Does your child take medication for OCD?

Baylor College of Medicine

If so, check out our study!

Study Goal:

Determine whether <u>cognitive</u><u>behavioral therapy (CBT)</u> can be
helpful for children with obsessivecompulsive disorder (OCD) to
<u>discontinue their medication</u>
without relapse over 24 weeks.

Who is eligible?

- Ages 7-17
- OCD symptoms for at least 6 months
- On OCD medication for 12+ weeks
- Parent and child live in TX

What's involved?

- Free online <u>CBT sessions</u> for 12 18 weeks
- Randomization at midpoint: If you are in the first group, your child will continue their medication over 24 weeks. If you are in the second group, your child will slowly receive smaller doses of their medication over 24 weeks.
- 4 assessments throughout the study

How to enroll?



Scan the QR code to reach our eligibility survey or send an email to the address below or call!

For more information:
PoweroCDStudy@bcm.edu
713-798-6077

