



PAPN TEXAS

PSYCHIATRIC ADVANCED PRACTICE NURSES OF TEXAS



Happy New Year to all our PAPN Texas Members!

As we step into 2025, we are excited about the incredible opportunities on the horizon!

This year, we look forward to hosting our annual Mental Health Conference, continuing our first-ever PMHNP support group, and offering the enriching experience of Grand Rounds. We're also thrilled to reintroduce the monthly Case Consultation Meeting and launch a brand-new support group focused on all things private practice. Your membership and dedication are what make our community thrive, and we are deeply grateful for your involvement. If you've ever considered becoming more active in our mission to promote psychiatric advanced practice nurses across Texas, now is the perfect time—check out the openings we have available and join us in shaping the future of our profession. Cheers to a year of growth, connection, and success! - Amy Owens Horelica, Communications Chair



WELCOME!

Inaugural Greetings

As we step into 2025, I want to take a moment to express my gratitude for each of you and the vital role you play in advancing psychiatric mental health care across Texas. PAPN Texas is growing stronger than ever, and together we are building an organization that not only supports our professional development but also strengthens the communities we serve.



This year, we are excited to continue expanding opportunities for engagement, education, and advocacy. Our Annual Mental Health Conference, along with new and returning initiatives like Grand Rounds, Case Consultations, and support groups for new PMHNPs and private practice owners, are all part of our commitment to fostering growth and collaboration.

As psychiatric advanced practice nurses, we are at the forefront of mental health care. Through continued advocacy, leadership, and education, we have the power to influence policy, promote mental health awareness, and ensure that quality care is accessible to all Texans. I encourage each of you to take part—whether by attending our events, volunteering, or simply connecting with fellow members. There are open leadership roles across our regions, and your involvement can directly shape the future of our profession.

Together, we are not just practitioners; we are advocates, educators, and changemakers. I look forward to what we will accomplish this year as we continue to grow, inspire, and lead in the field of psychiatric nursing.

Here's to a year filled with progress, connection, and collective success.

Warm regards,
Lisa Anderson, DNP, APRN, PMHNP-BC
President, PAPN Texas



www.papntexas.org

MONTHLY SUPPORT



First Year PMHNP Support

Have you graduated from a PMHNP program in the last year? Do you have questions about employment, negotiations, practice issues or other questions? If so, this group is for you! This group meets the second Thursday each month. Here you can meet others in similar circumstances and receive guidance from seasoned practioners.

Case Consultation

We are pleased to announce the resumption of our monthly Case Consultation meetings following the extended holiday break! These sessions will be held on the fourth Thursday of each month. Join us for the discussion of real-world cases, an opportunity to listen, learn, and engage in professional camaraderie in a supportive and collaborative environment where all questions are welcome.



Looking for ways to grow your resume or grow your leadership skills? PAPN Texas has current vacancies that may be just the right fit for you! There will also be additional leadership opportunities this Spring during our annual elections. See the last page for current openings and contact information.



ADDITIONAL SUPPORT

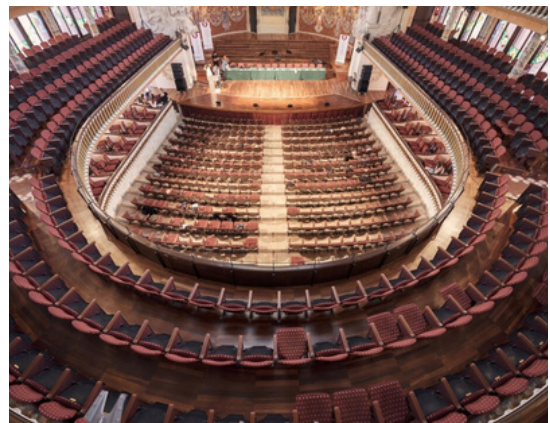


***NEW* Private Practice Support**

PAPN Texas is excited to announce the inaugural Private Practice Owners Discussion Group. This drop-in group will be held the third Thursday of each month. It is designed to provide mentorship, career support, and personal and professional development opportunities for PAPN Texas members who own or are considering owning a private practice.

Grand Rounds

Grand rounds are a great way to enhance your clinical knowledge and skills. This continuing education opportunity is extended to PAPN Texas members and presented is weekly via the Faillace Department of Psychiatry and Behavioral Sciences McGovern Medical School UTHouston.



Current PAPN Texas Vacancies include Regional Directors for Big Bend/El Paso, DFW/Northeast Texas, and the Pan Handle/West Plains areas. See the last page for responsibilities and contact information.



ANNUAL CONFERENCE



4th Annual Psychiatric Advanced Practice Nurses of Texas Mental Health Conference

Join us for the 4th Annual Psychiatric Advanced Practice Nurses of Texas Mental Health Conference on Saturday March 1st, 2025 at the UT Austin Thompson Conference Center. The conference will be in-person and live-streamed with 6 CE hours provided. Topics include geriatrics, legislative updates, psychopharmacology, eating disorders and community behavioral health clinic models.



Comments from previous conferences:

...I thought it was a great conference and I'm really glad I attended....
....Excellent presentations and content!
....Great conference! Great topics and relevant.
....This was the best conference I have attended. I loved that I got to see every lecture. The speakers were evidenced based intelligent and so articulate. It was well organized and I can't wait to attend next years conference.
....The food and drink were perfect! The registration was organized and welcoming.....
....Enjoyed it. And thank you for having vegan sandwiches. That was an amazing bonus....Excellent conference.

BOARD OF DIRECTORS



Board Officers

President - Lisa Anderson
Past President - Sherry Grogan
President Elect - n/a
Vice President - Gloria Tolani
Secretary - Kaylie Dozier Joachim
Treasurer - Ayla Naughton

Regional Representatives

Austin/Hill Country - Wanda Hilliard
El Paso/Big Bend - **OPEN**
DFW/Northeast Texas - **OPEN**
Houston/Gulf Coast - Kelly Kearney
Panhandle/Plains - **OPEN**
San Antonio/South Plains - Toni Brent

Board Appointed Positions

Communications Committee Chair - Amy Owens Horelica
Education Committee Chair - Lola Bello
Conference Committee Chair - William Tudor
Legislative Chairs - Stella Logan/Justin Cullers
Membership Committee Chair - Martina Gallagher
Nominations Committee Chair - Linda Barloon
First Year Practice Group Chair - Justin Cullers
Case Conference Chair - Wanda Hilliard
Private Practice Group Chairs - Sherry Grogan/Lola Bello/Amy Owens Horelica
Student Representative - Katie Hanel

The **Regional Director** organizes networking and mental health awareness events, establishes community partnerships, hosts PAPN TX-sponsored educational workshops on basic mental health topics, and engages in advocacy and outreach with the Legislative Chair. Additional duties include media engagement to promote mental health and PAPN TX and collaborating with local PAPN groups to foster community and professional support.

For more details or to express interest contact **Linda Barloon**.
lbarloon@houstonmethodist.org



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