

"Health Benefits of the Mediterranean Diet"

Sailing Roundtrip From Venice to the Greek Isles

*Aboard the Norwegian Jade
June 21-28, 2014*

Come cruise with noted Cardiologist and author Michael Ozner, M.D. as he discusses the keys to achieving optimal health and ideal body weight with the Mediterranean diet & lifestyle.

Date	Port	Arrive	Depart
Saturday, June 21	Venice, Italy		6:00 PM
Sunday, June 22	At Sea		
Monday, June 23	Corfu, Greece	8:00 AM	3:30 PM
Tuesday, June 24	Santorini, Greece	1:30 PM	10:00 PM
Wednesday, June 25	Mykonos, Greece	8:00 AM	6:00 PM
Thursday, June 26	Olympia (Katakolon), Greece	9:00 AM	6:00 PM
Friday, June 27	At Sea		
Saturday, June 28	Venice, Italy	8:00 AM	



Cruise Prices Starting At:

Interior:	\$1,199
Oceanview	\$1,399
Balcony	\$1,699
Mini-Suite	\$1,899

Rates are per person based on double occupancy and subject to availability. Port charges, taxes, & gratuities included.

**Cruise Must Be Booked With
Cruise And Travel Partners
To Participate!**

For More Information Contact:

Jodi Murphy | 610-399-4501

Cruise and Travel Partners | www.cruiseandtravelpartners.com

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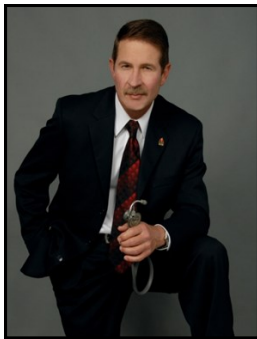
You Will Learn Firsthand:

The keys to optimal health and longevity

How to achieve ideal body weight

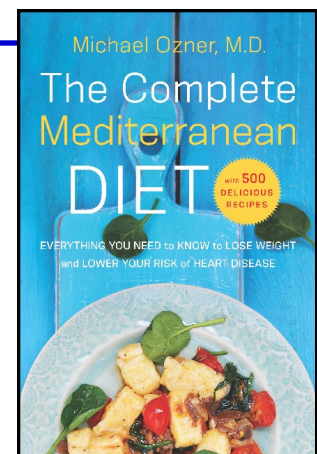
Heart-healthy Mediterranean cuisine with live cooking demonstrations

This cruise offers you an affordable 7 days of fun and relaxation and a chance to spend face-to-face time with one of America's leading authorities on the Mediterranean diet and heart disease prevention.



INCLUDED:

- An autographed copy of Dr. Ozner's book *The Complete Mediterranean Diet*
- Welcome Reception
- Mediterranean cooking demonstrations
- All meeting related lectures and activities



Disclaimer: This activity is for informational purposes only and is not intended to serve as a substitute for professional medical advice. You should always discuss all medical information and recommendations with your personal treating physician.