



Monthly Membership Newsletter

2023/6



**NATIONAL BLACK
NURSE PRACTITIONER
ASSOCIATION**

Prepared By
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Membership and it's Privileges



Join NBNPA Today!

The benefits of becoming a paid member of NBNPA includes:

Full access to NBNPA website

<https://nbnpa.enpnetwork.com/>

Professional networking opportunities

\$10 discount on AANP individual full membership dues

Legislative updates

Continuing education opportunities

Clinical/professional practice updates

Attend free monthly sponsored meetings in Houston surrounding areas

A fee of \$20.00/ per person for non-members (you will be allowed to attend ONLY one meeting)

**** Membership is non refundable**

NBNPA needs Committee Members! Let's Get Active!

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If interested, please send an email of interest to nbnpas@gmail.com.
Please list a committee of interest in the subject line.

Scholarship Committee- assist with organization of our annual scholarship fund raising activities and annual national scholarship gala

Membership Committee- assist with membership recruitment and retention strategies, schedule social networking events

Education Committee- to assist with education planning events, ideas and our annual national educational conference

Fundraising Committee- Assist with securing funds for community outreach, scholarship and educational sponsorships

Community Service-assist with developing and mobilizing community service programs/events, develop yearly calendar

Finance and Auditing Committee-assist treasurer with recording payments

Public Relations - assisting with picture collection for posting and storage for archives

Hospitality Committee- to handle deaths of family members, birthdays

Global Initiative Committee- committee members will assist with the facilitation of proposal application, review, grant writing and research

Publication Committee- committee members will assist with the facilitation of publication



The Nurse Practice Corner 03

The National Black Nurse Practitioner Association would like to highlight the contributions of nurse practitioners not only during Nurse Practitioner Week but throughout the year.

Alexis Elizabeth Hayes, PhD, MSN-Ed, APRN, FNP-BC

Dr. Hayes is one of NBNPA most valuable members. She has served as our previous secretary and education committee member. Dr Hayes's can do attitude has been instrumental in orchestrating previous conferences and she was the spearhead of our grant funded initiative, "Know More COVID".

Dr. Hayes received her ANCC nurse practitioner certification in 2012. She received her PhD in Nursing Philosophy from The University of Texas Health Science Center Cizik School of Nursing in 2019. Her Research and Dissertation focused on An Exploration of Psychosexual Functioning and Factors Affecting the Decision-Making Process in Women of Childbearing Age with a BRCA1/BRCA2 Mutation.

Currently, Dr Hayes works as a Nurse Scientist Center for Nursing Research, Education and Practice at Houston Methodist Academic Institute. She is a published author of various works and presentations. Most recently, she will presenting a poster presentation in Sigma 34th International Nursing Research Congress in Abu, Dabi, The following are two articles written by Dr. Hayes and her colleagues.

Hayes, A. E., Wardell, D. W., Engebretson, J., LoBiondo-Wood, G., & Allicock, M. (2023). Psychosexual responses to BRCA gene mutations in women of childbearing age. *Journal of the American Association of Nurse Practitioners*, 35(4), 242-251.
<https://doi.org/10.1097/JXX.0000000000000850>

Smith, N. Z., Vasquez, P. J., Emelogu, N. A., Hayes, A. E., Engebretson, J., & Nash, A. J. (2020). The Good, the Bad, and Recovery: Adolescents Describe the Advantages and Disadvantages of Alternative Peer Groups. *Substance abuse: research and treatment*, 14, 1178221820909354.
<https://doi.org/10.1177/1178221820909354>

Alzheimer's Awareness Month



Typical presentation: 5 A's of Alzheimer's disease (AD)

1. **Amnesia** – Difficulties with memory – particularly short-term memory
2. **Aphasia** – Both receptive aphasia and expressive aphasia becomes diminished.
3. **Agnosia** – Inability to recognize objects/people that were previously well known
4. **Apraxia** – Inability to perform motor skills and sequence actions
5. **Associated Symptoms** – Hallucinations, delusions disturbed behavior or mood

Clinical course: AD is progressive but the rate can vary. The average life expectancy after diagnosis is 8-10 years.

Diagnosis: Criteria for diagnosis has been established by the National Institute on Aging and the Alzheimer's Association (NIA-AA) in these guidelines, the workgroups identified Alzheimer's disease as a continuum with three distinct Stages: Preclinical, Mild Cognitive Impairment and Dementia.

Treatment: Referrals, Nonpharmacologic therapy, Medications (Cholinesterase Inhibitors, Memantine, Aducanumab, And Vitamin E)

U.S. Department of Health and Human Services. (n.d.). Alzheimer's disease diagnostic guidelines. National Institute on Aging. <https://www.nia.nih.gov/health/alzheimers-disease-diagnostic-guidelines>

Press, D., & Buss, S. S. (2021). Treatment of Alzheimer disease. UpToDate.

[https://www.uptodate.com/contents/treatment-of-alzheimer-disease?](https://www.uptodate.com/contents/treatment-of-alzheimer-disease?search=alzheimer+dementia&source=search_result&selectedTitle=2~150&usage_type=default&display_rank=2#H23)

[search=alzheimer+dementia&source=search_result&selectedTitle=2~150&usage_type=default&display_rank=2#H23](https://www.uptodate.com/contents/treatment-of-alzheimer-disease?search=alzheimer+dementia&source=search_result&selectedTitle=2~150&usage_type=default&display_rank=2#H23)

Clinical Updates!

JUNE 27th, National HIV

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**Get Tested June 27th!
Take the Test & Take the Next Step**

Since June 27, 1995, National HIV testing day has been observed. The goal is is regardless of status, every individual should be empowered the test, and know their results. Knowledge allows each person to "take the next steps" in securing their health.

Ending the HIV Epidemic in the U.S. Initiative emphasize diagnosing individuals as soon as possible and ensuring the availability of multiple HIV testing modalities to best meet the needs of populations with increased risk of transmission due to a wide range of social, economic, and demographic factors (such as stigma, discrimination, etc.).

Organizations, including the CDC, will be distributing free HIV testing kits .

Go to for your test kit: https://together.takemehome.org/?utm_source=partner&utm_medium=organic-english&utm_campaign=selftesting05&utm_term=free-kits&utm_content=nhtdannouncement

References: HIV.GOV

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June Meeting

Please Join Us
for our June 29th Meeting
Five Central
Conference room



Guest Speaker:

Phase 2 Laboratories

Enjoy dinner and education, followed by a social hour
and live Music.

June 29th,
Five Central
2736 Virginia St,
Houston TX 77098

Virtual
Conference

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NBNPA

*Annual Education
Conference 2023*



Virtual Conference
Available

This event offers 11.0 CE credits to attendees (1.75 Pharmacology credits) .

Accreditation Info: AANP.

Register@ nbnpa.enpnetwork.com

2023 Special Election

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We have 2 Members interested in the Recording Secretary Position. We will hold a special election. You may cast your vote on
NBNPA.enpnetwork.com

Deatra Josiah
&
Felicia Blackburn



Promote your Buisness

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Are you ready to take you or your company to
the next level? Promote your Business by
becoming a
Educational Conference/ Scholarship Gala
Sponsor.

By sponsoring the conference, you not only promote your brand
or company, but you also show your support for graduate
education among African American Nurses. Help advertise your
company by supporting our 2023 conference.

Go to the link below to review the different sponsorship

[https://s3.amazonaws.com/enp-network-
assets/production/files/2022/01/26/original/2022_Scholarship_Sponsorship_Packet_revised.pdf?1663733004](https://s3.amazonaws.com/enp-network-assets/production/files/2022/01/26/original/2022_Scholarship_Sponsorship_Packet_revised.pdf?1663733004)



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Help Wanted

The Scholarship Committee host virtual meetings weekly to plan the 2023 Scholarship Gala.



If you are interested in assisting with the planning of the next conference, please email NBNPAS@gmail.com with your contact information,

Subject line: 2023 Scholarship Committee.

Everyone has something to offer!

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Stay Ready!

Order your NBNPA paraphernalia
nbnpas@gmail.com.



Bling T-shirts \$35
NBNPA Conference shirts \$25
NBNPA Cardigan \$100

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AANP Conference



NBNPA will be represented at the 2023 AANP National Conference in New Orleans, June 20-25th.

Our President, Dr. Crystal Thibodeaux-Woodfork and Historian, Brittney Felder Collins will be in attendance. If you will be in NOLA, please reach out and connect, via IG.

