



Monthly Membership Newsletter

2023/5



Prepared By
Bryttany Chambers FNP-C
NBNPA Vice President

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Membership and it's Privileges



Join NBNPA Today!

The benefits of becoming a paid member of NBNPA includes:

Full access to NBNPA website

<https://nbnpa.enpnetwork.com/>

Professional networking opportunities

\$10 discount on AANP individual full membership dues

Legislative updates

Continuing education opportunities

Clinical/professional practice updates

Attend free monthly sponsored meetings in Houston surrounding areas


A fee of \$20.00/ per person for non-members (you will be allowed to attend ONLY one meeting)

**** Membership is non refundable**


NBNPA needs Committee Members! Let's Get Active!

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If interested, please send an email of interest to nbnpas@gmail.com. Please list a committee of interest in the subject line.



Scholarship Committee- assist with organization of our annual scholarship fund raising activities and annual national scholarship gala



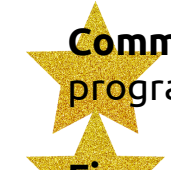
Membership Committee- assist with membership recruitment and retention strategies, schedule social networking events



Education Committee- to assist with education planning events, ideas and our annual national educational conference



Fundraising Committee- Assist with securing funds for community outreach, scholarship and educational sponsorships



Community Service-assist with developing and mobilizing community service programs/events, develop yearly calendar




Finance and Auditing Committe-assist treasurer with recording payments




Public Relations - assisting with picture collection for posting and storage for archives



Hospitality Committee- to handle deaths of family members, birthdays



Global Initiative Committee- committee members will assist with the facilitation of proposal application, review, grant writing and research



Publication Committee- committee members will assist with the facilitation of publication

The Nurse Practice Corner 03

The National Black Nurse Practitioner Association would like to highlight the contributions of nurse practitioners not only during Nurse Practitioner Week but throughout the year.



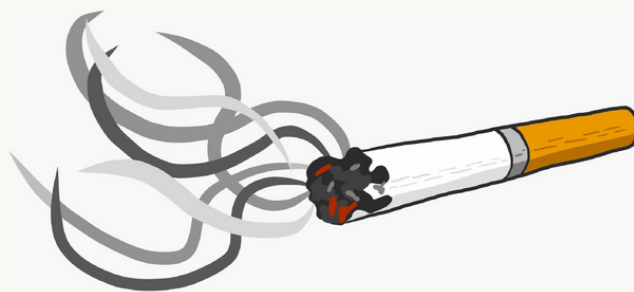
Omolade Ogungbade, MSN, APRN, FNP-BC

Omolade is an ambitious board-certified nurse practitioner with over a decade of nursing experience and a demonstrated career-long commitment to providing safe, patient-focused, and cost-effective healthcare. Compassionate medical professional dedicated to achieving positive outcomes and fostering trusting relationships with patients and their families. Enthusiastic advanced practitioner who is skilled at thinking critically, optimizing patient care, and empowering others to improve their lives by promoting a holistic approach to health and wellness.

Omolade is not only a member of NBNPA, but she is also a member of the education committee and helped put together our phenomenal conference this year. Omolade works as a clinical resource nurse for Memorial Hermann, utilizing her years of working for Health & Social Services. Omolade is an asset to any clinical team.

Help us to celebrate our outstanding member Omolade Ogungbade, MSN, APRN, FNP-BC

Did you know
secondhand smoke
is an asthma trigger?



Reduce your exposure!



Not allowing smoking inside of your home or car is the only way to eliminate secondhand smoke.

2.



If someone in your home smokes, encourage them to smoke outdoors until they can quit.

3.



Work with a healthcare provider to identify your asthma triggers and develop an asthma action plan to reduce triggers in your home.



epa.gov/asthma

May is Asthma Awareness Month

Asthma is a serious, sometimes life-threatening chronic respiratory disease that affects the quality of life for more than 25 million Americans, including an estimated 4 million children.

As a healthcare professional, you want to improve the quality of life for your patients with asthma. Understanding environmental asthma triggers is an important first step. EPA promotes environmental asthma management as a standard of care and clinical practice and provides a variety of resources that healthcare professionals and people with asthma can use to take action.

Click below for a free copy of the Asthma Action Plan.

Asthma Action Plan (epa.gov)

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March Meeting

Please Join Us
for our May 25th Meeting
at Steak 48

National Black Nurse Practitioner Association Presents

DO MORE WITH JARDIANCE
EXPLORE THE MULTIPLE CLINICAL BENEFITS
FOR YOUR PATIENTS

BOEHRINGER INGELHEIM PHARMACEUTICALS, INC.
& LILLY USA, LLC CORDIALLY INVITE YOU TO A PRESENTATION



Jardiance
(empagliflozin)

FEATURED GUEST SPEAKERS
Brandi Addison, DO

LOCATION
STEAK 48
4444 WESTHEIMER ROAD, HOUSTON, TEXAS
77027

DATE THURSDAY, MAY 25, 2023
TIME 6:00 PM

RSVP:
Yvette Michell Oneal 281-221-1448
Krystal Ross 312-315-5103
ONEAL_WETTE_MICHELLE@NETWORK.LILLY.COM
ROSS_KRYSTAL@LILLY.COM

Guest Speaker:
Brandi Addison, DO
6:30 PM

Steak 48
4444 Westheimer Road
Houston TX 77027

Save the Date

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NBNPA

Annual Education Conference 2023



**Virtual Conference
Available**

This event offers 11.0 CE credits to attendees (1.75 Pharmacology credits) .

Accreditation Info: AANP.

Register@ nbnpa.enpnetwork.com

2023 Conference Highlights

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2023 Conference Highlights

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2023 Conference Highlights

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2023 Conference Highlights

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2023 Conference

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**THANK YOU TO ALL THE
ATTENDEES, SPONSORS
SPEAKERS, COMMITTEE MEMBERS
AND COORDINATORS THAT MADE
THIS EVENT POSSIBLE.**



Success!!!

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NBNPA successfully participated in the African American Male Wellness Walk 4/15/23. We screened participants for a variety of ailments that plague our community. NBNPA is consistently at the forefront of community health.



Success!!!

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Promote your Buisness

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Are you ready to take you or your company to
the next level? Promote your Business by
becoming a
Educational Conference/ Scholarship Gala
Sponsor.

By sponsoring the conference, you not only promote your brand
or company, but you also show your support for graduate
education among African American Nurses. Help advertise your
company by supporting our 2023 conference.

Go to the link below to review the different sponsorship

[https://s3.amazonaws.com/enp-network-
assets/production/files/2022/01/26/original/2022_Scholarship_Sponsorship_Packet_revised.pdf?1663733004](https://s3.amazonaws.com/enp-network-assets/production/files/2022/01/26/original/2022_Scholarship_Sponsorship_Packet_revised.pdf?1663733004)



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Help Wanted

The Scholarship Committee host virtual meetings weekly to plan the 2023 Scholarship Gala.



If you are interested in assisting with the planning of the next conference, please email NBNPAS@gmail.com with your contact information,

Subject line: 2023 Scholarship Committee.

Everyone has something to offer!

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Stay Ready!

Order your NBNPA paraphernalia
nbnpas@gmail.com.



Bling T-shirts \$35

NBNPA Conference shirts \$25

NBNPA Cardigan \$100

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PAC Updates



NBNPA supports legislation that would lift barriers that prevent Nurse Practitioners (NP) from practicing to the full scope of their education and licensure. There are several organizations and institutions who are adept in understanding that advance practice registered nurses (APRN's) contributions to medical care improve timely delivery of healthcare, thus increasing access to our most vulnerable populations. Currently, NP's practice independently in 26 states and in Washington DC.

NBNPA supports TNP efforts for SB 1700!

The "HEAL" Bill SB 1700 (Healthcare Expanded and Accessed Locally for Texans), is stalling in the Senate of the 88th Legislature. This is a bi-partisan bill that supports increase to healthcare access by all Texans.

Texas 2023 Healthcare Rankings:

Texas is ranked 50th among all states in access to high quality prenatal and maternal care! Texas ranked last in providing access to mental health services and treatment! (98% of Texas is designated by the federal government as mental health professional shortage areas). Texas is ranked 50th overall due to lack of access to medical care, insurance and annual preventative services!

PLEASE email your message to the other committee members and ask for their support:

Charles.perry@senate.texas.gov

Cesar.blanco@senate.texas.gov

Bob.hall@senate.texas.gov

Kelly.hancock@senate.texas.gov

Bryan.hughes@senate.texas.gov

Morgan.lamantia@senate.texas.gov

Borris.miles@senate.texas.gov

Kevin.sparks@senate.texas.gov

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Representation Matters



Vote for 2023 TNP Board Members !

**Congratulate Dr. Lutricia Harrison,
one of our founding members, is a candidate.**

Last day to vote is 5/15/23.