group Chair - Justin Cullers
Case Conference Chair - Wanda Hilliard
Private Practice Group Chairs - Sherry Grogan/Lola Bello/Amy Owens Horelica
Student Representative - Katie Hanel

The **Regional Director** organizes networking and mental health awareness events, establishes community partnerships, hosts PAPN TX-sponsored educational workshops on basic mental health topics, and engages in advocacy and outreach with the Legislative Chair. Additional duties include media engagement to promote mental health and PAPN TX and collaborating with local PAPN groups to foster community and professional support.

For more details or to express interest contact **Linda Barloon**.
lbarloon@houstonmethodist.org



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