



*TANC: Texas Austin NAPNAP Chapter*

# WINTER NEWSLETTER

*November, December 2019 and January 2020*

We have created a new, unique Austin logo for our chapter (pg 2)!

If you would like to become more involved but don't know how, want to start or join a committee or share your expertise, let us know!

## ON THE HORIZON

**Houston Area Practitioners**

**Conference, Nov 1 and 2**

**Houston, TX**

**[www.hanp.org](http://www.hanp.org)**

**coupon: better together**

**Leadership and Advocacy Day at**

**Capitol Hill**

**Nov 3 and 4**

**Washington, DC**

**NAPNAP National Conference**

**March 25-28**

**Long Beach, CA**

## STAY CONNECTED

Webpage: <https://tanc.enpnetwork.com>

Facebook: Texas: The Austin NAPNAP Chapter

[www.napnap.org/chapter/texas-austin](http://www.napnap.org/chapter/texas-austin)

Email: [texasanc@gmail.com](mailto:texasanc@gmail.com)

Please register for events on the ENP website and refer to event page for updated information on place and time.

## UPCOMING EVENTS

**EAST HAPPY HOUR--TUESDAY NOV 12**

- o Come join for a free drink and fellowship!
- o Bring a coat to support our donation!
- o Batch Craft Beer and Kolaches


**DINNER--WEDNESDAY NOV 20**

- o RSV: Synagis
- o Bring a coat to support our donation!
- o Jack Allen's South

**VOLUNTEER--SATURDAY DEC 14 12-3pm**

- o VELA Family Fun Day--East Austin space
- o Please consider joining to help at this wonderful event for families in our community!

**HOLIDAY SEASON CELEBRATION--  
SATURDAY JAN 18**

- o We know everyone is busy during this time--come join us *after* the hustle and bustle to welcome 2020 with your fellow Austin NPs!
  - o Family friendly!
  - o location/time: TBD
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# AMY ECKERMAN RD, RN, MSN, CPNP-PC

## MEMBER SPOTLIGHT

Bachelor of Science in Nutrition, Texas A&M University  
Dietetic Internship/Graduate School, Massachusetts General Hospital, Registered/Licensed Dietitian, 1995

AE/MSN in Pediatric Public Health, UT at Austin, 2012

Pediatric NP, University of Texas at Austin, 2017

Amy worked as an RD in inpatient, outpatient, business owner and finally at DCMC in childhood obesity prevention and treatment. With the desire to prevent the illnesses she saw working with adults, Amy took her experience and completed the AE/MSN program. "I was lucky to get the chance to work with the amazing RNs and staff on 3 Central at Dell Children's for several years". After finishing her PNP degree, Amy started at Barton Creek Pediatrics and feels like it is the perfect fit. Amy uses her new knowledge as a PNP and her nutrition background every day to help kids stay well and loves it!

**FUN FACT:** "We have four kids in our blended family. Our oldest is a freshman at UT, my boys are both in high school at LASA, and our youngest is still in preschool. Someone is always wanting to eat, so it's a good thing I love to cook! I also get outside to my garden anytime I get the chance."

**NP TIP:** "Reassure, reassure but always trust a parent when they say something isn't right."

**Why do you stay involved with TANC: Austin?:** "I really enjoy getting together for education and grown up time at the meetings. The NAPNAP daily news is my favorite national benefit. It keeps me informed in a quick and concise way."



## NEW LOGO!!



Please bring a coat to our events this month. If you can't make it out or your office would like to have a collection, contact me to arrange pick up!  
[www.onewarmcoat.org](http://www.onewarmcoat.org)