

science
goals
plan
research
integrity
differentiation
outcomes
data
evidence-based
policy

NC-NACNS ANNUAL CONFERENCE

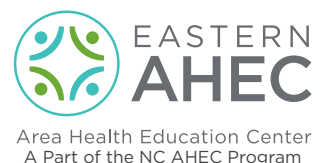
AUGUST 27, 2021

The Education Center at Eastern AHEC
Greenville, NC

Also provided via Live Webinar



North Carolina Affiliate of National Association of
Clinical Nurse Specialists



Area Health Education Center
A Part of the NC AHEC Program

Description

This conference will provide evidenced based information relevant to the Clinical Nurse Specialist (CNS) role. Leading experts will examine a multitude of topics such as driving change for a healthier North Carolina, legislative issues, precepting tips, psychopharmacology for the non-prescriber, resiliency, and exemplars on how CNS led teams can improve clinical outcomes. Successful strategies and competencies on dissemination of clinical outcomes will be explained in detail. The day will end with a facilitated discussion on CNS practice and COVID-19 hospital response.

Who Should Attend

Clinical Nurse Specialists, Clinical Nurse Specialist Students, Nurse Leaders

Learning Outcome

Participants will increase knowledge related to the performance of the CNS role in diverse settings with a variety of clinical populations. By presenting current evidence in critical and timely topics, attendees will be able to improve their ability to implement core CNS clinical competencies in daily practice.

Objectives

- Describe the role of the CNS in driving change for a healthier North Carolina
- Discuss precepting tips for the clinical nurse specialist and student
- Examine essential psychopharmacology for the non-prescriber
- Describe evidence based interventions to improve your well-being and resiliency
- Explore strategies and competencies related to the dissemination of outcomes
- Examine a multifactorial approach to preventing emergency department falls
- Describe the potential impact of the CNS role in ethically-complex patient situations
- Identify positive and negative influences of the COVID-19 pandemic on CNS practice in a NC health system

Faculty

Nicole Cook, BSN, CEN, CCRN, TCRN

Trauma Clinical Nurse Specialist
WakeMed Health & Hospitals Trauma Services
Raleigh, NC

Ashley Gordon, MSN, RN, AGCNS-BC, CMSRN, CCRN

Critical Care Clinical Nurse Specialist
WakeMed Health & Hospitals
Raleigh, NC

Cindy Klaess, MSN, APRN, ACNS-BC, CCM

Registered Nurse
Vidant Multispecialty Clinic
Belhaven, NC
Clinical Nurse Specialist—Ambulatory
Duke University Hospital
Durham, NC

Brittany Komansky, MHA, BSN, RN, CEN

Director of Emergency Services
WakeMed Health & Hospitals
Raleigh, NC

Donna Lake, PhD RN

Nurse Executive Advanced, Board Certified,
Fellow, American Academy of Nursing (FAAN)
Professor, Advanced Nursing Practice and Education Faculty,
ECU College of Nursing
Colonel, USAF Retired

Wanda Lancaster, DNP, APRN, PMHCNS-BC, PMHNP-BC

Clinical Assistant Professor
Psychiatric Mental Health Concentration Director
ECU College of Nursing

Alice Maupin, MSN, RN, AGCNS-BC, OCN

Clinical Nurse Specialist – Oncology Services
Duke University Health System
Durham, NC

Kimberly Pate, DNP, RN, ACCNS-AG, PCCN-K

Director of Policy and Professional Development
Atrium Health's Carolinas Medical Center and Atrium Health
Mercy
Charlotte, NC

Cyndy Rape, MSN, RN, ACNS-BC

Clinical Nurse Specialist
Atrium Health-Union
Monroe, NC

Kristi Reguin-Hartman, MSN, APRN, ACNS-BC

Clinical Instructor/Adjunct Faculty
ECU College of Nursing
Greenville, NC

Phyllis Whitehead, PhD, APRN, ACHPN, PMGT-BC, FNAP

President-Elect, National Association of Clinical Nurse Specialists
Clinical Ethicist, Palliative Medicine/Pain Management Clinical
Nurse Specialist
Carilion Roanoke Memorial Hospital
Associate Professor
Virginia Tech Carilion School of Medicine

Planning Committee

Ileen Craven, DNP, CNS, MSN, RN-BC

Vidant Medical Center

Kathy Daley, MSN, APRN, ACNS-BC, CCRN-CMC-CSC

Charles George VA Medical Center

Alice Maupin, MSN, RN, AGCNS-BC, OCN

Duke University Health System

Pamela Moss, MPH, MSN, APRN, ACCNS-AG, CCRN-CSC

Vidant Medical Center

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Atrium Health

Cyndy Rape, MSN, RN, ACNS-BC

Atrium Health

Kathy Shaffer, DNP, APRN, AGCNS-BC, C-ONQS

Atrium Health

Michael Urton, DNP, APRN, AGCNS-BC

ECU College of Nursing

Millie House, DNP, MAEd, RN, CNE

Eastern AHEC

Agenda

- 8:00 a.m. Registration and Breakfast**
- 8:30 a.m. Welcome**
Sylvia Brown, EdD, RN, CNE, ANEF - East Carolina University, College of Nursing
Daphne Brewington, PhD, RN - SVP, Chief Nurse Executive, Vidant Medical Center
- 8:45 a.m. Nurses Driving Change for a Healthier North Carolina**
Donna Lake, PhD, RN, NEA-BC, FAAN, USAF-Retired
- 9:30 a.m. Preparing for Success: Precepting Tips for Clinical Nurse Specialist and Student**
Cindy Klaess, MSN, APRN, ACNS-BC, CCM
Ashley Gordon, MSN, RN, AGCNS-BC, CMSRN, CCRN
- 10:00 a.m. Break/Vendors**
- 10:15 a.m. Essential Psychopharmacology for the Non-Prescriber**
Wanda Lancaster, DNP, APRN, PMHCNS-BC, PMHNP-BC
- 11:00 a.m. Evidence Based Practice for Happiness at Work**
Alice Maupin, MSN, RN, AGCNS-BC, OCN
- 11:30 a.m. Lunch/Posters**
- 12:30 p.m. The CNS Role in Navigating Ethically Challenging Issues**
Phyllis Whitehead, PhD, APRN, ACHPN, PMGT-BC, FNAP
President-Elect, NACNS
- 1:30 p.m. Dissemination Fever**
Kristi Reguin-Hartman, MSN, APRN, ACNS-BC
- 2:00 p.m. Break/Posters/Vendors**
- 2:30 p.m. A Multifactorial Approach to Preventing Emergency Department Falls**
Nicole Cook, BSN, CEN, CCRN, TCRN
Brittany Komansky, MHA, BSN, RN, CEN
- 3:00 p.m. CNS Practice and COVID-19 Hospital Response—A Facilitated Discussion**
Kim Pate, DNP, RN, ACCNS-AG, PCCN-K
Atrium CNS Team Members
- 4:00 p.m. Adjournment**

Credit

Nurses

5.75 Nursing Contact Hours

.75 hour of which is Pharmacotherapeutic content Eastern AHEC Department of Nursing and Allied Health Education is approved with distinction as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Attendance at the entire program is required for credit. Participation is verified by check in at the start of each program and initial out at the end of each program. Verification of participation for the live streamed webinar will be noted by check-in at the start of the webinar and monitoring throughout the program.

Registration Information

Registration is online only at www.easternahec.net and requires a current MyAHEC account. Registration will close the day before the program at 12:00 p.m.

Registration Fee:

CNS Member - \$75.00
Student Member - \$50.00
Non-Member - \$125.00

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Webinar Participants

A link and information regarding joining via webinar will be included in your confirmation email.

[Click here](#) for technical requirements and privacy information.

COVID-19 Seating Statement

Conference seating will be limited based on NC public health guidelines for gatherings to continue to slow the spread of COVID-19. Additional guidance for attending the conference will be emailed to you one week prior to the conference. More information will be posted to the Eastern AHEC website.

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Cancellation Policy

- Cancellations must be in writing (easternahec@ecu.edu).
- Registrants canceling between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee.
- No refunds or credits will be given for cancellations received less than two full business days prior to the event.
- Cancellations greater than two weeks prior to the event will receive 100% refund.
- No vouchers will be issued in lieu of a refund.
- Transfers/substitute(s) welcome (notify in advance of the program).

Handouts and Evaluations

Handouts will be available online only. One week prior to the program, registrants will receive a confirmation email with instructions to access handouts along with other program information.

Evaluations will be emailed after the program. Once the evaluation has been completed, your certificate will be available.

Americans with Disabilities Act



Individuals requesting accommodation under the Americans with Disabilities Act (ADA) should contact the ADA coordinator at least five days prior to the event at 252-737-1018 / ada-coordinator@ecu.edu.

Lodging and Restaurant Information

Please email leen.craven@vidanthhealth.com or urtonm18@ecu.edu for a list of nearby hotels and restaurants.

Please bring a sweater or lightweight jacket to ensure your comfort.

If you would like more information on the program, please call the Department of Nursing and Allied Health Education at 252-744-3087.