



APNA Washington Chapter 3rd Annual Conference

April 26-27, 2019

Up to 11 CE are Available

**Courtyard by Marriott Tacoma Downtown
1515 Commerce Street, Tacoma, WA 98402**

APNA Washington Chapter Mission

The Washington Chapter of the American Psychiatric Nurses Association seeks to engage in statewide initiatives to promote mental health; recovery from mental illness; and to reduce the stigma associated with mental illness.

The American Psychiatric Nurses Association is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

APNA Washington Chapter 3RD Annual Conference

www.apna.org/Washington

APRIL 26-27, 2019

Conference Outcomes:

- 1) Participants will be able to identify one new strategy for self-care
- 2) Participants will be able to describe nursing interventions for people with complex behaviors
- 3) Participants will be able to describe the concept of forgiveness

Registration Fees

Registration Fees

Pre-Conference Option A – April 26, 2019

APNA Member.....	\$90
Non-Member RN/ARNP.....	\$150
Allied Mental Health Profession.....	\$150
Student*.....	\$35

Pre-Conference Option B

APNA Member.....	\$90
Non-Member RN/ARNP.....	\$150
Allied Mental Health Profession.....	\$150
Student*.....	\$35

Saturday Conference – April 28, 2018

APNA Member.....	\$90
Non-Member RN/ARNP.....	\$150
Allied Mental Health Profession.....	\$150
Student*.....	\$35

*Must be an APNA student to receive this rate

To Register: www.apna.org/APNAWARregister

Airport Information:

Nearest airport to fly into is the
Seattle-Tacoma International Airport
(AKA Sea Tac Airport)

Transportation:

There are local taxi cab services, UBER, or
LYFT.

Hotel Accommodations:

- Courtyard by Marriott Tacoma Downtown

1515 Commerce Street, Tacoma, WA 98402

Call to make your own reservations at:

We do not offer a block of rooms or room discount for the event

Conference Agenda

Pre-Conference April 27, 2018

Registration Opens 8:00am

Two Options:

- A. Preconference Option 1: SUICIDE PREVENTION TRAINING (meets the WA State Requirement)

9:00am – 5:00pm (one-hour lunch on own)

Carol Kottwitz DNP, PMHNP, PMHNPCNS and Jeffery Ramirez PhD., PMHNP, CARN-AP

0900-10:45

Public Health Crisis: Review of Data

10:45-11:15

Theories of Suicide

11:15-11:30

Break

11:30-1:00

Assessment and Screening of Suicide including Self Injury

1:00-2:00

Lunch (on your own)

2:00-2:30

Summary of Assessment and practice with case presentations

2:30-3:30

Suicide Assessment and Safety Plan Documentation

3:30-3:45

Break

3:45-4:30

Veteran Suicide Prevention

4:30-5:00

Skill Practice---Pulling it together

- B. Pre-Conference Option 2:

8:30-10:30

Epigenetics—Maternal Psychosocial Stress in Pregnancy, and Child Mental Health—Janiece DeSocio, PhD, RN, PMHNP-BC, FAAN

10:30-10:45

Break

10:45-12:25

Resilience-Based Diagnosis and Treatment of Adolescents: Focus on Co-Occurring Disorders—Susan Caverly, PhD, ARNP, BC

12:45-2:00

Lunch (on your own)

2:00-3:30

All SSRIs are Not Created Equal—Mary D. Moller, DNP, ARNP, PMHCNS-BC, FAAN

3:45-4:00

Break

4:00-5:00

Mary Moller All SSRIs are Not Created Equal (continue)

Conference April 28, 2018 (6 CE)

Registration Opens 7:15 am-8:30

8:30am-9:00am

Opening Remarks, Dr. Jeffery Ramirez, APNA Washington Chapter President

9:00-10:45

Psychodynamics of Forgiving: Theory and Therapeutic Implications – Jim Voiss, SJ, PhD

10:45-11:15 Break/Poster Session/Vendors

11:15-12:00

Radical Self Care for Caring Professions – Julie Davidson

12:00pm-2:00pm Product Theatre, Alkermes Pharmaceutical

Please visit vendors and poster presenters

2:00-2:45

Code Psychosis! Improving Behavioral Health Outcomes in the Emergency Department –Dani Paschall

2:45-3:30

Break/Poster Session/Vendors

3:30-4:15

State of the WA Mental Health System and How Nurses Can Fill the Gap – Cheryl Strange, WA DSHS Secretary



4:45pm-5:00pm

Conference Evaluations and Adjournment

REGISTRATION FORM

Conference Name: WA Chapter 3rd Annual Conference

Dates: April 26-27, 2019

Location Courtyard by Marriott Tacoma
Downtown Tacoma, WA 994

Contact Information

FIRST NAME

LAST NAME

NAME FOR BADGE

ADDRESS

CITY

STATE

ZIP CODE

HOME PHONE

BUSINESS PHONE

CELL PHONE

EMAIL ADDRESS (required)

Method of Payment

Registration Fee

Pre-Conference Option A or B

- ☐ APNA Member.....\$90
- ☐ Non-Member RN/ARNP\$150
- ☐ Student..... \$35
- ☐ Allied Mental Health Professional
\$150

Main Conference

- ☐ APNA Member.....\$90
- ☐ Non-Member RN/ARNP\$150
- ☐ Students.....\$35
- ☐ Allied Mental Health Professional

- ☐ American Express
- ☐ Visa
- ☐ Check

- ☐ Mastercard
- ☐ Discover
- ☐ Cash

AMOUNT CHARGED

CARD NUMBER

EXPIRATION DATE

BILLING ZIP CODE

CARDHOLDER PRINTED NAME(AS IT APPEARS ON YOUR
CARD)

CARDHOLDER SIGNATURE

RETURN REGISTRATION FORM **BY April 24, 2019** TO:

By Mail to: APNA XYZ Chapter, xyz street address

By Fax to: (123) 111-2222

