

## COVID-19 PANDEMIC REVIEW OF EPIDEMIOLOGY & INFECTION PREVENTION

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#### BEFORE STARTING....

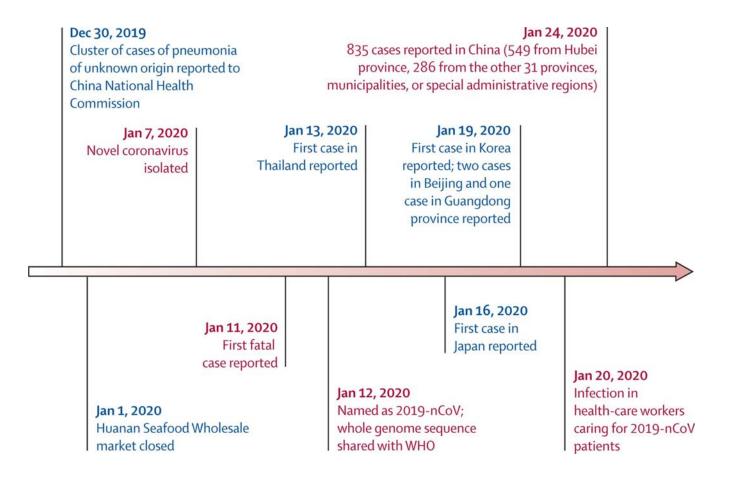
- No disclosures.
- The information provided in this presentation is as per data available at the time of recording.
- Please keep in mind that data and recommendations is subject to change as information is rapidly changing throughout this pandemic.
- Interpretation of data and guidelines is also subject to change.

#### MAIN OBJECTIVES



- Objective 1:Understand the basic epidemiology and transmission dynamics of COVID-19 (SARS-COV-2) Pandemic
- Objective 2: Understand the screening of suspect COVID-19 and interpretation of PCR results
- Objective 3: Identify Strategies to reduce the spread of COVID-19 in hospital and clinical settings

#### INITIAL TIMELINE



#### TIME LINE OF THE PANDEMIC:



- Before arriving to the US, the virus spread through China and abroad
- Jan 17<sup>th</sup>-US airport screenings
- Jan 21st-First US case confirmed
- Jan 23<sup>rd</sup>-Wuhan locks down
- Jan 24<sup>th</sup>-First cases in Europe confirmed
- Jan 29<sup>th</sup>-First group of Americans return from China
- Jan 30<sup>th</sup>-WHO declares global health emergency and US reports first case of person-toperson transmission
- Jan 31st-US declares public health emergency (first quarantine order issued by the federal gov in over 50 years)
- Feb 2<sup>nd</sup>-First death outside China
- Feb 6<sup>th</sup>-First death in US (California)
- Feb 7th-Chinese Whistleblower doctor dies of illness
- Feb 11th-WHO announced formal name, COVID-19
- Feb 21st-CDC director of National Center for Immunization and Resp Diseases reports "Pandemic likely"
- Feb 23<sup>rd</sup>-Italy locks down as a dozen northern towns see outbreak
- Feb 26<sup>th</sup>-CDC reports community spread, confirming first US person to contact the virus despite not visiting a foreign country recently or coming into contact with an infected patient.
- Feb 28th-CDC flawed test kits; no expanded criteria for coronavirus testing

#### CONT. SPRING 2020

- March 3<sup>rd</sup>-US surpasses 100 cases
- March 11th-US travel ban on Europe and WHO declares worldwide pandemic
- March 13<sup>th</sup>-Trump declared the coronavirus pandemic a national emergency to secure disaster funding
- March 15<sup>th</sup>-US guidelines issued calling for 15 days to slow the spread ("Flatten the Curve")
- March 17<sup>th</sup>-Trump evokes "Defense Production Act" to direct industry to produce critical equipment and report shows virus is stable on surfaces
- March 18th-CDC report shows all ages are at risk
- March 19th-US surpasses 10,000 cases
- March 24<sup>th</sup>-Tokyo Olympics postponed
- March 28th-CDC issues travel advisory to New York area
- April 1st-US surpasses 200,000 cases and topped 1,000 deaths in a single day for the first time
- April 2<sup>nd</sup>-More than 1Million confirmed cases worldwide
- April 3<sup>rd</sup>-CDC recommends use of face masks
- $\circ$  April 7<sup>th</sup>-US reports more than 2,000 deaths in a single day for the first time.
- April 8<sup>th</sup>-Whuan city lifts lockdown after 76 day lockdown
- April 11<sup>th</sup>-Worldwide deaths surpass 100,000
- April 14<sup>th</sup>-All 50 states in America report deaths
- April 16<sup>th</sup>-White House issues guidance to reopen states
- April 20th-States announce plans to reopen
- $\bullet$  April 26th-CDC adds 6 new symptoms including loss of taste and smell to list of coronavirus symptoms
- April 28<sup>th</sup>-1 million confirmed cases in the US

#### CONT. SUMMER 2020

- May 7<sup>th</sup>-Experts advise against antibody tests (not diagnostic)
- May 9th-Multisystem inflammatory syndrome in children (MIS-C) linked to coronavirus
- May 11<sup>th</sup> –More than 15 states set to move forward with reopening procedures.
- May 14<sup>th</sup>-More than 10 million coronavirus tests conducted in US
- May 18<sup>th</sup>-The majority of states move forward with phased-in approaches that vary by county and city
- May 19<sup>th</sup>-the CDC publishes longer guidance 60 pg document for businesses, restaurants, schools and other establishments on how to reopen safely
- May 21st-More than 5million cases worldwide and US accounts for nearly 1/3rd of them
- May 22<sup>nd</sup>- CDC reports a third of cases (35%) are asymptomatic
- May 25<sup>th</sup>-Memorial Day gatherings
- May 27<sup>th</sup>-More than 100,000 deaths in the US
- $\bullet$  May  $29^{\text{th}}\text{-US}$  ends relationship with WHO as Trump Administration with draws financial support
- May 31st-Protests against police brutality raise concern of virus spreading
- $\circ$  June 6th-Large UK study on Hydroxychloroquine concludes "no beneficial effect" in patients hospitalized with COVID-10
- June 9<sup>th</sup>-US officially in Recession after economy peaked in Feb; US "flattens the curve" averaging about 20K new cases daily. States reopening after weeks of lockdowns.
- June 11th-2 million confirmed cases in the US and more than 100,000 Americans had died
- July 4th-With easing measures, more Americans begin to venture outside for celebrations
- July 22<sup>nd</sup>-US cases surge in Western and Southern states averaging more than 65K cases daily; across the country public health officials warn that more young people were testing positive and helping drive the increase of infections



#### CONT. FALL 2020

- Sept 12<sup>th</sup>-the summer peak stabilized and cases were down to ~34K average new cases daily, according to Johns Hopkins.
- Sept-new hotspots were spiking in rural MidWest as many US communities started returning to schools and political rallies "kicked into high gear"
- o Sept 22<sup>nd</sup>-US deaths surpass 200,000 deaths ⊗
- Oct-European countries start seeing cases surge in early October, ahead of current US surge of cases; by middle of the month the US had surpasses more than 8 million infections and over 210K deaths. The nation is averaging more than 53K new cases per day.
- Nov-States are reporting surges across all regions of the US.

# Coronavirus

#### **CORONAVIRUSES**

- Named for the **crown-like spike proteins** on surface
- Largest among RNA viruses
- Enveloped + sense RNA virus; RNA can be directly translated to viral proteins (similar to mRNA)

• 4 subtypes:

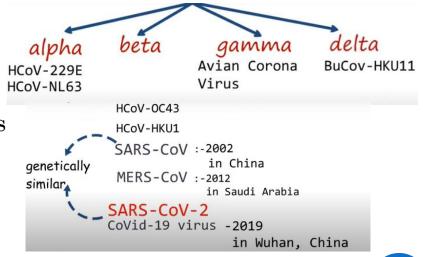
• Alpha

• Beta

Can infect humans

• Gamm<del>a</del>

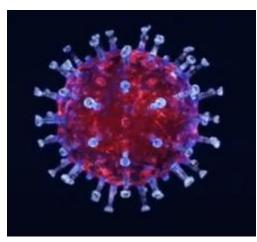
Delta



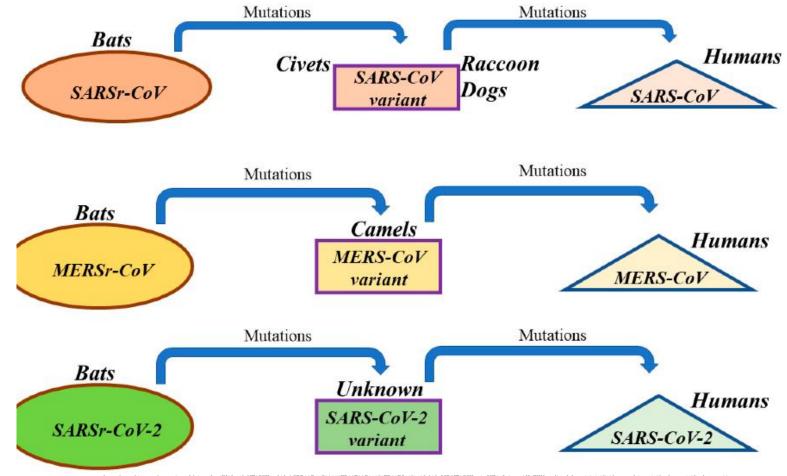
• SARS-CoV, MERS-CoV, & SARS CoV-2 are all betas

#### SARS-CoV-2

- Name of virus: SARS CoV-2
  - Severe Acute Respiratory Syndrome Coronavirus 2
- Name of disease: **COVID-19** 
  - Corona Virus Disease, 1st case reported in 2019
- Initially referred to as 2019 novel Coronavirus (2019-nCoV)
- Order: Nidoviridae
- Family: Coronaviridae
- Subfamily: Orthocoronavirinae
- Genus: Betacoronavirus
- Subgenus: Sarbecorvirus



#### ZOONOSIS: PATHWAY FROM ANIMALS TO HUMANS



 $https://www.bing.com/images/search?view=detailV2\&ccid=NT2CSKzm&id=ACBD9AB45C9A358FD33E3AB04876FD90FC467113\&thid=OIP.NT2CSKzmjuJJE34Jq9ngmAHaEW\&mediaurl=https%3a%2%2fwww.mdpi.com%2fpathogens*09-00186%2farticle_deploy%2fartinle_deploy%2fhtml%2fimages%2fpathogens-09-00186-g002.png&exph=1953&expw=3322&q=sars+cov+2+world&simid=608001553711566621&ck=14E30C79E70613C37496FA532DB70B6C&selectedIndex=61&adlt=strict&FORM=IRPRST$ 

\*Bats serve as the source of many human viral diseases: Ebola virus, rabies, Nipah and Hendra virus, Marburg virus, influenza A virus, and emerging coronaviruses.

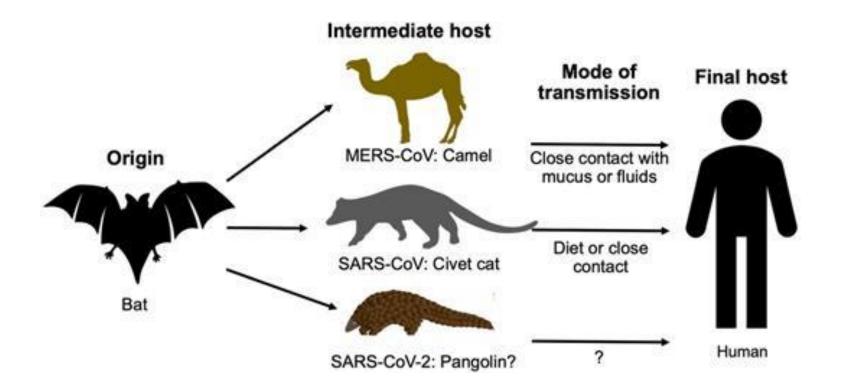
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11/7/2020

#### PANGOLIN AS INTERMEDIATE?



/7/2020

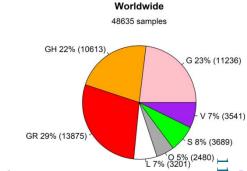


#### SARS-COV2 (COVID-19) DETAILS:

- Mode of transmission: primarily droplet-mediated
- Incubation period: 2-14 days (symptom development 5-7 days)
- Symptoms: expanded from fever and respiratory to GI, loss of taste/smell, and expanding (https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html)
- **High risk populations:** 65 or older, nursing/long-term care residents, comorbidities (i.e. heart conditions, immunocompormised, severe obesity (BMI of 40 or higher), diabetes, chronic lung, kidney or liver disease, or moderate to severe asthma)
- Asymptomatic shedding phase: timeframe under investigation
- Immunity: 3 months, still under investigation (serology studies underway)
- Sites of infection: multi-system
  - Pulmonary, GI, progressive illness includes hyper-inflammatory phase that may cause multiorgan system failure, multisystem inflammatory syndrome (MIS-C)-pediatric
- **Treatment:** No vaccine currently, supportive care and alternative drug trials
- Current Status: Widespread and sustained transmission

#### **COVID-19 MUTATIONS**

- RNA viruses have high mutation rates because their replication enzymes are prone to errors when making new virus copies.
  - However, coronaviruses have been shown to have lower mutation rates than HIV or Influenza.
- A mutation is a change in the genetic sequence
  - Only a fraction of all mutations will be advantageous
  - Most will be neutral or harmful to the virus and will not persist in the population
- Functional consequences of these genetic mutations are important:
  - Transmissibility (i.e. change in an amino acid of the spike protein)
  - Virulence ... TBD
- Persistence of the mutated strain will be impacted by public health efforts in the population
- Evolution of COVID-19 strains is under investigation...



#### COVID-19 STRAINS

- Vast variability of SARS-COV-2 specimens across the globe by geographic and genomic specificity
- Review of >48K completed genome sequences available through the GISAID (Global Initiative of Sharing All Influenza Data) consortium
- It is still unclear if different fatality rates or speed of transmission in observed countries may be the consequences of clade differences
- 6 strains identified:
  - L strain-original strain that originated in Wuhan Dec 2019, slowly disappearing and accounts for only 7% of cases (mostly in Asia)
  - **S strain**-first mutation off the original strain first appearing in early 2020 and accounts for 8% of cases across the globe (mostly in the Americas)
  - **V strain-** first appeared in mid-Jan and only accounts for 7% of cases (mostly in Europe)
  - **G strain-**by far the most widespread of the virus; major mutations into the GR and GH strains at the end of Feb 2020 (most prevalent strain in Europe and Africa). Accounts for 74% of all the gene sequences of the RNA polymerase and spike proteins of the virus; likely facilitating the spread of the virus.
  - **GR strain-**most common accounting for 29% of cases in the world (mostly found in South America and Europe). The spike protein mutation allows the virus to more readily enter human cells.
  - **GH** strain-if you live in the US and have COVID-19, you most likely have this strain. Currently, the most prevalent strain in North America.

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#### Fig. 6 SARS-CoV-2 introductions to Europe and the United States.

#### Successful (solid line) vs. "dead-end" (dotted line) introductions

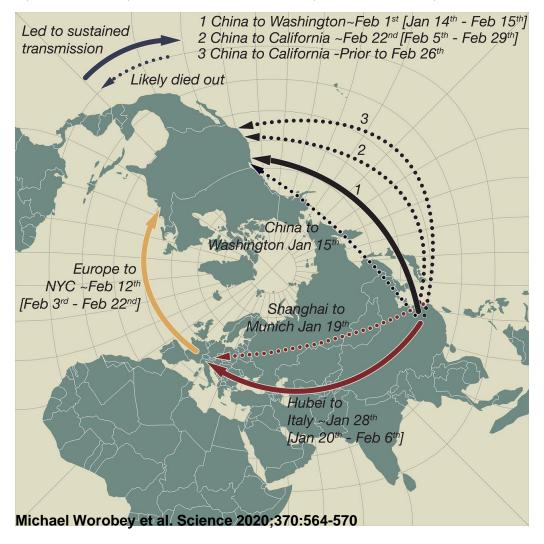
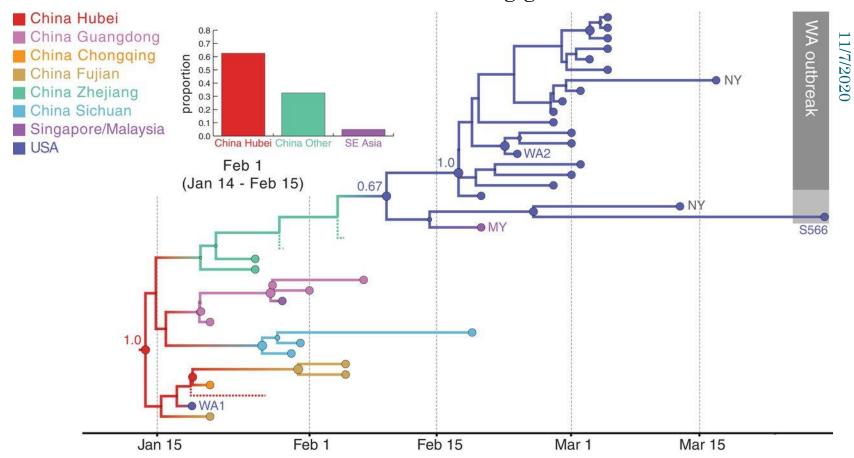




Fig. 4 Hypothesis of SARS-CoV-2 entry into Washington state.

Example of "Tree" that depicts evolutionary relationships inferred between US introduction and circulating global COVID strains.

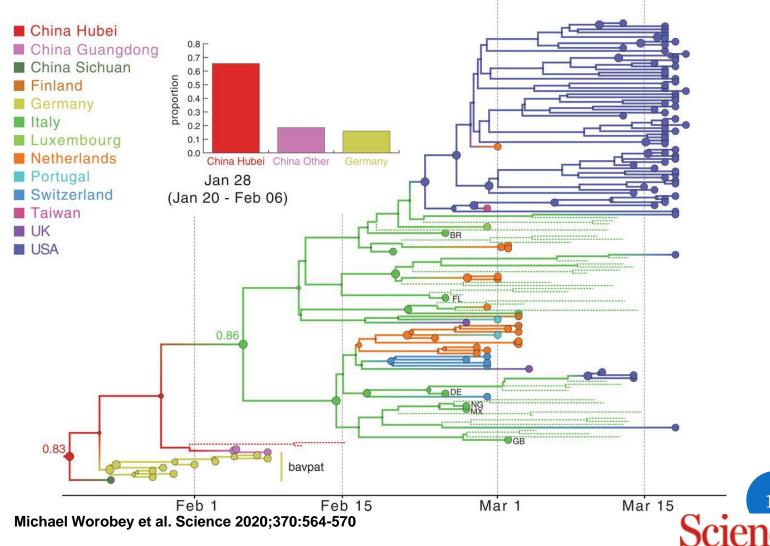


Michael Worobey et al. Science 2020;370:564-570

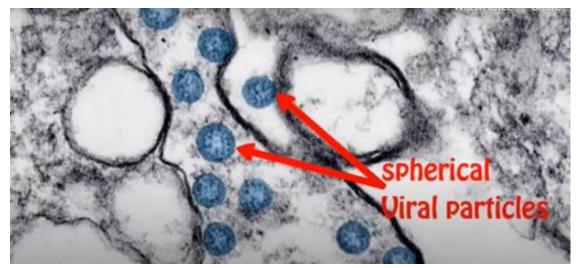


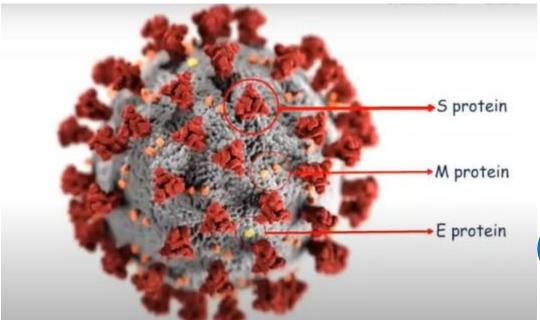
#### Fig. 5 MCC tree of SARS-CoV-2 entry into Europe.

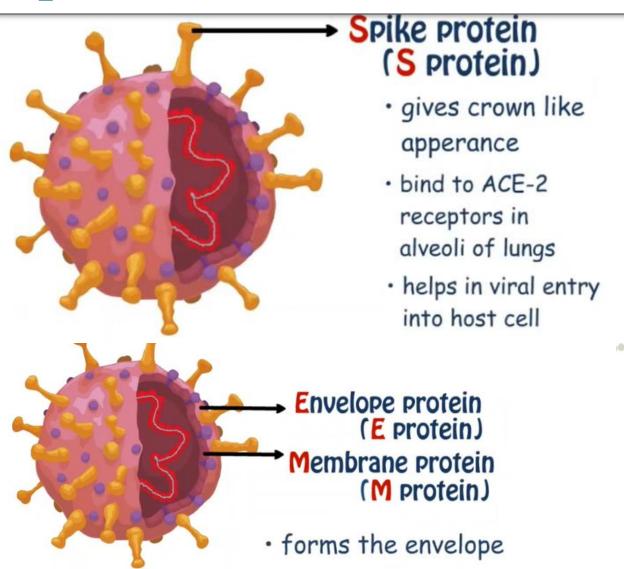
Example of "Tree" that depicts evolutionary relationships inferred between European introduction and circulating global COVID strains.

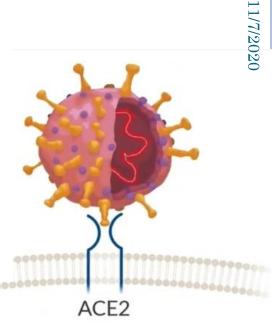


#### MOLECULAR STRUCTURE OF SARS-COV-2



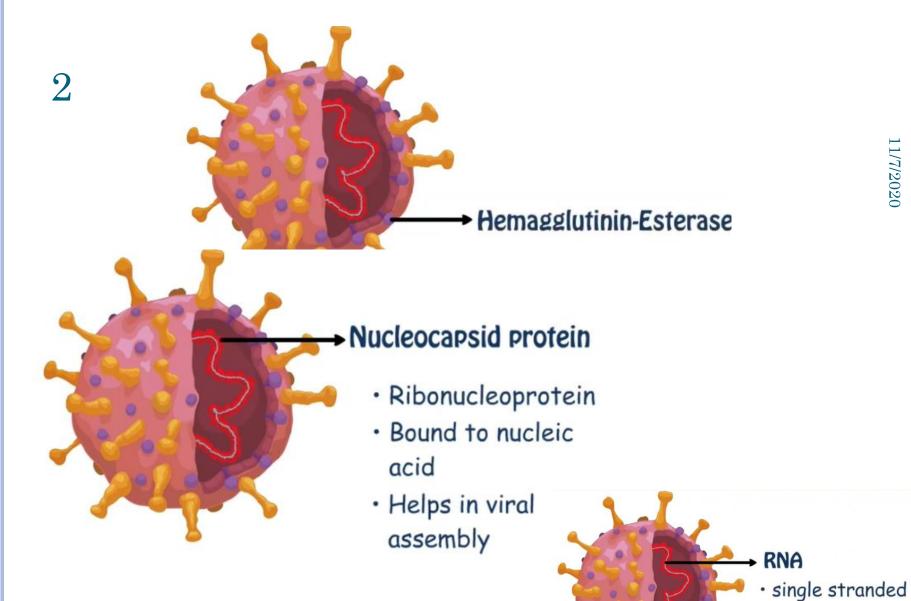






· positive sense

RNA



#### NEW RECEPTOR: NEUROPILIN-1



- Unlike other coronaviruses, which cause common colds and mild respiratory symptoms, SARS-CoV-2, is highly infective and transmissive.
- Major Question: why does SARS-CoV-2 readily infects organs outside of the respiratory system, such as the brain and heart?
- To infect humans, SARS-CoV-2 must first attach to the surface of human cells that line the respiratory or intestinal tracts. Once attached, the virus invades the cell then replicates multiple copies of itself. The replicated viruses are then released leading to the transmission of SARS-CoV-2.
- Unlike other respiratory viruses, SARS-CoV-2 also infects the upper respiratory system including the nasal mucosa, and consequently spreads rapidly.
- "If you think of ACE2 as a door lock to enter the cell, then neuropilin-1 could be a factor that directs the virus to the door. ACE2 is expressed at very low levels in most cells. Thus, it is not easy for the virus to find doors to enter. Other factors such as neuropilin-1 might help the virus finding its door."

  https://www.genengnews.com/news/sars-cov-2-uses-a-



#### COVID STATUS: FROM THE GLOBE TO THE MITTEN

#### **EUROPE IS SURGING...**

• "The rapid rise of these variants in Europe highlights the importance of genomic surveillance of the SARS-CoV-2 pandemic... it is imperative to understand whether novel variants impact the severity of the disease."



#### USA COVID SURGING IN THE NEWS..

### Coronavirus Cases Are Now Rising In Almost Every State In The US

The difference between the previous spikes in cases and the one we're in now? COVID-19 cases are now rising almost everywhere.

It's not just the US: Virus cases surging worldwide. Find out where, why and how fast.

#### Will US COVID-19 mortality catch up to surging cases?

Experts explained that the number of excess deaths will likely rise again this winter, but will probably not reach levels seen this spring as older people take greater care to stay safe and outbreaks ...

COVID-19 cases are surging in the Midwest and western states as the US enters what is expected to be a brutal fall/winter wave of the pandemic

Quarantine fatigue: Why some of us have stopped being vigilant and how to overcome it

## RESOURCE DEPLETION: NOT ENOUGH FRONTLINE NURSES

## Hospitals competing for nurses as US coronavirus cases surge

U.S. hospitals are scrambling to hire more nurses as the coronavirus pandemic surges, leading to stiff competition and increased costs

By TAMMY WEBBER Associated Press

November 2, 2020 12:28 PM • 5 min read



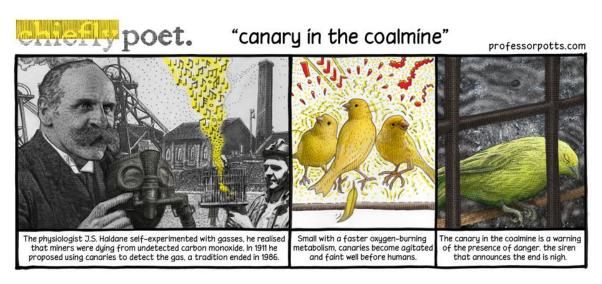




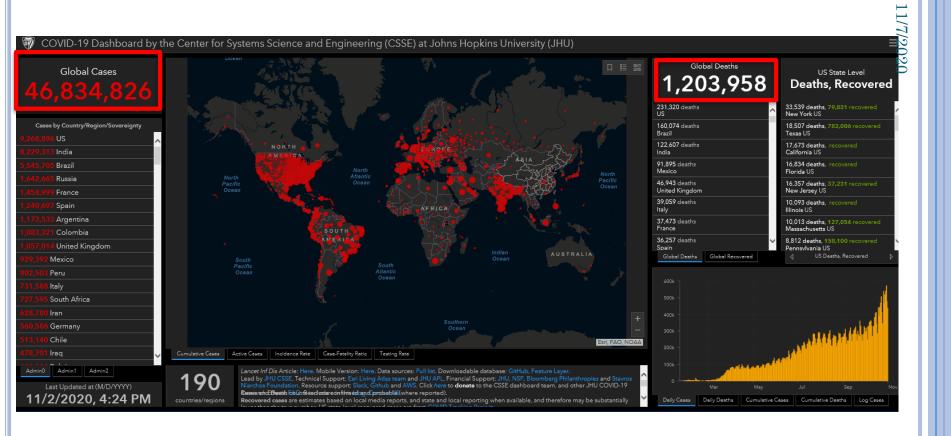


#### CANARY IN THE COAL MINE

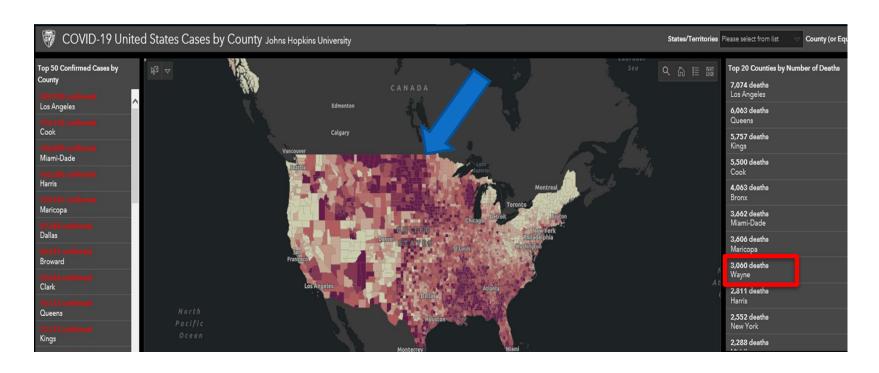
- Increased cases, % positivity, hospitalizations....
- The "Canary" of COVID second surge:
  - Increased community transmission
  - Increased hospital capacity
  - Increased (preventable) deaths
- Signs pointing to our need to take this seriously!



#### JOHNS HOPKINS LIVE COVID-19 MAP



#### JOHNS HOPKINS CONT.



#### CDC COVID-19 STATISTICS



Coronavirus Disease 2019 (COVID-19)

#### CDC COVID Data Tracker

Maps, charts, and data provided by the CDC

Case Trends 

Laboratory 

Community Impact 

Unique Populations 

COVID-19 Home

Cases and Deaths by State 

US and State Trends 

Compare State Trends 

Demographics 

Trends by Population Factors 

Cases and Deaths by County 

Forecasting 

Trends in ED Visits

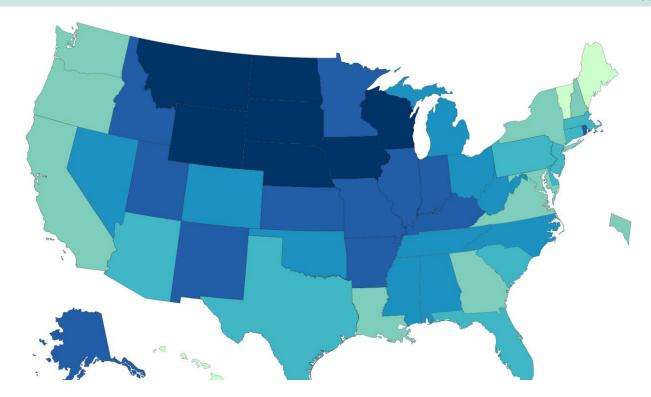


CASES IN LAST 7 DAYS 565,607

TOTAL DEATHS 230,383 +451 New Deaths

CDC | Updated: Nov 2 2020 12:23PM

11/7/2020



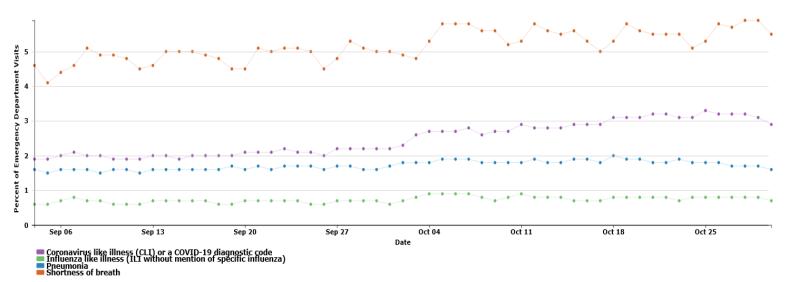
https://covid.cdc.gov/covid-data-tracker/#cases\_casesinlast7days

Case in Last 7 Days per 100,000

9.3 - 15.3

#### ED VISITS BY SYNDROME

Percentage of ED visits by syndrome in United States: COVID-19-Like Illness, Shortness of Breath, Pneumonia, and Influenza-Like Illness



https://covid.cdc.gov/covid-data-tracker/#ed-visits

## 11/7/2020

#### NATIONAL COVID-19 TESTING

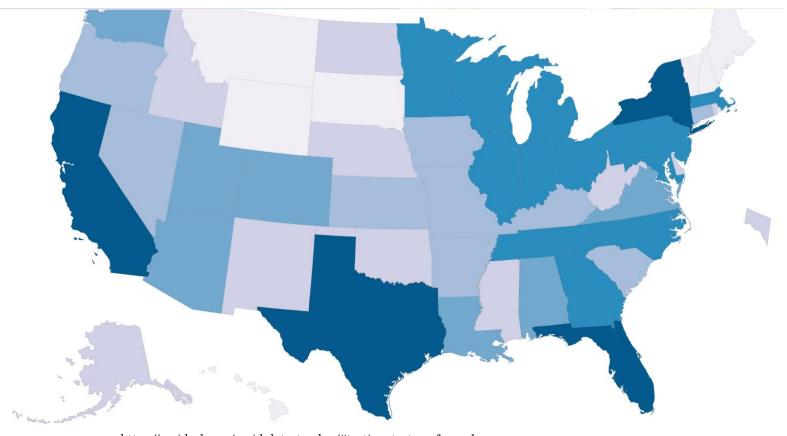
**United States Laboratory Testing** 

TESTS REPORTED 149,941,354

POSITIVE TESTS 11,003,102

 $\begin{array}{c} \text{OVERALL \% POSITIVE} \\ \hline {7\%} \end{array}$ 

CDC | Updated: Nov 2 2020 12:23PM



https://covid.cdc.gov/covid-data-tracker/#testing\_testsperformed

**Cumulative Tests Performed** 

1,784,306 - 2,812,129

3,258,678 - 7,029,609

9,217,305 - 18,308,063

36

#### **MICHIGAN**



#### Michigan Reports 6,709 New Coronavirus Cases Over Past 2 Days

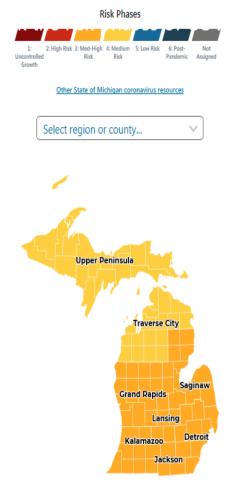
Michigan has added more than 6,700 new cases of the coronavirus since Saturday, according to state ...

YAHOO!News · 1d

- Overall state data available on MDHHS
- Regional data (ex: Wayne County-Regions 2S)
- Data collection and interpretation is crucial:
  - Incident cases (prevalence)
  - Percent positivity
  - Patient acuity (hospitalizations/critical care beds)
  - Deaths
- Nuanced
- Vigilance is needed
- Ongoing studies

#### MICHIGAN'S "SAFE START PLAN"

	· Control of the cont		2 Persistent spread		3 Flattening		4 Improving		5 Containing		6 Post- pandemic		
What's happening with the disease?	new case	Increasing number of new cases every day, likely to overwhelm the health system		Continue to see high case levels with concern about health system capacity		Case growth is gradually declining		Cases, hospitalizations and deaths are clearly declining		Continued case and death rate improvements and outbreaks can be quickly contained		Community spread not expected to return	
What do we need to do to stay safe?	Strict so travel re- covering	Stay Home, Stay Safe: Strict social distancing, travel restrictions, face coverings, hygiene best practices, remote work		Stay Home, Stay Safe: Strict social distancing, travel reduction, face coverings, hygiene best practices, remote work		Safer at Home: Continued distancing, increased face coverings No gatherings		Safer at Home: Continued distancing, face coverings, safe workplace practices Small gatherings		Stay Safe: Adherence to new guidelines. Continued distancing, coverings, mitigated workplaces Increased size gatherings		Sufficient community immunity and availability of treatment	
What work can we do? (Examples)	First     Heal     Critic man     Food     Esse (e.g.	nfrastructure responders th care workers cal ufacturing d and agriculture ential retail , grocery) sportation	Critical infrastructure Additional types of recreation allowed		Specified lower-risk businesses with strict workplace safety measures  Construction  Manufacturing  Real estate  Outdoor work		Additional lower-risk businesses with strict safety measures  Other retail, with capacity limits  Offices, but telework required if possible		Most businesses, with strict mitigation measures  Restaurants / bars  K-12 and higher ed. (live instruction)  Travel		All businesses  Events and gatherings of all sizes with new safety guidance and procedures  Social distancing rules are relaxed and large events are permitted		
progression to no phase?  Note: This framing is being updated and refined as additional guidance from C and public health experts	Note: This framing is being updated and refined as additional guidance from CDC and public health experts		Analysis shows epidemic growth rates slowing Hospital and treatment capacity built, alternative care facilities established Infrastructure for crisis response and data systems to monitor progression are in place  It is als:		Cases, deaths decline for extended period Monitor impact on vulnerable populations Sufficient health system capacity in place Improved testing, contact tracing and containment capacity		Cases and deaths decline more sharply, percent positivity decreasing Healthcare system capacity continues to strengthen Robust testing, contact tracing and containment protocols in place ds if risk increases and if we s		nd deaths at solute rates per supering contact and containment sin place  High uptak effective the or vaccine vaccine or vaccine strong esting, contact and containment sin place				
becomes available		`	It is als	o possible to r	HOVE DACKWAI	is ii iisk iiicie	ases and II we	stop adrieting	to sale practic	20			

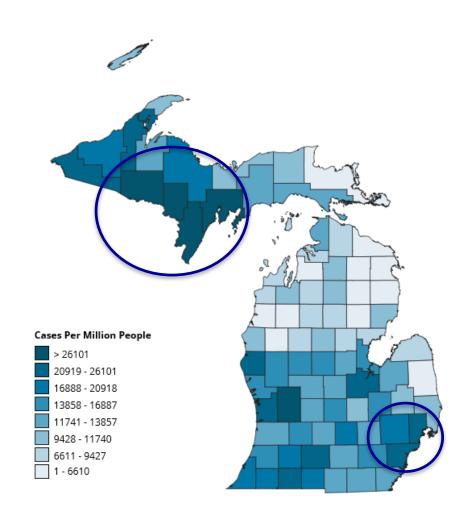


#### **MDHHS** RESOURCES:

#### HTTPS://WWW.MICHIGAN.GOV/CORONAVIRUS/



## **MDHHS MAP**



Total Confirmed Cases

187,995

Total COVID-19 Deaths

7,400

Daily Confirmed Cases

**3,106** Daily COVID-19 Deaths

43\*

\*The deaths announced today includes 17 deaths identified during a Vital Records review. See cumulative data page for more information.

11/03/2020

**SEE CUMULATIVE DATA** 

## **COVID-19 SURVEILLANCE DEFINITIONS**

#### Confirmed

- Positive molecular result (e.g. RT-PCR, rapid molecular)
- Includes symptomatic and asymptomatic individuals

#### **Probable**

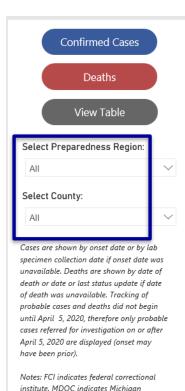
- Positive antigen result; or
- Meet clinical criteria AND close contact with a confirmed or probable case

Michigan Tuesday, November 3, 2020 Michigan (Statewide) Case Fatality Rate Current Totals Case Status Deaths Confirmed 187,995 7,400 Probable 19,768 361 Total 207,763 7.761 Laboratory Testing Test Type Tests Performed Diagnostic 5,092,680 332,703 5,425,383

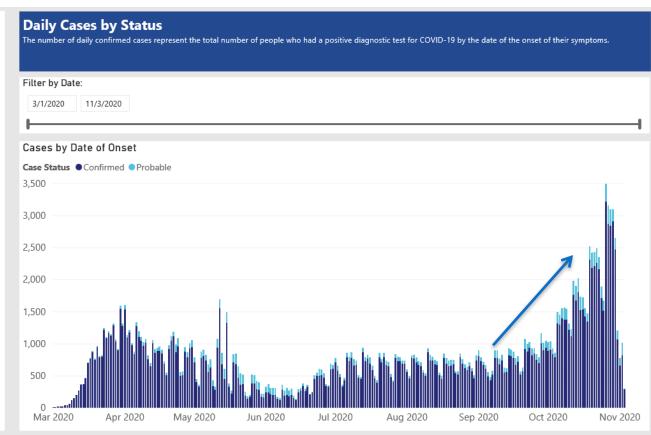
https://cdn.ymaws.com/www.cste.org/resource/resmgr/ps/positionstatement2020/Interim-20-ID-02 COVID-19.pdf

New: Rapid Point of Care (ANTIGEN) tests that can be used when prevalence is high in the community.

### MI EPI CURVE



institute. MDOC indicates Michigan Department of Corrections.

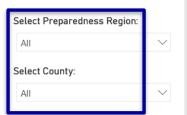


## MI DEATHS

Confirmed Cases

Deaths

View Table

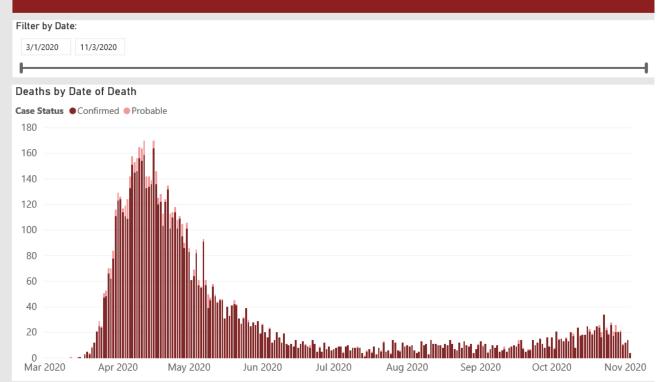


Cases are shown by onset date or by lab specimen collection date if onset date was unavailable. Deaths are shown by date of death or date or last status update if date of death was unavailable. Tracking of probable cases and deaths did not begin until April 5, 2020, therefore only probable cases referred for investigation on or after April 5, 2020 are displayed (onset may have been prior).

Notes: FCI indicates federal correctional institute. MDOC indicates Michigan Department of Corrections.

#### **Daily Deaths by Status**

Confirmed deaths include individuals who had a confirmed COVID-19 infection and are classified as deceased by the case investigation, have COVID-19 indicated as a cause of death on their death certificate, or who die within 30 days of infection and their manner of death is listed as natural. Data are shown by the date of death.



## MI CUMULATIVE DATA

Apr 2020

Mar 2020

May 2020

Jun 2020

## **Cumulative Confirmed Cases and Deaths among Confirmed Cases** Cumulative cases represent the total number of people who had a positive diagnostic test for COVID-19. Cases are shown by the date of onset of symptoms. Cumulative Deaths represent the total number of people who had a confirmed COVID-19 infection and are classified as deceased by the case investigation, have COVID-19 indicated as a cause of death on their death certificate, or who die within 30 days of infection and their manner of death is listed as natural. Deaths are shown by date of death. Filter By Date: 3/1/2020 11/3/2020 Cumulative Confirmed Cases and Deaths among Confirmed Cases by Date Confirmed CasesDeaths 200K 150K 100K 50K

Jul 2020

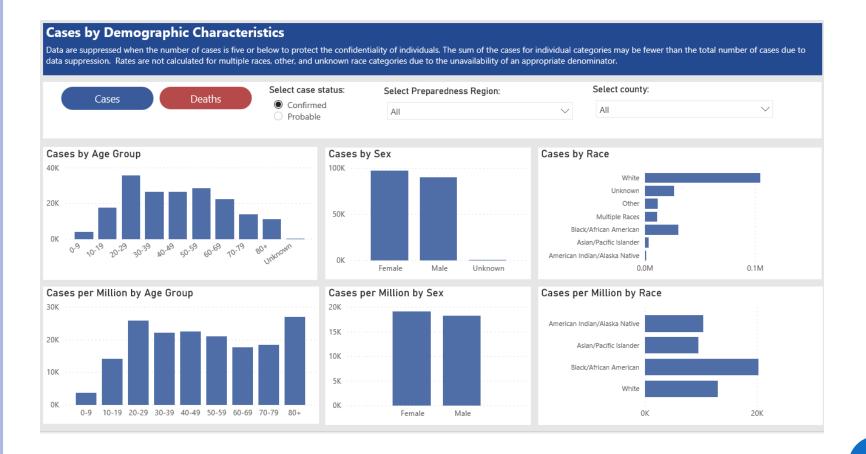
Aug 2020

Sep 2020

Oct 2020

Nov 2020

## MI DEMOGRAPHIC DISTRIBUTION



## MI COVID DEATH DISTRIBUTION



11/7/2020

#### Cases by Demographic Characteristics

Data are suppressed when the number of cases is five or below to protect the confidentiality of individuals. The sum of the cases for individual categories may be fewer than the total number of cases due to data suppression. Rates are not calculated for multiple races, other, and unknown race categories due to the unavailability of an appropriate denominator.

Cases

Deaths

Select case status:

© Confirmed

O Probable

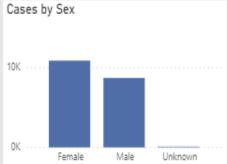
Select Preparedness Region:

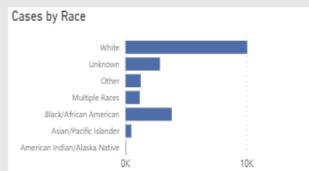
Region 2S

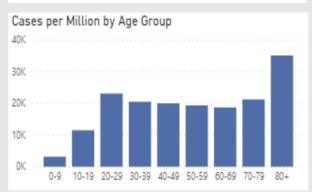
Select county:

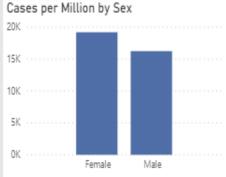
Wayne

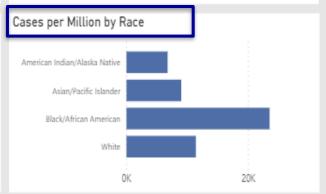


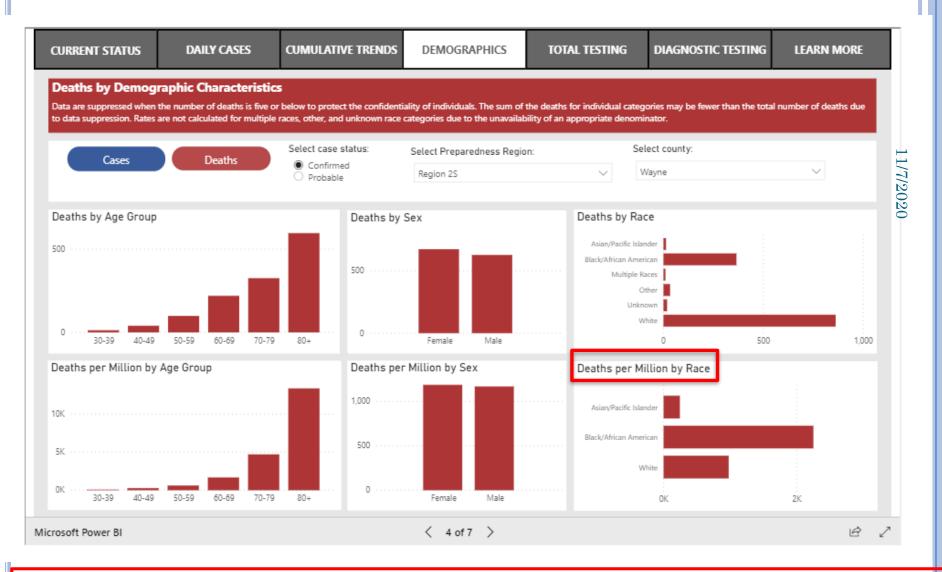








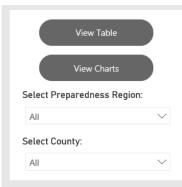




#### How does MDHHS classify confirmed and probable deaths?

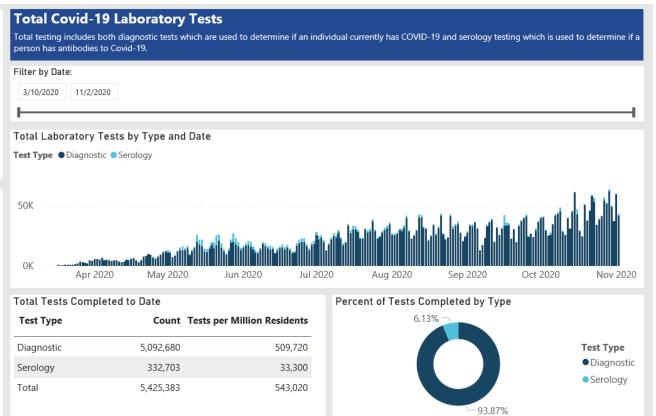
Confirmed deaths include individuals who meet one or more of the following conditions: 1) Have been identified as a confirmed case and classified as deceased as a result of a case investigation in the Michigan Disease Surveillance System (MDSS). MDSS is the database used by state and local health department to monitor reportable diseases like COVID-19; 2) have been identified as a confirmed case in MDSS had have a death certificate with COVID-19 listed as a cause of death; 3) have been identified as a confirmed case in MDSS and die within 30 days of onset of COVID-19 infection and have a death certificate which classifies their manner death as 'natural'. Probable deaths include individuals who have COVID indicated as a cause of death on their death certificate but have not had a positive diagnostic laboratory test.

## MI COVID-19 TESTING

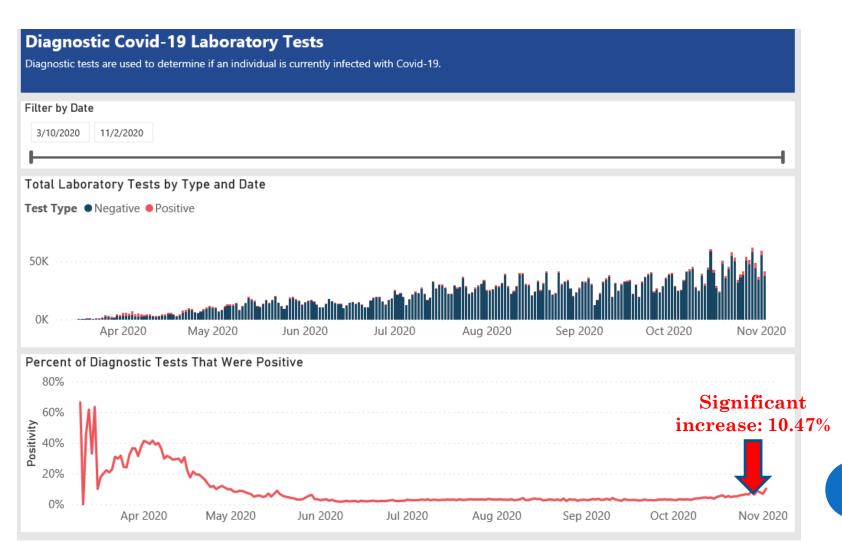


Diagnostic tests are used to find current infection and look for genes or proteins from the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), the virus that causes COVID-19. Theses tests, which are performed as nasal swabs, include: Nucleic acid amplification test/real-time polymerase chain reaction (NAAT/RT-PCR) testand rapid virus antigen detection point of care (POC) tests.

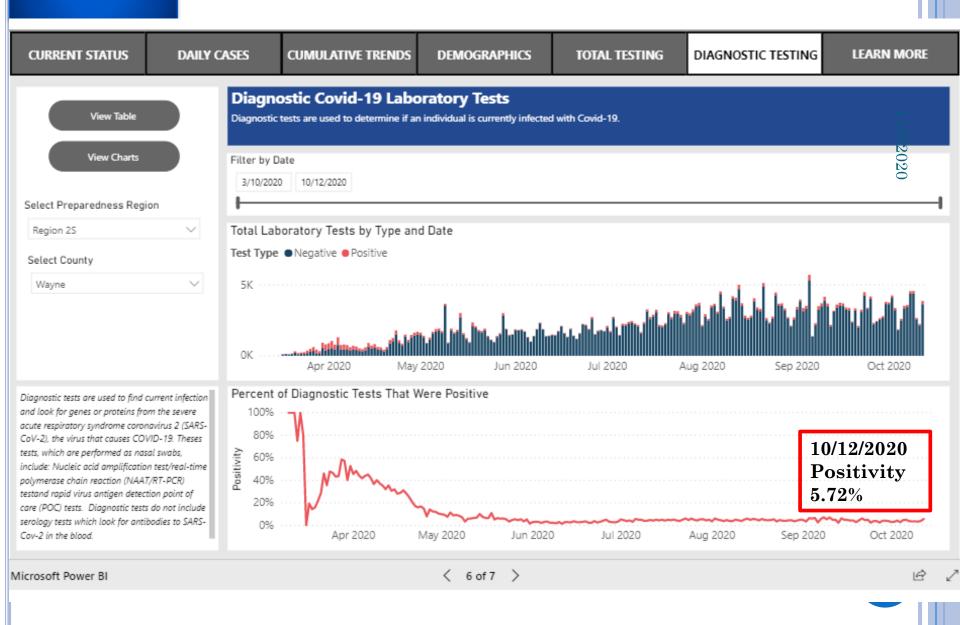
Serology tests are used to look for the possibility of previous infection. Serology tests look for antibodies to SARS-CoV-2 in the blood. There are currently two types of serology tests: the enzymelinked immunosorbent assay (ELISA) test and the rapid antibody detection POC test. Serology tests do not diagnose disease and do not guarantee immunity, but might provide information about previous infection.



## MI COVID-19 PRECENT POSITIVITY



#### October



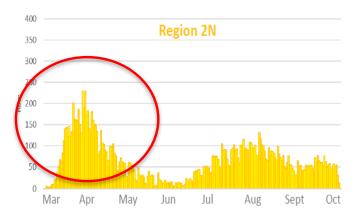
## REGIONAL VARIATION OVER TIME

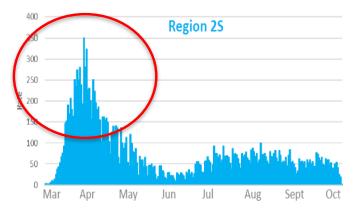


- Michigan is split up into 8 regions
- Throughout the Pandemic, various regions were impacted more than others
- This is a review of the timeline of COVID-19 cases across our preparedness regions

## HOW WERE THE REGIONS IMPACTED?

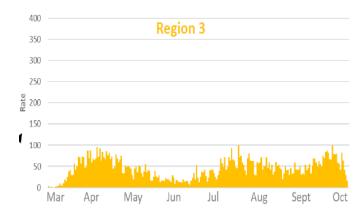
#### Confirmed Case Rate per 1,000,000 Residents by Date of Onset\*

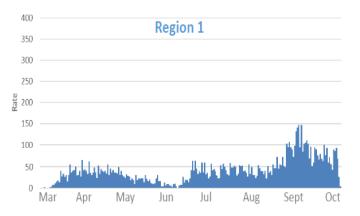




#### \*If available, otherwise Date of Specimen Collection

#### Confirmed Case Rate per 1,000,000 Residents by Date of Unset\*

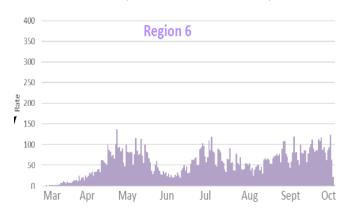


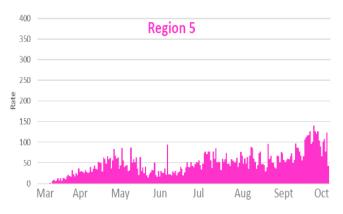




## CONT.

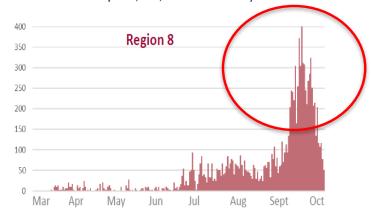
#### Confirmed Case Rate per 1,000,000 Residents by Date of Onset\*

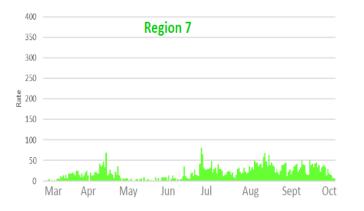




\*If available, otherwise Date of Specimen Collection

#### firmed Case Rate per 1,000,000 Residents by Date of Onset\*





\*If available, otherwise Date of Specimen Collection

## **CURRENTLY:**

- Public "Lockdown fatigue"
- Healthcare worker fatigue/drifting

## New: Epidemic vs. executive orders



#### COVID-19

### MDHHS EPIDEMIC ORDER OCT. 29

MDHHS has issued orders under a law first enacted by the Michigan Legislature after the Spanish Flu of 1918 specifically to deal with epidemics. Note that the Supreme Court struck down a different, broader law.

#### Under MDHHS's epidemic order:



Masks must be worn over nose and mouth in gatherings of two or more people, including stores, offices, schools and events. Businesses cannot admit people without masks, with few exceptions.



4

Organized sports require masks (except for swimming) and have gathering limits.



Capacity limits apply to indoor and outdoor gatherings, including business, social and recreational settings. They're stricter inside.



Employees who can work from home must do so.



Restaurants and bars must limit capacity for gatherings, may only seat six people per table, may only serve alcohol to parties who are seated, and must keep tables six feet apart.



Contact tracing: Many businesses, including bars and restaurants, must collect phone numbers from their customers so they can be contacted in case they are exposed to someone who is ill.

All regions are in Phase 4 of reopening. The same rules now apply to all of Michigan.

To read the complete MDHHS Oct. 29, 2020, Epidemic Order, visit Michigan.gov/Coronavirus. Questions or concerns can be emailed to COVID19@michigan.gov.



## **REDUCTION STRATEGIES:**

- Prompt Identification and screening
- Universal Masking for all (patients/staff/visitors)
- Universal Eye Protection for patient care activities
- Social Distancing
- PPE and hand hygiene compliance (staff and visitors)
- Cleaning and Disinfection
- Visitor guidance
- Ongoing Monitoring by Infection Prevention
- Exposure management
- Preparations for the Fall 2020

## Daily Screening

- Patients
- Visitor
- Employees



Screening is a <u>continual and ongoing process</u> that should take into account: history of COVID testing, development of *new* symptoms and exposure risk.

Note: The assumption that exposure risk is hospital-associated cannot be made during the time of ongoing community transmission without investigation.

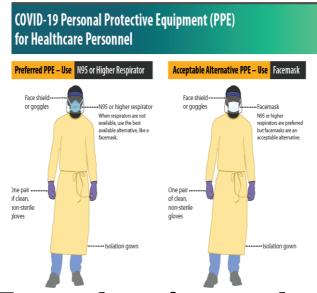
• Universal Masking for all patients, healthcare staff, and visitors.

DO NOT DO WEAR YOUR MASK THE PROPER WAY Wear your mask so it comes all the way up, close to the bridge of your nose, DO NOT and all the way push your down under your mask under chin. Keep it snug your chin to your face. to rest on your neck. Beaumont DO NOT DO NOT DO NOT DO NOT wear the wear the mask so it mask below iust covers the tip of your nose. your nose.

• Social Distancing (6 ft) as much as possible, especially in hallways and common areas.



• Appropriate PPE for staff and visitors for the patient and task at hand.



 Examples of aerosolgenerating procedures:

Endotracheal intubation
 Bronchoscopy
 Non-invasive ventilation
 Tracheostomy
 Manual ventilation before intubation

Cardiopulmonary resuscitation

- Cleaning and Disinfection
  - All COVID and non-COVID patient care areas are regularly and thoroughly cleaned/disinfected.
  - Routine disinfectants.
  - Increased frequency of high-touch surface cleaning.



## PATIENT UNDER INVESTIGATION (PUI) CRITERIA:

- Clinical presentation <u>AND</u>
- Exposure risk (i.e. travel, congregate living, large group events, type of work, exposure to active COVID patient, etc.) <u>AND</u>
- Testing result(s)



### **COVID TESTING FYIS:**

- PCR is a molecular test that amplifies the virus' genetics (not a culture test).
- Present of genetic material alone can be misleading.
- Time is an important epidemiologic factor in interpretation.
- Discordant testing results may be due to:
  - stage of virus illness (can test too early)
  - specimen collection error
  - sensitivity and specificity of test kit
- Testing positive after admission does not necessarily mean the patient was exposed at the hospital (i.e. community exposure and incubation time needs to be considered).
- Re-testing is not encouraged for patients who have previously tested positive.
- Serologic testing for COVID (IgA/IgG) is not used for screening or diagnosis.



Note: do not retest 90 days from first positive unless patient has new symptoms.

## EXPANDING COVID-19 TESTING

#### Different Types of Coronavirus Tests

	Molecular Test	Antigen Test	Antibody Test
Also known as	Diagnostic test, viral test, molecular test, nucleic acid amplification test (NAAT), RT-PCR test, LAMP test	Rapid diagnostic test (Some molecular tests are also rapid tests.)	Serological test, serology, blood test, serology test
How the sample is taken	Nasal or throat swab (most tests) Saliva (a few tests)	Nasal or throat swab	Finger stick or blood draw
How long it takes to get results	Same day (some locations) or up to a week	One hour or less	Same day (many locations) or 1-3 days
Is another test needed	This test is typically highly accurate and usually does not need to be repeated.	Positive results are usually highly accurate but negative results may need to be confirmed with a molecular test.	Sometimes a second antibody test is needed for accurate results.
What it shows	Diagnoses active coronavirus infection	Diagnoses active coronavirus infection	Shows if you've been infected by coronavirus in the past
What it can't do	Show if you ever had COVID-19 or were infected with the coronavirus in the past	Definitively rule out active coronavirus infection. Antigen tests are more likely to miss an active coronavirus infection compared to molecular tests. Your health care provider may order a molecular test if your antigen test shows a negative result but you have symptoms of COVID-19.	Diagnose active coronavirus infection at the time of the test or show that you do not have COVID-19

- Rapid, POC
- At home collection
- Saliva tests

Must keep COVID
"PUI" (patient
under
investigation)
criteria in mind!

## EXAMPLE OF IP RESOURCES/COMMUNICATIONS:

- Email updates
- PPE & Isolation
- Department-specific guidance
- Specific Patient Populations
- Employee Health
- Human Resources
- Treatment Guidance
- Visitation



Staff are responsible to check their daily
Beaumont Health
Communications
updates: key
information about
COVID guidance
changes will be
announced here!

### EXAMPLE COVID POLICY FOR FRONTLINE

Current Status: Active Policy Stat ID: 7995659

### **Beaumont**

 Origination:
 5/1/2020

 Effective:
 5/1/2020

 Last Approved:
 5/1/2020

 Last Revised:
 5/1/2020

 Next Review:
 5/1/2023

 Document Contact:
 Elizabeth Wallace: Sr Dir, Sys Infect Prev Epidem

 Area:
 Infection Prevention and

Epidemiology

Key Words:

Applicability: Beaumont All Site

Infection Prevention Guidance in the Setting of Ongoing COVID-19 Community Transmission

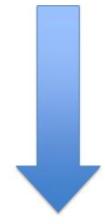
Document Type: Policy

#### I. PURPOSE AND OBJECTIVE:

The purpose of this document is to provide an infection prevention framework for Beaumont Health (BH) patient care operations during ongoing COVID-19 community transmission through a safe and structured approach. The care of patients is our primary focus, and the safety of our healthcare personnel (HCP) is also paramount.

#### II. POLICY STATEMENT:

It is the policy of Beaumont Health to protect all in the health care environment from the risk(s) of COVID-19. This guidance is subject to changes as the situation evolves.



Appendix A. PPE Configuration Grid.pdf

Appendix B. COVID-19 N95 Respirators.pdf

Appendix C. Interim Guidance for Extended Use and Reuse of Gowns.pdf

Appendix D. Discontinuing Transmission-based Precautions COVID-19.pdf

Appendix E. Guidance for Performing Surgical Procedures.pdf

## **EXAMPLE: EPIC SMART TXT INSTRUCTIONS**

Gloves for ALL patient/environmental contact
 Gown for ALL patient/environmental contact

- "Infection Status" in patient storyboard with further instructions
- Supports staff to strengthen PPE compliance

Isolation a	and Infection In	structions &	1
Current	Required	Reason	
Droplet	Droplet	COVID-19 Rule-Out	
Contact	Contact	COVID-19 Rule-Out	
Proplet Isola	tion Instructions		
roplet Iso	lation Precautions	<u>s</u>	
	t patient transport		
	ate room or cohort jical mask for healt	with patient with same organism	
		atient during transport	
ouig	near mask for on pe	and the during the ropert	
Contact Isola	tion Instructions		
Contact Iso	lation Precaution	<u>s</u>	
• Limit	t patient transport		
<ul> <li>Priva</li> </ul>	ate room or cohort	with patient with same organism	
• Glov	es for ALL patient/	environmental contact	
		nvironmental contact	
• Deal	icated patient equip	oment (i.e. stethoscope, blood pressure cuff, thermometer, tourniquet, etc.)	
COVID-19 Ru	le-Out Infection Inst	tructions	
Maintain cor	ntact, droplet isolat	ion and practice enhanced respiratory precautions (see precaution list below) for duration of illness. Only	
discontinue	if Infection Prevent	tion criteria are met.	
Precautions			
• N OF	roenirator/DADD f	for healthcare personnel	
	protection (goggles		
		horting with COVID patient required (follow Infection Prevention guidance)	
<ul> <li>If ava</li> </ul>	ailable, negative pr	ressure room for aerosol generating procedures	
	t patient transport		
<ul> <li>Minir</li> </ul>	mize nonessential	personnei	

## **COVID-19 ISOLATION**

- New "Enhanced Respiratory" precautions signage with QR code
- Reminder COVID isolation:
  - Enhanced measures
     during this pandemic are
     universal masking
     (staff/patients and visitors)
     & universal eye protection
     during patient care.



### DISCONTINUATION OF ISOLATION

Appendix A. Flowsheet for discontinuing transmission-based precautions in confirmed or suspected COVID-19 patient's room.

OK to remove isolation precautions if all the following minimum conditions are met: 1. No fever for at least 24 hours without fever-2. Improvement in symptoms (e.g. stable/improved oxygen requirement, cough controlled, diarrhea <3 Diagnosis is confirmed 3. It's been at least 10 days since the initial test results (positive test) came back COVID-19 positive. For critically ill patients (currently in critical care) 20 days since the initial test may be appropriate Does the patient have confirmed or suspected COVID-19? OK to remove isolation precautions if all the following Diagnosis is suspected minimum conditions are met: (no positive test, but 1. No fever for at least 24 hours without feverhigh clinical suspicion) reducing medication. 2. Improvement in symptoms (e.g. stable/improved oxygen requirement, cough controlled, diarrhea <3 episodes/day). 3. It's been at least 10 days since the patient was admitted or began having symptoms. For critically ill patients (currently in critical care) 20 days since admission or symptom onset may be appropriate.

Infection Prevention team reviews isolation patients daily in acute care facilities.

#### Deciding when to discontinue COVID-19 transmission precautions

 The decision to discontinue isolation precautions in patients with confirmed or suspected COVID-19 should be done in consultation with the local infection prevention and epidemiology team.

#### Using a test-based versus non-test-based strategy

- Accumulating evidence supports use of a non-test-based strategy to discontinue isolation; at Beaumont Health, a non-test-based strategy (using symptoms) is preferred.
- Current PCR testing capacity at Beaumont limits the ability to use a test-based strategy for discontinuing transmission-based precautions; concern has also been raised about the value of PCR testing as a test of cure in patients with COVID-19.
  - If testing is required by an accepting facility or state/local health authority, please contact your infection prevention and epidemiology team.

#### Non-test-based strategy for discontinuing transmission-based precautions at Beaumont

- For patients with <u>confirmed COVID-19</u> (test positive), all the following minimum conditions must be met:
  - No fever for at least 24 hours without fever-reducing medication.
  - Improvement in symptoms (e.g. stable/improved oxygen requirement, cough controlled, diarrhea <3 episodes/day).</li>
  - It's been at least 10 days since the initial positive COVID-19 test result. For patients
    with severe to critical illness<sup>1,2</sup> or who are severely immunocompromised<sup>3</sup>, it should
    be at least 20 days since the initial test.
- For patients with <u>suspected or presumptive COVID-19</u> (test negative but high clinical suspicion; test not performed), all the following minimum conditions must be met:
  - No fever for at least 24 hours without fever-reducing medication.
  - Improvement in symptoms (e.g. stable/improved oxygen requirement, cough controlled, diarrhea <3 episodes/day).</li>
  - It's been at least 10 days since the patient was admitted or began displaying symptoms. For patients with severe to critical illness<sup>1,2</sup> or who are severely immunocompromised<sup>3</sup>, it should be at least 20 days since the patient was admitted or began displaying symptoms.

## CDC COVID-19 PATIENT DISCHARGE EDUCATION

## 10 things you can do to manage your COVID-19 symptoms at home

Accessible Version: https://www.cdc.gov/coronavirus/2019-ncov/if-vou-are-sick/steps-when-sick.html

#### If you have possible or confirmed COVID-19:

 Stay home from work and school. And stay away from other public places. If you must go out, avoid using any kind of public transportation, ridesharing, or taxis.



 Cover your cough and sneezes with a tissue or use the inside of your elbow.



 Monitor your symptoms carefully. If your symptoms get worse, call your healthcare provider immediately.



 Wash your hands often with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.



Get rest and stay hydrated.



As much as possible, stay in a specific room and away from other people in your home. Also, you should use a separate bathroom, if available. If you need to be around other people in or outside of the home, wear a mask.



 If you have a medical appointment, call the healthcare provider ahead of time and tell them that you have or may have COVID-19.



 Avoid sharing personal items with other people in your household, like dishes, towels, and bedding.



 For medical emergencies, call 911 and notify the dispatch personnel that you have or may have COVID-19.



 Clean all surfaces that are touched often, like counters, tabletops, and doorknobs. Use household cleaning sprays or wipes according to the label instructions.

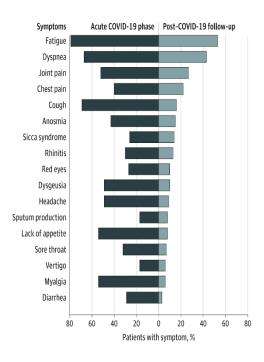






From: Persistent Symptoms in Patients After Acute COVID-19

JAMA. 2020;324(6):603-605. doi:10.1001/jama.2020.12603



COVID recovered patients frequently experience persistent symptoms that are not related to contagiousness or infectiousness.
Ongoing research into "Long COVID" or "Long Haulers"

#### Figure Legend:

COVID-19—Related SymptomsThe figure shows percentages of patients presenting with specific coronavirus disease 2019 (COVID-19)—related symptoms during the acute phase of the disease (left) and at the time of the follow-up visit (right).

## Why do we have COVID dedicated unit(s)?

- Any unit should be able to manage COVID patients safely by following transmission precautions accordingly.
   Post signage, communicate status, diligent hand hygiene and
  - PPE use, etc.
- COVID units are a strategy to improve the allocation and use of resources (i.e. staffing and supplies).
- Allows for the preservation of PPE (to avoid or in the event of supply shortages).
- Where possible, provision of dedicated staffing for better patient coordination including:
  - Bed management
  - Nursing
  - Infectious Disease Physician
  - Attending Physicians











### **EXPOSURES**

- Infection Prevention usually sends out exposure workup to unit managers and coordinates with Employee Health to track exposures
- Exposure definitions via table below based on current CDC guidance
- KEEP task, duration and PPE of staff and patient in mind!

	Prolonged¹ Close² Contact						Aerosolizing <sup>3</sup> Procedure			
	HCP	Patient	HCP	Patient	HCP	Patient	HCP	Patient	HCP	Patient
Mask or	Yes	Yes	Yes	No	No	Yes or	Yes	No	No	Yes or No
Respirator						No			Respirator	
Eye Protection	Yes or	NA	Yes	NA	Yes or	NA	No	NA	No	NA
	No				No					
Gown &	Yes or	NA	Yes or	NA	Yes or	NA	Yes or	NA	No	NA
Gloves	No		No		No		No			
Exposure	NO ex	posure	NO ex	posure	Exposure	Occurred	Exposure	e Occurred	Exposure C	ccurred (if
Outcome:	occi	urred	осс	urred					any of abov	e not worn)

## UPDATED <u>COMMUNITY EXPOSURE</u> DEFINITION:

- Previous language: defined close contact as someone who spent at least 15 mins within 6ft of a person with a confirmed case.
- New: "close contact" defined as someone who was within 6ft of an infected person for a total of 15 mins or more over a 24 hr period.
- People who are considered close contacts are supposed to quarantine.
- More information:

https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/appendix.html#contact



### HAI TRANSMISSION RISK:

Incidence of Nosocomial COVID-19 in Patients Hospitalized at a Large US Academic Medical Center

#### Methods:

Medical records for all patients who first tested positive for SARS-CoV-2 RT-PCR on hospital day 3 or later or within 14 days of discharge were reviewed





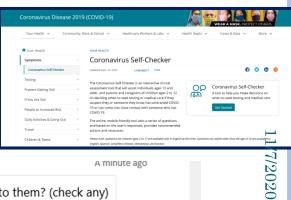
- •12/697 (1.7%) hospitalized patients tested positive for SARS-CoV-2 infection after admission.
- Only 1 patient acquired SARS-CoV-2 infection while hospitalized through exposure to a visiting asymptomatically infected spouse.
- •11/8,370 (0.1%) patients tested positive for SARS-CoV-2 infection within 14 days of discharge.
- In one person, infection was <u>likely</u> hospitalacquired.

#### Conclusion

Nosocomial COVID 19 infection is rare. The risk is mitigated by strong infection prevention practices and serial evaluation of symptomatic

## NEW! CDC SYMPTOM CHECKER

A minute ago



<ul><li>□ Fever or feeling feverish (such as chills, sweating)</li><li>□ Cough</li></ul>						
<ul> <li>Mild or moderate difficulty breathing (breathing slightly faster than normal, using extra muscles</li> </ul>						
around the chest to help breathe)						
☐ Muscle aches or body aches						
☐ Vomiting or diarrhea						
☐ Stomach ache or pain in abdomen						
☐ New loss of taste or smell						
□ Rash						
☐ Red eyes						
☐ Congestion or runny nose						
☐ Other symptoms						
Submit						

In the two weeks before they felt sick, did they care for or have close contact (within 6 feet of an infected person for at least 15 minutes) with someone with symptoms of COVID-19, tested for COVID-19, or diagnosed with COVID-19?

A minute ago Do any of these apply to them? (check any) ☐ Lung disease, such as moderate to severe asthma or cystic fibrosis □ Born premature ☐ Serious heart condition, such as congenital heart defect ☐ Weakened immune system or taking medications that may cause immune suppression □ Obesity ☐ Diabetes, chronic kidney disease, or liver disease □ Cancer □ HIV ☐ Blood disorder, such as sickle cell disease or thalassemia ☐ Neurologic condition, such as cerebral palsy ☐ Smoking or Vaping  $\square$  None of the above **Submit** Just now In the last two weeks, have they attended or spent time in a group setting (e.g. school, dormitory, daycare)? Yes

No

Just now

77

## FLU vs. COVID

## CDC link on FLU vs. COVID-19: https://www.cdc.gov/flu/symptoms/flu-vs-covid19.htm

Symptoms		Coronavirus Symptoms range from most to severe	Abrupt onset of symptoms	Cold Gradual creat of symptoms	Allergies	
Fove	DF THE	Common	Common	Rare	Sometimes	
F) (m) Cou	gh	Common	Common	Common	Sometimes	
Hea	dache	Sometimes	Common	Rare	Sometimes	
Ach and	es Pains	Sometimes	Common	Common	No	
Fati	gue	Sometimes	Common	Sometimes	Sometimes	
Sore Three		Sometimes	Sometimes	Common	No	
	rtness reath	Sometimes (n. come service infections)	No	No	Common	
Sne	ezing	Rare	No	Common	Common	
Stuf Nos		Rare	Sometimes	Common	Common	
>P Diar	rhea	Rare	Sometimes	No	No	

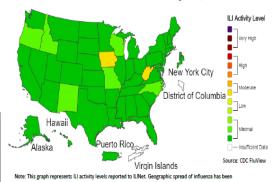
CDC.gov/coronavirus

## FLU & COVID SEASON: DAMPENED EFFECT OR TWINDEMIC? TBD



Data provided in this report are preliminary and will be updated as additional data is received

Influenza-Like Illness (ILI) Activity Level Indicator Determined by Data Reported to ILINet 2020-21 Influenza Season Week 41 ending Oct 10, 2020



#### **Updates of Interest**

Nationally, seasonal influenza activity remains low.

For information on influenza and COVID-19 during the 2020-2021 influenza season, please visit the following link to CDC's website:

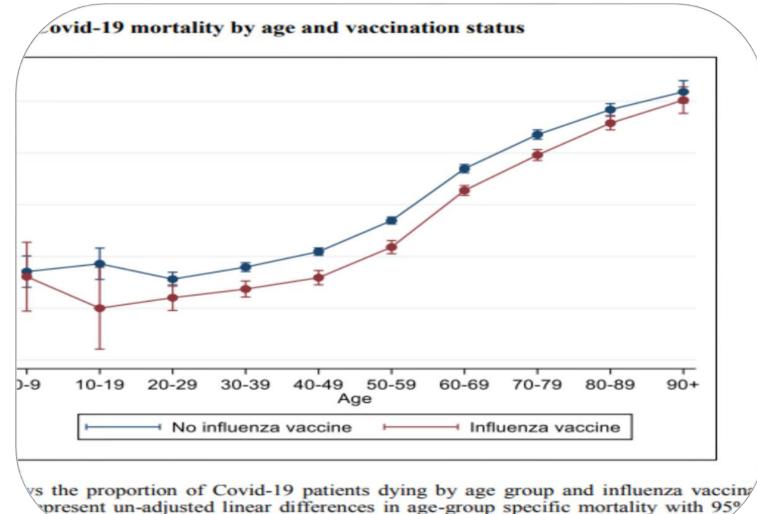
https://www.cdc.gov/flu/season/faq-fluseason-2020-2021.htm#Flu-and-COVID-19 Influenza-associated Pediatric Mortality

Nationally, no (0) influenza-associated pediatric deaths have been reported thus far for the 2020-2021 flu season.

192 pediatric flu deaths were reported for the past 2019-2020 flu season.

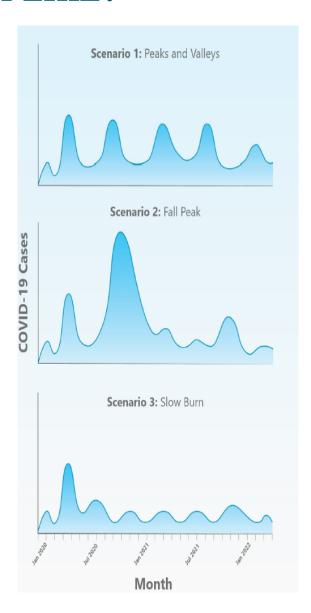
- of a second surge of COVID cases during flu season (TBD).
- Public health experts are urging the public to get their influenza vaccinations this year to avoid a surge of flu and COVID cases occurring simultaneously
- Saves healthcare resources
- Positive reports from around the world that flu cases seem to be reduced; still need to monitor as it's early in the season.

## EFFECTS OF FLU VACCINATION ON COVID-19 SEVERITY IN HIGH RISK POPULATIONS



80

## PREDICTIONS: WHAT DOES A "SECOND WAVE" LOOK LIKE?



Series of repetitive smaller
waves:
Occurring consistently over the
next 1-2 year period,
diminishing in 2021

Monster wave in the fall/winter:
Would certainly overwhelm health systems
(similar to the 1918-1919
Pandemic)

#### "Slow Burn":

Ongoing transmission without a clear wave pattern; may vary based on geography and degree of mitigation measures.

Source: Center for Infectious Disease Research and Policy (CIDRAP), University of Minnesota

### WHO NEW STATEMENT TO CONSIDER....

## WHO official urges world leaders to stop using lockdowns as primary virus control method

Andrew Mark Miller · 10/10/2020

UADE

The World Health Organization's special envoy on COVID-19 urged world leaders this week to stop "using lockdowns as your primary control method."



"As infectious disease epidemiologists and public health scientists, we have grave concerns about the damaging physical and mental health impacts of the prevailing COVID-19 policies, and recommend an approach we call Focused Protection," read the petition, known as the Great Barrington Declaration. "Current lockdown policies are producing devastating effects on short and long-term public health."

"We in the World Health Organization do not advocate lockdowns as the primary means of control of this virus," Dr. David Nabarro said to *The Spectator's* Andrew Neil. "The only time we believe a lockdown is justified is to buy you time to reorganize, regroup, rebalance your resources, protect your health workers who are exhausted, but by and large, we'd rather not do it."

This next month is crucial for the fight against COVID-19!

- Ongoing mitigation efforts (national, state & local)
- Ongoing screening vigilance needed!
- Allocation of PPE and testing supplies
- Expansion of potential treatments/ theraputics
- Continue to expand testing as capacity allows
- Ongoing research into epidemiology of this novel virus
- Special populations and post-viral illness
- Immunogenicity studies
- Rapid Vaccine trials and administration plans
- Flu/COVID season preparations



### INFECTION PREVENTION BASICS ARE KEY!

- Encourage ongoing compliance of "the basics to reduce COVID/other respiratory viruses:
  - Masking
  - Social Distancing
  - Hand Hygiene
  - Surface disinfection
  - Reducing large group events
  - Keeping your high risk family members in mind!



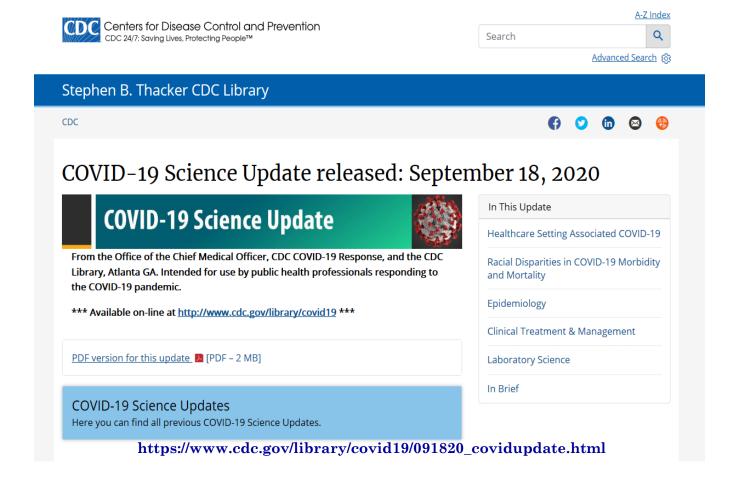


## KEY MESSAGES DURING THIS PANDEMIC...

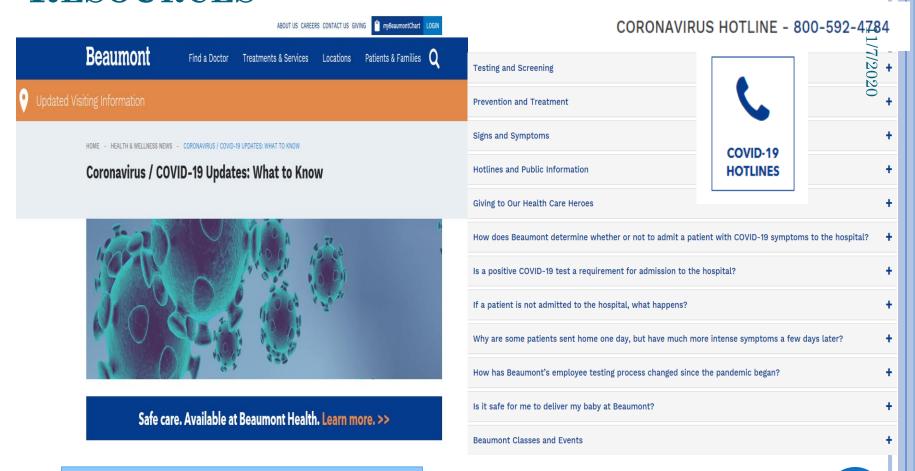
- 1) STAY VIGILENT
- 2) BE FLEXIBLE
- 3) BE Prepared (2<sup>ND</sup> surge likely)

Continues to be a <u>RAPIDLY</u> evolving situation...

## NEW CDC LINK OF COVID SCIENTIFIC PUBLICATIONS



## BEAUMONT HEALTH PUBLIC/PATIENT RESOURCES



https://www.beaumont.org/healthwellness/coronavirus

## 11/7/2020

# Thank you, any questions? Email: Priscila.Bercea@Beaumont.org

