

Alaska Nurse Practitioner Association



A Meeting Place for Nurse Practitioners in the Last Frontier

2024 Alaska Nurse Practitioner Association CONFERENCE ~ AGENDA FINAL

Wednesday, SEPTEMBER 25

5:00pm **Doors Open – Early Registration Starts**
5:20pm – 5:30pm **Welcome Reception Starts**
5:30pm – 6:00pm **Networking with Colleagues**
6:00pm – 7:00pm **Secondary Trauma and its Impact: Running on Empty**
(60 min) *Jill Ramsey, MS, CPRP*

Thursday, SEPTEMBER 26 - Doors open at 8:25

9:00am **BIRCH ROOM**
9:15am – 9:30am Breakfast and Registration
Welcome and Housekeeping

9:30am – 10:30am **BIRCH ROOM - Presentation #1 – Keynote**
(60 min)
30 Hacks I Learned in 30 Years as a Nurse Practitioner
Lorraine Bock, DNP, ENP-C, FNP-C, FAANP

10:30am – 11:00am **GALLERY - BREAK WITH EXHIBITORS**

11:00am – 12:00pm **BIRCH ROOM**
(60 min) **Presentation #2a**
MALFD/MASH-A Public Health Emergency
Lisa Jackson, DNP, APRN, FNP. NO-C

WILLOW/SPRUCE/FIR ROOM
Presentation #2b

COTTONWOOD/ALDER ROOM
Presentation #2c

Somatic Symptom Disorder
Teresa Lyons, APRN, PMHNP

Helpful Labs to Help Your Patients
Bethany Buchanan, DNP, APRN, FNP

BIRCH ROOM – LUNCH AGENDA
12:00pm – 12:20pm *Lunch Buffet is served*
12:20pm – 12:40pm Update and Awards, Lisa Jackson, AANP State Representative
12:40pm – 1:00pm APRN Alliance Update, Marianne Johnstone-Petty
1:00pm – 1:15pm Transition to Afternoon Sessions

1:15pm – 2:15pm **BIRCH ROOM**
(60 min) **Presentation #3a**
MALFD/MASH-A Public Health Emergency
Lisa Jackson, DNP, APRN, FNP. NO-C

WILLOW/SPRUCE/FIR ROOM
Presentation #3b
Nausea & Vomiting: A Mechanism Approach to Anti-Emetic Choice
Marianne Johnstone-Petty, DNP, FNP-C, APRN, ACHPN

COTTONWOOD/ALDER ROOM
Presentation #3c

The Science of Arousal: Modern Advances in Sexual Medicine
Jillian Woodruff, MD, FACOG

2:15pm – 2:30pm **Transition to next presentation**

2:30pm – 3:30pm **BIRCH ROOM**
(60 min) **Presentation #4a**
Infusion Therapy: An Overview
Melissa Van Fossen, FNP-C

WILLOW/SPRUCE/FIR ROOM
Presentation #4b
Weight Management: Tx Actions to Fit into Already Packed Patient Visits
Sally Coburn, APRN-BC, CSOWM, RD, LD, RN-BC

COTTONWOOD/ALDER ROOM
Presentation #4c

Burnout, evidence-based review and somatic practices for wellness and longevity in your Practice
Sarah Sjostedt, MSN, APRN

3:30pm – 4:00pm **GALLERY**
(30 min) TEA BREAK visit Exhibitors

4:00pm – 5:15pm **BIRCH ROOM**
(75 min) **Presentation #5**
Diabetes Panel ~ Facilitator: Marisa Bune, MSN, APRN, NP-C
Panelists: Alexis Baird, PA-C, MPH ~ Jeremiah Britton, MS, RD, CDCES, BS-ADM ~ Stephanie McQuillin, APRN
Christy Pierce, APRN, MSN, ACNP-BC, FNP-C, BC-ADM

5:15pm – 6:30 **BIRCH ROOM RECEPTION – Networking with Colleagues and Students**
5:45pm – 6:15 **Poster Session Introduction & Presentation**

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Friday, SEPTEMBER 27 - Doors open at 8:25

8:45am	BIRCH ROOM Breakfast and Registration		
9:00am – 9:15 am	Welcome and Housekeeping		
9:15am – 10:15am (60 min)	BIRCH ROOM Presentation #6 – Keynote: Alaska and Remote Communities <i>Danise Petticrew, FNP</i> <i>Haley Batt, KQRS Captain, EMT-1, EMT/ETT Instructor</i>		
10:15am – 10:45am	GALLERY - BREAK WITH EXHIBITORS		
10:45am – 11:45am (60 min)	BIRCH ROOM Presentation #7a Safe Opioid Prescribing for Palliative Care: Pain Management, Opioids, & Opioid Use Disorder <i>Marianne Johnstone-Petty, DNP, FNP-C, APRN, ACHPN</i>	WILLOW/SPRUCE/FIR ROOM Presentation #7b Cardiovascular disease prevention and treatment through lifestyle choices <i>Marina Nedom, APRN</i>	COTTONWOOD/ALDER ROOM Presentation #7c Transforming Obesity Care with a Functional Medicine Approach <i>Aderonke Akindipe, DNP, MBA, APRN, FNP-C</i>
11:45am – 12:00pm	BIRCH ROOM – LUNCH Agenda Lunch Buffet is served		
12:00pm – 12:30pm	<i>Sen. Giessel- Healthcare and legislative update</i>		
12:30pm – 12:50pm	<i>ANPA Meeting/Election</i>		
12:50pm – 1:00pm	<i>Transition to Afternoon Sessions</i>		
1:00pm – 2:00pm (60 min)	BIRCH ROOM Presentation #8a Dermatology in Diabetes <i>Summer Cutting, DNP</i>	WILLOW/SPRUCE/FIR ROOM Presentation #8b Secondary Trauma and its Impact: Running on Empty <i>Jill Ramsey, MS, CPRP</i>	COTTONWOOD/ALDER ROOM Presentation 8c Loving to Death Self Help for Caregivers <i>Kim Perry, FNP</i>
2:00pm – 2:10pm	Transition to next presentation		
2:10pm – 3:10pm (60 min)	BIRCH ROOM Presentation #9a Sweet Success: Unveiling the Power of Continuous Glucose Monitoring <i>Christy Pierce, APRN, MSN, ACNP-BC, FNP-C, BC-ADM</i>	WILLOW/SPRUCE/FIR ROOM Presentation #9b What's hot in anti-aging, regenerative, longevity medicine. How to live with vitality. <i>Christine Sagan, APRN</i>	COTTONWOOD/ALDER ROOM Presentation #9c Avoiding the Handcuffs: Fraud Trends and Issues for Nurse Practitioners <i>Earl D. Bock, BS, AHFI, CIFI</i>
3:10pm – 3:40pm	GALLERY - BREAK WITH EXHIBITORS		
3:40pm – 4:40pm (60 min)	BIRCH ROOM Presentation #10 Now is the Time: Making Your Voice Heard <i>Lorraine Bock, DNP, ENP-C, FNP-C, FAANP</i>		
4:40pm – 4:55pm	BIRCH ROOM Closing Remarks & Evaluation		



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INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by Alaska Native Medical Center (ANMC) and the Alaska Nurse Practitioner Association. ANMC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. ANMC designates this activity for a maximum of **13.0** contact hours, and **6.0** pharmacological contact hours, commensurate with participation.