

HS20

CELEBRATING TWENTY YEARS
HEARTSUMMIT

AUGUST 23-24, 2019 | EMBASSY SUITES LITTLE ROCK
AN ARKANSAS HEART HOSPITAL EVENT



REGISTRATION & ATTENDANCE

TO REGISTER AND BOOK YOUR
HOTEL RESERVATION, VISIT
ARHEART.COM/HEART-SUMMIT

THE LAST DAY TO BOOK A
RESERVATION AT OUR SPECIAL
ROOM RATE IS JULY 23!

CONFERENCE HOTEL

Embassy Suites
11301 Financial Centre Parkway
Little Rock, AR 72211

HILTON GUESTS

Contact your host hotel sales representative directly for any issues concerning your HiltonLink. Reservations made by July 23, 2019 will receive special conference guest room rates from \$125.

GRETCHEN WOOD

Event Coordinator
Arkansas Heart Hospital
1701 S. Shackleford Road
Little Rock, AR 72211
(501) 219-7054
Gretchen.Wood@arheart.com

FORM CONTINUES ON REVERSE SIDE

ACCREDITATION

CONFERENCE PURPOSE

Cardiovascular disease remains the leading cause of death in America, with Arkansas ranking among the top ten states. Methods used to identify, diagnose, and treat this population are advancing rapidly. It is the purpose of this conference to communicate such advances. This conference seeks to provide tools, information and resources to educate and enhance the care and effective management of the cardiovascular patient.

OVERALL GOALS

Heart Summit seeks to fulfill the educational needs of healthcare practitioners who manage patients with heart disease. The goal of the conference is to address identified clinical challenges, to update practitioners on the latest advances and best practices in cardiac care, and to assist practitioners in developing strategies to apply this knowledge to the diagnosis, treatment and/or referral of patients with Cardiovascular Disease.

TARGET AUDIENCE

Invited participants will be family practitioners, internists, cardiologists, and other physicians, nurses or other licensed healthcare professionals involved in the care and management of cardiovascular patients.



CONTINUING EDUCATION

ACCREDITATION COUNCIL FOR CONTINUING MEDICAL EDUCATION (ACCME)

COMMERCIAL SUPPORT

Application is being made for commercial support grants for this conference. Announcements will be made on the day of the conference to acknowledge and thank the organizations that contribute funding.

ACCREDITATION STATEMENT

In support of improving patient care, this activity has been planned and implemented by the University of Arkansas for Medical Sciences and Arkansas Heart Hospital. University of Arkansas for Medical Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

CREDIT DESIGNATION STATEMENTS

AMA DESIGNATION STATEMENT

The University of Arkansas for Medical Sciences designates this live activity for a maximum of **12.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ACPE DESIGNATION STATEMENT

These knowledge based activities will provide pharmacists up to **12.25 contact hours or 1.22 CEU**. CE credit information, based on verification of live attendance and completion of the program evaluation, will be provided to NABP within 60 days after the activity completion.

ANCC DESIGNATION STATEMENT

The University of Arkansas for Medical Sciences designates this live activity for a maximum of **12.25 ANCC contact hours**. Nursing contact hours will be awarded for successful completion of program components based upon documented attendance and completion of evaluation materials.

FRIDAY AGENDA

AUGUST 23 | 11:30AM-5PM

WELCOME – KELLY HALL, APRN & ANDREA NELSON, MSN, RN – MODERATORS

Living to be Very Old – Longevity Centers	Jacob Robinson, CAO
Screening for Disease in the Aorta: How Effective is the Keep the Beat Screening?	Lindsay Chalmers, APRN Karli Bradley, PA-C
Wearables: The Torch Has Passed from the Doctor to the Patient	Jared Umland, PA-C
The Sun and Moon and Your Heart: Circadian Rhythms	Julia Ponder, APRN
Confessions of a Food Fanatic	Paulo Ribeiro, MD, Interventional Cardiologist
Microbiome: I Can Feel It In My Gut	Beth Crowder, APRN, PhD
Encore: Hospital of the Future Being Built Today	Ashley Hixon, BSN, RN
Nutraceuticals and Pharmaceuticals in Longevity	Gary Nash, MD, Interventional Cardiologist
Exercise Counseling: Let's Do More Than Go For A Walk!	Hannah Mitchell, APRN
Meeting our Patients' Problems With New Programs	Andrea Nelson, MSN, RN, RCIS, COO
Wacky Infections: Why You Need Me	Amanda Novack, MD, Infectious Disease
Atrial Fib and Strokes: New Ways of Stopping Blood Clots to the Brain	Patrick Stage, APRN
Current Strategies for Non-Invasive Cardiac Testing: New MRI Technology and the Heart	Eric Bain, APRN
Yoga, Acupuncture and ASD: Integrative, Complementary and Alternative Medicine	Lauren McBride, APRN
Sepsis 101 for Hospitalists	Joe May, MD, Family Medicine
CBD/Medical Marijuana: What Is Our Stance?	Angela Simmons, APRN
Intensive Cardiac Rehab: Why It Works!!!	Christine Alongi, RD
Pulmonary Hypertension: Difference Between Primary and Secondary	Crystal Meziere-Brahmbhatt, APRN
A Better Life by Gardening and Cooking	P. Allen Smith

WRAP-UP & DISMISS



SATURDAY AGENDA

AUGUST 24 | 8AM-4:30PM

REGISTRATION

7:00am - 8:00am

Registration and Sign-In, Continental Breakfast

MORNING SESSIONS 8:00AM - 11:30AM

8:00am - 8:10am

Welcome from Bruce Murphy, MD, PhD, CEO

LIVE CASES 8:10AM - NOON

TAVR – Cath Lab

William Rollefson, MD, Interventional Cardiologist

Mini AVR - OR

Michael Nolen, MD, Cardio-Thoracic Surgeon

CABG

CD Williams, MD, Cardiovascular Surgeon
David Pennywell, MD, Cardiovascular Surgeon

Diagnostic SCA with possible PCI

David Mego, MD, Interventional Cardiologist
Wes Lane, MD, Interventional Cardiologist

POP-UP PRESENTATIONS

Inside the Walls: AHH Internal Expansion

Drew Jackson, President

Clinical Evaluation of Dyspnea: When a Chest X-Ray and Echocardiogram Are Not Enough

Athanasios Stoyioglou, MD, Interventional Cardiologist

Update on Peripheral Vascular Trials

Ian Cawich, MD, Interventional Cardiologist

Progress on the New Hospital: Encore

Jacob Robinson, CAO

LUNCH NOON - 1PM

AFTERNOON SESSIONS 1PM - 4:30PM

1:00pm - 1:10pm

Welcome Back

PRESENTATIONS & PRE-TAPED CASES

LIVE CASE: Gastric Sleeve Surgery – Will begin case and then come back in during the course of the afternoon with updates and progress.

JD Fuller, MD, Bariatric Surgeon

Rejuvenation Biotechnology: Why Age May Soon Cease to Mean Aging

Aubrey de Grey, MD, Biomedical Gerontology

Everyone Wants Stem Cells

Bruce Murphy, MD, PhD, CEO

Medications Can Be Tricky: Prescribing to Your Patient with Cardiac Issues

Dylan Thaxton, MD, Family Practice

Living Longer and Healthier: What Have We Learned from the Blue Zones?

Peyton Card, MD, Internal Medicine

CBD – THC: What's In The Smoke?

CD Williams, MD, Cardiovascular Surgeon

Simple Tools to Improve Healthspan

Rhonda Patrick, PhD, Biomedical Science

"Hey George Jetson" – Looking at Personalized Medicine

Blake McGowan, MD, General Practice

MRI and Holograms: How Will They Help Us?

Monica Lo, MD, Electrophysiology Cardiologist

In My Opinion: Debating SAVR vs. TAVR

William Rollefson, MD, Interventional Cardiologist
David Pennywell, MD, Cardiovascular Surgeon

Moonshots vs. Earthshots – Innovations in Healthcare

Branden Rosenhan, MD, Internal Medicine/Critical Care Medicine

Checking In: Following up with our two cath lab patients from this morning

Bruce Murphy, MD, PhD, CEO

WRAP-UP & DISMISS

GUEST SPEAKERS

FRIDAY, AUGUST 23 & SATURDAY, AUGUST 24

FRIDAY EVENING

DINNER AT THE SUMMIT

Cocktail Reception | 5:30 - 6:30PM

Dinner & Keynote | 6:30 - 9PM

KEYNOTE SPEAKER

Sidney Moncrief: Game Changing Performance

Sidney Moncrief is a five-time NBA All-Star, five-time member of the NBA All-Defensive team, a two-time NBA Defensive Player of the Year, and an NBA All-Pro. He is a former NCAA Division I head coach (UALR) and NBA assistant coach (Dallas Mavericks, Golden State Warriors, Milwaukee Bucks.) Coach Sidney Moncrief also led an international team as head consultant in Beijing, China. He has served on the board of directors for a Fortune 500 company and as president of various retail auto dealerships. Sidney is author of five books; Sidney Moncrief: My Journey to the NBA, Your Passport to Reinventing You, Your Passport to Becoming a Valuable Team Player, Your Passport to Back2Basics Leadership and Your Passport to Manhood. He is currently the managing partner of Moncrief One Team. Moncrief One Team is a people development company; building adults and youth alike.

Here in Arkansas, we remember Sidney from his time at the University of Arkansas. Along with Marvin Delph and Ron Brewer, he was labeled as one of the "Triplets", a trio of Arkansas-born, similarly sized players who led Arkansas basketball through a tremendous resurgence after years of mediocre play. The 'Triplets' led the Razorbacks to the SWC championship, and a Final Four appearance in 1978. Moncrief was the school's all-time leading scorer until his record was broken in 1992.

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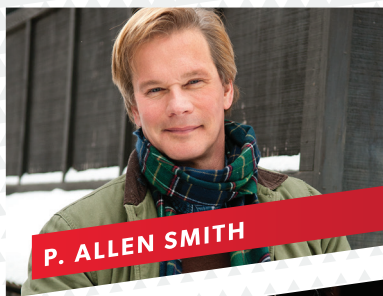
GUEST SPEAKERS

FRIDAY, AUGUST 23 & SATURDAY, AUGUST 24

SESSION SPEAKERS

P. Allen Smith

Paul Allen Smith is a television host, garden designer, conservationist, and lifestyle expert. Currently, he is the host of three television programs: P. Allen Smith's Garden Style, P. Allen Smith's Garden Home, and P. Allen Smith's Garden to Table. Part of Mr. Smith's life mission is to share his knowledge and enthusiasm for design and beauty. His generosity of spirit has produced volumes of accessible work for the public. To date, he is the author of six best-selling books, host and producer of one of PBS's most successful and award-winning television shows, he runs a media enterprise focused on garden design and health, he is a speaker at many of the country's important architectural and historic homes and opens his own home to the public each Spring and Fall.



P. ALLEN SMITH

Aubrey de Grey, MD

Dr. Aubrey de Grey is a biomedical gerontologist based in Mountain View, California, and is the Chief Science Officer of SENS Research Foundation, a California-based 501(c)(3) biomedical research charity that performs, and funds laboratory research dedicated to combating the aging process. He is also VP of New Technology Discovery at AgeX Therapeutics, a biotechnology startup developing new therapies in the field of biomedical gerontology. His research interests encompass the characterization of all the types of self-inflicted cellular and molecular damage that constitute mammalian aging and the design of interventions to repair and/or obviate that damage.

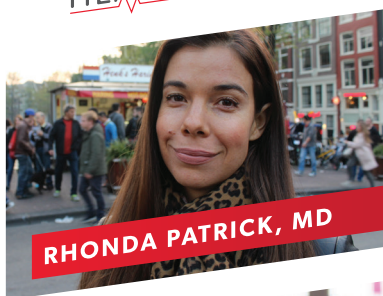


AUBREY DE GREY, MD

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Rhonda Patrick, MD

Rhonda Perciavalle Patrick has a Ph.D. in biomedical science from the University of Tennessee Health Science Center, Memphis, Tennessee and St. Jude Children's Research Hospital, Memphis, Tennessee. She also has a Bachelor's of Science degree in biochemistry/chemistry from the University of California, San Diego. She has done extensive research on aging, cancer, and nutrition. It is Dr. Patrick's goal to challenge the status quo and encourage the wider public to think about health and longevity using a proactive, preventative approach.



RHONDA PATRICK, MD

Branden Rosenhan, MD

Branden D. Rosenhan, MD, is a board-certified physician leader, serial entrepreneur, inventor and angel investor. Dr. Rosenhan was the ICU Medical Director at St. Marks Hospital in Salt Lake City and now manages eight ICUs in the Western US for Hospital Corporation of America as an ICU Regional Medical Director. He continues to practice critical care in Utah and Nevada and is the Chair of Medicine at Timpanogos Regional Hospital.



BRANDEN ROSENHAN, MD